

# Carla Lopes

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

124  
papers

2,378  
citations

27  
h-index

43  
g-index

136  
ext. papers

2,928  
ext. citations

3.9  
avg, IF

5.05  
L-index

#	Paper	IF	Citations
124	Active and sedentary behaviors in youth (6-14 years old): Data from the IAN-AF survey (2015-2016).. <i>Porto Biomedical Journal</i> , <b>2022</b> , 7, e161	1.1	
123	Risk characterization of dietary acrylamide exposure and associated factors in the Portuguese population.. <i>Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk Assessment</i> , <b>2022</b> , 1-13	3.2	0
122	Association of dietary macronutrient intake with adiposity during childhood according to sex: Findings from the generation XXI birth cohort.. <i>Pediatric Obesity</i> , <b>2022</b> , e12916	4.6	
121	Energy intake misreport: how different methods affect its prevalence and nutrient intake estimates. <i>Annals of Human Biology</i> , <b>2021</b> , 1-22	1.7	
120	Longitudinal bidirectional relationship between children's appetite and diet quality: A prospective cohort study. <i>Appetite</i> , <b>2021</b> , 169, 105801	4.5	1
119	Is the association between dietary patterns and cognition mediated by children's adiposity? A longitudinal approach in Generation XXI birth cohort.. <i>Clinical Nutrition</i> , <b>2021</b> , 41, 231-237	5.9	0
118	Associated factors to the consumption of ultra-processed foods and its relation with dietary sources in Portugal. <i>Journal of Nutritional Science</i> , <b>2021</b> , 10, e89	2.7	2
117	Interaction effects of socio-economic position in the association between eating location and diet quality in Portuguese children and adolescents: results from the National Food, Nutrition and Physical Activity Survey 2015-2016. <i>British Journal of Nutrition</i> , <b>2021</b> , 1-8	3.6	
116	Association between parental and offspring BMI: results from EPACI Portugal 2012. <i>Public Health Nutrition</i> , <b>2021</b> , 24, 2798-2807	3.3	1
115	Socio-demographic factors associated with physical activity and sitting time patterns in adults: An analysis based on the Portuguese Food, Nutrition and Physical Activity Survey. <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 250-260	3.9	2
114	Ultra-processed food consumption, appetitive traits and BMI in children: a prospective study. <i>British Journal of Nutrition</i> , <b>2021</b> , 125, 1427-1436	3.6	10
113	Deoxynivalenol exposure assessment through a modelling approach of food intake and biomonitoring data - A contribution to the risk assessment of an enteropathogenic mycotoxin. <i>Food Research International</i> , <b>2021</b> , 140, 109863	7	2
112	The association between dietary patterns and nutritional status in community-dwelling older adults-the PEN-3S study. <i>European Journal of Clinical Nutrition</i> , <b>2021</b> , 75, 521-530	5.2	2
111	The Southern European Atlantic Diet and all-cause mortality in older adults. <i>BMC Medicine</i> , <b>2021</b> , 19, 36	11.4	9
110	Nutritional intake and malnutrition in institutionalised and non-institutionalised older adults. <i>British Journal of Nutrition</i> , <b>2021</b> , 1-11	3.6	
109	Quantitative risk-benefit assessment of Portuguese fish and other seafood species consumption scenarios. <i>British Journal of Nutrition</i> , <b>2021</b> , 1-32	3.6	0
108	Evaluating the association of free sugars intake and glycemic load on cardiometabolic outcomes: A prospective analysis throughout adolescence into early adulthood. <i>Obesity Research and Clinical Practice</i> , <b>2020</b> , 14, 142-150	5.4	1

107	Validation of the Telephone-Administered Version of the Mediterranean Diet Adherence Screener (MEDAS) Questionnaire. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	13
106	Potassium Intake and Blood Pressure: A Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Journal of the American Heart Association</i> , <b>2020</b> , 9, e015719	6	38
105	Food Consumption Data as a Tool to Estimate Exposure to Mycoestrogens. <i>Toxins</i> , <b>2020</b> , 12,	4.9	4
104	Projected impact of the Portuguese sugar-sweetened beverage tax on obesity incidence across different age groups: A modelling study. <i>PLoS Medicine</i> , <b>2020</b> , 17, e1003036	11.6	12
103	Validation of a new software eAT24 used to assess dietary intake in the adult Portuguese population. <i>Public Health Nutrition</i> , <b>2020</b> , 23, 3093-3103	3.3	9
102	The role of socio-economic factors in food consumption of Portuguese children and adolescents: results from the National Food, Nutrition and Physical Activity Survey 2015-2016. <i>British Journal of Nutrition</i> , <b>2020</b> , 124, 591-601	3.6	7
101	Food insecurity and social determinants of health among immigrants and natives in Portugal. <i>Food Security</i> , <b>2020</b> , 12, 579-589	6.7	7
100	Association between living setting and malnutrition among older adults: The PEN-3S study. <i>Nutrition</i> , <b>2020</b> , 73, 110660	4.8	4
99	Self-perceived general health among community-dwelling Portuguese older adults: do men and women differ?. <i>Ageing and Society</i> , <b>2020</b> , 1-23	1.7	1
98	Consumption of packaged foods by the Portuguese population: type of materials and its associated factors. <i>British Food Journal</i> , <b>2020</b> , 123, 833-846	2.8	2
97	Geriatric Assessment of the Portuguese Population Aged 65 and Over Living in the Community: The PEN-3S Study. <i>Acta Medica Portuguesa</i> , <b>2020</b> , 33, 475-482	1.4	1
96	Dietary patterns at 7 year-old and their association with cardiometabolic health at 10 year-old. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 1195-1202	5.9	7
95	Characterizing energy intake misreporting and its effects on intake estimations, in the Portuguese adult population. <i>Public Health Nutrition</i> , <b>2020</b> , 23, 1031-1040	3.3	4
94	Total, added and free sugar intakes, dietary sources and determinants of consumption in Portugal: the National Food, Nutrition and Physical Activity Survey (IAN-AF 2015-2016). <i>Public Health Nutrition</i> , <b>2020</b> , 23, 869-881	3.3	19
93	Adherence to a healthy eating index from pre-school to school age and its associations with sociodemographic and early life factors. <i>British Journal of Nutrition</i> , <b>2019</b> , 122, 220-230	3.6	4
92	Eating frequency and weight status in Portuguese children aged 3-9 years: results from the cross-sectional National Food, Nutrition and Physical Activity Survey 2015-2016. <i>Public Health Nutrition</i> , <b>2019</b> , 22, 2793-2802	3.3	3
91	Chrono-Nutrition: The Relationship between Time-of-Day Energy and Macronutrient Intake and Children's Body Weight Status. <i>Journal of Biological Rhythms</i> , <b>2019</b> , 34, 332-342	3.2	5
90	Evaluation of a short food frequency questionnaire for dietary intake assessment among children. <i>European Journal of Clinical Nutrition</i> , <b>2019</b> , 73, 679-691	5.2	23

89	Building capacity in risk-benefit assessment of foods: Lessons learned from the RB4EU project. <i>Trends in Food Science and Technology</i> , <b>2019</b> , 91, 541-548	15.3	6
88	Modelling impacts of food industry co-regulation on noncommunicable disease mortality, Portugal. <i>Bulletin of the World Health Organization</i> , <b>2019</b> , 97, 450-459	8.2	8
87	RiskBenefit4EU IPartnering to strengthen Risk-Benefit Assessment within the EU using a holistic approach. <i>EFSA Supporting Publications</i> , <b>2019</b> , 16, 1768E	1.1	2
86	Child and family characteristics are associated with a dietary variety index in 4-year-old children from the Generation XXI cohort. <i>Nutrition Research</i> , <b>2019</b> , 63, 76-85	4	3
85	Association between eating frequency and eating behaviours related to appetite from 4 to 7 years of age: Findings from the population-based birth cohort generation XXI. <i>Appetite</i> , <b>2019</b> , 132, 82-90	4.5	3
84	Validation of a picture book to be used in a pan-European dietary survey. <i>Public Health Nutrition</i> , <b>2018</b> , 21, 1654-1663	3.3	9
83	Anthropometric Indices Based on Waist Circumference as Measures of Adiposity in Children. <i>Obesity</i> , <b>2018</b> , 26, 810-813	8	13
82	Dairy products and total calcium intake at 13 years of age and its association with obesity at 21 years of age. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 541-547	5.2	7
81	Tracking diet variety in childhood and its association with eating behaviours related to appetite: The generation XXI birth cohort. <i>Appetite</i> , <b>2018</b> , 123, 241-248	4.5	17
80	Tracking of food and nutrient intake from adolescence into early adulthood. <i>Nutrition</i> , <b>2018</b> , 55-56, 84-90.8	9.8	26
79	Dietary patterns at 4 years old: Association with appetite-related eating behaviours in 7 year-old children. <i>Clinical Nutrition</i> , <b>2018</b> , 37, 189-194	5.9	4
78	Prevalence of general and abdominal obesity in Portugal: comprehensive results from the National Food, nutrition and physical activity survey 2015-2016. <i>BMC Public Health</i> , <b>2018</b> , 18, 614	4.1	33
77	National Food, Nutrition, and Physical Activity Survey of the Portuguese General Population (2015-2016): Protocol for Design and Development. <i>JMIR Research Protocols</i> , <b>2018</b> , 7, e42	2	42
76	Malnutrition among older adults living in Portuguese nursing homes: the PEN-3S study. <i>Public Health Nutrition</i> , <b>2018</b> , 1-12	3.3	9
75	Relationship between dietary vitamin D and serum 25-hydroxyvitamin D levels in Portuguese adolescents. <i>Public Health Nutrition</i> , <b>2018</b> , 21, 325-332	3.3	2
74	Association of maternal characteristics and behaviours with 4-year-old children's dietary patterns. <i>Maternal and Child Nutrition</i> , <b>2017</b> , 13,	3.4	24
73	The effect of early feeding practices on growth indices and obesity at preschool children from four European countries and UK schoolchildren and adolescents. <i>European Journal of Pediatrics</i> , <b>2017</b> , 176, 1181-1192	4.1	7
72	Weight following birth and childhood dietary intake: A prospective cohort study. <i>Nutrition</i> , <b>2017</b> , 33, 58-64	4.8	3

71	National Food, Nutrition and Physical Activity Survey of the Portuguese general population. <i>EFSA Supporting Publications</i> , <b>2017</b> , 14, 1341E	1.1	17
70	Association between dietary patterns and adiposity from 4 to 7 years of age. <i>Public Health Nutrition</i> , <b>2017</b> , 20, 1973-1982	3.3	13
69	Predictive equations for estimating regional body composition: a validation study using DXA as criterion and associations with cardiometabolic risk factors. <i>Annals of Human Biology</i> , <b>2016</b> , 43, 219-28	1.7	5
68	Social and health behavioural determinants of maternal child-feeding patterns in preschool-aged children. <i>Maternal and Child Nutrition</i> , <b>2016</b> , 12, 314-25	3.4	11
67	Bidirectional association between parental child-feeding practices and body mass index at 4 and 7 y of age. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 103, 861-7	7	69
66	Gender and obesity modify the impact of salt intake on blood pressure in children. <i>Pediatric Nephrology</i> , <b>2016</b> , 31, 279-88	3.2	23
65	How Do Tracking and Changes in Dietary Pattern during Adolescence Relate to the Amount of Body Fat in Early Adulthood?. <i>PLoS ONE</i> , <b>2016</b> , 11, e0149299	3.7	14
64	Vitamin D levels and cardiometabolic risk factors in Portuguese adolescents. <i>International Journal of Cardiology</i> , <b>2016</b> , 220, 501-7	3.2	11
63	National survey of the Portuguese elderly nutritional status: study protocol. <i>BMC Geriatrics</i> , <b>2016</b> , 16, 139	4.1	15
62	Folate and folic acid in the periconceptional period: recommendations from official health organizations in thirty-six countries worldwide and WHO. <i>Public Health Nutrition</i> , <b>2016</b> , 19, 176-89	3.3	78
61	Maternal child-feeding practices and dietary inadequacy of 4-year-old children. <i>Appetite</i> , <b>2015</b> , 92, 15-23	4.5	30
60	Serum uric acid and cardiovascular risk among Portuguese adolescents. <i>Journal of Adolescent Health</i> , <b>2015</b> , 56, 376-81	5.8	3
59	Evaluating the effect of energy-dense foods consumption on preschool children's body mass index: a prospective analysis from 2 to 4 years of age. <i>European Journal of Nutrition</i> , <b>2015</b> , 54, 835-43	5.2	19
58	Birth weight and eating behaviors of young children. <i>Journal of Pediatrics</i> , <b>2015</b> , 166, 59-65	3.6	19
57	Dietary patterns among 13-y-old Portuguese adolescents. <i>Nutrition</i> , <b>2015</b> , 31, 148-54	4.8	19
56	Associations between a posteriori defined dietary patterns and bone mineral density in adolescents. <i>European Journal of Nutrition</i> , <b>2015</b> , 54, 273-82	5.2	10
55	An exploratory trial of parental advice for increasing vegetable acceptance in infancy. <i>British Journal of Nutrition</i> , <b>2015</b> , 114, 328-36	3.6	32
54	Eating out of home and dietary adequacy in preschool children. <i>British Journal of Nutrition</i> , <b>2015</b> , 114, 297-305	3.6	17

53	Eating out is different from eating at home among individuals who occasionally eat out. A cross-sectional study among middle-aged adults from eleven European countries. <i>British Journal of Nutrition</i> , <b>2015</b> , 113, 1951-64	3.6	36
52	The influence of early feeding practices on healthy diet variety score among pre-school children in four European birth cohorts. <i>Public Health Nutrition</i> , <b>2015</b> , 18, 1774-84	3.3	28
51	Combination and adaptation of two tools to assess parental feeding practices in pre-school children. <i>Eating Behaviors</i> , <b>2014</b> , 15, 383-7	3	12
50	Multivariate analysis of lifestyle, constitutive and body composition factors influencing bone health in community-dwelling older adults from Madeira, Portugal. <i>Archives of Gerontology and Geriatrics</i> , <b>2014</b> , 59, 83-90	4	4
49	Association between energy-dense food consumption at 2 years of age and diet quality at 4 years of age. <i>British Journal of Nutrition</i> , <b>2014</b> , 111, 1275-82	3.6	13
48	Longitudinal changes in adiposity during adolescence: a population-based cohort. <i>BMJ Open</i> , <b>2014</b> , 4, e004380	3	11
47	Determinants of weight loss dieting among adolescents: a longitudinal analysis. <i>Journal of Adolescent Health</i> , <b>2014</b> , 54, 360-3	5.8	15
46	Could the Food Neophobia Scale be adapted to pregnant women? A confirmatory factor analysis in a Portuguese sample. <i>Appetite</i> , <b>2014</b> , 75, 110-6	4.5	13
45	Identifying adolescents with high fasting glucose: the importance of adding grandparents' data when assessing family history of diabetes. <i>Preventive Medicine</i> , <b>2013</b> , 57, 500-4	4.3	4
44	Systematic review of saturated fatty acids on inflammation and circulating levels of adipokines. <i>Nutrition Research</i> , <b>2013</b> , 33, 687-95	4	75
43	Effect of television viewing on food and nutrient intake among adolescents. <i>Nutrition</i> , <b>2013</b> , 29, 1362-7	4.8	20
42	Saturated fatty acids intake in relation to C-reactive protein, adiponectin, and leptin: a population-based study. <i>Nutrition</i> , <b>2013</b> , 29, 892-7	4.8	25
41	Caffeine intake reduces sleep duration in adolescents. <i>Nutrition Research</i> , <b>2013</b> , 33, 726-32	4	36
40	The Southern European Atlantic Diet is associated with lower concentrations of markers of coronary risk. <i>Atherosclerosis</i> , <b>2013</b> , 226, 502-9	3.1	21
39	The influence of early feeding practices on fruit and vegetable intake among preschool children in 4 European birth cohorts. <i>American Journal of Clinical Nutrition</i> , <b>2013</b> , 98, 804-12	7	97
38	Pilot study in the view of a Pan-European dietary survey in adolescents, adults and elderly. <i>EFSA Supporting Publications</i> , <b>2013</b> , 10, 508E	1.1	31
37	Short-time variation in serum uric acid concentrations in post-myocardial infarction patients. <i>Clinical Laboratory</i> , <b>2013</b> , 59, 263-70	2	2
36	Body image and depressive symptoms in 13-year-old adolescents. <i>Journal of Paediatrics and Child Health</i> , <b>2012</b> , 48, E165-71	1.3	27

35	A review of methods to assess parental feeding practices and preschool children's eating behavior: the need for further development of tools. <i>Journal of the Academy of Nutrition and Dietetics</i> , <b>2012</b> , 112, 1578-602, 1602.e1-8	3.9	74
34	Association between dietary patterns and metabolic syndrome in a sample of Portuguese adults. <i>Nutrition Journal</i> , <b>2012</b> , 11, 64	4.3	31
33	A restricted mixture model for dietary pattern analysis in small samples. <i>Statistics in Medicine</i> , <b>2012</b> , 31, 2137-50	2.3	4
32	Comparison of Modes of Administration and Response Options in the Assessment of Subjective Health Using the First Question of SF-36. <i>Social Indicators Research</i> , <b>2012</b> , 107, 305-315	2.7	3
31	Family history of coronary heart disease, health care and health behaviors. <i>Revista Portuguesa De Cardiologia (English Edition)</i> , <b>2011</b> , 30, 703-710	0	4
30	Food sources of nutrients among 13-year-old Portuguese adolescents. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 1970-8	3.3	19
29	After a quarter of century, reduction in coronary heart disease mortality bypassed young adult males in Portugal. <i>International Journal of Cardiology</i> , <b>2011</b> , 152, 279-81	3.2	2
28	Food sources of nutrients among 13-year-old Portuguese adolescents—Erratum. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 2270-2270	3.3	1
27	The role of physical activity and diet on overall and central obesity incidence. <i>Journal of Physical Activity and Health</i> , <b>2011</b> , 8, 811-9	2.5	6
26	Major habitual dietary patterns are associated with acute myocardial infarction and cardiovascular risk markers in a southern European population. <i>Journal of the American Dietetic Association</i> , <b>2011</b> , 111, 241-50		20
25	Clustering behaviours among 13-year-old Portuguese adolescents. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , <b>2011</b> , 19, 21-27	1.4	9
24	Social and behavioural determinants of alcohol consumption. <i>Annals of Human Biology</i> , <b>2011</b> , 38, 337-44	1.7	16
23	Family history of coronary heart disease, health care and health behaviors. <i>Revista Portuguesa De Cardiologia</i> , <b>2011</b> , 30, 703-10	1	2
22	Dietary intake of linolenic acid and low ratio of n-6:n-3 PUFA are associated with decreased exhaled NO and improved asthma control. <i>British Journal of Nutrition</i> , <b>2011</b> , 106, 441-50	3.6	59
21	Sugar-sweetened beverage intake and overweight in children from a Mediterranean country. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 127-32	3.3	22
20	Food patterns according to sociodemographics, physical activity, sleeping and obesity in Portuguese children. <i>International Journal of Environmental Research and Public Health</i> , <b>2010</b> , 7, 1121-38	4.6	64
19	Alcohol intake and systemic markers of inflammation—shape of the association according to sex and body mass index. <i>Alcohol and Alcoholism</i> , <b>2010</b> , 45, 119-25	3.5	39
18	Adherence to the Southern European Atlantic Diet and occurrence of nonfatal acute myocardial infarction. <i>American Journal of Clinical Nutrition</i> , <b>2010</b> , 92, 211-7	7	33

17	Testing an adaptation of the EPIC physical activity questionnaire in Portuguese adults: a validation study that assesses the seasonal bias of self-report. <i>Annals of Human Biology</i> , <b>2010</b> , 37, 185-97	1.7	23
16	Overall and central obesity incidence in an urban Portuguese population. <i>Preventive Medicine</i> , <b>2010</b> , 50, 50-5	4.3	29
15	Measurement of dietary intake of fatty acids in pregnant women: comparison of self-reported intakes with adipose tissue levels. <i>Annals of Epidemiology</i> , <b>2010</b> , 20, 599-603	6.4	12
14	Salt intake and type of intestinal metaplasia in Helicobacter pylori-infected Portuguese men. <i>Nutrition and Cancer</i> , <b>2010</b> , 62, 1153-60	2.8	1
13	Validity and reproducibility of a semi-quantitative food frequency questionnaire for use among Portuguese pregnant women. <i>Maternal and Child Nutrition</i> , <b>2010</b> , 6, 105-19	3.4	33
12	Dietary patterns and gastric cancer in a Portuguese urban population. <i>International Journal of Cancer</i> , <b>2010</b> , 127, 433-41	7.5	16
11	Gender heterogeneity in the association between lifestyles and non-fatal acute myocardial infarction. <i>Public Health Nutrition</i> , <b>2009</b> , 12, 1799-806	3.3	2
10	Self-reporting weight and height: misclassification effect on the risk estimates for acute myocardial infarction. <i>European Journal of Public Health</i> , <b>2009</b> , 19, 548-53	2.1	22
9	Impact of risk factors for non-fatal acute myocardial infarction. <i>European Journal of Epidemiology</i> , <b>2009</b> , 24, 425-32	12.1	21
8	Modelling over week patterns of alcohol consumption. <i>Alcohol and Alcoholism</i> , <b>2008</b> , 43, 215-22	3.5	12
7	Dietary intake and different types of physical activity: full-day energy expenditure, occupational and leisure-time. <i>Public Health Nutrition</i> , <b>2008</b> , 11, 841-8	3.3	17
6	Intake and adipose tissue composition of fatty acids and risk of myocardial infarction in a male Portuguese community sample. <i>Journal of the American Dietetic Association</i> , <b>2007</b> , 107, 276-86		163
5	Fruit and vegetable consumption and gastric cancer by location and histological type: case-control and meta-analysis. <i>European Journal of Cancer Prevention</i> , <b>2007</b> , 16, 312-27	2	129
4	Tobacco smoking and acute myocardial infarction in young adults: a population-based case-control study. <i>Preventive Medicine</i> , <b>2007</b> , 44, 311-6	4.3	32
3	Physical activity and risk of myocardial infarction after the fourth decade of life. <i>Revista Portuguesa De Cardiologia</i> , <b>2005</b> , 24, 1191-207	1	9
2	Investigating the effect of nonparticipation using a population-based case-control study on myocardial infarction. <i>Annals of Epidemiology</i> , <b>2004</b> , 14, 437-41	6.4	115
1	Dietary exposure to artificial sweeteners and associated factors in the Portuguese population. <i>Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk Assessment</i> , 1-16	3.2	