## Zohar Landau

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

16 16 10 973 h-index g-index citations papers 16 1,190 4.37 7.4 L-index avg, IF ext. citations ext. papers

| #  | Paper  | IF   | Citations |
|----|--|------|-----------|
| 16 | High caloric intake at breakfast vs. dinner differentially influences weight loss of overweight and obese women. <i>Obesity</i> , <b>2013</b> , 21, 2504-12  | 8    | 325       |
| 15 | Biochemical and metabolic mechanisms by which dietary whey protein may combat obesity and Type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , <b>2013</b> , 24, 1-5  | 6.3  | 165       |
| 14 | Meal timing and composition influence ghrelin levels, appetite scores and weight loss maintenance in overweight and obese adults. <i>Steroids</i> , <b>2012</b> , 77, 323-31   | 2.8  | 108       |
| 13 | Fasting until noon triggers increased postprandial hyperglycemia and impaired insulin response after lunch and dinner in individuals with type 2 diabetes: a randomized clinical trial. <i>Diabetes Care</i> , <b>2015</b> , 38, 1820-6      | 14.6 | 83        |
| 12 | High-energy breakfast with low-energy dinner decreases overall daily hyperglycaemia in type 2 diabetic patients: a randomised clinical trial. <i>Diabetologia</i> , <b>2015</b> , 58, 912-9  | 10.3 | 70        |
| 11 | Influences of Breakfast on Clock Gene Expression and Postprandial Glycemia in Healthy Individuals and Individuals With Diabetes: A Randomized Clinical Trial. <i>Diabetes Care</i> , <b>2017</b> , 40, 1573-1579                             | 14.6 | 70        |
| 10 | Big breakfast rich in protein and fat improves glycemic control in type 2 diabetics. <i>Obesity</i> , <b>2014</b> , 22, E46-54   | 8    | 38        |
| 9  | Effects of caloric intake timing on insulin resistance and hyperandrogenism in lean women with polycystic ovary syndrome. <i>Clinical Science</i> , <b>2013</b> , 125, 423-32  | 6.5  | 36        |
| 8  | Reduction in Glycated Hemoglobin and Daily Insulin Dose Alongside Circadian Clock Upregulation in Patients With Type 2 Diabetes Consuming a Three-Meal Diet: A Randomized Clinical Trial. <i>Diabetes Care</i> , <b>2019</b> , 42, 2171-2180 | 14.6 | 31        |
| 7  | High-energy breakfast based on whey protein reduces body weight, postprandial glycemia and HbA in Type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , <b>2017</b> , 49, 1-7  | 6.3  | 31        |
| 6  | Random blood glucose screening at a public health station encouraged high risk subjects to make lifestyle changes. <i>International Journal of Clinical Practice</i> , <b>2017</b> , 71, e12984  | 2.9  | 6         |
| 5  | Improved outcome of patients with diabetes mellitus with good glycemic control in the cardiac intensive care unit: a retrospective study. <i>Cardiovascular Diabetology</i> , <b>2019</b> , 18, 4  | 8.7  | 6         |
| 4  | The link between polycystic ovarian syndrome and type 2 diabetes: preventive and therapeutic approach in Israel. <i>Israel Medical Association Journal</i> , <b>2012</b> , 14, 442-7   | 0.9  | 2         |
| 3  | Role of High Energy Breakfast "Big Breakfast Diet" in Clock Gene Regulation of Postprandial Hyperglycemia and Weight Loss in Type 2 Diabetes. <i>Nutrients</i> , <b>2021</b> , 13,   | 6.7  | 1         |
| 2  | Hypoglycemia- simplifying the ways to predict an old problem in the general ward. <i>European Journal of Internal Medicine</i> , <b>2019</b> , 60, 13-17   | 3.9  | 1         |
| 1  | Serum from type 2 diabetes patients consuming a three-meal diet resets circadian rhythms in cultured hepatocytes. <i>Diabetes Research and Clinical Practice</i> , <b>2021</b> , 178, 108941   | 7.4  | _         |