

# Paola Gualtieri

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7915122/publications.pdf>

Version: 2024-02-01

48  
papers

2,860  
citations

331670

21  
h-index

276875

41  
g-index

49  
all docs

49  
docs citations

49  
times ranked

4660  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | Eating habits and lifestyle changes during COVID-19 lockdown: an Italian survey. <i>Journal of Translational Medicine</i> , 2020, 18, 229.  | 4.4 | 1,382     |
| 2  | Psychological Aspects and Eating Habits during COVID-19 Home Confinement: Results of EHLC-COVID-19 Italian Online Survey. <i>Nutrients</i> , 2020, 12, 2152.  | 4.1 | 258       |
| 3  | Why primary obesity is a disease?. <i>Journal of Translational Medicine</i> , 2019, 17, 169.  | 4.4 | 187       |
| 4  | Obesity: A preventable, treatable, but relapsing disease. <i>Nutrition</i> , 2020, 71, 110615.  | 2.4 | 114       |
| 5  | Role of Personalized Nutrition in Chronic-Degenerative Diseases. <i>Nutrients</i> , 2019, 11, 1707.   | 4.1 | 107       |
| 6  | Antioxidant Effects of a Hydroxytyrosol-Based Pharmaceutical Formulation on Body Composition, Metabolic State, and Gene Expression: A Randomized Double-Blinded, Placebo-Controlled Crossover Trial. <i>Oxidative Medicine and Cellular Longevity</i> , 2017, 2017, 1-14. | 4.0 | 60        |
| 7  | Body Composition Findings by Computed Tomography in SARS-CoV-2 Patients: Increased Risk of Muscle Wasting in Obesity. <i>International Journal of Molecular Sciences</i> , 2020, 21, 4670.  | 4.1 | 52        |
| 8  | Lockdown of Breast Cancer Screening for COVID-19: Possible Scenario. <i>In Vivo</i> , 2020, 34, 3047-3053.  | 1.3 | 51        |
| 9  | COVID-19: Is there a role for immunonutrition in obese patient?. <i>Journal of Translational Medicine</i> , 2020, 18, 415.  | 4.4 | 49        |
| 10 | Changes in LDL Oxidative Status and Oxidative and Inflammatory Gene Expression after Red Wine Intake in Healthy People: A Randomized Trial. <i>Mediators of Inflammation</i> , 2015, 2015, 1-13.  | 3.0 | 47        |
| 11 | Mediterranean meal versus Western meal effects on postprandial ox-LDL, oxidative and inflammatory gene expression in healthy subjects: a randomized controlled trial for nutrigenomic approach in cardiometabolic risk. <i>Acta Diabetologica</i> , 2017, 54, 141-149.    | 2.5 | 44        |
| 12 | Triponderal mass index rather than body mass index: An indicator of high adiposity in Italian children and adolescents. <i>Nutrition</i> , 2019, 60, 41-47.   | 2.4 | 41        |
| 13 | Can psychobiotics intake modulate psychological profile and body composition of women affected by normal weight obese syndrome and obesity? A double blind randomized clinical trial. <i>Journal of Translational Medicine</i> , 2017, 15, 135.                           | 4.4 | 40        |
| 14 | Effects of postprandial hydroxytyrosol and derivatives on oxidation of LDL, cardiometabolic state and gene expression: a nutrigenomic approach for cardiovascular prevention. <i>Journal of Cardiovascular Medicine</i> , 2019, 20, 419-426.                              | 1.5 | 36        |
| 15 | Effects of a Personalized VLCKD on Body Composition and Resting Energy Expenditure in the Reversal of Diabetes to Prevent Complications. <i>Nutrients</i> , 2019, 11, 1526.   | 4.1 | 34        |
| 16 | Diet, Nutrition and Chronic Degenerative Diseases. <i>Nutrients</i> , 2021, 13, 1372.   | 4.1 | 32        |
| 17 | The effect of lipedema on health-related quality of life and psychological status: a narrative review of the literature. <i>Eating and Weight Disorders</i> , 2020, 25, 851-856.  | 2.5 | 30        |
| 18 | Obesity and Body Composition in Man and Woman: Associated Diseases and the New Role of Gut Microbiota. <i>Current Medicinal Chemistry</i> , 2020, 27, 216-229.  | 2.4 | 30        |

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 19 | Cariogenic Risk and COVID-19 Lockdown in a Paediatric Population. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7558.  | 2.6 | 27        |
| 20 | Psychobiotics Regulate the Anxiety Symptoms in Carriers of Allele A of IL-1 $\beta$ Gene: A Randomized, Placebo-Controlled Clinical Trial. <i>Mediators of Inflammation</i> , 2020, 2020, 1-11.                         | 3.0 | 25        |
| 21 | Fat mass affects nutritional status of ICU COVID-19 patients. <i>Journal of Translational Medicine</i> , 2020, 18, 299.   | 4.4 | 24        |
| 22 | PI3K $\gamma$ Inhibition as a Potential Therapeutic Target in COVID-19. <i>Frontiers in Immunology</i> , 2020, 11, 2094.  | 4.8 | 23        |
| 23 | Association of body composition and eating behavior in the normal weight obese syndrome. <i>Eating and Weight Disorders</i> , 2016, 21, 99-106.   | 2.5 | 21        |
| 24 | Mediterranean Personalized Diet Combined with Physical Activity Therapy for the Prevention of Cardiovascular Diseases in Italian Women. <i>Nutrients</i> , 2020, 12, 3456.  | 4.1 | 19        |
| 25 | Body composition and bone mineral density in Huntington's disease. <i>Nutrition</i> , 2019, 59, 145-149.  | 2.4 | 17        |
| 26 | Epidemiology of Hypoalbuminemia in Hospitalized Patients: A Clinical Matter or an Emerging Public Health Problem?. <i>Nutrients</i> , 2020, 12, 3656.   | 4.1 | 16        |
| 27 | FTO rs9939609 influence on adipose tissue localization in the Italian population. <i>European Review for Medical and Pharmacological Sciences</i> , 2020, 24, 3223-3235.  | 0.7 | 14        |
| 28 | Inflammation, oxidative stress and gene expression: the postprandial approach in professional soccer players to reduce the risk of muscle injuries and early atherosclerosis. <i>Medicina Dello Sport</i> , 2019, 72, . | 0.1 | 11        |
| 29 | Developing and cross-validation of new equations to estimate fat mass in Italian population. <i>European Review for Medical and Pharmacological Sciences</i> , 2019, 23, 2513-2524.                                     | 0.7 | 11        |
| 30 | The role of IL-6 gene polymorphisms in the risk of lipedema. <i>European Review for Medical and Pharmacological Sciences</i> , 2020, 24, 3236-3244.   | 0.7 | 8         |
| 31 | Comment on: "A Systematic Review of Organic Versus Conventional Food Consumption: Is There a Measurable Benefit on Human Health?" <i>Nutrients</i> 2020, 12, 746; <i>Nutrients</i> , 2020, 12, 696.                     | 4.1 | 6         |
| 32 | Immunonutrients involved in the regulation of the inflammatory and oxidative processes: implication for gamete competence. <i>Journal of Assisted Reproduction and Genetics</i> , 2022, 39, 817-846.                    | 2.5 | 6         |
| 33 | Obesity in childhood: how to improve male adolescence incoming. <i>Minerva Endocrinology</i> , 2022, 47, .  | 1.1 | 5         |
| 34 | Lean body mass: reference values for Italian population between 18 to 88 years old. <i>European Review for Medical and Pharmacological Sciences</i> , 2018, 22, 7891-7898.  | 0.7 | 5         |
| 35 | Development and cross-validation of predictive equation for estimating total body lean in children. <i>Annali Dell'Istituto Superiore Di Sanita</i> , 2018, 54, 20-27.  | 0.4 | 5         |
| 36 | Epidemiology, Etiopathogenesis, Treatment and Prognosis of Oral Thermal Burns from Food and Drinks. <i>Dental Hypotheses</i> , 2019, 10, 80.  | 0.5 | 5         |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 37 | Beneficial effects of coffee in non-alcoholic fatty liver disease: a narrative review. Hepatoma Research, 0, 2020, .   | 1.5 | 4         |
| 38 | Adherence to Mediterranean Diet and Its Association with Maternal and Newborn Outcomes. International Journal of Environmental Research and Public Health, 2022, 19, 8497.   | 2.6 | 4         |
| 39 | The association between serum vitamin D and mood disorders in a cohort of lipedema patients. Hormone Molecular Biology and Clinical Investigation, 2021, .   | 0.7 | 3         |
| 40 | Can Chronic Probiotic Intake Modulate Psychological Profile, Gut Microbiota and Body Composition of Women Affected by Normal Weight Obese Syndrome and Obesity? A Double-Blind Randomized Clinical Trial. American Journal of Gastroenterology, 2017, 112, S1582.  | 0.4 | 2         |
| 41 | The effective cost of healthy diet. European Review for Medical and Pharmacological Sciences, 2020, 24, 479-480.   | 0.7 | 2         |
| 42 | Phenotypic classification and biochemical profile of obesity for cardiovascular prevention. Gazzetta Medica Italiana Archivio Per Le Scienze Mediche, 2020, 179, .   | 0.1 | 1         |
| 43 | Neurodegenerative disorders, gut human microbiome and diet: future research for prevention and supportive therapies. European Review for Medical and Pharmacological Sciences, 2018, 22, 5771-5772.  | 0.7 | 1         |
| 44 | P.06.6 CAN CHRONIC PROBIOTIC INTAKE MODULATE PSYCHOLOGICAL PROFILE, GUT MICROBIOTA AND BODY COMPOSITION OF WOMEN AFFECTED BY NORMAL WEIGHT OBESE SYNDROME AND OBESITY? A DOUBLE BLIND RANDOMIZED CLINICAL TRIAL. Digestive and Liver Disease, 2019, 51, e214-e215. | 0.9 | 0         |
| 45 | Mediterranean diet: the role of antioxidants in liver disease. , 2020, , 255-264.  |     | 0         |
| 46 | Microbiome and bariatric surgery: new options to precision surgery. European Review for Medical and Pharmacological Sciences, 2018, 22, 5773-5774.   | 0.7 | 0         |
| 47 | What is the importance of saving lean mass in the treatment of obesity and related diseases?. European Review for Medical and Pharmacological Sciences, 2019, 23, 431-432.   | 0.7 | 0         |
| 48 | Does our microbiota eat with or without gluten?. Exploration of Medicine, 0, , 275-279.  | 1.5 | 0         |