

Marie-Pierre St-Onge

List of Publications by Year in Descending Order

Source: <https://exaly.com/author-pdf/7829099/marie-pierre-st-onge-publications-by-year.pdf>

Version: 2024-04-28

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

144
papers

8,791
citations

49
h-index

92
g-index

154
ext. papers

10,599
ext. citations

5.8
avg, IF

6.49
L-index

#	Paper	IF	Citations
144	Diet Composition and Objectively Assessed Sleep Quality: A Narrative Review.. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022 ,	3.9	2
143	Science dialogue mapping of knowledge and knowledge gaps related to the effects of dairy intake on human cardiovascular health and disease. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 61, 179-195	11.5	2
142	Go Red for Women Strategically Focused Research Network: Summary of Findings and Network Outcomes. <i>Journal of the American Heart Association</i> , 2021 , 10, e019519	6	3
141	Actigraphy-Derived Sleep Is Associated with Eating Behavior Characteristics. <i>Nutrients</i> , 2021 , 13,	6.7	2
140	Evening Chronotype Is Associated with Poorer Habitual Diet in US Women, with Dietary Energy Density Mediating a Relation of Chronotype with Cardiovascular Health. <i>Journal of Nutrition</i> , 2021 , 151, 1150-1158	4.1	3
139	Obesity and Cardiovascular Disease: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2021 , 143, e984-e1010	16.7	112
138	043 Sleep Restriction Affects Memory in Healthy Adults: Preliminary Findings. <i>Sleep</i> , 2021 , 44, A18-A19	1.1	
137	105 Sleep Behaviors Are Differentially Associated with Eating Behavior Characteristics Based on Sex. <i>Sleep</i> , 2021 , 44, A43-A43	1.1	
136	Sustained Mild Sleep Restriction Increases Blood Pressure in Women: An Update From the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Hypertension</i> , 2021 , 77, e50-e52	8.5	0
135	Circadian rhythms and meal timing: impact on energy balance and body weight. <i>Current Opinion in Biotechnology</i> , 2021 , 70, 1-6	11.4	7
134	Does sex influence the effects of experimental sleep curtailment and circadian misalignment on regulation of appetite?. <i>Current Opinion in Endocrine and Metabolic Research</i> , 2021 , 17, 20-25	1.7	3
133	Sleep and circadian rhythms: pillars of health-a Keystone Symposia report. <i>Annals of the New York Academy of Sciences</i> , 2021 ,	6.5	6
132	Sleep and Diet: Mounting Evidence of a Cyclical Relationship. <i>Annual Review of Nutrition</i> , 2021 , 41, 309-333	3.3	8
131	Variability in Daily Eating Patterns and Eating Jetlag Are Associated With Worsened Cardiometabolic Risk Profiles in the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2021 , 10, e022024	6	2
130	Mild sleep restriction increases 24-hour ambulatory blood pressure in premenopausal women with no indication of mediation by psychological effects. <i>American Heart Journal</i> , 2020 , 223, 12-22	4.9	9
129	Impact of change in bedtime variability on body composition and inflammation: secondary findings from the Go Red for Women Strategically Focused Research Network. <i>International Journal of Obesity</i> , 2020 , 44, 1803-1806	5.5	2
128	Measures of Poor Sleep Quality Are Associated With Higher Energy Intake and Poor Diet Quality in a Diverse Sample of Women From the Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2020 , 9, e014587	6	29

127	Variability in Sleep Patterns: an Emerging Risk Factor for Hypertension. <i>Current Hypertension Reports</i> , 2020 , 22, 19	4.7	11
126	The Influence of Diet on Sleep 2020 , 205-215		1
125	Abstract MP19: Impact of Change in Bedtime Variability on Body Composition: Secondary Findings From the Go Red for Women Strategically Focused Research Network. <i>Circulation</i> , 2020 , 141,	16.7	1
124	Abstract 13175: Social Jet Lag in Eating Patterns as a Marker of Meal Timing Variability is Associated With Elevated Cardiometabolic Risk in the AHA Go Red for Women Strategically Focused Research Network. <i>Circulation</i> , 2020 , 142,	16.7	1
123	High glycemic index and glycemic load diets as risk factors for insomnia: analyses from the Women's Health Initiative. <i>American Journal of Clinical Nutrition</i> , 2020 , 111, 429-439	7	20
122	A Mediterranean Dietary Pattern Predicts Better Sleep Quality in US Women from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Nutrients</i> , 2020 , 12,	6.7	6
121	Habitual Nightly Fasting Duration, Eating Timing, and Eating Frequency are Associated with Cardiometabolic Risk in Women. <i>Nutrients</i> , 2020 , 12,	6.7	8
120	Sleep Regularity and Cardiometabolic Health: Is Variability in Sleep Patterns a Risk Factor for Excess Adiposity and Glycemic Dysregulation?. <i>Current Diabetes Reports</i> , 2020 , 20, 38	5.6	21
119	Napping: is it really a means by which short sleepers can have their cake and eat it too?. <i>Journal of Emergency and Critical Care Medicine</i> , 2019 , 3, 24	0.6	
118	0007 The Role of Brown Fat Activation in Sleep Restriction and Obesity. <i>Sleep</i> , 2019 , 42, A3-A3	1.1	
117	0063 Preliminary Examination of the Effects of Long-Term Sleep Restriction on Intrinsic Brain Circuitry. <i>Sleep</i> , 2019 , 42, A26-A27	1.1	
116	Sleep and food intake 2019 , 243-255		
115	Response to Hudgel: Poor diet, poor sleep in sleep apnea, which is the cart and which is the horse?. <i>Sleep</i> , 2019 , 42,	1.1	1
114	Reciprocal Roles of Sleep and Diet in Cardiovascular Health: a Review of Recent Evidence and a Potential Mechanism. <i>Current Atherosclerosis Reports</i> , 2019 , 21, 11	6	31
113	Sleep restriction and testosterone concentrations in young healthy males: randomized controlled studies of acute and chronic short sleep. <i>Sleep Health</i> , 2019 , 5, 580-586	4	10
112	Effects of Continuous Positive Airway Pressure on Body Composition in Individuals with Obstructive Sleep Apnea: A Non-Randomized, Matched Before-After Study. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	5
111	Association of sleep characteristics with cardiovascular health among women and differences by race/ethnicity and menopausal status: findings from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Sleep Health</i> , 2019 , 5, 501-508	4	20
110	Can Healthy Sleep Improve Long-Term Bariatric Surgery Outcomes? Results of a Pilot Study and Call for Further Research. <i>Obesity</i> , 2019 , 27, 1769-1771	8	4

109	Abstract P292: Almond Consumption Increases Satiety Hormones Relative to a High-Carbohydrate Food but Has Minimal Impact on Body Composition: A Pilot Study in Black and Hispanic Adults. <i>Circulation</i> , 2019 , 139,	16.7	1
108	Information on Bedtimes and Wake Times Improves the Relation Between Self-Reported and Objective Assessments of Sleep in Adults. <i>Journal of Clinical Sleep Medicine</i> , 2019 , 15, 1031-1036	3.1	2
107	Association between diet quality and sleep apnea in the Multi-Ethnic Study of Atherosclerosis. <i>Sleep</i> , 2019 , 42,	1.1	19
106	Sleep and meal timing influence food intake and its hormonal regulation in healthy adults with overweight/obesity. <i>European Journal of Clinical Nutrition</i> , 2019 , 72, 76-82	5.2	19
105	Plant-Based Diets: Reducing Cardiovascular Risk by Improving Sleep Quality?. <i>Current Sleep Medicine Reports</i> , 2018 , 4, 74-78	1.2	20
104	Blocking nocturnal blue light for insomnia: A randomized controlled trial. <i>Journal of Psychiatric Research</i> , 2018 , 96, 196-202	5.2	101
103	Characterization and Comparison of Nutritional Intake between Preparatory and Competitive Phase of Highly Trained Athletes. <i>Medicina (Lithuania)</i> , 2018 , 54,	3.1	9
102	Mediterranean diet pattern and sleep duration and insomnia symptoms in the Multi-Ethnic Study of Atherosclerosis. <i>Sleep</i> , 2018 , 41,	1.1	36
101	Sleep Extension in Short Sleepers: An Evaluation of Feasibility and Effectiveness for Weight Management and Cardiometabolic Disease Prevention. <i>Frontiers in Endocrinology</i> , 2018 , 9, 392	5.7	14
100	Effects of Inadequate Sleep on Blood Pressure and Endothelial Inflammation in Women: Findings From the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2018 , 7,	6	30
99	Plant-based diets: Reducing cardiovascular risk by improving sleep quality?. <i>Current Sleep Medicine Reports</i> , 2018 , 4, 74-78	1.2	13
98	Pilot study of sleep and meal timing effects, independent of sleep duration and food intake, on insulin sensitivity in healthy individuals. <i>Sleep Health</i> , 2018 , 4, 33-39	4	7
97	Prebiotic nut compounds and human microbiota. <i>Critical Reviews in Food Science and Nutrition</i> , 2017 , 57, 3154-3163	11.5	65
96	Meal Timing and Frequency: Implications for Cardiovascular Disease Prevention: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2017 , 135, e96-e121	16.7	290
95	A sipometer for measuring motivation to consume and reward value of foods and beverages in humans: Description and proof of principle. <i>Physiology and Behavior</i> , 2017 , 171, 216-227	3.5	13
94	Sleep-obesity relation: underlying mechanisms and consequences for treatment. <i>Obesity Reviews</i> , 2017 , 18 Suppl 1, 34-39	10.6	99
93	Increased energy intake following sleep restriction in men and women: A one-size-fits-all conclusion?. <i>Obesity</i> , 2017 , 25, 989-992	8	11
92	Effects of a lifestyle intervention on REM sleep-related OSA severity in obese individuals with type 2 diabetes. <i>Journal of Sleep Research</i> , 2017 , 26, 747-755	5.8	18

91	A coconut oil-rich meal does not enhance thermogenesis compared to corn oil in a randomized trial in obese adolescents 2017 , 1, 30-36		4
90	Effects of Diet on Sleep Quality. <i>Advances in Nutrition</i> , 2016 , 7, 938-49	10	200
89	Sleep Duration and Quality: Impact on Lifestyle Behaviors and Cardiometabolic Health: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2016 , 134, e367-e386	16.7	379
88	Effects of continuous positive airway pressure on energy intake in obstructive sleep apnea: A pilot sham-controlled study. <i>Physiology and Behavior</i> , 2016 , 167, 399-403	3.5	2
87	Fiber and Saturated Fat Are Associated with Sleep Arousals and Slow Wave Sleep. <i>Journal of Clinical Sleep Medicine</i> , 2016 , 12, 19-24	3.1	100
86	Fatty Acids in Corn Oil 2016 , 131-140		3
85	The diverse nature of saturated fats and the case of medium-chain triglycerides: how one recommendation may not fit all. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2016 , 19, 81-7	3.8	13
84	The Role of Sleep Duration on Energy Balance: an Update. <i>Current Nutrition Reports</i> , 2016 , 5, 278-285	6	5
83	Inverse association between carbohydrate consumption and plasma adropin concentrations in humans. <i>Obesity</i> , 2016 , 24, 1731-40	8	23
82	Sleep and meal-time misalignment alters functional connectivity: a pilot resting-state study. <i>International Journal of Obesity</i> , 2016 , 40, 1813-1816	5.5	7
81	Impact of sleep duration on food intake regulation: Different mechanisms by sex?. <i>Obesity</i> , 2016 , 24, 11	8	6
80	Effects of CPAP on energy expenditure in obese obstructive sleep apnoea patients: A pilot study. <i>Obesity Research and Clinical Practice</i> , 2015 , 9, 618-21	5.4	4
79	The Role of Sleep in the Control of Feeding Behavior 2015 , 11-16		
78	Differential Responses of Plasma Adropin Concentrations To Dietary Glucose or Fructose Consumption In Humans. <i>Scientific Reports</i> , 2015 , 5, 14691	4.9	22
77	Coffee Consumption and Body Weight Regulation 2015 , 499-506		1
76	Postprandial thermogenesis and substrate oxidation are unaffected by sleep restriction. <i>International Journal of Obesity</i> , 2014 , 38, 1153-8	5.5	15
75	Fasting plasma adropin concentrations correlate with fat consumption in human females. <i>Obesity</i> , 2014 , 22, 1056-63	8	28
74	Impact of medium and long chain triglycerides consumption on appetite and food intake in overweight men. <i>European Journal of Clinical Nutrition</i> , 2014 , 68, 1134-40	5.2	50

73	The effectiveness of breakfast recommendations on weight loss: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 507-13	7	80
72	Sleep Loss and Obesity: Intersecting Epidemics. <i>Sleep</i> , 2014 , 37, 209-209	1.1	78
71	Increased food intake by insufficient sleep in humans: are we jumping the gun on the hormonal explanation?. <i>Frontiers in Endocrinology</i> , 2014 , 5, 116	5.7	47
70	Sleep architecture following a weight loss intervention in overweight and obese patients with obstructive sleep apnea and type 2 diabetes: relationship to apnea-hypopnea index. <i>Journal of Clinical Sleep Medicine</i> , 2014 , 10, 1205-11	3.1	12
69	The Role of Sleep in the Control of Food Intake. <i>American Journal of Lifestyle Medicine</i> , 2014 , 8, 371-374	1.9	32
68	Delayed sleep timing is associated with low levels of free-living physical activity in normal sleeping adults. <i>Sleep Medicine</i> , 2014 , 15, 1586-9	4.6	37
67	Sleep restriction increases the neuronal response to unhealthy food in normal-weight individuals. <i>International Journal of Obesity</i> , 2014 , 38, 411-6	5.5	138
66	Sleep disturbances, body fat distribution, food intake and/or energy expenditure: pathophysiological aspects. <i>Hormone Molecular Biology and Clinical Investigation</i> , 2014 , 17, 29-37	1.3	42
65	Saturated Fat and Cardiovascular Disease: A Review of Current Evidence. <i>Current Cardiovascular Risk Reports</i> , 2013 , 7, 154-162	0.9	5
64	No effects of short-term sleep restriction, in a controlled feeding setting, on lipid profiles in normal-weight adults. <i>Journal of Sleep Research</i> , 2013 , 22, 717-20	5.8	19
63	The role of sleep duration in the regulation of energy balance: effects on energy intakes and expenditure. <i>Journal of Clinical Sleep Medicine</i> , 2013 , 9, 73-80	3.1	140
62	Total body water and its compartments are not affected by ingesting a moderate dose of caffeine in healthy young adult males. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013 , 38, 626-32	3	22
61	Sleep duration and disorders in pregnancy: implications for glucose metabolism and pregnancy outcomes. <i>International Journal of Obesity</i> , 2013 , 37, 765-70	5.5	46
60	Experimental sleep curtailment causes wake-dependent increases in 24-h energy expenditure as measured by whole-room indirect calorimetry. <i>American Journal of Clinical Nutrition</i> , 2013 , 98, 1433-9	7	59
59	Sleep restriction leads to increased activation of brain regions sensitive to food stimuli. <i>American Journal of Clinical Nutrition</i> , 2012 , 95, 818-24	7	176
58	A weight-loss diet including coffee-derived manooligosaccharides enhances adipose tissue loss in overweight men but not women. <i>Obesity</i> , 2012 , 20, 343-8	8	26
57	Rate of weight loss can be predicted by patient characteristics and intervention strategies. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012 , 112, 75-80	3.9	35
56	Ginger consumption enhances the thermic effect of food and promotes feelings of satiety without affecting metabolic and hormonal parameters in overweight men: a pilot study. <i>Metabolism: Clinical and Experimental</i> , 2012 , 61, 1347-52	12.7	49

55	Low circulating adiponectin concentrations with obesity and aging correlate with risk factors for metabolic disease and increase after gastric bypass surgery in humans. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012 , 97, 3783-91	5.6	109
54	Associations of sleep disturbance and duration with metabolic risk factors in obese persons with type 2 diabetes: data from the Sleep AHEAD Study. <i>Nature and Science of Sleep</i> , 2012 , 4, 143-50	3.6	10
53	Alterations in sleep architecture in response to experimental sleep curtailment are associated with signs of positive energy balance. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2012 , 303, R883-9	3.2	64
52	Reply to N Herzog et al. <i>American Journal of Clinical Nutrition</i> , 2012 , 95, 531-532	7	
51	Short sleep duration, glucose dysregulation and hormonal regulation of appetite in men and women. <i>Sleep</i> , 2012 , 35, 1503-10	1.1	139
50	Assessing adiposity: a scientific statement from the American Heart Association. <i>Circulation</i> , 2011 , 124, 1996-2019	16.7	553
49	Short sleep duration increases energy intakes but does not change energy expenditure in normal-weight individuals. <i>American Journal of Clinical Nutrition</i> , 2011 , 94, 410-6	7	327
48	Are normal-weight Americans over-fat?. <i>Obesity</i> , 2010 , 18, 2067-8	8	11
47	Coffee manooligosaccharides, consumed as part of a free-living, weight-maintaining diet, increase the proportional reduction in body volume in overweight men. <i>Journal of Nutrition</i> , 2010 , 140, 1943-8	4.1	21
46	Gender Differences in the Association between Sleep Duration and Body Composition: The Cardia Study. <i>International Journal of Endocrinology</i> , 2010 , 2010, 726071	2.7	49
45	Body composition changes with aging: the cause or the result of alterations in metabolic rate and macronutrient oxidation?. <i>Nutrition</i> , 2010 , 26, 152-5	4.8	226
44	Bioactivity and emerging role of short and medium chain fatty acids. <i>Lipid Technology</i> , 2010 , 22, 266-269		5
43	Baseline serum C-reactive protein is associated with lipid responses to low-fat and high-polyunsaturated fat diets. <i>Journal of Nutrition</i> , 2009 , 139, 680-3	4.1	13
42	High-milk supplementation with healthy diet counseling does not affect weight loss but ameliorates insulin action compared with low-milk supplementation in overweight children. <i>Journal of Nutrition</i> , 2009 , 139, 933-8	4.1	28
41	Increased sweetened beverage intake is associated with reduced milk and calcium intake in 3- to 7-year-old children at multi-item laboratory lunches. <i>Journal of the American Dietetic Association</i> , 2009 , 109, 497-501		60
40	Missing data in randomized clinical trials for weight loss: scope of the problem, state of the field, and performance of statistical methods. <i>PLoS ONE</i> , 2009 , 4, e6624	3.7	116
39	IAAT, catecholamines, and parity in African-American and European-American women. <i>Obesity</i> , 2008 , 16, 797-803	8	8
38	Baseline inflammatory markers do not modulate the lipid response to weight loss. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 598-604	12.7	5

37	Medium chain triglyceride oil consumption as part of a weight loss diet does not lead to an adverse metabolic profile when compared to olive oil. <i>Journal of the American College of Nutrition</i> , 2008 , 27, 547-552	3.5	55
36	Weight-loss diet that includes consumption of medium-chain triacylglycerol oil leads to a greater rate of weight and fat mass loss than does olive oil. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 621-7	7	78
35	Snack chips fried in corn oil alleviate cardiovascular disease risk factors when substituted for low-fat or high-fat snacks. <i>American Journal of Clinical Nutrition</i> , 2007 , 85, 1503-10	7	18
34	Intramyocellular lipid content is lower with a low-fat diet than with high-fat diets, but that may not be relevant for health. <i>American Journal of Clinical Nutrition</i> , 2007 , 86, 1316-22	7	7
33	Dietary Supplements and Functional Foods. Edited by Geoffrey P. Webb. Blackwell Publishing, Oxford, 2006, 242 pp., soft cover, \$79.99. <i>Obesity Reviews</i> , 2007 , 8, 85-86	10.6	
32	Supplementation with soy-protein-rich foods does not enhance weight loss. <i>Journal of the American Dietetic Association</i> , 2007 , 107, 500-5		27
31	Greater resting energy expenditure and lower respiratory quotient after 1 week of supplementation with milk relative to supplementation with a sugar-only beverage in children. <i>Metabolism: Clinical and Experimental</i> , 2007 , 56, 1699-707	12.7	13
30	Dietary fats, teas, dairy, and nuts: potential functional foods for weight control?. <i>American Journal of Clinical Nutrition</i> , 2005 , 81, 7-15	7	76
29	Relationship between body composition changes and changes in physical function and metabolic risk factors in aging. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2005 , 8, 523-528	3.8	109
28	Four-compartment cellular level body composition model: comparison of two approaches. <i>Obesity</i> , 2005 , 13, 58-65		12
27	Phytosterols in nonfat and low-fat beverages have no impact on the LDL size phenotype. <i>European Journal of Clinical Nutrition</i> , 2005 , 59, 801-4	5.2	13
26	Human cortical specialization for food: a functional magnetic resonance imaging investigation. <i>Journal of Nutrition</i> , 2005 , 135, 1014-8	4.1	61
25	Relationship between body composition changes and changes in physical function and metabolic risk factors in aging. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2005 , 8, 523-8	3.8	76
24	Body-composition differences between African American and white women: relation to resting energy requirements. <i>American Journal of Clinical Nutrition</i> , 2004 , 79, 780-6	7	44
23	Metabolic syndrome in normal-weight Americans: new definition of the metabolically obese, normal-weight individual. <i>Diabetes Care</i> , 2004 , 27, 2222-8	14.6	221
22	Total body skeletal muscle and adipose tissue volumes: estimation from a single abdominal cross-sectional image. <i>Journal of Applied Physiology</i> , 2004 , 97, 2333-8	3.7	953
21	Dual-energy X-ray absorptiometry lean soft tissue hydration: independent contributions of intra- and extracellular water. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004 , 287, E842-7	6	50
20	New bioimpedance analysis system: improved phenotyping with whole-body analysis. <i>European Journal of Clinical Nutrition</i> , 2004 , 58, 1479-84	5.2	253

19	Added thermogenic and satiety effects of a mixed nutrient vs a sugar-only beverage. <i>International Journal of Obesity</i> , 2004 , 28, 248-53	5.5	49
18	A new hand-held indirect calorimeter to measure postprandial energy expenditure. <i>Obesity</i> , 2004 , 12, 704-9		45
17	Dual-energy x-ray absorptiometry-measured lean soft tissue mass: differing relation to body cell mass across the adult life span. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2004 , 59, 796-800	6.4	32
16	Lifestyle behaviors associated with lower risk of having the metabolic syndrome. <i>Metabolism: Clinical and Experimental</i> , 2004 , 53, 1503-11	12.7	181
15	Visceral adipose tissue: relations between single-slice areas and total volume. <i>American Journal of Clinical Nutrition</i> , 2004 , 80, 271-8	7	246
14	Body cell mass: model development and validation at the cellular level of body composition. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004 , 286, E123-8	6	70
13	Consumption of a functional oil rich in phytosterols and medium-chain triglyceride oil improves plasma lipid profiles in men. <i>Journal of Nutrition</i> , 2003 , 133, 1815-20	4.1	56
12	Changes in childhood food consumption patterns: a cause for concern in light of increasing body weights. <i>American Journal of Clinical Nutrition</i> , 2003 , 78, 1068-73	7	237
11	Usefulness of artificial sweeteners for body weight control. <i>Nutrition Reviews</i> , 2003 , 61, 219-21	6.4	4
10	Overweight and obesity status are linked to lower life expectancy. <i>Nutrition Reviews</i> , 2003 , 61, 313-6	6.4	22
9	Phytosterols and human lipid metabolism: efficacy, safety, and novel foods. <i>Lipids</i> , 2003 , 38, 367-75	1.6	60
8	Medium-chain triglycerides increase energy expenditure and decrease adiposity in overweight men. <i>Obesity</i> , 2003 , 11, 395-402		171
7	Medium- versus long-chain triglycerides for 27 days increases fat oxidation and energy expenditure without resulting in changes in body composition in overweight women. <i>International Journal of Obesity</i> , 2003 , 27, 95-102	5.5	92
6	Greater rise in fat oxidation with medium-chain triglyceride consumption relative to long-chain triglyceride is associated with lower initial body weight and greater loss of subcutaneous adipose tissue. <i>International Journal of Obesity</i> , 2003 , 27, 1565-71	5.5	82
5	Consumption of an oil composed of medium chain triacylglycerols, phytosterols, and N-3 fatty acids improves cardiovascular risk profile in overweight women. <i>Metabolism: Clinical and Experimental</i> , 2003 , 52, 771-7	12.7	47
4	Phytosterols in low- and nonfat beverages as part of a controlled diet fail to lower plasma lipid levels. <i>Journal of Lipid Research</i> , 2003 , 44, 1713-9	6.3	66
3	Kefir consumption does not alter plasma lipid levels or cholesterol fractional synthesis rates relative to milk in hyperlipidemic men: a randomized controlled trial [ISRCTN10820810]. <i>BMC Complementary and Alternative Medicine</i> , 2002 , 2, 1	4.7	102
2	Physiological effects of medium-chain triglycerides: potential agents in the prevention of obesity. <i>Journal of Nutrition</i> , 2002 , 132, 329-32	4.1	223

1 Consumption of fermented and nonfermented dairy products: effects on cholesterol concentrations and metabolism. *American Journal of Clinical Nutrition*, **2000**, 71, 674-81

7 180