

Mick Cooper

List of Publications by Year in descending order

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Version: 2024-02-01

112
papers

2,289
citations

279487

23
h-index

288905

40
g-index

121
all docs

121
docs citations

121
times ranked

1436
citing authors

#	ARTICLE	IF	CITATIONS
1	Effectiveness of cognitive-behavioural, person-centred and psychodynamic therapies as practised in UK National Health Service settings. <i>Psychological Medicine</i> , 2006, 36, 555-566.	2.7	158
2	The impact of accommodating client preference in psychotherapy: A meta-analysis. <i>Journal of Clinical Psychology</i> , 2018, 74, 1924-1937.	1.0	149
3	Existential therapies: A meta-analysis of their effects on psychological outcomes.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 115-128.	1.6	125
4	A pluralistic framework for counselling and psychotherapy: Implications for research. <i>Counselling and Psychotherapy Research</i> , 2007, 7, 135-143.	1.7	113
5	Interagency collaboration in children and young people's mental health: a systematic review of outcomes, facilitating factors and inhibiting factors. <i>Child: Care, Health and Development</i> , 2016, 42, 325-342.	0.8	104
6	The Young Person's CORE: Development of a brief outcome measure for young people. <i>Counselling and Psychotherapy Research</i> , 2009, 9, 160-168.	1.7	95
7	Counselling in UK secondary schools: A comprehensive review of audit and evaluation data. <i>Counselling and Psychotherapy Research</i> , 2009, 9, 137-150.	1.7	75
8	Therapists' experiences of relational depth: A qualitative interview study. <i>Counselling and Psychotherapy Research</i> , 2005, 5, 87-95.	1.7	64
9	A brief, multidimensional measure of clients' therapy preferences: The Cooper-Norcross Inventory of Preferences (C-NIP). <i>International Journal of Clinical and Health Psychology</i> , 2016, 16, 87-98.	2.7	50
10	"I" AND "I-ME": TRANSPOSING BUBER'S INTERPERSONAL ATTITUDES TO THE INTRAPERSONAL PLANE. <i>Journal of Constructivist Psychology</i> , 2003, 16, 131-153.	0.7	41
11	The prevalence and characteristics of relational depth events in psychotherapy. <i>Psychotherapy Research</i> , 2012, 22, 139-158.	1.1	41
12	Person-centered therapy: A pluralistic perspective. <i>Person-Centered and Experiential Psychotherapies</i> , 2011, 10, 210-223.	0.2	40
13	Avatar-based therapy within prison settings: pilot evaluation. <i>British Journal of Guidance and Counselling</i> , 2017, 45, 268-283.	0.6	40
14	Randomised controlled trial of school-based humanistic counselling for emotional distress in young people: Feasibility study and preliminary indications of efficacy. <i>Child and Adolescent Psychiatry and Mental Health</i> , 2010, 4, 12.	1.2	39
15	Goal measures for psychotherapy: A systematic review of self-report, idiographic instruments.. <i>Clinical Psychology: Science and Practice</i> , 2019, 26, .	0.6	38
16	School-based humanistic counseling for psychological distress in young people: Pilot randomized controlled trial. <i>Psychotherapy Research</i> , 2013, 23, 355-365.	1.1	35
17	Acceptability, reliability, referential distributions and sensitivity to change in the Young Person's Clinical Outcomes in Routine Evaluation (YP-CORE) outcome measure: replication and refinement. <i>Child and Adolescent Mental Health</i> , 2016, 21, 115-123.	1.8	35
18	Humanizing Psychotherapy. <i>Journal of Contemporary Psychotherapy</i> , 2007, 37, 11-16.	0.7	33

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19	School-based counseling using systematic feedback: A cohort study evaluating outcomes and predictors of change. <i>Psychotherapy Research</i> , 2013, 23, 474-488.	1.1	32
20	Relationship Qualities that are Associated with Moments of Relational Depth: The Client's Perspective / Beziehungsqualitäten, die mit Momenten tiefgehender Beziehungen verbunden sind: die Perspektive der Klienten / Calidades de la relación que se asocian a momentos de profundidad relacional: la perspectiva del cliente / Qualit�es de la relation qui sont associ�es � des moments de profondeur relationnelle: la perspective du client / Caracter�sticas da rela�o associadas a momentos de profundidade relacional. <i>Person-Centered and Experiential Psychotherapies</i> , 2010, 9, 236-256.	0.2	31
21	A thematic analysis of young people's experience of counselling in five secondary schools in the UK. <i>Counselling and Psychotherapy Research</i> , 2012, 12, 53-62.	1.7	29
22	Video counselling and psychotherapy: A critical commentary on the evidence base. <i>Counselling and Psychotherapy Research</i> , 2022, 22, 92-97.	1.7	29
23	Psychotherapy preferences of laypersons and mental health professionals: Whose therapy is it?. <i>Psychotherapy</i> , 2019, 56, 205-216.	0.7	29
24	Influence of climate and hydrology on carbon in an early Miocene peatland. <i>Earth and Planetary Science Letters</i> , 2007, 253, 445-454.	1.8	25
25	Towards a relationally-orientated approach to therapy: empirical support and analysis. <i>British Journal of Guidance and Counselling</i> , 2004, 32, 451-460.	0.6	24
26	Scottish Secondary School Students' Preferences for Location, Format of Counselling and Sex of Counsellor. <i>School Psychology International</i> , 2006, 27, 627-638.	1.1	23
27	A State of Readiness: An Exploration of the Client's Role in Meeting at Relational Depth. <i>Journal of Humanistic Psychology</i> , 2011, 51, 61-81.	1.4	23
28	Scottish secondary school teachers' attitudes towards, and conceptualisations of, counselling. <i>British Journal of Guidance and Counselling</i> , 2005, 33, 199-211.	0.6	21
29	The impact of school-based counselling on young people's capacity to study and learn. <i>British Journal of Guidance and Counselling</i> , 2012, 40, 499-514.	0.6	21
30	From either/or to both/and: Developing a pluralistic approach to counselling and psychotherapy. <i>European Journal of Psychotherapy and Counselling</i> , 2012, 14, 5-17.	0.2	21
31	Development of a client feedback tool: A qualitative study of therapists' experiences of using the Therapy Personalisation Forms. <i>European Journal of Psychotherapy and Counselling</i> , 2012, 14, 47-62.	0.2	20
32	The goals of young people in school-based counselling and their achievement of these goals. <i>Counselling and Psychotherapy Research</i> , 2014, 14, 306-314.	1.7	19
33	Personalizing psychotherapy: Assessing and accommodating patient preferences.. , 2021, , .		19
34	Pilot randomised controlled trial of school-based humanistic counselling for psychological distress in young people: Outcomes and methodological reflections. <i>Counselling and Psychotherapy Research</i> , 2014, 15, 1-10.	1.7	18
35	From intention to action: A mixed methods study of clients' experiences of goal-oriented practices. <i>Journal of Clinical Psychology</i> , 2019, 75, 1770-1789.	1.0	18
36	The challenge of counselling and psychotherapy research. <i>Counselling and Psychotherapy Research</i> , 2010, 10, 183-191.	1.7	17

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37	Clients' and therapists' perceptions of intrasessional connection: An analogue study of change over time, predictor variables, and level of consensus. <i>Psychotherapy Research</i> , 2012, 22, 274-288.	1.1	17
38	Counselling versus low-intensity cognitive behavioural therapy for persistent sub-threshold and mild depression (CLICD): a pilot/feasibility randomised controlled trial. <i>BMC Psychiatry</i> , 2015, 15, 197.	1.1	17
39	Effectiveness of school-based humanistic counselling for psychological distress in young people: Pilot randomized controlled trial with follow-up in an ethnically diverse sample. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2017, 90, 138-155.	1.3	17
40	Idiographic patient reported outcome measures (iPROMs) for routine outcome monitoring in psychological therapies: Position paper. <i>Journal of Clinical Psychology</i> , 2023, 79, 596-621.	1.0	17
41	Helpful therapeutic processes: Client activities, therapist activities and helpful effects. <i>European Journal of Psychotherapy and Counselling</i> , 2012, 14, 77-89.	0.2	16
42	Humanistic counselling plus pastoral care as usual versus pastoral care as usual for the treatment of psychological distress in adolescents in UK state schools (ETHOS): a randomised controlled trial. <i>The Lancet Child and Adolescent Health</i> , 2021, 5, 178-189.	2.7	16
43	Clients' experiences of shared decision making in an integrative psychotherapy for depression. <i>Journal of Evaluation in Clinical Practice</i> , 2020, 26, 559-568.	0.9	15
44	Helpful processes in psychological therapy for patients with primary cancers: A qualitative interview study. <i>Counselling and Psychotherapy Research</i> , 2014, 14, 84-92.	1.7	14
45	Helpful aspects of outdoor therapy experiences: An online preliminary investigation. <i>Counselling and Psychotherapy Research</i> , 2014, 14, 281-287.	1.7	14
46	Existential Psychotherapy: An International Survey of the Key Authors and Texts Influencing Practice. <i>Journal of Contemporary Psychotherapy</i> , 2015, 45, 3-10.	0.7	14
47	Interpersonal Perceptions and Metaperceptions. <i>Journal of Humanistic Psychology</i> , 2009, 49, 85-99.	1.4	13
48	Helpful factors and outcomes in person-centered therapy with clients who experience psychotic processes: therapists' perspectives. <i>Person-Centered and Experiential Psychotherapies</i> , 2011, 10, 89-104.	0.2	13
49	Helpful aspects of bereavement counselling: An interpretative phenomenological analysis. <i>Counselling and Psychotherapy Research</i> , 2015, 15, 119-127.	1.7	13
50	Development and validation of the relational depth frequency scale. <i>Psychotherapy Research</i> , 2020, 30, 213-227.	1.1	13
51	Activity preferences in psychotherapy: what do patients want and how does this relate to outcomes and alliance?. <i>Counselling Psychology Quarterly</i> , 2022, 35, 503-526.	1.5	13
52	Change processes in school-based humanistic counselling. <i>Counselling and Psychotherapy Research</i> , 2016, 16, 88-99.	1.7	12
53	Effectiveness and cost-effectiveness of humanistic counselling in schools for young people with emotional distress (ETHOS): study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 175.	0.7	12
54	Developing Self-Pluralistic Perspectives Within the Person-Centered and Experiential Approaches: A round-table dialogue / Entwicklung selbst-pluralistischer Perspektiven in den personenzentrierten und experientiellen Ansätzen: Ein Gespräch am runden Tisch / Desarrollando las perspectivas pluralistas del self dentro de los enfoques centrados en la persona y experienciales: un diálogo en una mesa redonda. <i>Person-Centered and Experiential Psychotherapies</i> , 2004, 3, 176-191.	0.2	11

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55	Experiencing relational depth in therapy: what we know so far. , 2013, , 62-76.		11
56	Between Freedom and Despair: Existential challenges and contributions to person-centered and experiential therapy / Zwischen Freiheit und Verzweiflung: Existenzielle Herausforderungen an Personzentrierte and Experienzielle Therapieâ€”einige Beitrage / Entre la libertad y la desesperaci3n: cuestionamientos y contribuciones existenciales a la terapia centrada en la persona y experiencial. Person-Centered and Experiential Psychotherapies, 2003, 2, 43-56.	0.2	10
57	The role of randomised controlled trials in developing an evidence-base for counselling and psychotherapy. Counselling and Psychotherapy Research, 2012, 12, 303-307.	1.7	10
58	Schoolâ€based humanistic counselling for psychological distress in young people: A practice research network to address the attrition problem. Counselling and Psychotherapy Research, 2014, 14, 201-211.	1.7	10
59	The Fully Functioning Society. Journal of Humanistic Psychology, 2016, 56, 581-594.	1.4	10
60	Five Perspectives on the Meaning of Meaning in the Context of Clinical Practices. Journal of Constructivist Psychology, 2019, 32, 48-62.	0.7	10
61	Counselling for young people and young adults in the voluntary and community sector: An overview of the demographic profile of clients and outcomes. Psychology and Psychotherapy: Theory, Research and Practice, 2020, 93, 36-53.	1.3	10
62	Encountering selfâ€otherness. , 0, , 60-74.		10
63	Avatarâ€based counselling for young people within school counselling. Qualitative analysis of client experience. Counselling and Psychotherapy Research, 2018, 18, 59-70.	1.7	9
64	Preferences. , 2019, , 157-187.		9
65	The Intrinsic Foundations of Extrinsic Motivations and Goals. Journal of Humanistic Psychology, 2013, 53, 153-171.	1.4	8
66	The impact of a needsâ€based model of care on accessibility and quality of care within children's mental health services: A qualitative investigation of the UK iâ€THRIVE Programme. Child: Care, Health and Development, 2021, 47, 442-450.	0.8	8
67	A Pluralistic Perspective on Research in Psychotherapy: Harnessing Passion, Difference and Dialogue to Promote Justice and Relevance. Frontiers in Psychology, 2021, 12, 742676.	1.1	8
68	The Inter-experiential Field: Perceptions and metaperceptions in person-centered and experiential psychotherapy / Das interexperienzielle Feld: Wahrnehmungen und Metawahrnehmungen in Personzentrierter und Experienzieller Psychotherapie / El campo inter-experencial: percepciones y metapercepciones en la psicoterapia centrada en la persona y experiencial. Person-Centered and Experiential Psychotherapies, 2005, 4, 54-68.	0.2	7
69	A comparative analysis of the attitudes of key stakeholder groups to the Welsh Government's school-based counselling strategy. British Journal of Guidance and Counselling, 2012, 40, 485-498.	0.6	7
70	Therapistsâ€™ experiences of pluralistic practice. European Journal of Psychotherapy and Counselling, 2012, 14, 63-75.	0.2	7
71	Counselling in <sc>UK</sc> primary schools: Outcomes and predictors of change. Counselling and Psychotherapy Research, 2015, 15, 251-261.	1.7	7
72	Existential Psychotherapies: Similarities and Differences Among the Main Branches. Journal of Humanistic Psychology, 2018, 58, 119-143.	1.4	7

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73	Therapists's™ self-reported chronic strategies of disconnection in everyday life and in counselling and psychotherapy: an exploratory study. <i>British Journal of Guidance and Counselling</i> , 2018, 46, 185-200.	0.6	7
74	Systematic client feedback in therapy for children with psychological difficulties: pilot cluster randomised controlled trial. <i>Counselling Psychology Quarterly</i> , 2021, 34, 21-36.	1.5	7
75	Motivation as a predictor of outcomes in school-based humanistic counselling. <i>Counselling and Psychotherapy Research</i> , 2012, 12, 93-99.	1.7	6
76	Therapeutic outcomes in the Welsh Government's school-based counselling strategy: An evaluation. <i>Counselling and Psychotherapy Research</i> , 2013, 13, 86-97.	1.7	6
77	The practices of existential psychotherapists: development and application of an observational grid. <i>British Journal of Guidance and Counselling</i> , 2018, 46, 201-216.	0.6	6
78	Metatherapeutic communication: an exploratory analysis of therapist-reported moments of dialogue regarding the nature of the therapeutic work. <i>British Journal of Guidance and Counselling</i> , 2018, 46, 173-184.	0.6	6
79	Avatar-based counselling for psychological distress in secondary school pupils: pilot evaluation. <i>British Journal of Guidance and Counselling</i> , 2019, 47, 446-459.	0.6	6
80	Experiencing relational depth: self-development exercises and reflections. , 2013, , 137-152.		6
81	Characteristic practices of existential psychotherapy: A worldwide survey of practitioners's™ perspectives.. <i>Humanistic Psychologist</i> , 2017, 45, 217-237.	0.2	6
82	Goals Form: Reliability, validity, and clinical utility of an idiographic goal-focused measure for routine outcome monitoring in psychotherapy. <i>Journal of Clinical Psychology</i> , 2023, 79, 641-666.	1.0	6
83	Meeting at Relational Depth. <i>Person-Centered and Experiential Psychotherapies</i> , 2006, 5, 227-228.	0.2	5
84	Estimating effectiveness of school-based counselling: Using data from controlled trials to predict improvement over non-intervention change. <i>Counselling and Psychotherapy Research</i> , 2015, 15, 262-273.	1.7	5
85	Development of supervision personalisation forms: A qualitative study of the dimensions along which supervisors's™ practices vary. <i>Counselling and Psychotherapy Research</i> , 2015, 15, 31-40.	1.7	5
86	Helpful aspects of pluralistic therapy for depression. <i>Counselling and Psychotherapy Research</i> , 2017, 17, 137-147.	1.7	5
87	When life gets in the way: Systematic review of life events, socioeconomic deprivation, and their impact on counselling and psychotherapy with children and adolescents. <i>Counselling and Psychotherapy Research</i> , 2018, 18, 143-153.	1.7	5
88	Existential psychotherapies.. , 0, , 283-317.		5
89	Psychological change in distressed young people who do not receive counselling: does improvement happen anyway?. <i>British Journal of Guidance and Counselling</i> , 2012, 40, 515-525.	0.6	4
90	Counselling versus Low-Intensity Cognitive Behavioural Therapy for persistent sub-threshold and mild Depression (CLICD): study protocol for a pilot/feasibility randomised controlled trial. <i>SpringerPlus</i> , 2014, 3, 654.	1.2	4

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91	An Application of the Three-Step Test-Interview (TSTI) in the Validation of the Relational Depth Frequency Scale. <i>Journal of Humanistic Psychology</i> , 0, , 002216782096262.	1.4	4
92	Helpful aspects of counselling for young people who have experienced bullying: a thematic analysis. <i>British Journal of Guidance and Counselling</i> , 2021, 49, 468-479.	0.6	4
93	Relational depth from the perspective of the psychotherapy dyad: Psychometric properties of the Relational Depth Frequency Scale. <i>Psychotherapy Research</i> , 2022, 32, 910-921.	1.1	4
94	Dialogue: A dialogue between focusing and relational perspectives. <i>Person-Centered and Experiential Psychotherapies</i> , 2012, 11, 124-136.	0.2	3
95	Directionality: Unifying Psychological and Social Understandings of Well-Being and Distress Through an Existential Ontology. <i>Journal of Humanistic Counseling</i> , 2021, 60, 6-25.	0.3	3
96	Users of secondary school-based counselling services and specialist CAMHS in Wales: A comparison study. <i>Counselling and Psychotherapy Research</i> , 2014, 14, 315-325.	1.7	2
97	Development of a therapists' self-report measure of pluralistic thought and practice: the Therapy Pluralism Inventory. <i>British Journal of Guidance and Counselling</i> , 2017, 45, 489-499.	0.6	2
98	Application of the Qualitative Method of Analyzing Multivoicedness to Psychotherapy Research: The Case of "Josh". <i>Journal of Constructivist Psychology</i> , 2021, 34, 181-194.	0.7	2
99	Helpful and unhelpful processes in psychological therapy for female substance users: an interpretative phenomenological analysis. <i>British Journal of Guidance and Counselling</i> , 2023, 51, 84-95.	0.6	2
100	Brief humanistic counselling with an adolescent client experiencing obsessive compulsive difficulties: A theory-building case study. <i>Counselling and Psychotherapy Research</i> , 0, , .	1.7	2
101	Therapists' questions to clients about what might be helpful can be supportive without being directive: a conversation analysis. <i>Counselling Psychology Quarterly</i> , 2022, 35, 921-942.	1.5	2
102	<i>Wants:</i> A Core Humanistic Construct. <i>Self & Society</i> , 2014, 42, 30-36.	0.0	1
103	Patient preference as a predictor of outcomes in a pilot trial of person-centred counselling versus low-intensity cognitive behavioural therapy for persistent sub-threshold and mild depression. <i>Counselling Psychology Quarterly</i> , 0, , 1-17.	1.5	1
104	Introduction: the in-depth therapeutic encounter. , 2013, , 1-10.		1
105	Synergy, Dysergy and the Alleviation of Preventable Suffering. <i>Social Indicators Research Series</i> , 2017, , 73-83.	0.3	1
106	Pilot randomised controlled trial of school-based humanistic counselling for psychological distress in young people: Outcomes and methodological reflections. <i>Counselling and Psychotherapy Research</i> , 2015, 15, 241-250.	1.7	1
107	Pluralistic counselling versus counselling as usual for young people presenting with addiction issues: A pilot randomised controlled trial. <i>Counselling and Psychotherapy Research</i> , 0, , .	1.7	1
108	"They need somebody to talk to": Parents' and carers' perceptions of school-based humanistic counselling. <i>Counselling and Psychotherapy Research</i> , 0, , .	1.7	1

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109	Reliability and validity of an auditing tool for person-centred psychotherapy and counselling for young people: The PCEPSâ€YP. <i>Counselling and Psychotherapy Research</i> , 2023, 23, 563-576.	1.7	1
110	Mick Cooper. <i>Counselling in Schools Project: Evaluation Report</i>. <i>Counselling and Psychotherapy Research</i> , 2006, 6, 150-151.	1.7	0
111	Pilot randomised controlled trial of counselling in a community mental health setting: Pitfalls and learnings. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 3-8.	1.7	0
112	School counselling: The evidence for what works. <i>British Journal of Child Health</i> , 2021, 2, 101-102.	0.1	0