

# Elisabeth Ah Winkler

## List of Publications by Citations

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110  
papers

6,979  
citations

41  
h-index

82  
g-index

120  
ext. papers

7,952  
ext. citations

4.2  
avg, IF

5.91  
L-index

#	Paper	IF	Citations
110	Sedentary time and cardio-metabolic biomarkers in US adults: NHANES 2003-06. <i>European Heart Journal</i> , <b>2011</b> , 32, 590-7	9.5	972
109	Measurement of adults' sedentary time in population-based studies. <i>American Journal of Preventive Medicine</i> , <b>2011</b> , 41, 216-27	6.1	422
108	Prolonged sedentary time and physical activity in workplace and non-work contexts: a cross-sectional study of office, customer service and call centre employees. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2012</b> , 9, 128	8.4	277
107	Sit-stand workstations: a pilot intervention to reduce office sitting time. <i>American Journal of Preventive Medicine</i> , <b>2012</b> , 43, 298-303	6.1	277
106	Reallocating time to sleep, sedentary behaviors, or active behaviors: associations with cardiovascular disease risk biomarkers, NHANES 2005-2006. <i>American Journal of Epidemiology</i> , <b>2014</b> , 179, 323-34	3.8	258
105	Systematic review of maintenance of behavior change following physical activity and dietary interventions. <i>Health Psychology</i> , <b>2011</b> , 30, 99-109	5	256
104	Reducing sitting time in office workers: short-term efficacy of a multicomponent intervention. <i>Preventive Medicine</i> , <b>2013</b> , 57, 43-8	4.3	235
103	Considerations when using the activPAL monitor in field-based research with adult populations. <i>Journal of Sport and Health Science</i> , <b>2017</b> , 6, 162-178	8.2	209
102	Replacing sitting time with standing or stepping: associations with cardio-metabolic risk biomarkers. <i>European Heart Journal</i> , <b>2015</b> , 36, 2643-9	9.5	177
101	A Cluster Randomized Controlled Trial to Reduce Office Workers' Sitting Time: Effect on Activity Outcomes. <i>Medicine and Science in Sports and Exercise</i> , <b>2016</b> , 48, 1787-97	1.2	165
100	Objectively measured physical activity and sedentary time of breast cancer survivors, and associations with adiposity: findings from NHANES (2003-2006). <i>Cancer Causes and Control</i> , <b>2010</b> , 21, 283-8	2.8	162
99	Associations of objectively-assessed physical activity and sedentary time with depression: NHANES (2005-2006). <i>Preventive Medicine</i> , <b>2011</b> , 53, 284-8	4.3	158
98	Light-intensity physical activity and cardiometabolic biomarkers in US adolescents. <i>PLoS ONE</i> , <b>2013</b> , 8, e71417	3.7	132
97	Measuring older adults' sedentary time: reliability, validity, and responsiveness. <i>Medicine and Science in Sports and Exercise</i> , <b>2011</b> , 43, 2127-33	1.2	126
96	Identifying adults' valid waking wear time by automated estimation in activPAL data collected with a 24 h wear protocol. <i>Physiological Measurement</i> , <b>2016</b> , 37, 1653-1668	2.9	125
95	Patterns of sedentary time and cardiometabolic risk among Canadian adults. <i>Preventive Medicine</i> , <b>2014</b> , 65, 23-7	4.3	113
94	Relationships of land use mix with walking for transport: do land uses and geographical scale matter?. <i>Journal of Urban Health</i> , <b>2010</b> , 87, 782-95	5.8	111

93	Telephone counseling for physical activity and diet in primary care patients. <i>American Journal of Preventive Medicine</i> , <b>2009</b> , 36, 142-9	6.1	104
92	Associations of objectively assessed physical activity and sedentary time with biomarkers of breast cancer risk in postmenopausal women: findings from NHANES (2003-2006). <i>Breast Cancer Research and Treatment</i> , <b>2011</b> , 130, 183-94	4.4	95
91	Associations of sitting accumulation patterns with cardio-metabolic risk biomarkers in Australian adults. <i>PLoS ONE</i> , <b>2017</b> , 12, e0180119	3.7	93
90	Reducing office workers' sitting time: rationale and study design for the Stand Up Victoria cluster randomized trial. <i>BMC Public Health</i> , <b>2013</b> , 13, 1057	4.1	91
89	Relationship of television time with accelerometer-derived sedentary time: NHANES. <i>Medicine and Science in Sports and Exercise</i> , <b>2011</b> , 43, 822-8	1.2	89
88	Does living in a disadvantaged area mean fewer opportunities to purchase fresh fruit and vegetables in the area? Findings from the Brisbane food study. <i>Health and Place</i> , <b>2006</b> , 12, 306-19	4.6	83
87	Does living in a disadvantaged area entail limited opportunities to purchase fresh fruit and vegetables in terms of price, availability, and variety? Findings from the Brisbane Food Study. <i>Health and Place</i> , <b>2006</b> , 12, 741-8	4.6	81
86	Validity of self-reported measures of workplace sitting time and breaks in sitting time. <i>Medicine and Science in Sports and Exercise</i> , <b>2011</b> , 43, 1907-12	1.2	77
85	Accelerometer-derived sedentary and physical activity time in overweight/obese adults with type 2 diabetes: cross-sectional associations with cardiometabolic biomarkers. <i>PLoS ONE</i> , <b>2015</b> , 10, e0119140	3.7	73
84	A Cluster RCT to Reduce Workers' Sitting Time: Impact on Cardiometabolic Biomarkers. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 2032-2039	1.2	72
83	Identifying sedentary time using automated estimates of accelerometer wear time. <i>British Journal of Sports Medicine</i> , <b>2012</b> , 46, 436-42	10.3	68
82	Television viewing time and reduced life expectancy: a life table analysis. <i>British Journal of Sports Medicine</i> , <b>2012</b> , 46, 927-30	10.3	63
81	A randomized trial of a telephone-delivered exercise intervention for non-urban dwelling women newly diagnosed with breast cancer: exercise for health. <i>Annals of Behavioral Medicine</i> , <b>2012</b> , 43, 229-38	4.5	61
80	Does an 'activity-permissive' workplace change office workers' sitting and activity time?. <i>PLoS ONE</i> , <b>2013</b> , 8, e76723	3.7	61
79	Evaluating the effectiveness of organisational-level strategies with or without an activity tracker to reduce office workers' sitting time: a cluster-randomised trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 115	8.4	61
78	Office workers' objectively assessed total and prolonged sitting time: Individual-level correlates and worksite variations. <i>Preventive Medicine Reports</i> , <b>2016</b> , 4, 184-91	2.6	59
77	Cost-effectiveness of a telephone-delivered intervention for physical activity and diet. <i>PLoS ONE</i> , <b>2009</b> , 4, e7135	3.7	59
76	Adults' past-day recall of sedentary time: reliability, validity, and responsiveness. <i>Medicine and Science in Sports and Exercise</i> , <b>2013</b> , 45, 1198-207	1.2	58

75	Objectively assessed physical activity, sedentary time and waist circumference among prostate cancer survivors: findings from the National Health and Nutrition Examination Survey (2003-2006). <i>European Journal of Cancer Care</i> , <b>2011</b> , 20, 514-9	2.4	58
74	Objectively measured activity patterns among adults in residential aged care. <i>International Journal of Environmental Research and Public Health</i> , <b>2013</b> , 10, 6783-98	4.6	52
73	Living well with diabetes: 24-month outcomes from a randomized trial of telephone-delivered weight loss and physical activity intervention to improve glycemic control. <i>Diabetes Care</i> , <b>2014</b> , 37, 2177-85	14.6	51
72	Associations of Low- and High-Intensity Light Activity with Cardiometabolic Biomarkers. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 2093-101	1.2	49
71	Confidence to cook vegetables and the buying habits of Australian households. <i>Journal of the American Dietetic Association</i> , <b>2010</b> , 110, S52-61		43
70	Measuring Physical Activity Change in Broad-Reach Intervention Trials. <i>Journal of Physical Activity and Health</i> , <b>2010</b> , 7, 194-202	2.5	42
69	Sensitivity to Change of Objectively-Derived Measures of Sedentary Behavior. <i>Measurement in Physical Education and Exercise Science</i> , <b>2015</b> , 19, 138-147	1.9	41
68	Confidence to cook vegetables and the buying habits of Australian households. <i>Journal of the American Dietetic Association</i> , <b>2009</b> , 109, 1759-68		41
67	Associations of sedentary time and patterns of sedentary time accumulation with health-related quality of life in colorectal cancer survivors. <i>Preventive Medicine Reports</i> , <b>2016</b> , 4, 262-9	2.6	40
66	Cardiometabolic Impact of Changing Sitting, Standing, and Stepping in the Workplace. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 516-524	1.2	40
65	Correlates of change in adults' television viewing time: a four-year follow-up study. <i>Medicine and Science in Sports and Exercise</i> , <b>2012</b> , 44, 1287-92	1.2	38
64	Objectively measured patterns of sedentary time and physical activity in young adults of the Raine study cohort. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 41	8.4	37
63	Intervening to reduce workplace sitting time: how and when do changes to sitting time occur?. <i>British Journal of Sports Medicine</i> , <b>2014</b> , 48, 1037-42	10.3	37
62	Validity of a multi-context sitting questionnaire across demographically diverse population groups: AusDiab3. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 148	8.4	37
61	Effects of sedentary behaviour interventions on biomarkers of cardiometabolic risk in adults: systematic review with meta-analyses. <i>British Journal of Sports Medicine</i> , <b>2021</b> , 55, 144-154	10.3	37
60	Patterns and correlates of accelerometer-assessed physical activity and sedentary time among colon cancer survivors. <i>Cancer Causes and Control</i> , <b>2016</b> , 27, 59-68	2.8	36
59	Active adults recall their physical activity differently to less active adults: test-retest reliability and validity of a physical activity survey. <i>Health Promotion Journal of Australia</i> , <b>2013</b> , 24, 26-31	1.7	36
58	Validity of an automated algorithm to identify waking and in-bed wear time in hip-worn accelerometer data collected with a 24 h wear protocol in young adults. <i>Physiological Measurement</i> , <b>2016</b> , 37, 1636-1652	2.9	30

57	Maintenance of physical activity and dietary change following a telephone-delivered intervention. <i>Health Psychology</i> , <b>2010</b> , 29, 566-73	5	29
56	Six-month outcomes from living well with diabetes: A randomized trial of a telephone-delivered weight loss and physical activity intervention to improve glycemic control. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 46, 193-203	4.5	27
55	Evaluating the Maintenance of Lifestyle Changes in a Randomized Controlled Trial of the 'Get Healthy, Stay Healthy' Program. <i>JMIR MHealth and UHealth</i> , <b>2016</b> , 4, e42	5.5	27
54	Correlates of Omani adults' physical inactivity and sitting time. <i>Public Health Nutrition</i> , <b>2013</b> , 16, 65-72	3.3	26
53	Associations of context-specific sitting time with markers of cardiometabolic risk in Australian adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 114	8.4	26
52	Device-measured sedentary behavior and physical activity in older adults differ by demographic and health-related factors. <i>European Review of Aging and Physical Activity</i> , <b>2020</b> , 17, 8	6.5	25
51	Prolonged uninterrupted sitting elevates postprandial hyperglycaemia proportional to degree of insulin resistance. <i>Diabetes, Obesity and Metabolism</i> , <b>2018</b> , 20, 1526-1530	6.7	25
50	Organizational-Level Strategies With or Without an Activity Tracker to Reduce Office Workers' Sitting Time: Rationale and Study Design of a Pilot Cluster-Randomized Trial. <i>JMIR Research Protocols</i> , <b>2016</b> , 5, e73	2	25
49	The Living Well after Breast Cancer Pilot Trial: a weight loss intervention for women following treatment for breast cancer. <i>Asia-Pacific Journal of Clinical Oncology</i> , <b>2017</b> , 13, 125-136	1.9	24
48	Associations of physical activity and sitting time with the metabolic syndrome among Omani adults. <i>Obesity</i> , <b>2012</b> , 20, 2290-5	8	24
47	A telephone-delivered physical activity and dietary intervention for type 2 diabetes and hypertension: does intervention dose influence outcomes?. <i>American Journal of Health Promotion</i> , <b>2011</b> , 25, 257-63	2.5	24
46	High neighborhood walkability mitigates declines in middle-to-older aged adults' walking for transport. <i>Journal of Physical Activity and Health</i> , <b>2012</b> , 9, 1004-8	2.5	22
45	Psychosocial correlates of leisure-time walking among Australian adults of lower and higher socio-economic status. <i>Health Education Research</i> , <b>2010</b> , 25, 316-24	1.8	22
44	Associations of Monitor-Assessed Activity with Performance-Based Physical Function. <i>PLoS ONE</i> , <b>2016</b> , 11, e0153398	3.7	22
43	Intervening to reduce workplace sitting: mediating role of social-cognitive constructs during a cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 27	8.4	21
42	Using Bluetooth proximity sensing to determine where office workers spend time at work. <i>PLoS ONE</i> , <b>2018</b> , 13, e0193971	3.7	20
41	Reducing Office Workers' Sitting Time at Work Using Sit-Stand Protocols: Results From a Pilot Randomized Controlled Trial. <i>Journal of Occupational and Environmental Medicine</i> , <b>2017</b> , 59, 543-549	2	19
40	Relationship between intervention dose and outcomes in living well with diabetes--a randomized trial of a telephone-delivered lifestyle-based weight loss intervention. <i>American Journal of Health Promotion</i> , <b>2015</b> , 30, 120-9	2.5	19

39	Fat and fibre behaviour questionnaire: Reliability, relative validity and responsiveness to change in Australian adults with type 2 diabetes and/or hypertension. <i>Nutrition and Dietetics</i> , <b>2015</b> , 72, 368-376	2.5	19
38	Multiple health behavior changes and co-variation in a telephone counseling trial. <i>Annals of Behavioral Medicine</i> , <b>2010</b> , 39, 250-7	4.5	18
37	Economic evaluation of a randomized controlled trial of an intervention to reduce office workers' sitting time: the "Stand Up Victoria" trial. <i>Scandinavian Journal of Work, Environment and Health</i> , <b>2018</b> , 44, 503-511	4.3	17
36	Responsiveness to Change of Self-Report and Device-Based Physical Activity Measures in the Living Well With Diabetes Trial. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 1082-7	2.5	13
35	Social cognitive correlates of young adult sport competitors' sunscreen use. <i>Health Education and Behavior</i> , <b>2011</b> , 38, 6-14	4.2	13
34	Living well after breast cancer randomized controlled trial protocol: evaluating a telephone-delivered weight loss intervention versus usual care in women following treatment for breast cancer. <i>BMC Cancer</i> , <b>2016</b> , 16, 830	4.8	13
33	Individual, Psychosocial, and environmental correlates of 4-year declines in walking among middle-to-older aged adults. <i>Journal of Physical Activity and Health</i> , <b>2014</b> , 11, 1078-84	2.5	12
32	Evaluating Short-Term Musculoskeletal Pain Changes in Desk-Based Workers Receiving a Workplace Sitting-Reduction Intervention. <i>International Journal of Environmental Research and Public Health</i> , <b>2018</b> , 15,	4.6	12
31	Physical Activity and Sedentary Behavior in Breast and Colon Cancer Survivors Relative to Adults Without Cancer. <i>Mayo Clinic Proceedings</i> , <b>2017</b> , 92, 391-398	6.4	11
30	Feasibility, effectiveness and cost-effectiveness of a telephone-based weight loss program delivered via a hospital outpatient setting. <i>Translational Behavioral Medicine</i> , <b>2016</b> , 6, 386-95	3.2	11
29	Usage, Acceptability, and Effectiveness of an Activity Tracker in a Randomized Trial of a Workplace Sitting Intervention: Mixed-Methods Evaluation. <i>Interactive Journal of Medical Research</i> , <b>2018</b> , 7, e5	2.1	11
28	What strategies do desk-based workers choose to reduce sitting time and how well do they work? Findings from a cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 98	8.4	10
27	Feasibility, acceptability and efficacy of a text message-enhanced clinical exercise rehabilitation intervention for increasing 'whole-of-day' activity in people living with and beyond cancer. <i>BMC Public Health</i> , <b>2019</b> , 19, 542	4.1	9
26	Associations of office workers' objectively assessed occupational sitting, standing and stepping time with musculoskeletal symptoms. <i>Ergonomics</i> , <b>2018</b> , 61, 1187-1195	2.9	9
25	Moderators of health behavior initiation and maintenance in a randomized telephone counseling trial. <i>Preventive Medicine</i> , <b>2014</b> , 61, 34-41	4.3	9
24	A cluster randomized controlled trial to reduce office workers' sitting time: effect on productivity outcomes. <i>Scandinavian Journal of Work, Environment and Health</i> , <b>2019</b> , 45, 483-492	4.3	9
23	Is measurement error altered by participation in a physical activity intervention?. <i>Medicine and Science in Sports and Exercise</i> , <b>2013</b> , 45, 1004-11	1.2	8
22	Supporting Workers to Sit Less and Move More Through the Web-Based BeUpstanding Program: Protocol for a Single-Arm, Repeated Measures Implementation Study. <i>JMIR Research Protocols</i> , <b>2020</b> , 9, e15756	2	8

21	Assessing the Feasibility and Pre-Post Impact Evaluation of the Beta (Test) Version of the BeUpstanding Champion Toolkit in Reducing Workplace Sitting: Pilot Study. <i>JMIR Formative Research</i> , <b>2018</b> , 2, e17	2.5	8
20	Comparison of single- and dual-monitor approaches to differentiate sitting from lying in free-living conditions. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2018</b> , 28, 1888-1896	4.6	7
19	Accuracy of activPAL Self-Attachment Methods. <i>Measurement in Physical Education and Exercise Science</i> , <b>2016</b> , 20, 159-166	1.9	6
18	Pre-existing low-back symptoms impact adversely on sitting time reduction in office workers. <i>International Archives of Occupational and Environmental Health</i> , <b>2017</b> , 90, 609-618	3.2	5
17	Get Healthy, Stay Healthy: Evaluation of the Maintenance of Lifestyle Changes Six Months After an Extended Contact Intervention. <i>JMIR MHealth and UHealth</i> , <b>2019</b> , 7, e11070	5.5	5
16	What Do Workers Do to Reduce Their Sitting Time? The Relationships of Strategy Use and Workplace Support With Desk-Based Workers' Behavior Changes in a Workplace-Delivered Sitting-Reduction and Activity-Promoting Intervention. <i>Journal of Occupational and Environmental Medicine</i> , <b>2019</b> , 61, 1001-1009	2	5
15	Correlates of physical activity and sedentary time in young adults: the Western Australian Pregnancy Cohort (Raine) Study. <i>BMC Public Health</i> , <b>2018</b> , 18, 916	4.1	4
14	The impact of behavioural screening on intervention outcomes in a randomised, controlled multiple behaviour intervention trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2011</b> , 8, 24	8.4	4
13	Temporal features of sitting, standing and stepping changes in a cluster-randomised controlled trial of a workplace sitting-reduction intervention. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2019</b> , 16, 111	8.4	4
12	Impact of dopamine-related genetic variants on physical activity in old age - a cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 68	8.4	3
11	Translating research into practice: outcomes from the Healthy Living after Cancer partnership project. <i>BMC Cancer</i> , <b>2020</b> , 20, 963	4.8	3
10	Associations of Device-Measured Sitting, Standing, and Stepping Time With Informal Face-to-Face Interactions at Work. <i>Journal of Occupational and Environmental Medicine</i> , <b>2019</b> , 61, 431-436	2	3
9	Association of Accelerometer-Measured Sedentary Accumulation Patterns With Incident Cardiovascular Disease, Cancer, and All-Cause Mortality.. <i>Journal of the American Heart Association</i> , <b>2022</b> , e023845	6	3
8	Relative validity of a brief Fat and Fibre Behaviour Questionnaire in a population of overweight and obese breast cancer survivors: A note of caution. <i>Nutrition and Dietetics</i> , <b>2017</b> , 74, 18-28	2.5	2
7	Correlates of Omani adults' physical inactivity and sitting time [Corrigendum]. <i>Public Health Nutrition</i> , <b>2012</b> , 15, 2164-2164	3.3	2
6	Sedentary time in people with obstructive airway diseases. <i>Respiratory Medicine</i> , <b>2021</b> , 181, 106367	4.6	2
5	Alternatives for Measuring Sitting Accumulation in Workplace Surveys. <i>Journal of Occupational and Environmental Medicine</i> , <b>2021</b> , 63, e853-e860	2	2
4	How supportive are workplace environments for sitting less and moving more? A descriptive study of Australian workplaces participating in the BeUpstanding program.. <i>Preventive Medicine Reports</i> , <b>2021</b> , 24, 101616	2.6	1

3	Using touchscreen mobile devices-when, where and how: a one-week field study. <i>Ergonomics</i> , <b>2021</b> , 1-122.9	1
2	A RE-AIM evaluation in early adopters to iteratively improve the online BeUpstanding program supporting workers to sit less and move more. <i>BMC Public Health</i> , <b>2021</b> , 21, 1916	4.1 0
1	Dose and engagement during an extended contact physical activity and dietary behavior change intervention delivered via tailored text messaging: exploring relationships with behavioral outcomes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2021</b> , 18, 119	8.4 0