

# Ana Dias da Fonseca

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

74  
papers

672  
citations

14  
h-index

21  
g-index

93  
ext. papers

971  
ext. citations

2.7  
avg, IF

4.71  
L-index

#	Paper	IF	Citations
74	Self-compassion and complete perinatal mental health in women at high risk for postpartum depression: The mediating role of emotion regulation difficulties.. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , <b>2022</b> ,	3.5	1
73	Be a Mom: Patterns of Program Usage and Acceptability Among Women With Low-Risk and High-Risk for Postpartum Depression.. <i>Frontiers in Global Women S Health</i> , <b>2022</b> , 3, 841427	8.4	
72	Frontline health professionals' perinatal depression literacy: A systematic review. <i>Midwifery</i> , <b>2022</b> , 1033658	6.8	0
71	Maternal appraisals of the birth of a child: Portuguese version of the Stress Appraisal Measure. <i>Journal of Reproductive and Infant Psychology</i> , <b>2021</b> , 39, 395-407	2.9	0
70	Effectiveness of web-based and mobile-based psychological interventions to prevent perinatal depression: Study protocol for a systematic review and meta-analysis of randomized controlled trials. <i>Internet Interventions</i> , <b>2021</b> , 26, 100471	4.4	1
69	Towards a model of professional help-seeking for women's perinatal mood and anxiety disorders: The application of the information-processing model of help-seeking decisions. <i>Journal of Affective Disorders</i> , <b>2021</b> , 282, 686-688	6.6	
68	Measuring Positive Mental Health in the Postpartum Period: The Bifactor Structure of the Mental Health Continuum-Short Form in Portuguese Women. <i>Assessment</i> , <b>2021</b> , 28, 1434-1444	3.7	9
67	The Children's Revised Impact of Event Scale: Dimensionality and Measurement Invariance in a Sample of Children and Adolescents Exposed to Wildfires. <i>Journal of Traumatic Stress</i> , <b>2021</b> , 34, 35-45	3.8	0
66	Is positive mental health and the absence of mental illness the same? Factors associated with flourishing and the absence of depressive symptoms in postpartum women. <i>Journal of Clinical Psychology</i> , <b>2021</b> , 77, 629-645	2.8	5
65	Be a Mom, a Web-Based Intervention to Promote Positive Mental Health Among Postpartum Women With Low Risk for Postpartum Depression: Exploring Psychological Mechanisms of Change. <i>Frontiers in Psychiatry</i> , <b>2021</b> , 12, 701107	5	0
64	A blended psychological intervention for postpartum depression: acceptability and preferences in women presenting depressive symptoms. <i>Journal of Reproductive and Infant Psychology</i> , <b>2021</b> , 1-15	2.9	1
63	Efficacy of non-invasive brain stimulation in decreasing depression symptoms during the peripartum period: A systematic review. <i>Journal of Psychiatric Research</i> , <b>2021</b> , 140, 443-460	5.2	2
62	Effectiveness of psychological interventions in the treatment of perinatal depression: A systematic review of systematic reviews and meta-analyses. <i>Journal of Affective Disorders</i> , <b>2021</b> , 291, 294-306	6.6	7
61	A positive-negative bifactor model for the Self-Expressiveness in the Family Questionnaire-Short Form. <i>Journal of Family Psychology</i> , <b>2021</b> , 35, 1016-1026	2.7	1
60	Psychometric properties of the Portuguese version of the cognitive emotion regulation questionnaire - kids version (CERQ-kids) among a sample of children and adolescents exposed to wildfires. <i>Current Psychology</i> , <b>2020</b> , 1	1.4	1
59	's Efficacy in Enhancing Positive Mental Health among Postpartum Women Presenting Low Risk for Postpartum Depression: Results from a Pilot Randomized Trial. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5
58	Postpartum Depression in the Portuguese Population: The Role of Knowledge, Attitudes and Help-Seeking Propensity in Intention to Recommend Professional Help-Seeking. <i>Community Mental Health Journal</i> , <b>2020</b> , 56, 1436-1448	2.1	2

57	Psychometric Properties of the Portuguese Version of the Child Post-traumatic Cognitions Inventory in a Sample of Children and Adolescents Following a Wildfire Disaster. <i>Child Psychiatry and Human Development</i> , <b>2020</b> , 51, 876-887	3.3	1
56	Emerging issues and questions on peripartum depression prevention, diagnosis and treatment: a consensus report from the cost action riseup-PPD. <i>Journal of Affective Disorders</i> , <b>2020</b> , 274, 167-173	6.6	7
55	Be a Mom, a Web-Based Intervention to Prevent Postpartum Depression: Results From a Pilot Randomized Controlled Trial. <i>Behavior Therapy</i> , <b>2020</b> , 51, 616-633	4.8	11
54	Does Dyadic Coping Predict Couples' Postpartum Psychosocial Adjustment? A Dyadic Longitudinal Study. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 561091	3.4	4
53	Uncovering the links between parenting stress and parenting styles: The role of psychological flexibility within parenting and global psychological flexibility. <i>Journal of Contextual Behavioral Science</i> , <b>2020</b> , 18, 59-67	4.4	8
52	A Blended Cognitive-Behavioral Intervention for the Treatment of Postpartum Depression: Study Protocol for a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
51	Is parental psychological flexibility a (uni) dimensional construct? A bifactor analysis of the Portuguese version of the parental acceptance questionnaire (6-PAQ). <i>Current Psychology</i> , <b>2020</b> , 1	1.4	
50	Intra-couple similarity in dyadic coping and partners' adjustment to the birth of a child. <i>European Journal of Social Psychology</i> , <b>2020</b> , 50, 18-34	2.9	3
49	Cognitive correlates of women's postpartum depression risk and symptoms: the contribution of dysfunctional beliefs and negative thoughts. <i>Journal of Mental Health</i> , <b>2020</b> , 29, 614-622	2.7	6
48	Romantic attachment, dyadic coping, and parental adjustment across the transition to parenthood. <i>Personal Relationships</i> , <b>2019</b> , 26, 286-309	1.2	10
47	Knowledge and attitudes about postpartum depression in the Portuguese general population. <i>Midwifery</i> , <b>2019</b> , 77, 86-94	2.8	6
46	Work-Family Conflict and Mindful Parenting: The Mediating Role of Parental Psychopathology Symptoms and Parenting Stress in a Sample of Portuguese Employed Parents. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 635	3.4	15
45	Self-criticism, negative automatic thoughts and postpartum depressive symptoms: the buffering effect of self-compassion. <i>Journal of Reproductive and Infant Psychology</i> , <b>2019</b> , 37, 539-553	2.9	13
44	Be a Mom, a Web-Based Intervention to Prevent Postpartum Depression: The Enhancement of Self-Regulatory Skills and Its Association With Postpartum Depressive Symptoms. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 265	3.4	16
43	Men's Intentions to Recommend Professional Help-Seeking to Their Partners in the Postpartum Period: the Direct and Indirect Effects of Gender-Role Conflict. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	2
42	What protects at-risk postpartum women from developing depressive and anxiety symptoms? The role of acceptance-focused processes and self-compassion. <i>Journal of Affective Disorders</i> , <b>2019</b> , 246, 522-529	6.6	17
41	Predictive validity of the Postpartum Depression Predictors Inventory-Revised (PDPI-R): A longitudinal study with Portuguese women. <i>Midwifery</i> , <b>2019</b> , 69, 113-120	2.8	7
40	Be a Mom: Formative Evaluation of a Web-Based Psychological Intervention to Prevent Postpartum Depression. <i>Cognitive and Behavioral Practice</i> , <b>2018</b> , 25, 473-495	2.3	14

39	Preliminary Psychometric Testing of the Postpartum Depression Predictors Inventory-Revised (PDPI-R) in Portuguese Women. <i>Maternal and Child Health Journal</i> , <b>2018</b> , 22, 571-578	2.4	15
38	Portuguese oncologists' practices regarding female fertility preservation: Which barriers most relate to these practices?. <i>European Journal of Cancer Care</i> , <b>2018</b> , 27, e12812	2.4	3
37	Female cancer patients' perceptions of the fertility preservation decision-making process: An exploratory prospective study. <i>Journal of Psychosocial Oncology</i> , <b>2018</b> , 36, 364-381	2.8	4
36	Mothers' and fathers' attachment and caregiving representations during transition to parenthood: an actor-partner approach. <i>Journal of Reproductive and Infant Psychology</i> , <b>2018</b> , 36, 246-260	2.9	1
35	Exploring the paths between dysfunctional attitudes towards motherhood and postpartum depressive symptoms: The moderating role of self-compassion. <i>Clinical Psychology and Psychotherapy</i> , <b>2018</b> , 25, e96-e106	2.9	18
34	Preventing and Treating Women's Postpartum Depression: A Qualitative Systematic Review on Partner-Inclusive Interventions. <i>Journal of Child and Family Studies</i> , <b>2018</b> , 27, 1-25	2.3	26
33	Dyadic coping and dyadic adjustment in couples with women with high depressive symptoms during pregnancy. <i>Journal of Reproductive and Infant Psychology</i> , <b>2018</b> , 36, 504-518	2.9	12
32	Attachment Representations and Maternal Confidence: The Mediating Role of Postnatal Depressive Symptoms and Negative Thoughts. <i>Journal of Child and Family Studies</i> , <b>2018</b> , 27, 3585-3597	2.3	1
31	Dysfunctional beliefs towards motherhood and postpartum depressive and anxiety symptoms: Uncovering the role of experiential avoidance. <i>Journal of Clinical Psychology</i> , <b>2018</b> , 74, 2134-2144	2.8	10
30	Adaptaçã da Escala de Crenças Disfuncionais face à Maternidade para a populaçã portuguesa: Estudos psicométricos. <i>Análise Psicológica</i> , <b>2018</b> , 36, 247-260	1.3	3
29	Why women do not seek professional help for anxiety and depression symptoms during pregnancy or throughout the postpartum period? Barriers and facilitators of the help-seeking process <b>2018</b> , 1, 58		3
28	Attachment and Mental Help-Seeking in the Perinatal Period: The Role of Stigma. <i>Community Mental Health Journal</i> , <b>2018</b> , 54, 92-101	2.1	3
27	Assessing hyperactivation and deactivation strategies of the caregiving behavioral system: Psychometric studies of the Portuguese version of the Caregiving System Scale. <i>Psychological Assessment</i> , <b>2018</b> , 30, 512-523	5.3	1
26	The role of emotion regulation difficulties in the relationship between attachment representations and depressive and anxiety symptoms in the postpartum period. <i>Journal of Affective Disorders</i> , <b>2018</b> , 238, 39-46	6.6	24
25	Depression Literacy and Awareness of Psychopathological Symptoms During the Perinatal Period. <i>JOGNN - Journal of Obstetric, Gynecologic, and Neonatal Nursing</i> , <b>2017</b> , 46, 197-208	1.2	15
24	Assessing Attachment to Parents and Peers in Middle Childhood: Psychometric Studies of the Portuguese Version of the People in My Life Questionnaire. <i>Journal of Child and Family Studies</i> , <b>2017</b> , 26, 1318-1333	2.3	9
23	Women's intentions of informal and formal help-seeking for mental health problems during the perinatal period: The role of perceived encouragement from the partner. <i>Midwifery</i> , <b>2017</b> , 50, 78-85	2.8	29
22	Características psicométricas do Inventário de Atitudes face à Procura de Serviços de Saúde Mental: Estudo em mulheres no período perinatal. <i>Psicologica</i> , <b>2017</b> , 60, 65-81	0.7	2

21	Adaptaçã da Escala de Pensamentos Automáticos Negativos Pós-Parto para a populaçã portuguesa: Estudos psicométricos. <i>Análise Psicológica</i> , <b>2017</b> , 35, 395-407	1.3	5
20	Medical information concerning an infant's congenital anomaly: Successful communication to support parental adjustment and transition. <i>Disability and Health Journal</i> , <b>2016</b> , 9, 150-6	4.2	5
19	Women's use of online resources and acceptance of e-mental health tools during the perinatal period. <i>International Journal of Medical Informatics</i> , <b>2016</b> , 94, 228-36	5.3	15
18	Parenting an infant with a congenital anomaly: how are perceived burden and perceived personal benefits related to parenting stress?. <i>Journal of Clinical Psychology in Medical Settings</i> , <b>2015</b> , 22, 64-76	2	9
17	Women's help-seeking behaviours for depressive symptoms during the perinatal period: Socio-demographic and clinical correlates and perceived barriers to seeking professional help. <i>Midwifery</i> , <b>2015</b> , 31, 1177-85	2.8	73
16	The role of satisfaction with social support in perceived burden and stress of parents of six-month-old infants with a congenital anomaly: Actor and partner effects. <i>Journal of Child Health Care</i> , <b>2014</b> , 18, 178-91	2	13
15	Parenting an infant with a congenital anomaly: An exploratory study on patterns of adjustment from diagnosis to six months post birth. <i>Journal of Child Health Care</i> , <b>2014</b> , 18, 111-22	2	11
14	Trauma Following Termination of Pregnancy for Fetal Abnormality: Is This the Path From Guilt to Grief?. <i>Journal of Loss and Trauma</i> , <b>2014</b> , 19, 244-261	3.9	12
13	Parental psychological distress and confidence after an infant's birth: the role of attachment representations in parents of infants with congenital anomalies and parents of healthy infants. <i>Journal of Clinical Psychology in Medical Settings</i> , <b>2013</b> , 20, 143-55	2	14
12	Adaptive and maladaptive grief responses following TOPFA: actor and partner effects of coping strategies. <i>Journal of Reproductive and Infant Psychology</i> , <b>2013</b> , 31, 257-273	2.9	9
11	Clinical determinants of parents' emotional reactions to the disclosure of a diagnosis of congenital anomaly. <i>JOGNN - Journal of Obstetric, Gynecologic, and Neonatal Nursing</i> , <b>2013</b> , 42, 178-90	1.2	19
10	Parental psychological distress and quality of life after a prenatal or postnatal diagnosis of congenital anomaly: a controlled comparison study with parents of healthy infants. <i>Disability and Health Journal</i> , <b>2012</b> , 5, 67-74	4.2	68
9	Impacto familiar e ajustamento de pais de criançãs com diagnõstico de anomalia congênita: influênciã dos determinantes da criançã. <i>Revista De Psiquiatria Clínica</i> , <b>2012</b> , 39, 136-141	0.8	4
8	Grief following termination of pregnancy for fetal abnormality: does marital intimacy foster short-term couple congruence?. <i>Journal of Reproductive and Infant Psychology</i> , <b>2012</b> , 30, 168-179	2.9	4
7	Changes in marital congruence and quality of life across the transition to parenthood in couples who conceived spontaneously or with assisted reproductive technologies. <i>Fertility and Sterility</i> , <b>2011</b> , 96, 1457-62	4.8	21
6	Amniocentesis Due to Advanced Maternal Age: The Role of Marital Intimacy in Couples' Decision-Making Process. <i>Contemporary Family Therapy</i> , <b>2011</b> , 33, 128-142	1.2	8
5	Patterns of parental emotional reactions after a pre- or postnatal diagnosis of a congenital anomaly. <i>Journal of Reproductive and Infant Psychology</i> , <b>2011</b> , 29, 320-333	2.9	11
4	PARENTAL REACTIONS TO PERINATAL CONGENITAL ANOMALY DIAGNOSIS OF THE BABY: IMPLICATIONS FOR THE INTERVENTION OF HEALTH PROFESSIONALS. <i>Psicologia, Saúde &amp; Doençãs</i> , <b>2010</b> , 11,	1.3	4

3	Mothers at-risk for postpartum depression: Mental health and emotion regulation throughout the postpartum period. <i>Current Psychology</i> ,1	1.4	
2	Maternal depression and anxiety in an interpersonal context: The effects of positive/negative self-expressiveness within the family. <i>Current Psychology</i> ,1	1.4	○
1	A Blended Cognitive Behavioral Intervention for the Treatment of Postpartum Depression: A Case Study. <i>Clinical Case Studies</i> ,153465012210826	0.6	