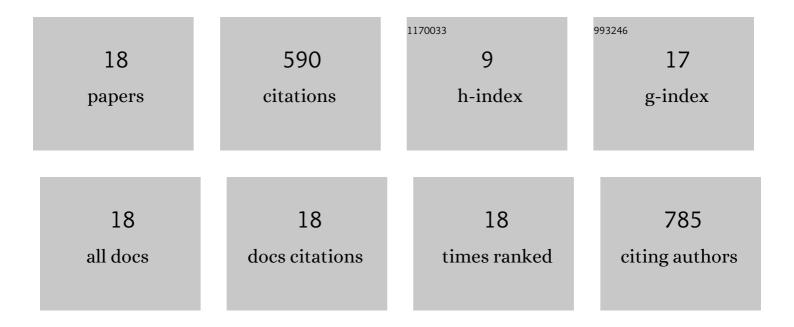
## Judit Companys

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effects of an Optimized Aged Garlic Extract on Cardiovascular Disease Risk Factors in Moderate Hypercholesterolemic Subjects: A Randomized, Crossover, Double-Blind, Sustainedand Controlled Study. Nutrients, 2022, 14, 405.	1.7	8
2	Red-Fleshed Apples Rich in Anthocyanins and White-Fleshed Apples Modulate the Aorta and Heart Proteome in Hypercholesterolaemic Rats: The AppleCOR Study. Nutrients, 2022, 14, 1047.	1.7	4
3	Hesperidin Bioavailability Is Increased by the Presence of 2S-Diastereoisomer and Micronization—A Randomized, Crossover and Double-Blind Clinical Trial. Nutrients, 2022, 14, 2481.	1.7	4
4	Fermented dairy foods rich in probiotics and cardiometabolic risk factors: a narrative review from prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2021, 61, 1966-1975.	5.4	20
5	Acute Effects of Turmeric Extracts on Knee Joint Pain: A Pilot, Randomized Controlled Trial. Journal of Medicinal Food, 2021, 24, 436-440.	0.8	10
6	Effects of hesperidin in orange juice on blood and pulse pressures in mildly hypertensive individuals: a randomized controlled trialA(Citrus study). European Journal of Nutrition, 2021, 60, 1277-1288.	1.8	49
7	Interplay between dietary phenolic compound intake and the human gut microbiome in hypertension: A cross-sectional study. Food Chemistry, 2021, 344, 128567.	4.2	28
8	Gut Microbiota Profile and Its Association with Clinical Variables and Dietary Intake in Overweight/Obese and Lean Subjects: A Cross-Sectional Study. Nutrients, 2021, 13, 2032.	1.7	75
9	Effects of Hesperidin Consumption on the Cardiovascular System in Pre―and Stage 1 Hypertensive Subjects: Targeted and Nonâ€Targeted Metabolomic Approaches (CITRUS Study). Molecular Nutrition and Food Research, 2021, 65, e2001175.	1.5	8
10	Hesperidin in orange juice improves human endothelial function in subjects with elevated blood pressure and stage 1 hypertension: A randomized, controlled trial (Citrus study). Journal of Functional Foods, 2021, 85, 104646.	1.6	7
11	Effect of the consumption of hesperidin in orange juice on the transcriptomic profile of subjects with elevated blood pressure and stage 1 hypertension: A randomized controlled trial (CITRUS study). Clinical Nutrition, 2021, 40, 5812-5822.	2.3	4
12	Application of Dried Blood Spot Cards combined with liquid chromatography-tandem mass spectrometry to determine eight fat-soluble micronutrients in human blood. Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences, 2020, 1152, 122247.	1.2	2
13	The effects and associations of whole-apple intake on diverse cardiovascular risk factors. A narrative review. Critical Reviews in Food Science and Nutrition, 2020, 60, 3862-3875.	5.4	11
14	Fermented Dairy Products, Probiotic Supplementation, and Cardiometabolic Diseases: A Systematic Review and Meta-analysis. Advances in Nutrition, 2020, 11, 834-863.	2.9	88
15	Gut metagenomic and short chain fatty acids signature in hypertension: a cross-sectional study. Scientific Reports, 2020, 10, 6436.	1.6	115
16	Effects of hesperidin consumption on cardiovascular risk biomarkers: a systematic review of animal studies and human randomized clinical trials. Nutrition Reviews, 2019, 77, 845-864.	2.6	31
17	Effects of daily consumption of the probiotic Bifidobacterium animalis subsp. lactis CECT 8145 on anthropometric adiposity biomarkers in abdominally obese subjects: a randomized controlled trial. International Journal of Obesity, 2019, 43, 1863-1868.	1.6	124
18	Effects of enriched seafood sticks (heat-inactivatedÂB. animalis subsp. lactisÂCECT 8145, inulin, omega-3) on cardiometabolic risk factors and gut microbiota in abdominally obese subjects: randomized controlled trial. European Journal of Nutrition, 0, , .	1.8	2