## Ben Abderrahman Abderraouf

List of Publications by Year in descending order

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1478505 1199594 17 177 12 6 citations g-index h-index papers 17 17 17 257 docs citations times ranked citing authors all docs

#	Article	IF	Citations
1	Association between ACTN3 R577X genotype and risk of non-contact injury in trained athletes: A systematic review. Journal of Sport and Health Science, 2023, 12, 359-368.	6.5	8
2	The Effects of Exercise Training on Plasma Volume Variations: A Systematic Review. International Journal of Sports Medicine, 2023, 44, 406-419.	1.7	5
3	Effect of three fitness programs on strength, speed, flexibility and muscle power on sedentary subjects. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.7	2
4	Reliability and Validity of a New Taekwondo-Specific Change-of-Direction Speed Test With Striking Techniques in Elite Taekwondo Athletes: A Pilot Study. Frontiers in Physiology, 2022, 13, 774546.	2.8	3
5	Physical activity and adipokine levels in individuals with type 2 diabetes: A literature review and practical applications. Reviews in Endocrine and Metabolic Disorders, 2021, 22, 987-1011.	5.7	14
6	Physiological, perceptual responses, and strategy differences in age-group swimmers between heats and semi-finals in the 400 metres freestyle event. International Journal of Performance Analysis in Sport, 2021, 21, 953-964.	1.1	5
7	Effect of training at intensities around critical velocity on 400 meters front crawl performance in young swimmers. Journal of Sports Medicine and Physical Fitness, 2021, , .	0.7	2
8	Effects of Exercise Training on Bone Health Parameters in Individuals With Obesity: A Systematic Review and Meta-Analysis. Frontiers in Physiology, 2021, 12, 807110.	2.8	5
9	400 meters freestyle pacing strategy and race pace training in age-group swimmers Acta of Bioengineering and Biomechanics, 2021, 23, 191-197.	0.4	0
10	The Interplay Between Plasma Hormonal Concentrations, Physical Fitness, Workload and Mood State Changes to Periods of Congested Match Play in Professional Soccer Players. Frontiers in Physiology, 2020, 11, 835.	2.8	27
11	Effect of Ramadan fasting: Association with time of day on time-motion, technical aspect and psychophysiological response to simulated karate competition in young amateur competitors. International Journal of Sports Science and Coaching, 2020, 15, 195-203.	1.4	3
12	<p>Exercise Training and Fasting: Current Insights</p> . Open Access Journal of Sports Medicine, 2020, Volume 11, 1-28.	1.3	48
13	Supplementation of Adiantum capillus-veneris Modulates Alveolar Apoptosis under Hypoxia Condition in Wistar Rats Exposed to Exercise. Medicina (Lithuania), 2019, 55, 401.	2.0	3
14	Effects of a six-week period of congested match play on plasma volume variations, hematological parameters, training workload and physical fitness in elite soccer players. PLoS ONE, 2019, 14, e0219692.	2.5	25
15	Increase interval training intensity improves plasma volume variations and aerobic performances in response to intermittent exercise. Physiology and Behavior, 2019, 199, 137-145.	2.1	11
16	Somatotype Hormone Levels and Physical Fitness in Elite Young Soccer Players over a Two-Year Monitoring Period. Journal of Sports Science and Medicine, 2018, 17, 455-464.	1.6	8
17	The Effects of Preferred Music and Its Timing on Performance, Pacing, and Psychophysiological Responses During the 6â€min Test. Journal of Human Kinetics, 0, 82, 123-133.	1.5	8