

Arimi Fitri Mat Ludin

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

27
papers

139
citations

6
h-index

11
g-index

38
ext. papers

277
ext. citations

3.7
avg, IF

3.06
L-index

#	Paper	IF	Citations
27	Motivations, barriers and exercise preferences among female undergraduates: A need assessment analysis.. <i>PLoS ONE</i> , 2022 , 17, e0264158	3.7	0
26	Willingness, perceived barriers and motivators in adopting mobile applications for health-related interventions among older adults: a scoping review.. <i>BMJ Open</i> , 2022 , 12, e054561	3	1
25	The Challenges and Strategies towards Healthy Eating during COVID-19 Home Confinement Period among Working Adults with BMI ≥ 25 kg/m ² Enrolled in a Weight Loss Program: Qualitative Findings. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19, 6656	4.6	0
24	Do Temporal Eating Patterns Differ in Healthy versus Unhealthy Overweight/Obese Individuals?. <i>Nutrients</i> , 2021 , 13,	6.7	1
23	Modified Munich chronotype questionnaire for application to short-interval split sleep of non-shift workers. <i>Chronobiology International</i> , 2021 , 38, 659-665	3.6	2
22	Multidomain Intervention for Reversal of Cognitive Frailty, Towards a Personalized Approach (AGELESS Trial): Study Design. <i>Journal of Alzheimer's Disease</i> , 2021 , 82, 673-687	4.3	0
21	The Impact of Poor Nutrient Intakes and Food Insecurity on the Psychological Distress among Community-Dwelling Middle-Aged and Older Adults during the COVID-19 Pandemic. <i>Nutrients</i> , 2021 , 13,	6.7	6
20	Reliability and Validity of the Malay Mindful Eating Questionnaire (MEQ-M) among Overweight and Obese Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	3
19	Dietary Supplement Intake and Its Association with Cognitive Function, Physical Fitness, Depressive Symptoms, Nutritional Status and Biochemical Indices in a 3-Year Follow-Up Among Community Dwelling Older Adults: A Longitudinal Study. <i>Clinical Interventions in Aging</i> , 2021 , 16, 161-175	4	1
18	Randomized Controlled Trials of a Psychosocial Intervention for Improving the Cognitive Function among Older Adults: A Scoping Review. <i>Gerontology and Geriatric Medicine</i> , 2021 , 7, 23337214211025167	2.3	1
17	A 16-Week Home-Based Progressive Resistance Tube Training Among Older Adults With Type-2 Diabetes Mellitus: Effect on Glycemic Control. <i>Gerontology and Geriatric Medicine</i> , 2021 , 7, 23337214211038789	2.3	0
16	Mediation effect of coping strategies on general psychological health among middle-aged and older adults during the COVID-19 pandemic. <i>Aging and Mental Health</i> , 2021 , 1-9	3.5	1
15	Motivations, barriers and preferences to exercise among overweight and obese desk-based employees. <i>International Journal of Sport and Exercise Psychology</i> , 2020 , 1-15	2.5	1
14	Willingness, perceived barriers and motivators in adopting mobile applications for health-related interventions among older adults: a scoping review protocol. <i>BMJ Open</i> , 2020 , 10, e033870	3	10
13	Barriers towards Sun Exposure and Strategies to Overcome These Barriers in Female Indoor Workers with Insufficient Vitamin D: A Qualitative Approach. <i>Nutrients</i> , 2020 , 12,	6.7	1
12	Meal replacement in dietary management of type-2 diabetes mellitus: a scoping review protocol. <i>Systematic Reviews</i> , 2020 , 9, 265	3	
11	Factors associated with motoric cognitive risk syndrome among low-income older adults in Malaysia. <i>BMC Public Health</i> , 2019 , 19, 462	4.1	5

10	Factors associated with poor socioeconomic status among Malaysian older adults: an analysis according to urban and rural settings. <i>BMC Public Health</i> , 2019 , 19, 549	4.1	18
9	The Association between Chronotype and Dietary Pattern among Adults: A Scoping Review. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 17,	4.6	34
8	Knowledge, Attitude and Practice Related to Vitamin D and Its Relationship with Vitamin D Status among Malay Female Office Workers. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	2
7	Blood Flow-restricted Exercise Does Not Induce a Cross-Transfer of Effect: A Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1817-1827	1.2	4
6	Methodology approaches and challenges in population-based longitudinal study of a neuroprotective model for healthy longevity. <i>Geriatrics and Gerontology International</i> , 2019 , 19, 233-239 ^{2.9}		8
5	Comparison of the Effectiveness of Online and Face-to-Face Weight-loss Interventions in the Workplace: Evidence from Malaysia 2018 , 47, 2437-2445		3
4	Wide range of body composition measures are associated with cognitive function in community-dwelling older adults. <i>Geriatrics and Gerontology International</i> , 2017 , 17, 554-560	2.9	8
3	The cut-off values of anthropometric variables for predicting mild cognitive impairment in Malaysian older adults: a large population based cross-sectional study. <i>Clinical Interventions in Aging</i> , 2017 , 12, 275-282	4	3
2	Identification of Neuroprotective Factors Associated with Successful Ageing and Risk of Cognitive Impairment among Malaysia Older Adults. <i>Current Gerontology and Geriatrics Research</i> , 2017 , 2017, 4218736 ^{2.9}		18
1	Effectiveness of blood flow restricted exercise compared with standard exercise in patients with recurrent low back pain: study protocol for a randomized controlled trial. <i>Trials</i> , 2016 , 17, 81	2.8	5