Christian Swann

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7900134/publications.pdf

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66 2,540 25 46 papers citations h-index g-index

66 66 1890 all docs docs citations times ranked citing authors

#	Article	IF	CITATIONS
1	Defining elite athletes: Issues in the study of expert performance in sport psychology. Psychology of Sport and Exercise, 2015 , 16 , $3-14$.	1.1	567
2	A systematic review of the experience, occurrence, and controllability of flow states in elite sport. Psychology of Sport and Exercise, 2012, 13, 807-819.	1.1	203
3	Sedentary behaviour and risk of anxiety: A systematic review and meta-analysis. Journal of Affective Disorders, 2019, 242, 5-13.	2.0	122
4	Ahead of the game protocol: a multi-component, community sport-based program targeting prevention, promotion and early intervention for mental health among adolescent males. BMC Public Health, 2018, 18, 390.	1.2	91
5	Psychological States Underlying Excellent Performance in Sport: Toward an Integrated Model of Flow and Clutch States. Journal of Applied Sport Psychology, 2017, 29, 375-401.	1.4	86
6	Youth sport as a context for supporting mental health: Adolescent male perspectives. Psychology of Sport and Exercise, 2018, 35, 55-64.	1.1	74
7	Psychological states underlying excellent performance in professional golfers: "Letting it happen―vs. "making it happen― Psychology of Sport and Exercise, 2016, 23, 101-113.	1.1	67
8	Updating goal-setting theory in physical activity promotion: a critical conceptual review. Health Psychology Review, 2021, 15, 34-50.	4.4	64
9	Relationships between mental toughness and psychological wellbeing in undergraduate students. Personality and Individual Differences, 2015, 75, 170-174.	1.6	63
10	An Intervention for Mental Health Literacy and Resilience in Organized Sports. Medicine and Science in Sports and Exercise, 2021, 53, 139-149.	0.2	61
11	Exploring the interactions underlying flow states: A connecting analysis of flow occurrence in European Tour golfers. Psychology of Sport and Exercise, 2015, 16, 60-69.	1.1	53
12	A Review of Scientific Progress in Flow in Sport and Exercise: Normal Science, Crisis, and a Progressive Shift. Journal of Applied Sport Psychology, 2018, 30, 249-271.	1.4	47
13	Investigating Youth Sports Coaches' Perceptions of Their Role in Adolescent Mental Health. Journal of Applied Sport Psychology, 2019, 31, 235-252.	1.4	45
14	Walking the Walk: A Phenomenological Study of Long Distance Walking. Journal of Applied Sport Psychology, 2011, 23, 243-262.	1.4	44
15	The relationship between mental toughness and dispositional flow. European Journal of Sport Science, 2013, 13, 215-220.	1.4	43
16	A systematic review and meta-synthesis of mental health position statements in sport: Scope, quality and future directions. Psychology of Sport and Exercise, 2021, 55, 101946.	1.1	43
17	The Development, Pilot, and Process Evaluation of a Parent Mental Health Literacy Intervention Through Community Sports Clubs. Journal of Child and Family Studies, 2018, 27, 2149-2160.	0.7	41
18	New directions in the psychology of optimal performance in sport: flow and clutch states. Current Opinion in Psychology, 2017, 16, 48-53.	2.5	40

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19	International consensus statement on the psychosocial and policy-related approaches to mental health awareness programmes in sport. BMJ Open Sport and Exercise Medicine, 2019, 5, e000585.	1.4	40
20	Optimal experiences in exercise: A qualitative investigation of flow and clutch states. Psychology of Sport and Exercise, 2019, 40, 87-98.	1.1	40
21	Performing under pressure: Exploring the psychological state underlying clutch performance in sport. Journal of Sports Sciences, 2017, 35, 2272-2280.	1.0	37
22	Comparing two measures of mental toughness. Personality and Individual Differences, 2011, 50, 217-221.	1.6	35
23	An inductive exploration into the flow experiences of European Tour golfers. Qualitative Research in Sport, Exercise and Health, 2015, 7, 210-234.	3.3	33
24	The role of community sports clubs in adolescent mental health: the perspectives of adolescent males' parents. Qualitative Research in Sport, Exercise and Health, 2017, 9, 372-388.	3.3	32
25	Psychological safety in sport: a systematic review and concept analysis. International Review of Sport and Exercise Psychology, 0, , 1-24.	3.1	28
26	The Thin Line: A Phenomenological Study of Mental Toughness and Decision Making in Elite High-Altitude Mountaineers. Journal of Sport and Exercise Psychology, 2016, 38, 598-611.	0.7	27
27	Flow states in exercise: A systematic review. Psychology of Sport and Exercise, 2019, 45, 101546.	1.1	25
28	Time for mental healthcare guidelines for recreational sports: a call to action. British Journal of Sports Medicine, 2021, 55, 184-185.	3.1	25
29	â€~Endurance Work': Embodiment and the Mind–Body Nexus in the Physical Culture of High-Altitude Mountaineering. Sociology, 2018, 52, 1324-1341.	1.7	24
30	Embodiment in High-altitude Mountaineering: Sensing and Working with the Weather. Body and Society, 2019, 25, 90-115.	0.3	24
31	Exploring athletes' perceptions of the relationship between mental toughness and dispositional flow in sport. Psychology of Sport and Exercise, 2016, 27, 56-65.	1.1	23
32	Systematically comparing methods used to study flow in sport: A longitudinal multiple-case study. Psychology of Sport and Exercise, 2017, 32, 113-123.	1.1	22
33	Self-determined motivation, social identification and the mental health of adolescent male team sport participants. Journal of Applied Sport Psychology, 2021, 33, 452-466.	1.4	22
34	Surviving the 2015 Mount Everest disaster: A phenomenological exploration into lived experience and the role of mental toughness. Psychology of Sport and Exercise, 2016, 27, 157-167.	1.1	21
35	The effects of open vs. specific goals on flow and clutch states in a cognitive task. Psychology of Sport and Exercise, 2017, 33, 45-54.	1.1	21
36	The (over)use of SMART goals for physical activity promotion: A narrative review and critique. Health Psychology Review, 2023, 17, 211-226.	4.4	21

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37	A phenomenological exploration of exercise mental toughness: perceptions of exercise leaders and regular exercisers. Qualitative Research in Sport, Exercise and Health, 2014, 6, 441-461.	3.3	20
38	Flow in Sport. , 2016, , 51-64.		20
39	A Matched Control Trial of a Mental Health Literacy Intervention for Parents in Community Sports Clubs. Child Psychiatry and Human Development, 2021, 52, 141-153.	1.1	19
40	Qualitative evaluation of a sports-based mental health literacy program for adolescent males. Psychology of Sport and Exercise, 2021, 56, 101989.	1.1	19
41	The psychology of elite cycling: a systematic review. Journal of Sports Sciences, 2018, 36, 1943-1954.	1.0	17
42	Do we need to reconsider best practice in goal setting for physical activity promotion?. British Journal of Sports Medicine, 2018, 52, 485-486.	3.1	17
43	A qualitative evaluation of a mental health literacy intervention for parents delivered through community sport clubs. Psychology of Sport and Exercise, 2020, 47, 101635.	1.1	17
44	Sports-based mental health promotion in Australia: Formative evaluation. Psychology of Sport and Exercise, 2019, 45, 101560.	1.1	15
45	A systematic review of flow interventions in sport and exercise. International Review of Sport and Exercise Psychology, 2023, 16, 657-692.	3.1	14
46	Reflections on the Field of Mental Health in Sport: Critical Issues and Ways of Moving Forward. Journal of Applied Sport Psychology, 2021, 33, 123-129.	1.4	13
47	Comparing the effects of goal types in a walking session with healthy adults: Preliminary evidence for open goals in physical activity. Psychology of Sport and Exercise, 2020, 47, 101475.	1.1	12
48	Clutch performance in sport and exercise: a systematic review. International Review of Sport and Exercise Psychology, 2020, , 1-28.	3.1	12
49	The event-focused interview: what is it, why is it useful, and how is it used?. Qualitative Research in Sport, Exercise and Health, 2022, 14, 167-180.	3.3	11
50	Exploring the "clutch―in clutch performance: A qualitative investigation of the experience of pressure in successful performance. Psychology of Sport and Exercise, 2021, 54, 101889.	1.1	9
51	The effects of goal types on psychological outcomes in active and insufficiently active adults in a walking task: Further evidence for open goals. Psychology of Sport and Exercise, 2020, 48, 101661.	1.1	8
52	Mental health interventions in non-elite sport: a systematic review and meta-analysis. International Review of Sport and Exercise Psychology, 0, , 1-24.	3.1	8
53	Mentally tough behaviour in extreme environments: perceptions of elite high-altitude mountaineers. Qualitative Research in Sport, Exercise and Health, 2019, 11, 334-347.	3.3	7
54	Exploring bodily sensations experienced during flow states in professional national hunt jockeys: a connecting analysis. Qualitative Research in Sport, Exercise and Health, 2019, 11, 92-105.	3.3	6

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55	The psychology of mountaineering: a systematic review. International Review of Sport and Exercise Psychology, 2023, 16, 27-65.	3.1	6
56	Exploring the Relations Between Social Support and Social Identity in Adolescent Male Athletes. Research Quarterly for Exercise and Sport, 2021, 92, 566-572.	0.8	6
57	Multiple effects health economic evaluation of the Ahead of The Game Study for mental health promotion in sporting club communities. Health Economics Review, 2021, 11, 28.	0.8	6
58	The Flow-Clutch Scale: Development and preliminary validation in sport and exercise. Psychology of Sport and Exercise, 2022, 58, 102066.	1.1	5
59	Exploring runners' perspectives of potential strategies for flow interventions. Journal of Applied Sport Psychology, 2023, 35, 455-477.	1.4	5
60	Motivational-general arousal imagery does not improve decision-making performance in elite endurance cyclists. Cognition and Emotion, 2019, 33, 1084-1093.	1.2	4
61	The potential benefits of nonspecific goals in physical activity promotion: Comparing open, do-your-best, and as-well-as-possible goals in a walking task. Journal of Applied Sport Psychology, 2022, 34, 384-408.	1.4	4
62	Objective and subjective performance indicators of clutch performance in basketball: A mixed-methodsÂmultiple case study. Journal of Applied Sport Psychology, 2023, 35, 155-177.	1.4	3
63	Mental toughness and dietary behaviours in undergraduate university students. Appetite, 2019, 142, 104389.	1.8	1
64	Mental Health in Sport: An Overview and Introduction to the Special issue. Journal of Applied Sport Psychology, 2021, 33, 1-3.	1.4	1
65	Was it a clutch performance? A qualitative exploration of the definitional boundaries of clutch performance. Psychology of Sport and Exercise, 2022, , 102238.	1.1	1
66	The effects of open, do-your-best, and specific goals on commitment and cognitive performance Sport, Exercise, and Performance Psychology, 2022, 11, 382-395.	0.6	0