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List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

4

papers

88

citations

4

h-index

4

g-index

4

ext. papers

109

ext. citations

5

avg, IF

1.69

L-index

#	Paper	IF	Citations
4	An mHealth Workplace-Based "Sit Less, Move More" Program: Impact on Employees' Sedentary and Physical Activity Patterns at Work and Away from Work. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	4
3	The effectiveness of a basic exercise intervention to improve strength and balance in women with osteoporosis. <i>Clinical Interventions in Aging</i> , 2017 , 12, 505-513	4	22
2	Patterns of impact resulting from a sit less, move more web-based program in sedentary office employees. <i>PLoS ONE</i> , 2015 , 10, e0122474	3.7	39
1	Uptake and factors that influence the use of sit less, move more occupational intervention strategies in Spanish office employees. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 152	8.4	23