Marie-Pierre St-Onge

List of Publications by Citations

144 papers	8,791 citations	49 h-index	92 g-index
154 ext. papers	10,599 ext. citations	5.8 avg, IF	6.49 L-index

#	Paper	IF	Citations
144	Total body skeletal muscle and adipose tissue volumes: estimation from a single abdominal cross-sectional image. *Journal of Applied Physiology*, **2004**, 97, 2333-8	3.7	953
143	Assessing adiposity: a scientific statement from the American Heart Association. *Circulation*, **2011**, 124, 1996-2019	16.7	553
142	Sleep Duration and Quality: Impact on Lifestyle Behaviors and Cardiometabolic Health: A Scientific Statement From the American Heart Association. *Circulation*, **2016**, 134, e367-e386	16.7	379
141	Short sleep duration increases energy intakes but does not change energy expenditure in normal-weight individuals. *American Journal of Clinical Nutrition*, **2011**, 94, 410-6	7	327
140	Meal Timing and Frequency: Implications for Cardiovascular Disease Prevention: A Scientific Statement From the American Heart Association. *Circulation*, **2017**, 135, e96-e121	16.7	290
139	New bioimpedance analysis system: improved phenotyping with whole-body analysis. *European Journal of Clinical Nutrition*, **2004**, 58, 1479-84	5.2	253
138	Visceral adipose tissue: relations between single-slice areas and total volume. *American Journal of Clinical Nutrition*, **2004**, 80, 271-8	7	246
137	Changes in childhood food consumption patterns: a cause for concern in light of increasing body weights. *American Journal of Clinical Nutrition*, **2003**, 78, 1068-73	7	237
136	Body composition changes with aging: the cause or the result of alterations in metabolic rate and macronutrient oxidation?. *Nutrition*, **2010**, 26, 152-5	4.8	226
135	Physiological effects of medium-chain triglycerides: potential agents in the prevention of obesity. *Journal of Nutrition*, **2002**, 132, 329-32	4.1	223
134	Metabolic syndrome in normal-weight Americans: new definition of the metabolically obese, normal-weight individual. *Diabetes Care*, **2004**, 27, 2222-8	14.6	221
133	Effects of Diet on Sleep Quality. *Advances in Nutrition*, **2016**, 7, 938-49	10	200
132	Lifestyle behaviors associated with lower risk of having the metabolic syndrome. *Metabolism: Clinical and Experimental*, **2004**, 53, 1503-11	12.7	181
131	Consumption of fermented and nonfermented dairy products: effects on cholesterol concentrations and metabolism. *American Journal of Clinical Nutrition*, **2000**, 71, 674-81	7	180
130	Sleep restriction leads to increased activation of brain regions sensitive to food stimuli. *American Journal of Clinical Nutrition*, **2012**, 95, 818-24	7	176
129	Medium-chain triglycerides increase energy expenditure and decrease adiposity in overweight men. *Obesity*, **2003**, 11, 395-402		171
128	The role of sleep duration in the regulation of energy balance: effects on energy intakes and expenditure. *Journal of Clinical Sleep Medicine*, **2013**, 9, 73-80	3.1	140

127	Short sleep duration, glucose dysregulation and hormonal regulation of appetite in men and women. *Sleep*, **2012**, 35, 1503-10	1.1	139
126	Sleep restriction increases the neuronal response to unhealthy food in normal-weight individuals. *International Journal of Obesity*, **2014**, 38, 411-6	5.5	138
125	Missing data in randomized clinical trials for weight loss: scope of the problem, state of the field, and performance of statistical methods. *PLoS ONE*, **2009**, 4, e6624	3.7	116
124	Obesity and Cardiovascular Disease: A Scientific Statement From the American Heart Association. *Circulation*, **2021**, 143, e984-e1010	16.7	112
123	Low circulating adropin concentrations with obesity and aging correlate with risk factors for metabolic disease and increase after gastric bypass surgery in humans. *Journal of Clinical Endocrinology and Metabolism*, **2012**, 97, 3783-91	5.6	109
122	Relationship between body composition changes and changes in physical function and metabolic risk factors in aging. *Current Opinion in Clinical Nutrition and Metabolic Care*, **2005**, 8, 523-528	3.8	109
121	Kefir consumption does not alter plasma lipid levels or cholesterol fractional synthesis rates relative to milk in hyperlipidemic men: a randomized controlled trial [ISRCTN10820810]. *BMC Complementary and Alternative Medicine*, **2002**, 2, 1	4.7	102
120	Blocking nocturnal blue light for insomnia: A randomized controlled trial. *Journal of Psychiatric Research*, **2018**, 96, 196-202	5.2	101
119	Fiber and Saturated Fat Are Associated with Sleep Arousals and Slow Wave Sleep. *Journal of Clinical Sleep Medicine*, **2016**, 12, 19-24	3.1	100
118	Sleep-obesity relation: underlying mechanisms and consequences for treatment. *Obesity Reviews*, **2017**, 18 Suppl 1, 34-39	10.6	99
117	Medium- versus long-chain triglycerides for 27 days increases fat oxidation and energy expenditure without resulting in changes in body composition in overweight women. *International Journal of Obesity*, **2003**, 27, 95-102	5.5	92
116	Greater rise in fat oxidation with medium-chain triglyceride consumption relative to long-chain triglyceride is associated with lower initial body weight and greater loss of subcutaneous adipose tissue. *International Journal of Obesity*, **2003**, 27, 1565-71	5.5	82
115	The effectiveness of breakfast recommendations on weight loss: a randomized controlled trial. *American Journal of Clinical Nutrition*, **2014**, 100, 507-13	7	80
114	Sleep Loss and Obesity: Intersecting Epidemics. *Sleep*, **2014**, 37, 209-209	1.1	78
113	Weight-loss diet that includes consumption of medium-chain triacylglycerol oil leads to a greater rate of weight and fat mass loss than does olive oil. *American Journal of Clinical Nutrition*, **2008**, 87, 621-6	7	78
112	Dietary fats, teas, dairy, and nuts: potential functional foods for weight control?. *American Journal of Clinical Nutrition*, **2005**, 81, 7-15	7	76
111	Relationship between body composition changes and changes in physical function and metabolic risk factors in aging. *Current Opinion in Clinical Nutrition and Metabolic Care*, **2005**, 8, 523-8	3.8	76
110	Body cell mass: model development and validation at the cellular level of body composition. *American Journal of Physiology - Endocrinology and Metabolism*, **2004**, 286, E123-8	6	70

109	Phytosterols in low- and nonfat beverages as part of a controlled diet fail to lower plasma lipid levels. *Journal of Lipid Research*, **2003**, 44, 1713-9	6.3	66
108	Prebiotic nut compounds and human microbiota. *Critical Reviews in Food Science and Nutrition*, **2017**, 57, 3154-3163	11.5	65
107	Alterations in sleep architecture in response to experimental sleep curtailment are associated with signs of positive energy balance. *American Journal of Physiology - Regulatory Integrative and Comparative Physiology*, **2012**, 303, R883-9	3.2	64
106	Human cortical specialization for food: a functional magnetic resonance imaging investigation. *Journal of Nutrition*, **2005**, 135, 1014-8	4.1	61
105	Increased sweetened beverage intake is associated with reduced milk and calcium intake in 3- to 7-year-old children at multi-item laboratory lunches. *Journal of the American Dietetic Association*, **2009**, 109, 497-501		60
104	Phytosterols and human lipid metabolism: efficacy, safety, and novel foods. *Lipids*, **2003**, 38, 367-75	1.6	60
103	Experimental sleep curtailment causes wake-dependent increases in 24-h energy expenditure as measured by whole-room indirect calorimetry. *American Journal of Clinical Nutrition*, **2013**, 98, 1433-9	7	59
102	Consumption of a functional oil rich in phytosterols and medium-chain triglyceride oil improves plasma lipid profiles in men. *Journal of Nutrition*, **2003**, 133, 1815-20	4.1	56
101	Medium chain triglyceride oil consumption as part of a weight loss diet does not lead to an adverse metabolic profile when compared to olive oil. *Journal of the American College of Nutrition*, **2008**, 27, 547-52	3.5	55
100	Impact of medium and long chain triglycerides consumption on appetite and food intake in overweight men. *European Journal of Clinical Nutrition*, **2014**, 68, 1134-40	5.2	50
99	Dual-energy X-ray absorptiometry lean soft tissue hydration: independent contributions of intra- and extracellular water. *American Journal of Physiology - Endocrinology and Metabolism*, **2004**, 287, E842-7	6	50
98	Ginger consumption enhances the thermic effect of food and promotes feelings of satiety without affecting metabolic and hormonal parameters in overweight men: a pilot study. *Metabolism: Clinical and Experimental*, **2012**, 61, 1347-52	12.7	49
97	Gender Differences in the Association between Sleep Duration and Body Composition: The Cardia Study. *International Journal of Endocrinology*, **2010**, 2010, 726071	2.7	49
96	Added thermogenic and satiety effects of a mixed nutrient vs a sugar-only beverage. *International Journal of Obesity*, **2004**, 28, 248-53	5.5	49
95	Increased food intake by insufficient sleep in humans: are we jumping the gun on the hormonal explanation?. *Frontiers in Endocrinology*, **2014**, 5, 116	5.7	47
94	Consumption of an oil composed of medium chain triacyglycerols, phytosterols, and N-3 fatty acids improves cardiovascular risk profile in overweight women. *Metabolism: Clinical and Experimental*, **2003**, 52, 771-7	12.7	47
93	Sleep duration and disorders in pregnancy: implications for glucose metabolism and pregnancy outcomes. *International Journal of Obesity*, **2013**, 37, 765-70	5.5	46
92	A new hand-held indirect calorimeter to measure postprandial energy expenditure. *Obesity*, **2004**, 12, 704-9		45

91	Body-composition differences between African American and white women: relation to resting energy requirements. *American Journal of Clinical Nutrition*, **2004**, 79, 780-6	7	44
90	Sleep disturbances, body fat distribution, food intake and/or energy expenditure: pathophysiological aspects. *Hormone Molecular Biology and Clinical Investigation*, **2014**, 17, 29-37	1.3	42
89	Delayed sleep timing is associated with low levels of free-living physical activity in normal sleeping adults. *Sleep Medicine*, **2014**, 15, 1586-9	4.6	37
88	Mediterranean diet pattern and sleep duration and insomnia symptoms in the Multi-Ethnic Study of Atherosclerosis. *Sleep*, **2018**, 41,	1.1	36
87	Rate of weight loss can be predicted by patient characteristics and intervention strategies. *Journal of the Academy of Nutrition and Dietetics*, **2012**, 112, 75-80	3.9	35
86	The Role of Sleep in the Control of Food Intake. *American Journal of Lifestyle Medicine*, **2014**, 8, 371-374	1.9	32
85	Dual-energy x-ray absorptiometry-measured lean soft tissue mass: differing relation to body cell mass across the adult life span. *Journals of Gerontology - Series A Biological Sciences and Medical Sciences*, **2004**, 59, 796-800	6.4	32
84	Reciprocal Roles of Sleep and Diet in Cardiovascular Health: a Review of Recent Evidence and a Potential Mechanism. *Current Atherosclerosis Reports*, **2019**, 21, 11	6	31
83	Effects of Inadequate Sleep on Blood Pressure and Endothelial Inflammation in Women: Findings From the American Heart Association Go Red for Women Strategically Focused Research Network. *Journal of the American Heart Association*, **2018**, 7,	6	30
82	Measures of Poor Sleep Quality Are Associated With Higher Energy Intake and Poor Diet Quality in a Diverse Sample of Women From the Go Red for Women Strategically Focused Research Network. *Journal of the American Heart Association*, **2020**, 9, e014587	6	29
81	Fasting plasma adropin concentrations correlate with fat consumption in human females. *Obesity*, **2014**, 22, 1056-63	8	28
80	High-milk supplementation with healthy diet counseling does not affect weight loss but ameliorates insulin action compared with low-milk supplementation in overweight children. *Journal of Nutrition*, **2009**, 139, 933-8	4.1	28
79	Supplementation with soy-protein-rich foods does not enhance weight loss. *Journal of the American Dietetic Association*, **2007**, 107, 500-5		27
78	A weight-loss diet including coffee-derived mannooligosaccharides enhances adipose tissue loss in overweight men but not women. *Obesity*, **2012**, 20, 343-8	8	26
77	Inverse association between carbohydrate consumption and plasma adropin concentrations in humans. *Obesity*, **2016**, 24, 1731-40	8	23
76	Differential Responses of Plasma Adropin Concentrations To Dietary Glucose or Fructose Consumption In Humans. *Scientific Reports*, **2015**, 5, 14691	4.9	22
75	Total body water and its compartments are not affected by ingesting a moderate dose of caffeine in healthy young adult males. *Applied Physiology, Nutrition and Metabolism*, **2013**, 38, 626-32	3	22
74	Overweight and obesity status are linked to lower life expectancy. *Nutrition Reviews*, **2003**, 61, 313-6	6.4	22

73	Coffee mannooligosaccharides, consumed as part of a free-living, weight-maintaining diet, increase the proportional reduction in body volume in overweight men. *Journal of Nutrition*, **2010**, 140, 1943-8	4.1	21
72	Sleep Regularity and Cardiometabolic Heath: Is Variability in Sleep Patterns a Risk Factor for Excess Adiposity and Glycemic Dysregulation?. *Current Diabetes Reports*, **2020**, 20, 38	5.6	21
71	Plant-Based Diets: Reducing Cardiovascular Risk by Improving Sleep Quality?. *Current Sleep Medicine Reports*, **2018**, 4, 74-78	1.2	20
70	Association of sleep characteristics with cardiovascular health among women and differences by race/ethnicity and menopausal status: findings from the American Heart Association Go Red for Women Strategically Focused Research Network. *Sleep Health*, **2019**, 5, 501-508	4	20
69	High glycemic index and glycemic load diets as risk factors for insomnia: analyses from the Women Ts Health Initiative. *American Journal of Clinical Nutrition*, **2020**, 111, 429-439	7	20
68	No effects of short-term sleep restriction, in a controlled feeding setting, on lipid profiles in normal-weight adults. *Journal of Sleep Research*, **2013**, 22, 717-20	5.8	19
67	Association between diet quality and sleep apnea in the Multi-Ethnic Study of Atherosclerosis. *Sleep*, **2019**, 42,	1.1	19
66	Sleep and meal timing influence food intake and its hormonal regulation in healthy adults with overweight/obesity. *European Journal of Clinical Nutrition*, **2019**, 72, 76-82	5.2	19
65	Effects of a lifestyle intervention on REM sleep-related OSA severity in obese individuals with type 2 diabetes. *Journal of Sleep Research*, **2017**, 26, 747-755	5.8	18
64	Snack chips fried in corn oil alleviate cardiovascular disease risk factors when substituted for low-fat or high-fat snacks. *American Journal of Clinical Nutrition*, **2007**, 85, 1503-10	7	18
63	Postprandial thermogenesis and substrate oxidation are unaffected by sleep restriction. *International Journal of Obesity*, **2014**, 38, 1153-8	5.5	15
62	Sleep Extension in Short Sleepers: An Evaluation of Feasibility and Effectiveness for Weight Management and Cardiometabolic Disease Prevention. *Frontiers in Endocrinology*, **2018**, 9, 392	5.7	14
61	A sipometer for measuring motivation to consume and reward value of foods and beverages in humans: Description and proof of principle. *Physiology and Behavior*, **2017**, 171, 216-227	3.5	13
60	Baseline serum C-reactive protein is associated with lipid responses to low-fat and high-polyunsaturated fat diets. *Journal of Nutrition*, **2009**, 139, 680-3	4.1	13
59	Greater resting energy expenditure and lower respiratory quotient after 1 week of supplementation with milk relative to supplementation with a sugar-only beverage in children. *Metabolism: Clinical and Experimental*, **2007**, 56, 1699-707	12.7	13
58	Phytosterols in nonfat and low-fat beverages have no impact on the LDL size phenotype. *European Journal of Clinical Nutrition*, **2005**, 59, 801-4	5.2	13
57	Plant-based diets: Reducing cardiovascular risk by improving sleep quality?. *Current Sleep Medicine Reports*, **2018**, 4, 74-78	1.2	13
56	The diverse nature of saturated fats and the case of medium-chain triglycerides: how one recommendation may not fit all. *Current Opinion in Clinical Nutrition and Metabolic Care*, **2016**, 19, 81-7	3.8	13

55	Sleep architecture following a weight loss intervention in overweight and obese patients with obstructive sleep apnea and type 2 diabetes: relationship to apnea-hypopnea index. *Journal of Clinical Sleep Medicine*, **2014**, 10, 1205-11	3.1	12
54	Four-compartment cellular level body composition model: comparison of two approaches. *Obesity*, **2005**, 13, 58-65		12
53	Increased energy intake following sleep restriction in men and women: A one-size-fits-all conclusion?. *Obesity*, **2017**, 25, 989-992	8	11
52	Variability in Sleep Patterns: an Emerging Risk Factor for Hypertension. *Current Hypertension Reports*, **2020**, 22, 19	4.7	11
51	Are normal-weight Americans over-fat?. *Obesity*, **2010**, 18, 2067-8	8	11
50	Sleep restriction and testosterone concentrations in young healthy males: randomized controlled studies of acute and chronic short sleep. *Sleep Health*, **2019**, 5, 580-586	4	10
49	Associations of sleep disturbance and duration with metabolic risk factors in obese persons with type 2 diabetes: data from the Sleep AHEAD Study. *Nature and Science of Sleep*, **2012**, 4, 143-50	3.6	10
48	Mild sleep restriction increases 24-hour ambulatory blood pressure in premenopausal women with no indication of mediation by psychological effects. *American Heart Journal*, **2020**, 223, 12-22	4.9	9
47	Characterization and Comparison of Nutritional Intake between Preparatory and Competitive Phase of Highly Trained Athletes. *Medicina (Lithuania)*, **2018**, 54,	3.1	9
46	IAAT, catecholamines, and parity in African-American and European-American women. *Obesity*, **2008**, 16, 797-803	8	8
45	Habitual Nightly Fasting Duration, Eating Timing, and Eating Frequency are Associated with Cardiometabolic Risk in Women. *Nutrients*, **2020**, 12,	6.7	8
44	Sleep and Diet: Mounting Evidence of a Cyclical Relationship. *Annual Review of Nutrition*, **2021**, 41, 309-332	9.9	8
43	Intramyocellular lipid content is lower with a low-fat diet than with high-fat diets, but that may not be relevant for health. *American Journal of Clinical Nutrition*, **2007**, 86, 1316-22	7	7
42	Sleep and meal-time misalignment alters functional connectivity: a pilot resting-state study. *International Journal of Obesity*, **2016**, 40, 1813-1816	5.5	7
41	Circadian rhythms and meal timing: impact on energy balance and body weight. *Current Opinion in Biotechnology*, **2021**, 70, 1-6	11.4	7
40	Pilot study of sleep and meal timing effects, independent of sleep duration and food intake, on insulin sensitivity in healthy individuals. *Sleep Health*, **2018**, 4, 33-39	4	7
39	A Mediterranean Dietary Pattern Predicts Better Sleep Quality in US Women from the American Heart Association Go Red for Women Strategically Focused Research Network. *Nutrients*, **2020**, 12,	6.7	6
38	Impact of sleep duration on food intake regulation: Different mechanisms by sex?. *Obesity*, **2016**, 24, 11	8	6

37	Sleep and circadian rhythms: pillars of health-a Keystone Symposia report. *Annals of the New York Academy of Sciences*, **2021**,	6.5	6
36	Effects of Continuous Positive Airway Pressure on Body Composition in Individuals with Obstructive Sleep Apnea: A Non-Randomized, Matched Before-After Study. *Journal of Clinical Medicine*, **2019**, 8,	5.1	5
35	Saturated Fat and Cardiovascular Disease: A Review of Current Evidence. *Current Cardiovascular Risk Reports*, **2013**, 7, 154-162	0.9	5
34	Bioactivity and emerging role of short and medium chain fatty acids. *Lipid Technology*, **2010**, 22, 266-269		5
33	Baseline inflammatory markers do not modulate the lipid response to weight loss. *Metabolism: Clinical and Experimental*, **2008**, 57, 598-604	12.7	5
32	The Role of Sleep Duration on Energy Balance: an Update. *Current Nutrition Reports*, **2016**, 5, 278-285	6	5
31	Effects of CPAP on energy expenditure in obese obstructive sleep apnoea patients: A pilot study. *Obesity Research and Clinical Practice*, **2015**, 9, 618-21	5.4	4
30	Can Healthy Sleep Improve Long-Term Bariatric Surgery Outcomes? Results of a Pilot Study and Call for Further Research. *Obesity*, **2019**, 27, 1769-1771	8	4
29	Usefulness of artificial sweeteners for body weight control. *Nutrition Reviews*, **2003**, 61, 219-21	6.4	4
28	A coconut oil-rich meal does not enhance thermogenesis compared to corn oil in a randomized trial in obese adolescents **2017**, 1, 30-36		4
27	Go Red for Women Strategically Focused Research Network: Summary of Findings and Network Outcomes. *Journal of the American Heart Association*, **2021**, 10, e019519	6	3
26	Evening Chronotype Is Associated with Poorer Habitual Diet in US Women, with Dietary Energy Density Mediating a Relation of Chronotype with Cardiovascular Health. *Journal of Nutrition*, **2021**, 151, 1150-1158	4.1	3
25	Fatty Acids in Corn Oil **2016**, 131-140		3
24	Does sex influence the effects of experimental sleep curtailment and circadian misalignment on regulation of appetite?. *Current Opinion in Endocrine and Metabolic Research*, **2021**, 17, 20-25	1.7	3
23	Impact of change in bedtime variability on body composition and inflammation: secondary findings from the Go Red for Women Strategically Focused Research Network. *International Journal of Obesity*, **2020**, 44, 1803-1806	5.5	2
22	Effects of continuous positive airway pressure on energy intake in obstructive sleep apnea: A pilot sham-controlled study. *Physiology and Behavior*, **2016**, 167, 399-403	3.5	2
21	Diet Composition and Objectively Assessed Sleep Quality: A Narrative Review.. *Journal of the Academy of Nutrition and Dietetics*, **2022**,	3.9	2
20	Science dialogue mapping of knowledge and knowledge gaps related to the effects of dairy intake on human cardiovascular health and disease. *Critical Reviews in Food Science and Nutrition*, **2021**, 61, 179-195	11.5	2

19	Information on Bedtimes and Wake Times Improves the Relation Between Self-Reported and Objective Assessments of Sleep in Adults. *Journal of Clinical Sleep Medicine*, **2019**, 15, 1031-1036	3.1	2
18	Actigraphy-Derived Sleep Is Associated with Eating Behavior Characteristics. *Nutrients*, **2021**, 13,	6.7	2
17	Variability in Daily Eating Patterns and Eating Jetlag Are Associated With Worsened Cardiometabolic Risk Profiles in the American Heart Association Go Red for Women Strategically Focused Research Network. *Journal of the American Heart Association*, **2021**, 10, e022024	6	2
16	Response to Hudgel: Poor diet, poor sleep in sleep apnea, which is the cart and which is the horse?. *Sleep*, **2019**, 42,	1.1	1
15	The Influence of Diet on Sleep **2020**, 205-215		1
14	Coffee Consumption and Body Weight Regulation **2015**, 499-506		1
13	Abstract P292: Almond Consumption Increases Satiety Hormones Relative to a High-Carbohydrate Food but Has Minimal Impact on Body Composition: A Pilot Study in Black and Hispanic Adults. *Circulation*, **2019**, 139,	16.7	1
12	Abstract MP19: Impact of Change in Bedtime Variability on Body Composition: Secondary Findings From the Go Red for Women Strategically Focused Research Network. *Circulation*, **2020**, 141,	16.7	1
11	Abstract 13175: Social Jet Lag in Eating Patterns as a Marker of Meal Timing Variability is Associated With Elevated Cardiometabolic Risk in the AHA Go Red for Women Strategically Focused Research Network. *Circulation*, **2020**, 142,	16.7	1
10	Sustained Mild Sleep Restriction Increases Blood Pressure in Women: An Update From the American Heart Association Go Red for Women Strategically Focused Research Network. *Hypertension*, **2021**, 77, e50-e52	8.5	0
9	Napping: is it really a means by which short sleepers can have their cake and eat it too?. *Journal of Emergency and Critical Care Medicine*, **2019**, 3, 24	0.6	
8	0007 The Role of Brown Fat Activation in Sleep Restriction and Obesity. *Sleep*, **2019**, 42, A3-A3	1.1	
7	0063 Preliminary Examination of the Effects of Long-Term Sleep Restriction on Intrinsic Brain Circuitry. *Sleep*, **2019**, 42, A26-A27	1.1	
6	Sleep and food intake **2019**, 243-255		
5	The Role of Sleep in the Control of Feeding Behavior **2015**, 11-16		
4	Reply to N Herzog et al. *American Journal of Clinical Nutrition*, **2012**, 95, 531-532	7	
3	Dietary Supplements and Functional Foods. Edited by Geoffrey P. Webb. Blackwell Publishing, Oxford, 2006, 242 pp., soft cover, $79.99. *Obesity Reviews*, **2007**, 8, 85-86	10.6	
2	043 Sleep Restriction Affects Memory in Healthy Adults: Preliminary Findings. *Sleep*, **2021**, 44, A18-A19	1.1	

1 105 Sleep Behaviors Are Differentially Associated with Eating Behavior Characteristics Based on Sex. *Sleep*, **2021**, 44, A43-A43 1.1