

Judit Companys

List of Publications by Year in descending order

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Version: 2024-02-01

18
papers

590
citations

1040056

9
h-index

888059

17
g-index

18
all docs

18
docs citations

18
times ranked

732
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of daily consumption of the probiotic <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> CECT 8145 on anthropometric adiposity biomarkers in abdominally obese subjects: a randomized controlled trial. <i>International Journal of Obesity</i> , 2019, 43, 1863-1868.	3.4	124
2	Gut metagenomic and short chain fatty acids signature in hypertension: a cross-sectional study. <i>Scientific Reports</i> , 2020, 10, 6436.	3.3	115
3	Fermented Dairy Products, Probiotic Supplementation, and Cardiometabolic Diseases: A Systematic Review and Meta-analysis. <i>Advances in Nutrition</i> , 2020, 11, 834-863.	6.4	88
4	Gut Microbiota Profile and Its Association with Clinical Variables and Dietary Intake in Overweight/Obese and Lean Subjects: A Cross-Sectional Study. <i>Nutrients</i> , 2021, 13, 2032.	4.1	75
5	Effects of hesperidin in orange juice on blood and pulse pressures in mildly hypertensive individuals: a randomized controlled trial (Citrus study). <i>European Journal of Nutrition</i> , 2021, 60, 1277-1288.	3.9	49
6	Effects of hesperidin consumption on cardiovascular risk biomarkers: a systematic review of animal studies and human randomized clinical trials. <i>Nutrition Reviews</i> , 2019, 77, 845-864.	5.8	31
7	Interplay between dietary phenolic compound intake and the human gut microbiome in hypertension: A cross-sectional study. <i>Food Chemistry</i> , 2021, 344, 128567.	8.2	28
8	Fermented dairy foods rich in probiotics and cardiometabolic risk factors: a narrative review from prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021, 61, 1966-1975.	10.3	20
9	The effects and associations of whole-apple intake on diverse cardiovascular risk factors. A narrative review. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 3862-3875.	10.3	11
10	Acute Effects of Turmeric Extracts on Knee Joint Pain: A Pilot, Randomized Controlled Trial. <i>Journal of Medicinal Food</i> , 2021, 24, 436-440.	1.5	10
11	Effects of Hesperidin Consumption on the Cardiovascular System in Pre- and Stage 1 Hypertensive Subjects: Targeted and Non-Targeted Metabolomic Approaches (CITRUS Study). <i>Molecular Nutrition and Food Research</i> , 2021, 65, e2001175.	3.3	8
12	Effects of an Optimized Aged Garlic Extract on Cardiovascular Disease Risk Factors in Moderate Hypercholesterolemic Subjects: A Randomized, Crossover, Double-Blind, Sustained and Controlled Study. <i>Nutrients</i> , 2022, 14, 405.	4.1	8
13	Hesperidin in orange juice improves human endothelial function in subjects with elevated blood pressure and stage 1 hypertension: A randomized, controlled trial (Citrus study). <i>Journal of Functional Foods</i> , 2021, 85, 104646.	3.4	7
14	Effect of the consumption of hesperidin in orange juice on the transcriptomic profile of subjects with elevated blood pressure and stage 1 hypertension: A randomized controlled trial (CITRUS study). <i>Clinical Nutrition</i> , 2021, 40, 5812-5822.	5.0	4
15	Red-Fleshed Apples Rich in Anthocyanins and White-Fleshed Apples Modulate the Aorta and Heart Proteome in Hypercholesterolaemic Rats: The AppleCOR Study. <i>Nutrients</i> , 2022, 14, 1047.	4.1	4
16	Hesperidin Bioavailability Is Increased by the Presence of 2S-Diastereoisomer and Micronization – A Randomized, Crossover and Double-Blind Clinical Trial. <i>Nutrients</i> , 2022, 14, 2481.	4.1	4
17	Application of Dried Blood Spot Cards combined with liquid chromatography-tandem mass spectrometry to determine eight fat-soluble micronutrients in human blood. <i>Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences</i> , 2020, 1152, 122247.	2.3	2
18	Effects of enriched seafood sticks (<i>B. animalis</i> subsp. <i>lactis</i> CECT 8145, inulin, omega-3) on cardiometabolic risk factors and gut microbiota in abdominally obese subjects: randomized controlled trial. <i>European Journal of Nutrition</i> , 0, , .	3.9	2