

# Jens Bangsbo

## List of Publications by Year in descending order

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131  
papers

7,099  
citations

47004

47  
h-index

64791

79  
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136  
all docs

136  
docs citations

136  
times ranked

5001  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Recreational football as a health promoting activity: a topical review. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 1-13.  | 2.9 | 414       |
| 2  | Anaerobic energy production and O <sub>2</sub> deficitâ€debt relationship during exhaustive exercise in humans.. <i>Journal of Physiology</i> , 1990, 422, 539-559.  | 2.9 | 265       |
| 3  | Effect of high intensity training on capillarization and presence of angiogenic factors in human skeletal muscle. <i>Journal of Physiology</i> , 2004, 557, 571-582.   | 2.9 | 209       |
| 4  | Muscle K <sup>+</sup> , Na <sup>+</sup> , and Cl <sup>-</sup> disturbances and Na <sup>+</sup> -K <sup>+</sup> pump inactivation: implications for fatigue. <i>Journal of Applied Physiology</i> , 2008, 104, 288-295.                       | 2.5 | 206       |
| 5  | Effect of high-intensity intermittent training on lactate and H <sup>+</sup> release from human skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 286, E245-E251.                                | 3.5 | 191       |
| 6  | Effect of muscle acidity on muscle metabolism and fatigue during intense exercise in man.. <i>Journal of Physiology</i> , 1996, 495, 587-596.  | 2.9 | 175       |
| 7  | Effect of two different intense training regimens on skeletal muscle ion transport proteins and fatigue development. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2007, 292, R1594-R1602.     | 1.8 | 171       |
| 8  | Muscle oxygen kinetics at onset of intense dynamic exercise in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2000, 279, R899-R906.   | 1.8 | 169       |
| 9  | Lactate and potassium fluxes from human skeletal muscle during and after intense, dynamic, knee extensor exercise. <i>Acta Physiologica Scandinavica</i> , 1990, 140, 147-159.   | 2.2 | 155       |
| 10 | Interstitial K <sup>+</sup> in human skeletal muscle during and after dynamic graded exercise determined by microdialysis. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2000, 278, R400-R406. | 1.8 | 142       |
| 11 | Muscular and pulmonary O <sub>2</sub> uptake kinetics during moderateâ€and highâ€intensity subâ€maximal kneeâ€extensor exercise in humans. <i>Journal of Physiology</i> , 2009, 587, 1843-1856.  | 2.9 | 141       |
| 12 | Effect of high-intensity exercise training on lactate/H <sup>+</sup> transport capacity in human skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 1999, 276, E255-E261.                               | 3.5 | 138       |
| 13 | Effects of high-intensity intermittent training on potassium kinetics and performance in human skeletal muscle. <i>Journal of Physiology</i> , 2004, 554, 857-870.   | 2.9 | 137       |
| 14 | Lactate and H <sup>+</sup> effluxes from human skeletal muscles during intense, dynamic exercise.. <i>Journal of Physiology</i> , 1993, 462, 115-133.  | 2.9 | 126       |
| 15 | Proâ€and antiâ€angiogenic factors in human skeletal muscle in response to acute exercise and training. <i>Journal of Physiology</i> , 2012, 590, 595-606.  | 2.9 | 125       |
| 16 | Muscle interstitial potassium kinetics during intense exhaustive exercise: effect of previous arm exercise. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2003, 285, R143-R148.                | 1.8 | 117       |
| 17 | Four weeks of speed endurance training reduces energy expenditure during exercise and maintains muscle oxidative capacity despite a reduction in training volume. <i>Journal of Applied Physiology</i> , 2009, 106, 73-80.                   | 2.5 | 114       |
| 18 | Caffeine intake improves intense intermittent exercise performance and reduces muscle interstitial potassium accumulation. <i>Journal of Applied Physiology</i> , 2011, 111, 1372-1379.  | 2.5 | 113       |

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|----|--|-----|-----------|
| 19 | Metabolic alkalosis reduces exercise-induced acidosis and potassium accumulation in human skeletal muscle interstitium. <i>Journal of Physiology</i> , 2005, 566, 481-489.   | 2.9 | 111       |
| 20 | Effect of 2-wk intensified training and inactivity on muscle Na <sup>+</sup> -K <sup>+</sup> pump expression, phospholemman (FXD1) phosphorylation, and performance in soccer players. <i>Journal of Applied Physiology</i> , 2010, 108, 898-905.  | 2.5 | 104       |
| 21 | Beneficial effects of recreational football on the cardiovascular risk profile in untrained premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 40-49.  | 2.9 | 99        |
| 22 | Reduced volume but increased training intensity elevates muscle Na <sup>+</sup> -K <sup>+</sup> pump $\beta$ -subunit and NHE1 expression as well as short-term work capacity in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2008, 294, R966-R974. | 1.8 | 97        |
| 23 | Performance enhancements and muscular adaptations of a 16-week recreational football intervention for untrained women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 24-30.  | 2.9 | 94        |
| 24 | Speed endurance training is a powerful stimulus for physiological adaptations and performance improvements of athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 11-23.   | 2.9 | 87        |
| 25 | Reduced volume and increased training intensity elevate muscle Na <sup>+</sup> -K <sup>+</sup> pump $\beta$ -subunit expression as well as short- and long-term work capacity in humans. <i>Journal of Applied Physiology</i> , 2009, 107, 1771-1780.  | 2.5 | 86        |
| 26 | Lactate transport studied in sarcolemmal giant vesicles from human muscle biopsies: relation to training status. <i>Journal of Applied Physiology</i> , 1994, 77, 1858-1862.   | 2.5 | 85        |
| 27 | $\dot{V}E_{O_2}$ Kinetics and Performance in Soccer Players after Intense Training and Inactivity. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 1716-1724.   | 0.4 | 85        |
| 28 | Effect of team sports and resistance training on physical function, quality of life, and motivation in older adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 852-864.  | 2.9 | 85        |
| 29 | Metabolic stress-dependent regulation of the mitochondrial biogenic molecular response to high-intensity exercise in human skeletal muscle. <i>Journal of Physiology</i> , 2018, 596, 2823-2840.   | 2.9 | 84        |
| 30 | Passive leg movement enhances interstitial VEGF protein, endothelial cell proliferation, and eNOS mRNA content in human skeletal muscle. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2008, 294, R975-R982.   | 1.8 | 81        |
| 31 | Intense intermittent exercise provides weak stimulus for vascular endothelial growth factor secretion and capillary growth in skeletal muscle. <i>Experimental Physiology</i> , 2013, 98, 585-597.   | 2.0 | 81        |
| 32 | Recruitment of fibre types and quadriceps muscle portions during repeated, intense knee-extensor exercise in humans. <i>Pflügers Archiv European Journal of Physiology</i> , 2004, 449, 56-65.   | 2.8 | 77        |
| 33 | Exercise and exercise training-induced increase in autophagy markers in human skeletal muscle. <i>Physiological Reports</i> , 2018, 6, e13651.   | 1.7 | 75        |
| 34 | The effect of passive movement training on angiogenic factors and capillary growth in human skeletal muscle. <i>Journal of Physiology</i> , 2010, 588, 3833-3845.  | 2.9 | 72        |
| 35 | Limitations in intense exercise performance of athletes – effect of speed endurance training on ion handling and fatigue development. <i>Journal of Physiology</i> , 2017, 595, 2897-2913.   | 2.9 | 68        |
| 36 | Neuromuscular blockade of slow twitch muscle fibres elevates muscle oxygen uptake and energy turnover during submaximal exercise in humans. <i>Journal of Physiology</i> , 2008, 586, 6037-6048.   | 2.9 | 66        |

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|----|--|-----|-----------|
| 37 | Increased <i>FXR1</i> and <i>PGC1<math>\alpha</math></i> mRNA after blood flow-restricted running is related to fibre type-specific AMPK signalling and oxidative stress in human muscle. <i>Acta Physiologica</i> , 2018, 223, e13045.                    | 3.8 | 63        |
| 38 | Effect of Additional Speed Endurance Training on Performance and Muscle Adaptations. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 1942-1948.   | 0.4 | 61        |
| 39 | Concurrent speed endurance and resistance training improves performance, running economy, and muscle NHE1 in moderately trained runners. <i>Journal of Applied Physiology</i> , 2014, 117, 1097-1109.  | 2.5 | 61        |
| 40 | Effects of high-intensity training on cardiovascular risk factors in premenopausal and postmenopausal women. <i>American Journal of Obstetrics and Gynecology</i> , 2017, 216, 384.e1-384.e11.   | 1.3 | 58        |
| 41 | The 10-20-30 training concept improves performance and health profile in moderately trained runners. <i>Journal of Applied Physiology</i> , 2012, 113, 16-24.  | 2.5 | 56        |
| 42 | Performance in sports – With specific emphasis on the effect of intensified training. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, 88-99.   | 2.9 | 56        |
| 43 | Football as a treatment for hypertension in untrained 30-55-year-old men: a prospective randomized study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 98-102.  | 2.9 | 55        |
| 44 | $\beta_2$ -Adrenergic stimulation enhances $Ca^{2+}$ release and contractile properties of skeletal muscles, and counteracts exercise-induced reductions in $Na^+K^+ATPase$ $V_{max}$ in trained men. <i>Journal of Physiology</i> , 2014, 592, 5445-5459. | 2.9 | 55        |
| 45 | Effects of acute and 2-week administration of oral salbutamol on exercise performance and muscle strength in athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016, 26, 8-16.   | 2.9 | 55        |
| 46 | Subcellular localization and mechanism of secretion of vascular endothelial growth factor in human skeletal muscle. <i>FASEB Journal</i> , 2013, 27, 3496-3504.  | 0.5 | 52        |
| 47 | Localization and function of ATP-sensitive potassium channels in human skeletal muscle. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2003, 284, R558-R563.  | 1.8 | 51        |
| 48 | High-dose inhaled terbutaline increases muscle strength and enhances maximal sprint performance in trained men. <i>European Journal of Applied Physiology</i> , 2014, 114, 2499-2508.  | 2.5 | 47        |
| 49 | Resveratrol modulates the angiogenic response to exercise training in skeletal muscles of aged men. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2014, 307, H1111-H1119.   | 3.2 | 47        |
| 50 | Early Postmenopausal Phase Is Associated With Reduced Prostacyclin-Induced Vasodilation That Is Reversed by Exercise Training. <i>Hypertension</i> , 2016, 68, 1011-1020.  | 2.7 | 46        |
| 51 | $\beta_2$ -Adrenoceptor agonist salbutamol increases protein turnover rates and alters signalling in skeletal muscle after resistance exercise in young men. <i>Journal of Physiology</i> , 2018, 596, 4121-4139.  | 2.9 | 46        |
| 52 | Cycling with blood flow restriction improves performance and muscle $K^+$ regulation and alters the effect of antioxidant infusion in humans. <i>Journal of Physiology</i> , 2019, 597, 2421-2444.   | 2.9 | 46        |
| 53 | Biomarkers of vascular function in premenopausal and recent postmenopausal women of similar age: effect of exercise training. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2014, 306, R510-R517.            | 1.8 | 45        |
| 54 | Combined inhalation of $\beta_2$ -agonists improves swim ergometer sprint performance but not high-intensity swim performance. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 814-822.  | 2.9 | 44        |

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|----|--|-----|-----------|
| 55 | Adaptations to Speed Endurance Training in Highly Trained Soccer Players. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 1355-1364.  | 0.4 | 44        |
| 56 | High-intensity exercise training enhances mitochondrial oxidative phosphorylation efficiency in a temperature-dependent manner in human skeletal muscle: implications for exercise performance. <i>FASEB Journal</i> , 2019, 33, 8976-8989.  | 0.5 | 44        |
| 57 | Effect of intensified training on muscle ion kinetics, fatigue development, and repeated short-term performance in endurance-trained cyclists. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013, 305, R811-R821.                     | 1.8 | 42        |
| 58 | Chronic $\beta_2$ -adrenoceptor agonist treatment alters muscle proteome and functional adaptations induced by high intensity training in young men. <i>Journal of Physiology</i> , 2018, 596, 231-252.  | 2.9 | 41        |
| 59 | Training with blood flow restriction increases femoral artery diameter and thigh oxygen delivery during knee extensor exercise in recreationally trained men. <i>Journal of Physiology</i> , 2020, 598, 2337-2353.   | 2.9 | 41        |
| 60 | Neuromuscular Fatigue and Metabolism during High-Intensity Intermittent Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 1642-1652.  | 0.4 | 39        |
| 61 | Caffeine, but not bicarbonate, improves 6 min maximal performance in elite rowers. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014, 39, 1058-1063.  | 1.9 | 38        |
| 62 | Mechanisms underlying enhancements in muscle force and power output during maximal cycle ergometer exercise induced by chronic $\beta_2$ -adrenergic stimulation in men. <i>Journal of Applied Physiology</i> , 2015, 119, 475-486.  | 2.5 | 38        |
| 63 | A short period of high-intensity interval training improves skeletal muscle mitochondrial function and pulmonary oxygen uptake kinetics. <i>Journal of Applied Physiology</i> , 2016, 120, 1319-1327.  | 2.5 | 36        |
| 64 | Elevated muscle acidity and energy production during exhaustive exercise in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 1992, 263, R891-R899.  | 1.8 | 35        |
| 65 | Fibre type-specific change in FXD1 phosphorylation during acute intense exercise in humans. <i>Journal of Physiology</i> , 2013, 591, 1523-1533.   | 2.9 | 34        |
| 66 | Executive summary: Football for health – prevention and treatment of non-communicable diseases across the lifespan through football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 147-150.  | 2.9 | 34        |
| 67 | Inhaled Beta2-Agonist Increases Power Output and Glycolysis during Sprinting in Men. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 39-48.   | 0.4 | 34        |
| 68 | Hypertrophic effect of inhaled beta <sub>2</sub> -agonist with and without concurrent exercise training: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 2114-2122.   | 2.9 | 33        |
| 69 | Leg vascular and skeletal muscle mitochondrial adaptations to aerobic high-intensity exercise training are enhanced in the early postmenopausal phase. <i>Journal of Physiology</i> , 2017, 595, 2969-2983.  | 2.9 | 32        |
| 70 | The “Football is Medicine” platform – scientific evidence, large-scale implementation of evidence-based concepts and future perspectives. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 3-7.   | 2.9 | 31        |
| 71 | Impact of adrenaline and metabolic stress on exercise-induced intracellular signaling and PGC1 $\alpha$ mRNA response in human skeletal muscle. <i>Physiological Reports</i> , 2016, 4, e12844.  | 1.7 | 30        |
| 72 | Effect of formoterol, a long-acting $\beta_2$ -adrenergic agonist, on muscle strength and power output, metabolism, and fatigue during maximal sprinting in men. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2016, 310, R1312-R1321. | 1.8 | 30        |

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|----|--|-----|-----------|
| 73 | Combined speed endurance and endurance exercise amplify the exercise-induced PGC1 $\alpha$ and PDK4 mRNA response in trained human muscle. <i>Physiological Reports</i> , 2016, 4, e12864.   | 1.7 | 28        |
| 74 | The effect of exercise and beta <sub>2</sub> -adrenergic stimulation on glutathionylation and function of the Na,K-ATPase in human skeletal muscle. <i>Physiological Reports</i> , 2015, 3, e12515.                                  | 1.7 | 27        |
| 75 | Effect of speed endurance and strength training on performance, running economy and muscular adaptations in endurance-trained runners. <i>European Journal of Applied Physiology</i> , 2016, 116, 1331-1341.                         | 2.5 | 27        |
| 76 | Relationship between performance at different exercise intensities and skeletal muscle characteristics. <i>Journal of Applied Physiology</i> , 2011, 110, 1555-1563.   | 2.5 | 26        |
| 77 | Adaptations with Intermittent Exercise Training in Post- and Premenopausal Women. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 96-105.   | 0.4 | 26        |
| 78 | Blood flow-restricted training enhances thigh glucose uptake during exercise and muscle antioxidant function in humans. <i>Metabolism: Clinical and Experimental</i> , 2019, 98, 1-15.   | 3.4 | 26        |
| 79 | Exercise-induced increase in maximal in vitro Na-K-ATPase activity in human skeletal muscle. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013, 304, R1161-R1165.                     | 1.8 | 25        |
| 80 | Effect of inhaled terbutaline on substrate utilization and 300-kcal time trial performance. <i>Journal of Applied Physiology</i> , 2014, 117, 1180-1187.   | 2.5 | 24        |
| 81 | Feasibility of high-intensity training in asthma. <i>European Clinical Respiratory Journal</i> , 2018, 5, 1468714.   | 1.5 | 24        |
| 82 | Beta2-adrenergic stimulation increases energy expenditure at rest, but not during submaximal exercise in active overweight men. <i>European Journal of Applied Physiology</i> , 2017, 117, 1907-1915.                                | 2.5 | 23        |
| 83 | Effects of long-term football training on the expression profile of genes involved in muscle oxidative metabolism. <i>Molecular and Cellular Probes</i> , 2015, 29, 43-47.   | 2.1 | 22        |
| 84 | Effect of floorball training on blood lipids, body composition, muscle strength, and functional capacity of elderly men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1489-1499.                        | 2.9 | 22        |
| 85 | In-season adaptations to intense intermittent training and sprint interval training in sub-elite football players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 669-677.                                | 2.9 | 22        |
| 86 | Protein kinase C $\delta$ activity is important for contraction-induced FXD1 phosphorylation in skeletal muscle. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2011, 301, R1808-R1814. | 1.8 | 21        |
| 87 | Infusion of ATP increases leg oxygen delivery but not oxygen uptake in the initial phase of intense knee extensor exercise in humans. <i>Experimental Physiology</i> , 2014, 99, 1399-1408.  | 2.0 | 20        |
| 88 | Unchanged content of oxidative enzymes in fast-twitch muscle fibers and V $\dot{E}$ TMO <sub>2</sub> kinetics after intensified training in trained cyclists. <i>Physiological Reports</i> , 2015, 3, e12428.                        | 1.7 | 20        |
| 89 | Effect of speed endurance training and reduced training volume on running economy and single muscle fiber adaptations in trained runners. <i>Physiological Reports</i> , 2018, 6, e13601.  | 1.7 | 20        |
| 90 | Abundance of ClC-1 chloride channel in human skeletal muscle: fiber type specific differences and effect of training. <i>Journal of Applied Physiology</i> , 2018, 125, 470-478.   | 2.5 | 20        |

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|-----|--|-----|-----------|
| 91  | High-intensity exercise training ameliorates aberrant expression of markers of mitochondrial turnover but not oxidative damage in skeletal muscle of men with essential hypertension. <i>Acta Physiologica</i> , 2019, 225, e13208.                              | 3.8 | 20        |
| 92  | Beta <sub>2</sub> -adrenergic agonist clenbuterol increases energy expenditure and fat oxidation, and induces mTOR phosphorylation in skeletal muscle of young healthy men. <i>Drug Testing and Analysis</i> , 2020, 12, 610-618.                                | 2.6 | 20        |
| 93  | Intensive training and reduced volume increases muscle FXD1 expression and phosphorylation at rest and during exercise in athletes. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2016, 310, R659-R669.            | 1.8 | 19        |
| 94  | Muscle Ionic Shifts During Exercise: Implications for Fatigue and Exercise Performance. , 2021, 11, 1895-1959.   |     | 19        |
| 95  | Urine concentrations of oral salbutamol in samples collected after intense exercise in endurance athletes. <i>Drug Testing and Analysis</i> , 2014, 6, 528-532.  | 2.6 | 18        |
| 96  | Effect of increased and maintained frequency of speed endurance training on performance and muscle adaptations in runners. <i>Journal of Applied Physiology</i> , 2017, 122, 48-59.  | 2.5 | 18        |
| 97  | Cold-water immersion after training sessions: effects on fiber type-specific adaptations in muscle K <sup>+</sup> transport proteins to sprint-interval training in men. <i>Journal of Applied Physiology</i> , 2018, 125, 429-444.                              | 2.5 | 18        |
| 98  | β <sub>2</sub> -Adrenergic agonist salbutamol augments hypertrophy in MHCIIa fibers and sprint mean power output but not muscle force during 11 weeks of resistance training in young men. <i>Journal of Applied Physiology</i> , 2021, 130, 617-626.            | 2.5 | 17        |
| 99  | Inclusion of sprints in moderate intensity continuous training leads to muscle oxidative adaptations in trained individuals. <i>Physiological Reports</i> , 2019, 7, e13976.   | 1.7 | 16        |
| 100 | High-intensity interval training remodels the proteome and acetylome of human skeletal muscle. <i>ELife</i> , 0, 11, .   | 6.0 | 16        |
| 101 | Angiogenic potential is reduced in skeletal muscle of aged women. <i>Journal of Physiology</i> , 2020, 598, 5149-5164.   | 2.9 | 15        |
| 102 | The effect of repeated periods of speed endurance training on performance, running economy, and muscle adaptations. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 381-390.   | 2.9 | 14        |
| 103 | Inactivity and exercise training differentially regulate abundance of Na <sup>+</sup> -K <sup>+</sup> -ATPase in human skeletal muscle. <i>Journal of Applied Physiology</i> , 2019, 127, 905-920.   | 2.5 | 14        |
| 104 | Effect of beta <sub>2</sub> -adrenergic agonist and resistance training on maximal oxygen uptake and muscle oxidative enzymes in men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1881-1891.                                       | 2.9 | 14        |
| 105 | Nitrate-rich beetroot juice ingestion reduces skeletal muscle O <sub>2</sub> uptake and blood flow during exercise in sedentary men. <i>Journal of Physiology</i> , 2021, 599, 5203-5214.  | 2.9 | 14        |
| 106 | Efficacy of 10-30 training versus moderate-intensity continuous training on HbA1c, body composition and maximum oxygen uptake in male patients with type 2 diabetes: A randomized controlled trial. <i>Diabetes, Obesity and Metabolism</i> , 2020, 22, 767-778. | 4.4 | 13        |
| 107 | Impact of β <sub>2</sub> -adrenergic signaling in PGC-1α-mediated adaptations in mouse skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2018, 314, E1-E20.  | 3.5 | 12        |
| 108 | β <sub>2</sub> -Agonist Induces Net Leg Glucose Uptake and Free Fatty Acid Release at Rest but Not During Exercise in Young Men. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019, 104, 647-657.   | 3.6 | 12        |

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|-----|---|-----|-----------|
| 109 | High-Intensity Interval Training Decreases Muscle Sympathetic Nerve Activity in Men With Essential Hypertension and in Normotensive Controls. <i>Frontiers in Neuroscience</i> , 2020, 14, 841.   | 2.8 | 12        |
| 110 | The effect of blood flow restricted interval training on lactate and H <sup>+</sup> dynamics during dynamic exercise in man. <i>Acta Physiologica</i> , 2021, 231, e13580.  | 3.8 | 12        |
| 111 | Purinergic Effects on Na,K-ATPase Activity Differ in Rat and Human Skeletal Muscle. <i>PLoS ONE</i> , 2014, 9, e91175.  | 2.5 | 12        |
| 112 | Effect of tapering after a period of high-volume sprint interval training on running performance and muscular adaptations in moderately trained runners. <i>Journal of Applied Physiology</i> , 2018, 124, 259-267.   | 2.5 | 11        |
| 113 | Influence of Prior Intense Exercise and Cold Water Immersion in Recovery for Performance and Physiological Response during Subsequent Exercise. <i>Frontiers in Physiology</i> , 2016, 7, 269.  | 2.8 | 10        |
| 114 | Essential hypertension is associated with blunted smooth muscle cell vasodilator responsiveness and is reversed by 10-20-30 training in men. <i>American Journal of Physiology - Cell Physiology</i> , 2020, 318, C1252-C1263.  | 4.6 | 10        |
| 115 | Aerobic High-Intensity Exercise Training Improves Cardiovascular Health in Older Post-menopausal Women. <i>Frontiers in Aging</i> , 2021, 2, .  | 2.6 | 10        |
| 116 | Leg oxygen uptake in the initial phase of intense exercise is slowed by a marked reduction in oxygen delivery. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013, 305, R313-R321.  | 1.8 | 9         |
| 117 | Hypertension is associated with blunted NO-mediated leg vasodilator responsiveness that is reversed by high-intensity training in postmenopausal women. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2020, 319, R712-R723. | 1.8 | 8         |
| 118 | Muscle hypertrophic effect of inhaled beta <sub>2</sub> -agonist is associated with augmented insulin-stimulated whole-body glucose disposal in young men. <i>Journal of Physiology</i> , 2022, 600, 2345-2357.   | 2.9 | 8         |
| 119 | Hormetic modulation of angiogenic factors by exercise-induced mechanical and metabolic stress in human skeletal muscle. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2020, 319, H824-H834.  | 3.2 | 7         |
| 120 | N-Acetyl cysteine does not improve repeated intense endurance cycling performance of well-trained cyclists. <i>European Journal of Applied Physiology</i> , 2019, 119, 1419-1429.   | 2.5 | 6         |
| 121 | Beta <sub>2</sub> -agonist increases skeletal muscle interleukin 6 production and release in response to resistance exercise in men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 1099-1108.   | 2.9 | 4         |
| 122 | Single Cell Morphology and High-Energy Phosphate Levels in Quadriceps Muscles from Patients with Fibromyalgia. <i>Journal of Musculoskeletal Pain</i> , 1994, 2, 45-51.   | 0.3 | 3         |
| 123 | Improving beta-alanine supplementation strategy to enhance exercise performance in athletes. <i>Journal of Physiology</i> , 2016, 594, 4701-4702.   | 2.9 | 3         |
| 124 | Cardiac perfusion and function after high-intensity exercise training in late premenopausal and recent postmenopausal women: an MRI study. <i>Journal of Applied Physiology</i> , 2019, 126, 1272-1280.   | 2.5 | 3         |
| 125 | No additive effect of acetaminophen when co-ingested with caffeine on cycling performance in well-trained young men. <i>Journal of Applied Physiology</i> , 2021, 131, 238-249.   | 2.5 | 3         |
| 126 | Salbutamol Increases Leg Glucose Uptake and Metabolic Rate but not Muscle Glycogen Resynthesis in Recovery From Exercise. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2022, 107, e1193-e1203.   | 3.6 | 3         |



| #   | ARTICLE   | IF  | CITATIONS |
|-----|---|-----|-----------|
| 127 | Inorganic phosphate, protons and diprotonated phosphate may contribute to the exacerbated muscle fatigue in older adults. <i>Journal of Physiology</i> , 2019, 597, 4865-4866.                        | 2.9 | 2         |
| 128 | Skeletal muscle proteins important for work capacity are altered with type 2 diabetes " Effect of 10-20-30 training. <i>Physiological Reports</i> , 2021, 9, e14681.                                  | 1.7 | 2         |
| 129 | Active Relative to Passive Ischemic Preconditioning Enhances Intense Endurance Performance in Well-Trained Men. <i>International Journal of Sports Physiology and Performance</i> , 2022, , 1-12.     | 2.3 | 1         |
| 130 | Reply to "Letter to the editor: In response to Gunnarsson et al. on improving the quality of exercise interventions". <i>American Journal of Physiology - Cell Physiology</i> , 2020, 319, C908-C909. | 4.6 | 0         |
| 131 | Effect of one-week oral or inhaled salbutamol treatment with washout on repeated sprint performance in trained subjects. <i>Translational Sports Medicine</i> , 2021, 4, 241-249.                     | 1.1 | 0         |