

# Ben Abderrahman Abderraouf

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7828024/publications.pdf>

Version: 2024-02-01

17  
papers

177  
citations

1478505

6  
h-index

1199594

12  
g-index

17  
all docs

17  
docs citations

17  
times ranked

257  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | &lt;p&gt;Exercise Training and Fasting: Current Insights&lt;/p&gt;. Open Access Journal of Sports Medicine, 2020, Volume 11, 1-28.   | 1.3 | 48        |
| 2  | The Interplay Between Plasma Hormonal Concentrations, Physical Fitness, Workload and Mood State Changes to Periods of Congested Match Play in Professional Soccer Players. Frontiers in Physiology, 2020, 11, 835.   | 2.8 | 27        |
| 3  | Effects of a six-week period of congested match play on plasma volume variations, hematological parameters, training workload and physical fitness in elite soccer players. PLoS ONE, 2019, 14, e0219692.  | 2.5 | 25        |
| 4  | Physical activity and adipokine levels in individuals with type 2 diabetes: A literature review and practical applications. Reviews in Endocrine and Metabolic Disorders, 2021, 22, 987-1011.  | 5.7 | 14        |
| 5  | Increase interval training intensity improves plasma volume variations and aerobic performances in response to intermittent exercise. Physiology and Behavior, 2019, 199, 137-145.   | 2.1 | 11        |
| 6  | Association between ACTN3 R577X genotype and risk of non-contact injury in trained athletes: A systematic review. Journal of Sport and Health Science, 2023, 12, 359-368.  | 6.5 | 8         |
| 7  | Somatotype Hormone Levels and Physical Fitness in Elite Young Soccer Players over a Two-Year Monitoring Period. Journal of Sports Science and Medicine, 2018, 17, 455-464.   | 1.6 | 8         |
| 8  | The Effects of Preferred Music and Its Timing on Performance, Pacing, and Psychophysiological Responses During the 6â€min Test. Journal of Human Kinetics, 0, 82, 123-133.   | 1.5 | 8         |
| 9  | Physiological, perceptual responses, and strategy differences in age-group swimmers between heats and semi-finals in the 400 metres freestyle event. International Journal of Performance Analysis in Sport, 2021, 21, 953-964.                                  | 1.1 | 5         |
| 10 | The Effects of Exercise Training on Plasma Volume Variations: A Systematic Review. International Journal of Sports Medicine, 2023, 44, 406-419.  | 1.7 | 5         |
| 11 | Effects of Exercise Training on Bone Health Parameters in Individuals With Obesity: A Systematic Review and Meta-Analysis. Frontiers in Physiology, 2021, 12, 807110.  | 2.8 | 5         |
| 12 | Supplementation of Adiantum capillus-veneris Modulates Alveolar Apoptosis under Hypoxia Condition in Wistar Rats Exposed to Exercise. Medicina (Lithuania), 2019, 55, 401.   | 2.0 | 3         |
| 13 | Effect of Ramadan fasting: Association with time of day on time-motion, technical aspect and psychophysiological response to simulated karate competition in young amateur competitors. International Journal of Sports Science and Coaching, 2020, 15, 195-203. | 1.4 | 3         |
| 14 | Reliability and Validity of a New Taekwondo-Specific Change-of-Direction Speed Test With Striking Techniques in Elite Taekwondo Athletes: A Pilot Study. Frontiers in Physiology, 2022, 13, 774546.  | 2.8 | 3         |
| 15 | Effect of three fitness programs on strength, speed, flexibility and muscle power on sedentary subjects. Journal of Sports Medicine and Physical Fitness, 2022, 62, .  | 0.7 | 2         |
| 16 | Effect of training at intensities around critical velocity on 400 meters front crawl performance in young swimmers. Journal of Sports Medicine and Physical Fitness, 2021, , .   | 0.7 | 2         |
| 17 | 400 meters freestyle pacing strategy and race pace training in age-group swimmers.. Acta of Bioengineering and Biomechanics, 2021, 23, 191-197.  | 0.4 | 0         |