## Arimi Fitri Mat Ludin

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

27 139 6 11 g-index

38 277 avg, IF 3.06 L-index

#	Paper	IF	Citations
27	The Association between Chronotype and Dietary Pattern among Adults: A Scoping Review.  International Journal of Environmental Research and Public Health, 2019, 17,	4.6	34
26	Factors associated with poor socioeconomic status among Malaysian older adults: an analysis according to urban and rural settings. <i>BMC Public Health</i> , <b>2019</b> , 19, 549	4.1	18
25	Identification of Neuroprotective Factors Associated with Successful Ageing and Risk of Cognitive Impairment among Malaysia Older Adults. <i>Current Gerontology and Geriatrics Research</i> , <b>2017</b> , 2017, 421	8 <del>7</del> 86	18
24	Willingness, perceived barriers and motivators in adopting mobile applications for health-related interventions among older adults: a scoping review protocol. <i>BMJ Open</i> , <b>2020</b> , 10, e033870	3	10
23	Wide range of body composition measures are associated with cognitive function in community-dwelling older adults. <i>Geriatrics and Gerontology International</i> , <b>2017</b> , 17, 554-560	2.9	8
22	Methodology approaches and challenges in population-based longitudinal study of a neuroprotective model for healthy longevity. <i>Geriatrics and Gerontology International</i> , <b>2019</b> , 19, 233-239	9 <sup>2.9</sup>	8
21	The Impact of Poor Nutrient Intakes and Food Insecurity on the Psychological Distress among Community-Dwelling Middle-Aged and Older Adults during the COVID-19 Pandemic. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	6
20	Effectiveness of blood flow restricted exercise compared with standard exercise in patients with recurrent low back pain: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2016</b> , 17, 81	2.8	5
19	Factors associated with motoric cognitive risk syndrome among low-income older adults in Malaysia. <i>BMC Public Health</i> , <b>2019</b> , 19, 462	4.1	5
18	Blood Flow-restricted Exercise Does Not Induce a Cross-Transfer of Effect: A Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2019</b> , 51, 1817-1827	1.2	4
17	The cut-off values of anthropometric variables for predicting mild cognitive impairment in Malaysian older adults: a large population based cross-sectional study. <i>Clinical Interventions in Aging</i> , <b>2017</b> , 12, 275-282	4	3
16	Comparison of the Effectiveness of Online and Face-to-Face Weight-loss Interventations in the Workplace: Evidence from Malaysia <b>2018</b> , 47, 2437-2445		3
15	Reliability and Validity of the Malay Mindful Eating Questionnaire (MEQ-M) among Overweight and Obese Adults. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	3
14	Modified Munich chronotype questionnaire for application to short-interval split sleep of non-shift workers. <i>Chronobiology International</i> , <b>2021</b> , 38, 659-665	3.6	2
13	Knowledge, Attitude and Practice Related to Vitamin D and Its Relationship with Vitamin D Status among Malay Female Office Workers. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	2
12	Motivations, barriers and preferences to exercise among overweight and obese desk-based employees. <i>International Journal of Sport and Exercise Psychology</i> , <b>2020</b> , 1-15	2.5	1
11	Do Temporal Eating Patterns Differ in Healthy versus Unhealthy Overweight/Obese Individuals?. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1

## LIST OF PUBLICATIONS

10	Barriers towards Sun Exposure and Strategies to Overcome These Barriers in Female Indoor Workers with Insufficient Vitamin D: A Qualitative Approach. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	1
9	Dietary Supplement Intake and Its Association with Cognitive Function, Physical Fitness, Depressive Symptoms, Nutritional Status and Biochemical Indices in a 3-Year Follow-Up Among Community Dwelling Older Adults: A Longitudinal Study. <i>Clinical Interventions in Aging</i> , <b>2021</b> , 16, 161-175	4	1
8	Randomized Controlled Trials of a Psychosocial Intervention for Improving the Cognitive Function among Older Adults: A Scoping Review. <i>Gerontology and Geriatric Medicine</i> , <b>2021</b> , 7, 2333721421102510	5 <del>7</del> ·3	1
7	Mediation effect of coping strategies on general psychological health among middle-aged and older adults during the COVID-19 pandemic. <i>Aging and Mental Health</i> , <b>2021</b> , 1-9	3.5	1
6	Willingness, perceived barriers and motivators in adopting mobile applications for health-related interventions among older adults: a scoping review <i>BMJ Open</i> , <b>2022</b> , 12, e054561	3	1
5	Multidomain Intervention for Reversal of Cognitive Frailty, Towards a Personalized Approach (AGELESS Trial): Study Design. <i>Journal of Alzheimer&amp;Disease</i> , <b>2021</b> , 82, 673-687	4.3	O
4	A 16-Week Home-Based Progressive Resistance Tube Training Among Older Adults With Type-2 Diabetes Mellitus: Effect on Glycemic Control. <i>Gerontology and Geriatric Medicine</i> , <b>2021</b> , 7, 2333721421	1 <del>03</del> 87	89
3	Motivations, barriers and exercise preferences among female undergraduates: A need assessment analysis <i>PLoS ONE</i> , <b>2022</b> , 17, e0264158	3.7	O
2	The Challenges and Strategies towards Healthy Eating during COVID-19 Home Confinement Period among Working Adults with BMI 125 kg/m2 Enrolled in a Weight Loss Program: Qualitative Findings. International Journal of Environmental Research and Public Health, 2022, 19, 6656	4.6	0
1	Meal replacement in dietary management of type-2 diabetes mellitus: a scoping review protocol. <i>Systematic Reviews</i> , <b>2020</b> , 9, 265	3	