

Zohar Landau

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

16
papers

973
citations

10
h-index

16
g-index

16
ext. papers

1,190
ext. citations

7.4
avg, IF

4.37
L-index

#	Paper	IF	Citations
16	Role of High Energy Breakfast "Big Breakfast Diet" in Clock Gene Regulation of Postprandial Hyperglycemia and Weight Loss in Type 2 Diabetes. <i>Nutrients</i> , 2021 , 13,	6.7	1
15	Serum from type 2 diabetes patients consuming a three-meal diet resets circadian rhythms in cultured hepatocytes. <i>Diabetes Research and Clinical Practice</i> , 2021 , 178, 108941	7.4	
14	Reduction in Glycated Hemoglobin and Daily Insulin Dose Alongside Circadian Clock Upregulation in Patients With Type 2 Diabetes Consuming a Three-Meal Diet: A Randomized Clinical Trial. <i>Diabetes Care</i> , 2019 , 42, 2171-2180	14.6	31
13	Hypoglycemia- simplifying the ways to predict an old problem in the general ward. <i>European Journal of Internal Medicine</i> , 2019 , 60, 13-17	3.9	1
12	Improved outcome of patients with diabetes mellitus with good glycemic control in the cardiac intensive care unit: a retrospective study. <i>Cardiovascular Diabetology</i> , 2019 , 18, 4	8.7	6
11	Influences of Breakfast on Clock Gene Expression and Postprandial Glycemia in Healthy Individuals and Individuals With Diabetes: A Randomized Clinical Trial. <i>Diabetes Care</i> , 2017 , 40, 1573-1579	14.6	70
10	Random blood glucose screening at a public health station encouraged high risk subjects to make lifestyle changes. <i>International Journal of Clinical Practice</i> , 2017 , 71, e12984	2.9	6
9	High-energy breakfast based on whey protein reduces body weight, postprandial glycemia and HbA in Type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , 2017 , 49, 1-7	6.3	31
8	High-energy breakfast with low-energy dinner decreases overall daily hyperglycaemia in type 2 diabetic patients: a randomised clinical trial. <i>Diabetologia</i> , 2015 , 58, 912-9	10.3	70
7	Fasting until noon triggers increased postprandial hyperglycemia and impaired insulin response after lunch and dinner in individuals with type 2 diabetes: a randomized clinical trial. <i>Diabetes Care</i> , 2015 , 38, 1820-6	14.6	83
6	Big breakfast rich in protein and fat improves glycemic control in type 2 diabetics. <i>Obesity</i> , 2014 , 22, E46-54	8	38
5	High caloric intake at breakfast vs. dinner differentially influences weight loss of overweight and obese women. <i>Obesity</i> , 2013 , 21, 2504-12	8	325
4	Effects of caloric intake timing on insulin resistance and hyperandrogenism in lean women with polycystic ovary syndrome. <i>Clinical Science</i> , 2013 , 125, 423-32	6.5	36
3	Biochemical and metabolic mechanisms by which dietary whey protein may combat obesity and Type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , 2013 , 24, 1-5	6.3	165
2	Meal timing and composition influence ghrelin levels, appetite scores and weight loss maintenance in overweight and obese adults. <i>Steroids</i> , 2012 , 77, 323-31	2.8	108
1	The link between polycystic ovarian syndrome and type 2 diabetes: preventive and therapeutic approach in Israel. <i>Israel Medical Association Journal</i> , 2012 , 14, 442-7	0.9	2