

Reza Bagheri

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7867040/publications.pdf>

Version: 2024-02-01

69
papers

1,221
citations

394421
19
h-index

526287
27
g-index

69
all docs

69
docs citations

69
times ranked

753
citing authors

#	ARTICLE	IF	CITATIONS
1	Ultra-Processed Food Consumption and Adult Mortality Risk: A Systematic Review and Dose-Response Meta-Analysis of 207,291 Participants. <i>Nutrients</i> , 2022, 14, 174.	4.1	66
2	Does green tea extract enhance the anti-inflammatory effects of exercise on fat loss?. <i>British Journal of Clinical Pharmacology</i> , 2020, 86, 753-762.	2.4	58
3	The effects of concurrent training order on body composition and serum concentrations of follistatin, myostatin and GDF11 in sarcopenic elderly men. <i>Experimental Gerontology</i> , 2020, 133, 110869.	2.8	54
4	Effects of Folic Acid Supplementation on Oxidative Stress Markers: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Antioxidants</i> , 2021, 10, 871.	5.1	46
5	Ultra-Processed Food Consumption and Adult Diabetes Risk: A Systematic Review and Dose-Response Meta-Analysis. <i>Nutrients</i> , 2021, 13, 4410.	4.1	46
6	Effects of upper-body, lower-body, or combined resistance training on the ratio of follistatin and myostatin in middle-aged men. <i>European Journal of Applied Physiology</i> , 2019, 119, 1921-1931.	2.5	44
7	Effects of green tea extract supplementation and endurance training on irisin, pro-inflammatory cytokines, and adiponectin concentrations in overweight middle-aged men. <i>European Journal of Applied Physiology</i> , 2020, 120, 915-923.	2.5	42
8	The Effects of Nano-Curcumin Supplementation on Risk Factors for Cardiovascular Disease: A GRADE-Assessed Systematic Review and Meta-Analysis of Clinical Trials. <i>Antioxidants</i> , 2021, 10, 1015.	5.1	41
9	Effects of Ramadan Intermittent Fasting on Gut Hormones and Body Composition in Males with Obesity. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5600.	2.6	33
10	Effects of Ramadan intermittent fasting on inflammatory and biochemical biomarkers in males with obesity. <i>Physiology and Behavior</i> , 2020, 225, 113090.	2.1	33
11	Effect of Home Exercise Training in Patients with Nonspecific Low-Back Pain: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8430.	2.6	33
12	Effects of gradual weight loss <i>v</i>. rapid weight loss on body composition and RMR: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2020, 124, 1121-1132.	2.3	29
13	Effect of exercise training on heart rate variability in type 2 diabetes mellitus patients: A systematic review and meta-analysis. <i>PLoS ONE</i> , 2021, 16, e0251863.	2.5	29
14	Folic Acid Supplementation Improves Glycemic Control for Diabetes Prevention and Management: A Systematic Review and Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2355.	4.1	29
15	An Assessment of the Novel COVISTRESS Questionnaire: COVID-19 Impact on Physical Activity, Sedentary Action and Psychological Emotion. <i>Journal of Clinical Medicine</i> , 2020, 9, 3352.	2.4	25
16	The Effects of High-Intensity Interval Training vs. Moderate-Intensity Continuous Training on Inflammatory Markers, Body Composition, and Physical Fitness in Overweight/Obese Survivors of Breast Cancer: A Randomized Controlled Clinical Trial. <i>Cancers</i> , 2021, 13, 4386.	3.7	25
17	Dietary Fibres and the Management of Obesity and Metabolic Syndrome: The RESOLVE Study. <i>Nutrients</i> , 2020, 12, 2911.	4.1	24
18	Effects of Folic Acid Supplementation on Inflammatory Markers: A Grade-Assessed Systematic Review and Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2327.	4.1	24

#	ARTICLE	IF	CITATIONS
19	Effects of a Short Daytime Nap on the Cognitive Performance: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2021, 18, 10212.	2.6	24
20	Strategic Ingestion of High-Protein Dairy Milk during a Resistance Training Program Increases Lean Mass, Strength, and Power in Trained Young Males. Nutrients, 2021, 13, 948.	4.1	23
21	Effects of Interval Jump Rope Exercise Combined with Dark Chocolate Supplementation on Inflammatory Adipokine, Cytokine Concentrations, and Body Composition in Obese Adolescent Boys. Nutrients, 2020, 12, 3011.	4.1	22
22	Comparison of whole egg <i>v</i>. egg white ingestion during 12 weeks of resistance training on skeletal muscle regulatory markers in resistance-trained men. British Journal of Nutrition, 2020, 124, 1035-1043.	2.3	22
23	Effects of resistance training combined with a ketogenic diet on body composition: a systematic review and meta-analysis. Critical Reviews in Food Science and Nutrition, 2022, 62, 5717-5732.	10.3	22
24	COVIDâ€19 lockdown consequences on body mass index and perceived fragility related to physical activity: A worldwide cohort study. Health Expectations, 2022, 25, 522-531.	2.6	22
25	Impact of saffron (Crocus Sativus Linn) supplementation and resistance training on markers implicated in depression and happiness levels in untrained young males. Physiology and Behavior, 2021, 233, 113352.	2.1	21
26	Ketogenic diets, physical activity and body composition: a review. British Journal of Nutrition, 2022, 127, 1898-1920.	2.3	21
27	Whole Egg Vs. Egg White Ingestion During 12 weeks of Resistance Training in Trained Young Males: A Randomized Controlled Trial. Journal of Strength and Conditioning Research, 2021, 35, 411-419.	2.1	21
28	The Effects of Mat Pilates Training on Vascular Function and Body Fatness in Obese Young Women With Elevated Blood Pressure. American Journal of Hypertension, 2020, 33, 563-569.	2.0	19
29	Effect of l-Arginine Supplementation on Blood Pressure in Adults: A Systematic Review and Doseâ€Response Meta-analysis of Randomized Clinical Trials. Advances in Nutrition, 2022, 13, 1226-1242.	6.4	17
30	Effects of green tea supplementation on serum concentrations of adiponectin in patients with type 2 diabetes mellitus: a systematic review and meta-analysis. Archives of Physiology and Biochemistry, 2023, 129, 536-543.	2.1	15
31	Effects of concurrent training on irisin and fibronectin type-III domain containing 5 (FNDC5) expression in visceral adipose tissue in type-2 diabetic rats. Archives of Physiology and Biochemistry, 2022, 128, 651-656.	2.1	15
32	Effects of intermittent fasting combined with resistance training on body composition: a systematic review and metaâ€analysis. Physiology and Behavior, 2021, 237, 113453.	2.1	15
33	The Association between Vitamin D and Zinc Status and the Progression of Clinical Symptoms among Outpatients Infected with SARS-CoV-2 and Potentially Non-Infected Participants: A Cross-Sectional Study. Nutrients, 2021, 13, 3368.	4.1	15
34	The effect of 12 weeks of euenergetic high-protein diet in regulating appetite and body composition of women with normal-weight obesity: a randomised controlled trial. British Journal of Nutrition, 2020, 124, 1044-1051.	2.3	14
35	Effects of betaine supplementation on cardiovascular markers: A systematic review and Meta-analysis. Critical Reviews in Food Science and Nutrition, 2022, 62, 6516-6533.	10.3	14
36	Beneficial effects of folic acid supplementation on lipid markers in adults: A GRADE-assessed systematic review and dose-response meta-analysis of data from 21,787 participants in 34 randomized controlled trials. Critical Reviews in Food Science and Nutrition, 2022, 62, 8435-8453.	10.3	14

#	ARTICLE	IF	CITATIONS
37	Metabolic syndrome and pesticides: A systematic review and meta-analysis. <i>Environmental Pollution</i> , 2022, 305, 119288.	7.5	14
38	The Effect of Saffron Supplementation on Blood Pressure in Adults: A Systematic Review and Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2736.	4.1	13
39	Effect of Green Tea Supplementation on Antioxidant Status in Adults: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. <i>Antioxidants</i> , 2021, 10, 1731.	5.1	13
40	Effects of hydrotherapy with massage on serum nerve growth factor concentrations and balance in middle aged diabetic neuropathy patients. <i>Complementary Therapies in Clinical Practice</i> , 2020, 39, 101141.	1.7	11
41	Folic acid supplementation and blood pressure: a GRADE-assessed systematic review and dose-response meta-analysis of 41,633 participants. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 1846-1861.	10.3	10
42	The Effects of TRX Suspension Training Combined with Taurine Supplementation on Body Composition, Glycemic and Lipid Markers in Women with Type 2 Diabetes. <i>Nutrients</i> , 2021, 13, 3958.	4.1	10
43	Oxidative Stress and Inflammatory Status in COVID-19 Outpatients: A Health Center-Based Analytical Cross-Sectional Study. <i>Antioxidants</i> , 2022, 11, 606.	5.1	10
44	Effects of 6 Months of Soy-Enriched High Protein Compared to Eucaloric Low Protein Snack Replacement on Appetite, Dietary Intake, and Body Composition in Normal-Weight Obese Women: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 2266.	4.1	9
45	Effects of Icelandic yogurt consumption and resistance training in healthy untrained older males. <i>British Journal of Nutrition</i> , 2022, 127, 1334-1342.	2.3	9
46	A single injection of vitamin D ₃ improves insulin sensitivity and β -cell function but not muscle damage or the inflammatory and cardiovascular responses to an acute bout of resistance exercise in vitamin D-deficient resistance-trained males. <i>British Journal of Nutrition</i> , 2020, 123, 394-401.	2.3	8
47	Effects of branched-chain amino acid supplementation and resistance training in postmenopausal women. <i>Experimental Gerontology</i> , 2021, 144, 111185.	2.8	8
48	The Negative Impact of Night Shifts on Diet in Emergency Healthcare Workers. <i>Nutrients</i> , 2022, 14, 829.	4.1	8
49	Preservation of fat-free mass in the first year after bariatric surgery: a systematic review and meta-analysis of 122 studies and 10,758 participants. <i>Surgery for Obesity and Related Diseases</i> , 2022, 18, 964-982.	1.2	8
50	Muscle Protein Synthesis Responses Following Aerobic-Based Exercise or High-Intensity Interval Training with or Without Protein Ingestion: A Systematic Review. <i>Sports Medicine</i> , 2022, 52, 2713-2732.	6.5	8
51	Cardiac autonomic and blood pressure responses to an acute session of battling ropes exercise. <i>Physiology and Behavior</i> , 2020, 227, 113167.	2.1	6
52	The effects of gradual vs. rapid weight loss on serum concentrations of myokines and body composition in overweight and obese females. <i>Archives of Physiology and Biochemistry</i> , 2021, , 1-8.	2.1	5
53	The effects of exercise training on serum concentrations of chemerin in individuals with overweight and obesity: a systematic review, meta-analysis, and meta-regression of 43 clinical trials. <i>Archives of Physiology and Biochemistry</i> , 2021, , 1-16.	2.1	5
54	The Combined Effects of 6 Weeks of Jump Rope Interval Exercise and Dark Chocolate Consumption on Antioxidant Markers in Obese Adolescent Boys. <i>Antioxidants</i> , 2021, 10, 1675.	5.1	5

#	ARTICLE	IF	CITATIONS
55	Heart Rate Variability in Hyperthyroidism: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2022, 19, 3606.	2.6	5
56	Creatine supplementation and VO ₂ max: a systematic review and meta-analysis. Critical Reviews in Food Science and Nutrition, 2023, 63, 4855-4866.	10.3	5
57	Heart rate variability in hypothyroid patients: A systematic review and meta-analysis. PLoS ONE, 2022, 17, e0269277.	2.5	5
58	The effect of exercise training on serum concentrations of chemerin in patients with metabolic diseases: a systematic review and meta-analysis. Archives of Physiology and Biochemistry, 2021, , 1-10.	2.1	4
59	Spirulina supplementation during gradual weight loss in competitive wrestlers. British Journal of Nutrition, 2022, 127, 248-256.	2.3	4
60	Elevated Plasma Concentrations of Vitamin D-Binding Protein Are Associated with Lower High-Density Lipoprotein and Higher Fat Mass Index in Overweight and Obese Women. Nutrients, 2021, 13, 3223.	4.1	4
61	Short-Term Effects of Low-Fat Chocolate Milk on Delayed Onset Muscle Soreness and Performance in Players on a Women's University Badminton Team. International Journal of Environmental Research and Public Health, 2022, 19, 3677.	2.6	4
62	Response to: resistance exercise in lean older adults: mind the gap in energy intake. British Journal of Nutrition, 2022, 128, 363-364.	2.3	3
63	Effects of beta-alanine supplementation on body composition: a GRADE-assessed systematic review and meta-analysis. Journal of the International Society of Sports Nutrition, 2022, 19, 196-218.	3.9	3
64	The effect of interval training on adipokine plasmatic levels in rats with induced myocardial infarction. Archives of Physiology and Biochemistry, 2020, , 1-5.	2.1	2
65	Betaine supplementation fails to improve body composition: a systematic review and meta-analysis. British Journal of Nutrition, 2022, 128, 975-988.	2.3	2
66	The effects of guar gum supplementation on lipid profile in adults: A GRADE-assessed systematic review, meta-regression, and dose-response meta-analysis of randomized placebo-controlled trials. British Journal of Nutrition, 0, , 1-29.	2.3	2
67	Effects of Collagen Peptide Supplementation on Cardiovascular Markers: A Systematic Review and Meta-analysis of Randomized, Placebo-Controlled Trials. British Journal of Nutrition, 0, , 1-43.	2.3	1
68	Noninvasive biomarkers of non-alcoholic fatty liver disease in patients with metabolic syndrome: insights from the RESOLVE Study. Minerva Gastroenterology, 2024, 69, .	0.5	0
69	Serum Concentrations of Thyroid-Stimulating Hormone, Triiodothyronine, and Thyroxine in Outpatients Infected with SARS-CoV2 in Khuzestan Province, Iran: A Disease Clinical Course Approach. Medicina (Lithuania), 2022, 58, 891.	2.0	0