

# Marie-Pierre St-Onge

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7829099/publications.pdf>

Version: 2024-02-01

154  
papers

12,519  
citations

36299

51  
h-index

25787

108  
g-index

154  
all docs

154  
docs citations

154  
times ranked

15351  
citing authors

#	ARTICLE	IF	CITATIONS
1	Total body skeletal muscle and adipose tissue volumes: estimation from a single abdominal cross-sectional image. <i>Journal of Applied Physiology</i> , 2004, 97, 2333-2338.	2.5	1,248
2	Obesity and Cardiovascular Disease: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2021, 143, e984-e1010.	1.6	928
3	Assessing Adiposity. <i>Circulation</i> , 2011, 124, 1996-2019.	1.6	701
4	Sleep Duration and Quality: Impact on Lifestyle Behaviors and Cardiometabolic Health: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2016, 134, e367-e386.	1.6	602
5	Meal Timing and Frequency: Implications for Cardiovascular Disease Prevention: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2017, 135, e96-e121.	1.6	469
6	Short sleep duration increases energy intakes but does not change energy expenditure in normal-weight individuals. <i>American Journal of Clinical Nutrition</i> , 2011, 94, 410-416.	4.7	383
7	Effects of Diet on Sleep Quality. <i>Advances in Nutrition</i> , 2016, 7, 938-949.	6.4	345
8	Body composition changes with aging: The cause or the result of alterations in metabolic rate and macronutrient oxidation?. <i>Nutrition</i> , 2010, 26, 152-155.	2.4	336
9	New bioimpedance analysis system: improved phenotyping with whole-body analysis. <i>European Journal of Clinical Nutrition</i> , 2004, 58, 1479-1484.	2.9	296
10	Visceral adipose tissue: relations between single-slice areas and total volume. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 271-278.	4.7	295
11	Changes in childhood food consumption patterns: a cause for concern in light of increasing body weights. <i>American Journal of Clinical Nutrition</i> , 2003, 78, 1068-1073.	4.7	275
12	Physiological Effects of Medium-Chain Triglycerides: Potential Agents in the Prevention of Obesity. <i>Journal of Nutrition</i> , 2002, 132, 329-332.	2.9	272
13	Metabolic Syndrome in Normal-Weight Americans. <i>Diabetes Care</i> , 2004, 27, 2222-2228.	8.6	263
14	Consumption of fermented and nonfermented dairy products: effects on cholesterol concentrations and metabolism. <i>American Journal of Clinical Nutrition</i> , 2000, 71, 674-681.	4.7	228
15	Sleep restriction leads to increased activation of brain regions sensitive to food stimuli. <i>American Journal of Clinical Nutrition</i> , 2012, 95, 818-824.	4.7	225
16	Lifestyle behaviors associated with lower risk of having the metabolic syndrome. <i>Metabolism: Clinical and Experimental</i> , 2004, 53, 1503-1511.	3.4	219
17	Medium-Chain Triglycerides Increase Energy Expenditure and Decrease Adiposity in Overweight Men. <i>Obesity</i> , 2003, 11, 395-402.	4.0	217
18	Sleep restriction increases the neuronal response to unhealthy food in normal-weight individuals. <i>International Journal of Obesity</i> , 2014, 38, 411-416.	3.4	176

#	ARTICLE	IF	CITATIONS
19	Short Sleep Duration, Glucose Dysregulation and Hormonal Regulation of Appetite in Men and Women. <i>Sleep</i> , 2012, 35, 1503-1510.	1.1	170
20	The Role of Sleep Duration in the Regulation of Energy Balance: Effects on Energy Intakes and Expenditure. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 73-80.	2.6	167
21	Sleep-obesity relation: underlying mechanisms and consequences for treatment. <i>Obesity Reviews</i> , 2017, 18, 34-39.	6.5	163
22	Fiber and Saturated Fat Are Associated with Sleep Arousals and Slow Wave Sleep. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 19-24.	2.6	153
23	Low Circulating Adropin Concentrations with Obesity and Aging Correlate with Risk Factors for Metabolic Disease and Increase after Gastric Bypass Surgery in Humans. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2012, 97, 3783-3791.	3.6	145
24	Blocking nocturnal blue light for insomnia: A randomized controlled trial. <i>Journal of Psychiatric Research</i> , 2018, 96, 196-202.	3.1	141
25	Missing Data in Randomized Clinical Trials for Weight Loss: Scope of the Problem, State of the Field, and Performance of Statistical Methods. <i>PLoS ONE</i> , 2009, 4, e6624.	2.5	139
26	Relationship between body composition changes and changes in physical function and metabolic risk factors in aging. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2005, 8, 523-528.	2.5	135
27	Kefir consumption does not alter plasma lipid levels or cholesterol fractional synthesis rates relative to milk in hyperlipidemic men: a randomized controlled trial [ISRCTN10820810]. <i>BMC Complementary and Alternative Medicine</i> , 2002, 2, 1.	3.7	127
28	Medium- versus long-chain triglycerides for 27 days increases fat oxidation and energy expenditure without resulting in changes in body composition in overweight women. <i>International Journal of Obesity</i> , 2003, 27, 95-102.	3.4	112
29	Dietary fats, teas, dairy, and nuts: potential functional foods for weight control? <i>American Journal of Clinical Nutrition</i> , 2005, 81, 7-15.	4.7	97
30	Greater rise in fat oxidation with medium-chain triglyceride consumption relative to long-chain triglyceride is associated with lower initial body weight and greater loss of subcutaneous adipose tissue. <i>International Journal of Obesity</i> , 2003, 27, 1565-1571.	3.4	96
31	The effectiveness of breakfast recommendations on weight loss: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 507-513.	4.7	96
32	Weight-loss diet that includes consumption of medium-chain triacylglycerol oil leads to a greater rate of weight and fat mass loss than does olive oil. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 621-626.	4.7	95
33	Prebiotic nut compounds and human microbiota. <i>Critical Reviews in Food Science and Nutrition</i> , 2017, 57, 3154-3163.	10.3	89
34	Body cell mass: model development and validation at the cellular level of body composition. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 286, E123-E128.	3.5	88
35	Relationship between body composition changes and changes in physical function and metabolic risk factors in aging. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2005, 8, 523-8.	2.5	80
36	Alterations in sleep architecture in response to experimental sleep curtailment are associated with signs of positive energy balance. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2012, 303, R883-R889.	1.8	78

#	ARTICLE	IF	CITATIONS
37	Increased Sweetened Beverage Intake Is Associated with Reduced Milk and Calcium Intake in 3- to 7-Year-Old Children at Multi-Item Laboratory Lunches. <i>Journal of the American Dietetic Association</i> , 2009, 109, 497-501.	1.1	77
38	Phytosterols in low- and nonfat beverages as part of a controlled diet fail to lower plasma lipid levels. <i>Journal of Lipid Research</i> , 2003, 44, 1713-1719.	4.2	71
39	Mediterranean diet pattern and sleep duration and insomnia symptoms in the Multi-Ethnic Study of Atherosclerosis. <i>Sleep</i> , 2018, 41, .	1.1	71
40	Phytosterols and human lipid metabolism: efficacy, safety, and novel foods. <i>Lipids</i> , 2003, 38, 367-375.	1.7	70
41	Experimental sleep curtailment causes wake-dependent increases in 24-h energy expenditure as measured by whole-room indirect calorimetry. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 1433-1439.	4.7	70
42	Medium Chain Triglyceride Oil Consumption as Part of a Weight Loss Diet Does Not Lead to an Adverse Metabolic Profile When Compared to Olive Oil. <i>Journal of the American College of Nutrition</i> , 2008, 27, 547-552.	1.8	68
43	Ginger consumption enhances the thermic effect of food and promotes feelings of satiety without affecting metabolic and hormonal parameters in overweight men: A pilot study. <i>Metabolism: Clinical and Experimental</i> , 2012, 61, 1347-1352.	3.4	68
44	Consumption of a Functional Oil Rich in Phytosterols and Medium-Chain Triglyceride Oil Improves Plasma Lipid Profiles in Men. <i>Journal of Nutrition</i> , 2003, 133, 1815-1820.	2.9	67
45	Increased Food Intake by Insufficient Sleep in Humans: Are We Jumping the Gun on the Hormonal Explanation?. <i>Frontiers in Endocrinology</i> , 2014, 5, 116.	3.5	65
46	Sleep Regularity and Cardiometabolic Health: Is Variability in Sleep Patterns a Risk Factor for Excess Adiposity and Glycemic Dysregulation?. <i>Current Diabetes Reports</i> , 2020, 20, 38.	4.2	65
47	Impact of medium and long chain triglycerides consumption on appetite and food intake in overweight men. <i>European Journal of Clinical Nutrition</i> , 2014, 68, 1134-1140.	2.9	63
48	Human Cortical Specialization for Food: a Functional Magnetic Resonance Imaging Investigation. <i>Journal of Nutrition</i> , 2005, 135, 1014-1018.	2.9	62
49	Measures of Poor Sleep Quality Are Associated With Higher Energy Intake and Poor Diet Quality in a Diverse Sample of Women From the Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2020, 9, e014587.	3.7	60
50	Sleep and Diet: Mounting Evidence of a Cyclical Relationship. <i>Annual Review of Nutrition</i> , 2021, 41, 309-332.	10.1	59
51	Gender Differences in the Association between Sleep Duration and Body Composition: The Cardia Study. <i>International Journal of Endocrinology</i> , 2010, 2010, 1-8.	1.5	58
52	High glycemic index and glycemic load diets as risk factors for insomnia: analyses from the Women's Health Initiative. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 429-439.	4.7	57
53	Dual-energy X-ray absorptiometry lean soft tissue hydration: independent contributions of intra- and extracellular water. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 287, E842-E847.	3.5	56
54	Sleep disturbances, body fat distribution, food intake and/or energy expenditure: pathophysiological aspects. <i>Hormone Molecular Biology and Clinical Investigation</i> , 2014, 17, 29-37.	0.7	54

#	ARTICLE	IF	CITATIONS
55	Consumption of an oil composed of medium chain triacylglycerols, phytosterols, and n-3 fatty acids improves cardiovascular risk profile in overweight women. <i>Metabolism: Clinical and Experimental</i> , 2003, 52, 771-777.	3.4	53
56	Sleep duration and disorders in pregnancy: implications for glucose metabolism and pregnancy outcomes. <i>International Journal of Obesity</i> , 2013, 37, 765-770.	3.4	53
57	Delayed sleep timing is associated with low levels of free-living physical activity in normal sleeping adults. <i>Sleep Medicine</i> , 2014, 15, 1586-1589.	1.6	53
58	Effects of Inadequate Sleep on Blood Pressure and Endothelial Inflammation in Women: Findings From the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2018, 7, .	3.7	52
59	Body-composition differences between African American and white women: relation to resting energy requirements. <i>American Journal of Clinical Nutrition</i> , 2004, 79, 780-786.	4.7	51
60	Added thermogenic and satiety effects of a mixed nutrient vs a sugar-only beverage. <i>International Journal of Obesity</i> , 2004, 28, 248-253.	3.4	51
61	A New Hand-Held Indirect Calorimeter to Measure Postprandial Energy Expenditure. <i>Obesity</i> , 2004, 12, 704-709.	4.0	50
62	Reciprocal Roles of Sleep and Diet in Cardiovascular Health: a Review of Recent Evidence and a Potential Mechanism. <i>Current Atherosclerosis Reports</i> , 2019, 21, 11.	4.8	50
63	Rate of Weight Loss Can Be Predicted by Patient Characteristics and Intervention Strategies. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 75-80.	0.8	48
64	Circadian rhythms and meal timing: impact on energy balance and body weight. <i>Current Opinion in Biotechnology</i> , 2021, 70, 1-6.	6.6	48
65	Association of sleep characteristics with cardiovascular health among women and differences by race/ethnicity and menopausal status: findings from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Sleep Health</i> , 2019, 5, 501-508.	2.5	45
66	The Role of Sleep in the Control of Food Intake. <i>American Journal of Lifestyle Medicine</i> , 2014, 8, 371-374.	1.9	44
67	Association between diet quality and sleep apnea in the Multi-Ethnic Study of Atherosclerosis. <i>Sleep</i> , 2019, 42, .	1.1	40
68	Variability in Sleep Patterns: an Emerging Risk Factor for Hypertension. <i>Current Hypertension Reports</i> , 2020, 22, 19.	3.5	38
69	Fasting plasma adipon concentrations correlate with fat consumption in human females. <i>Obesity</i> , 2014, 22, 1056-1063.	3.0	36
70	Inverse association between carbohydrate consumption and plasma adipon concentrations in humans. <i>Obesity</i> , 2016, 24, 1731-1740.	3.0	36
71	Dual-Energy X-Ray Absorptiometry-Measured Lean Soft Tissue Mass: Differing Relation to Body Cell Mass Across the Adult Life Span. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2004, 59, B796-B800.	3.6	33
72	High-Milk Supplementation with Healthy Diet Counseling Does not Affect Weight Loss but Ameliorates Insulin Action Compared with Low-Milk Supplementation in Overweight Children. <i>Journal of Nutrition</i> , 2009, 139, 933-938.	2.9	33

#	ARTICLE	IF	CITATIONS
73	Sleep and meal timing influence food intake and its hormonal regulation in healthy adults with overweight/obesity. <i>European Journal of Clinical Nutrition</i> , 2019, 72, 76-82.	2.9	33
74	Plant-Based Diets: Reducing Cardiovascular Risk by Improving Sleep Quality?. <i>Current Sleep Medicine Reports</i> , 2018, 4, 74-78.	1.4	31
75	Supplementation with Soy-Protein-Rich Foods Does Not Enhance Weight Loss. <i>Journal of the American Dietetic Association</i> , 2007, 107, 500-505.	1.1	30
76	A Mediterranean Dietary Pattern Predicts Better Sleep Quality in US Women from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Nutrients</i> , 2020, 12, 2830.	4.1	29
77	A Weight-Loss Diet Including Coffee-Derived Manno oligosaccharides Enhances Adipose Tissue Loss in Overweight Men but Not Women. <i>Obesity</i> , 2012, 20, 343-348.	3.0	28
78	Differential Responses of Plasma Adropin Concentrations To Dietary Glucose or Fructose Consumption In Humans. <i>Scientific Reports</i> , 2015, 5, 14691.	3.3	28
79	Coffee Manno oligosaccharides, Consumed As Part of a Free-Living, Weight-Maintaining Diet, Increase the Proportional Reduction in Body Volume in Overweight Men. <i>Journal of Nutrition</i> , 2010, 140, 1943-1948.	2.9	26
80	Overweight and Obesity Status Are Linked to Lower Life Expectancy. <i>Nutrition Reviews</i> , 2003, 61, 313-316.	5.8	25
81	No effects of short-term sleep restriction, in a controlled feeding setting, on lipid profiles in normal-weight adults. <i>Journal of Sleep Research</i> , 2013, 22, 717-720.	3.2	25
82	Total body water and its compartments are not affected by ingesting a moderate dose of caffeine in healthy young adult males. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 626-632.	1.9	25
83	Effect of Physical Activity, Smoking, and Sleep on Telomere Length: A Systematic Review of Observational and Intervention Studies. <i>Journal of Clinical Medicine</i> , 2022, 11, 76.	2.4	25
84	Snack chips fried in corn oil alleviate cardiovascular disease risk factors when substituted for low-fat or high-fat snacks. <i>American Journal of Clinical Nutrition</i> , 2007, 85, 1503-1510.	4.7	24
85	Effects of a lifestyle intervention on REM sleep-related OSA severity in obese individuals with type 2 diabetes. <i>Journal of Sleep Research</i> , 2017, 26, 747-755.	3.2	24
86	Diet Composition and Objectively Assessed Sleep Quality: A Narrative Review. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022, 122, 1182-1195.	0.8	24
87	Sleep Extension in Short Sleepers: An Evaluation of Feasibility and Effectiveness for Weight Management and Cardiometabolic Disease Prevention. <i>Frontiers in Endocrinology</i> , 2018, 9, 392.	3.5	23
88	Variability in Daily Eating Patterns and Eating Jetlag Are Associated With Worsened Cardiometabolic Risk Profiles in the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2021, 10, e022024.	3.7	23
89	Postprandial thermogenesis and substrate oxidation are unaffected by sleep restriction. <i>International Journal of Obesity</i> , 2014, 38, 1153-1158.	3.4	22
90	Habitual Nightly Fasting Duration, Eating Timing, and Eating Frequency are Associated with Cardiometabolic Risk in Women. <i>Nutrients</i> , 2020, 12, 3043.	4.1	20

#	ARTICLE	IF	CITATIONS
91	The diverse nature of saturated fats and the case of medium-chain triglycerides. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2016, 19, 81-87.	2.5	18
92	Characterization and Comparison of Nutritional Intake between Preparatory and Competitive Phase of Highly Trained Athletes. <i>Medicina (Lithuania)</i> , 2018, 54, 41.	2.0	18
93	Evening Chronotype Is Associated with Poorer Habitual Diet in US Women, with Dietary Energy Density Mediating a Relation of Chronotype with Cardiovascular Health. <i>Journal of Nutrition</i> , 2021, 151, 1150-1158.	2.9	18
94	Sleep and circadian rhythms: pillars of health—a Keystone Symposia report. <i>Annals of the New York Academy of Sciences</i> , 2021, 1506, 18-34.	3.8	18
95	Increased energy intake following sleep restriction in men and women: A one-size-fits-all conclusion?. <i>Obesity</i> , 2017, 25, 989-992.	3.0	17
96	Mild sleep restriction increases 24-hour ambulatory blood pressure in premenopausal women with no indication of mediation by psychological effects. <i>American Heart Journal</i> , 2020, 223, 12-22.	2.7	17
97	Sleep restriction and testosterone concentrations in young healthy males: randomized controlled studies of acute and chronic short sleep. <i>Sleep Health</i> , 2019, 5, 580-586.	2.5	16
98	Plant-based diets: Reducing cardiovascular risk by improving sleep quality?. <i>Current Sleep Medicine Reports</i> , 2018, 4, 74-78.	1.4	16
99	Sleep Architecture Following a Weight Loss Intervention in Overweight and Obese Patients with Obstructive Sleep Apnea and Type 2 Diabetes: Relationship to Apnea-Hypopnea Index. <i>Journal of Clinical Sleep Medicine</i> , 2014, 10, 1205-1211.	2.6	15
100	A sipometer for measuring motivation to consume and reward value of foods and beverages in humans: Description and proof of principle. <i>Physiology and Behavior</i> , 2017, 171, 216-227.	2.1	15
101	Four-Compartment Cellular Level Body Composition Model: Comparison of Two Approaches. <i>Obesity</i> , 2005, 13, 58-65.	4.0	13
102	Phytosterols in nonfat and low-fat beverages have no impact on the LDL size phenotype. <i>European Journal of Clinical Nutrition</i> , 2005, 59, 801-804.	2.9	13
103	Greater resting energy expenditure and lower respiratory quotient after 1 week of supplementation with milk relative to supplementation with a sugar-only beverage in children. <i>Metabolism: Clinical and Experimental</i> , 2007, 56, 1699-1707.	3.4	13
104	Baseline Serum C-Reactive Protein Is Associated with Lipid Responses to Low-Fat and High-Polyunsaturated Fat Diets. <i>Journal of Nutrition</i> , 2009, 139, 680-683.	2.9	13
105	Are Normal-Weight Americans Overfat?. <i>Obesity</i> , 2010, 18, 2067-2068.	3.0	13
106	Associations of sleep disturbance and duration with metabolic risk factors in obese persons with type 2 diabetes: data from the Sleep AHEAD Study. <i>Nature and Science of Sleep</i> , 2012, 4, 143.	2.7	12
107	Sleep and meal-time misalignment alters functional connectivity: a pilot resting-state study. <i>International Journal of Obesity</i> , 2016, 40, 1813-1816.	3.4	11
108	Pilot study of sleep and meal timing effects, independent of sleep duration and food intake, on insulin sensitivity in healthy individuals. <i>Sleep Health</i> , 2018, 4, 33-39.	2.5	11

#	ARTICLE	IF	CITATIONS
109	Actigraphy-Derived Sleep Is Associated with Eating Behavior Characteristics. <i>Nutrients</i> , 2021, 13, 852.	4.1	11
110	Intramyocellular lipid content is lower with a low-fat diet than with high-fat diets, but that may not be relevant for health. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 1316-1322.	4.7	10
111	Sleep Restriction in Adolescents: Forging the Path Towards Obesity and Diabetes?. <i>Sleep</i> , 2013, 36, 813-814.	1.1	10
112	Impact of change in bedtime variability on body composition and inflammation: secondary findings from the Go Red for Women Strategically Focused Research Network. <i>International Journal of Obesity</i> , 2020, 44, 1803-1806.	3.4	10
113	Does sex influence the effects of experimental sleep curtailment and circadian misalignment on regulation of appetite?. <i>Current Opinion in Endocrine and Metabolic Research</i> , 2021, 17, 20-25.	1.4	9
114	IAAT, Catecholamines, and Parity in African-American and European-American Women. <i>Obesity</i> , 2008, 16, 797-803.	3.0	8
115	Impact of sleep duration on food intake regulation: Different mechanisms by sex?. <i>Obesity</i> , 2016, 24, 11-11.	3.0	8
116	Effects of Continuous Positive Airway Pressure on Body Composition in Individuals with Obstructive Sleep Apnea: A Non-Randomized, Matched Before-After Study. <i>Journal of Clinical Medicine</i> , 2019, 8, 1195.	2.4	8
117	Go Red for Women Strategically Focused Research Network: Summary of Findings and Network Outcomes. <i>Journal of the American Heart Association</i> , 2021, 10, e019519.	3.7	8
118	The Role of Sleep Duration on Energy Balance: an Update. <i>Current Nutrition Reports</i> , 2016, 5, 278-285.	4.3	7
119	Weight Loss Is Integral to Obstructive Sleep Apnea Management. Ten-Year Follow-up in Sleep AHEAD. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2021, 203, 161-162.	5.6	7
120	Usefulness of Artificial Sweeteners for Body Weight Control. <i>Nutrition Reviews</i> , 2003, 61, 219-221.	5.8	6
121	Information on Bedtimes and Wake Times Improves the Relation Between Self-Reported and Objective Assessments of Sleep in Adults. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 1031-1036.	2.6	6
122	Baseline inflammatory markers do not modulate the lipid response to weight loss. <i>Metabolism: Clinical and Experimental</i> , 2008, 57, 598-604.	3.4	5
123	Bioactivity and emerging role of short and medium chain fatty acids. <i>Lipid Technology</i> , 2010, 22, 266-269.	0.3	5
124	Saturated Fat and Cardiovascular Disease: A Review of Current Evidence. <i>Current Cardiovascular Risk Reports</i> , 2013, 7, 154-162.	2.0	5
125	Effects of CPAP on energy expenditure in obese obstructive sleep apnoea patients: A pilot study. <i>Obesity Research and Clinical Practice</i> , 2015, 9, 618-621.	1.8	5
126	Can Healthy Sleep Improve Long-Term Bariatric Surgery Outcomes? Results of a Pilot Study and Call for Further Research. <i>Obesity</i> , 2019, 27, 1769-1771.	3.0	5



#	ARTICLE	IF	CITATIONS
127	A coconut oil-rich meal does not enhance thermogenesis compared to corn oil in a randomized trial in obese adolescents. , 2017, 1, 30-36.		4
128	Intuitive and mindful eating to improve physiological health parameters: a short narrative review of intervention studies. Journal of Complementary and Integrative Medicine, 2022, .	0.9	4
129	Variable Eating Patterns: A Potential Novel Risk Factor for Systemic Inflammation in Women. Annals of Behavioral Medicine, 2023, 57, 93-97.	2.9	4
130	Coffee Consumption and Body Weight Regulation. , 2015, , 499-506.		3
131	Fatty Acids in Corn Oil. , 2016, , 131-140.		3
132	Effects of continuous positive airway pressure on energy intake in obstructive sleep apnea: A pilot sham-controlled study. Physiology and Behavior, 2016, 167, 399-403.	2.1	2
133	The Influence of Diet on Sleep. , 2020, , 205-215.		2
134	Science dialogue mapping of knowledge and knowledge gaps related to the effects of dairy intake on human cardiovascular health and disease. Critical Reviews in Food Science and Nutrition, 2021, 61, 179-195.	10.3	2
135	Response to Hudgel: Poor diet, poor sleep in sleep apnea, which is the cart and which is the horse?. Sleep, 2019, 42, .	1.1	1
136	Sustained Mild Sleep Restriction Increases Blood Pressure in Women. Hypertension, 2021, 77, e50-e52.	2.7	1
137	Abstract P292: Almond Consumption Increases Satiety Hormones Relative to a High-Carbohydrate Food but Has Minimal Impact on Body Composition: A Pilot Study in Black and Hispanic Adults. Circulation, 2019, 139, .	1.6	1
138	Abstract MP19: Impact of Change in Bedtime Variability on Body Composition: Secondary Findings From the Go Red for Women Strategically Focused Research Network. Circulation, 2020, 141, .	1.6	1
139	Abstract 13175: Social Jet Lag in Eating Patterns as a Marker of Meal Timing Variability is Associated With Elevated Cardiometabolic Risk in the AHA Go Red for Women Strategically Focused Research Network. Circulation, 2020, 142, .	1.6	1
140	Preventing insufficient sleep in adolescents: one step in helping them achieve a healthy lifestyle?. Sleep, 2022, 45, .	1.1	1
141	Dietary Supplements and Functional Foods. Edited by Geoffrey P. Webb. Blackwell Publishing, Oxford, 2006, 242 pp., soft cover, \$79.99. Obesity Reviews, 2007, 8, 85-86.	6.5	0
142	Reply to N Herzog et al. American Journal of Clinical Nutrition, 2012, 95, 531-532.	4.7	0
143	Sleep Loss and Obesity: Intersecting Epidemics. Sleep, 2014, 37, 209-209.	1.1	0
144	The Role of Sleep in the Control of Feeding Behavior. , 2015, , 11-16.		0

#	ARTICLE	IF	CITATIONS
145	Napping: is it really a means by which short sleepers can have their cake and eat it too?. Journal of Emergency and Critical Care Medicine, 2019, 3, 24-24.	0.7	0
146	0007 The Role of Brown Fat Activation in Sleep Restriction and Obesity. Sleep, 2019, 42, A3-A3.	1.1	0
147	0063 Preliminary Examination of the Effects of Long-Term Sleep Restriction on Intrinsic Brain Circuitry. Sleep, 2019, 42, A26-A27.	1.1	0
148	Sleep and food intake. , 2019, , 243-255.		0
149	043 Sleep Restriction Affects Memory in Healthy Adults: Preliminary Findings. Sleep, 2021, 44, A18-A19.	1.1	0
150	105 Sleep Behaviors Are Differentially Associated with Eating Behavior Characteristics Based on Sex. Sleep, 2021, 44, A43-A43.	1.1	0
151	Sleep-Focused Interventions: Investigating the Effects of Sleep Restriction on Energy Balance. , 2014, , 205-235.		0
152	Abstract P271: Objectively Measured Sleep Phenotypes Are Associated With Cardiovascular Health in Men and Women: Results From the Multi-Ethnic Study of Atherosclerosis Sleep Study. Circulation, 2019, 139, .	1.6	0
153	Abstract P208: The Impact Of Circadian Misalignment On Energy Metabolism And Substrate Oxidation In Adults With Adequate Sleep. Circulation, 2022, 145, .	1.6	0
154	Diet as adjunctive therapy for sleep apnea risk: not only how much but also what to eat. Journal of Clinical Sleep Medicine, 2022, , .	2.6	0