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List of Publications by Year in descending order

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108
papers

2,883
citations

196777

29
h-index

214428

50
g-index

109
all docs

109
docs citations

109
times ranked

3918
citing authors

#	ARTICLE	IF	CITATIONS
1	Balance and Posture in Children and Adolescents: A Cross-Sectional Study. <i>Sensors</i> , 2022, 22, 4973.	2.1	3
2	Metabolic syndrome and cardiorespiratory fitness in children and adolescents: the role of obesity as a mediator. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2021, 34, 1031-1039.	0.4	3
3	Cardiometabolic risk in children and adolescents: mediation analysis of crosssectional study. [Riesgo cardiometabólico en niños y adolescentes: análisis de mediación de un estudio transversal].. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , 2021, 17, 204-220.	0.1	0
4	Efeitos da realocação de tempo em comportamento sedentário por atividade física de diferentes intensidades sobre marcadores de obesidade em crianças e adolescentes: Uma revisão de scoping. <i>Revista Portuguesa De Ciências Do Desporto</i> , 2021, 21, 54-65.	0.0	0
5	Accelerometry calibration in people with class II-III obesity: Energy expenditure prediction and physical activity intensity identification. <i>Gait and Posture</i> , 2020, 76, 104-109.	0.6	7
6	Metabolic indicators and energy expenditure in two models of health club classes: aerobic fitness class vs. strength fitness class. <i>Sport Sciences for Health</i> , 2018, 14, 339-346.	0.4	1
7	Gender Differences in the Domain-Specific Contributions to Moderate-to-Vigorous Physical Activity, Accessed by GPS. <i>Journal of Physical Activity and Health</i> , 2017, 14, 474-478.	1.0	19
8	Cardiorespiratory fitness, but not physical activity, is associated with academic achievement in children and adolescents. <i>Annals of Human Biology</i> , 2017, 44, 309-315.	0.4	14
9	Validation of the Portuguese Version of the International Physical Activity Questionnaire for Adolescents (IPAQA). <i>The Open Sports Sciences Journal</i> , 2017, 10, 239-250.	0.2	7
10	Objectively measured physical activity levels in physical education classes and body mass index (Niveles de actividad física medida objetivamente en las clases de educación física y el Índice de masa) <i>TJ ETQq0030 rgBT /Overlock 1</i>		
11	Quality of life and physical activity levels in outpatients with schizophrenia. <i>Revista Brasileira De Psiquiatria</i> , 2016, 38, 157-160.	0.9	16
12	Active commuting to school in Portuguese adolescents: Using PALMS to detect trips. <i>Journal of Transport and Health</i> , 2016, 3, 297-304.	1.1	35
13	Reliability and validity of 6MWT for outpatients with schizophrenia: A preliminary study. <i>Psychiatry Research</i> , 2016, 237, 37-42.	1.7	17
14	Exercise intervention and cardiovascular risk factors in obese children. Comparison between obese youngsters taking part in a physical activity school-based programme with and without individualised diet counselling: the ACORDA project. <i>Annals of Human Biology</i> , 2016, 43, 183-190.	0.4	12
15	Metabolic Indicators and Energy Expenditure in Two Models of Gym Classes. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 214.	0.2	0
16	Cardiorespiratory Fitness Associates with Metabolic Risk Independently of Objectively Measured Physical Activity in Portuguese Youths. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 483-484.	0.2	0
17	Examining the utility of thresholds for aerobic fitness related to resting blood pressure and BMI in portuguese children. <i>American Journal of Human Biology</i> , 2015, 27, 226-227.	0.8	0
18	Physical activity in high school during "free-time"™ periods. <i>European Physical Education Review</i> , 2015, 21, 135-148.	1.2	9

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19	Accelerometer-based methods for energy expenditure using the smartphone. , 2015, , .		11
20	Differences Between Weekday and Weekend Levels of Moderate-to-Vigorous Physical Activity in Thai Adolescents. <i>Asia-Pacific Journal of Public Health</i> , 2015, 27, NP2157-NP2166.	0.4	20
21	AFINA-te - A Healthy Lifestyle Information Website, Online Food Diary and Exercise Log Directly Towards Children. , 2015, , .		0
22	Effects of a group physical activity program on physical fitness and quality of life in individuals with schizophrenia. <i>Mental Health and Physical Activity</i> , 2014, 7, 155-162.	0.9	29
23	Adaptation, Update and Validation of the General Nutrition Questionnaire in a Portuguese Adolescent Sample. <i>Ecology of Food and Nutrition</i> , 2014, 53, 528-542.	0.8	12
24	Socioeconomic Status and Objectively Measured Physical Activity in Thai Adolescents. <i>Journal of Physical Activity and Health</i> , 2014, 11, 712-720.	1.0	12
25	Association between Fitness, Different Indicators of Fatness, and Clustered Cardiovascular Diseases Risk Factors in Portuguese Children and Adolescents. <i>The Open Sports Sciences Journal</i> , 2014, 3, 149-154.	0.2	5
26	Biological Maturation Affects Weight-Related Differences in Peak Oxygen Uptake in Girls. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 75-76.	0.2	0
27	A CONTRIBUTION TO DESIGNING EFFECTIVE AND ENJOYABLE PHYSICAL ACTIVITY PROGRAMS FOR INDIVIDUALS WITH SCHIZOPHRENIA. <i>European Journal of Adapted Physical Activity</i> , 2014, 7, 24-31.	0.5	2
28	Cardiorespiratory fitness and TV viewing in relation to metabolic risk factors in Portuguese adolescents. <i>Annals of Human Biology</i> , 2013, 40, 157-162.	0.4	10
29	Associations between sports participation, levels of moderate to vigorous physical activity and cardiorespiratory fitness in children and adolescents. <i>Journal of Sports Sciences</i> , 2013, 31, 1359-1367.	1.0	47
30	Is walking to school associated with improved metabolic health?. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 12.	2.0	58
31	Associations between body mass index, waist circumference and body shape index with resting blood pressure in Portuguese adolescents. <i>Annals of Human Biology</i> , 2013, 40, 163-167.	0.4	80
32	Cardiorespiratory Fitness Associates with Metabolic Risk Independent of Central Adiposity. <i>International Journal of Sports Medicine</i> , 2013, 34, 912-916.	0.8	15
33	Cross validation of ROC generated thresholds for field assessed aerobic fitness related to weight status and cardiovascular disease risk in portuguese young people. <i>American Journal of Human Biology</i> , 2013, 25, 751-755.	0.8	4
34	Leisure Time, Physical Activity, and Health. , 2013, , 159-174.		0
35	Influence of Activity Patterns in Fitness During Youth. <i>International Journal of Sports Medicine</i> , 2012, 33, 325-329.	0.8	11
36	Calculation and validation of models for estimating VO ₂ max from the 20-m shuttle run test in children and adolescents. <i>Archives of Exercise in Health and Disease</i> , 2012, 3, 145-152.	0.6	28

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37	Normative and Criterion-Related Standards for Shuttle Run Performance in Youth. <i>Pediatric Exercise Science</i> , 2012, 24, 157-169.	0.5	22
38	An Exercise Program Improves Health-Related Quality of Life of Workers. <i>Applied Research in Quality of Life</i> , 2012, 7, 295-307.	1.4	6
39	Combined exercise for people with type 2 diabetes mellitus: A systematic review. <i>Diabetes Research and Clinical Practice</i> , 2012, 98, 187-198.	1.1	50
40	The Association between Cardiovascular Disease Risk and Parental Educational Level in Portuguese Children. <i>International Journal of Environmental Research and Public Health</i> , 2012, 9, 4311-4320.	1.2	8
41	Effect of a specific exercise program on the strength and resistance levels of lumbar muscles in warehouse workers. <i>International Journal of Occupational Medicine and Environmental Health</i> , 2012, 25, 80-8.	0.6	3
42	Comparisons between inverted body mass index and body mass index as proxies for body fatness and risk factors for metabolic risk and cardiorespiratory fitness in portuguese adolescents. <i>American Journal of Human Biology</i> , 2012, 24, 618-625.	0.8	4
43	Physical activity and active transport are predicted by adolescents' different built environment perceptions. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2012, 20, 5-10.	0.8	10
44	Physical Exercise and Major Depressive Disorder - Where Do We Stand?. <i>Current Psychopharmacology</i> , 2012, 1, 167-177.	0.1	2
45	Perception of the social and built environment and physical activity among Northeastern Brazil adolescents. <i>Preventive Medicine</i> , 2011, 52, 114-119.	1.6	27
46	Cardiorespiratory Fitness but not Physical Activity Explain the Variance in a Metabolic Syndrome Score. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 893.	0.2	0
47	Association of leisure time physical activity and sports competition activities with high blood pressure levels: study carried out in a sample of portuguese children and adolescents. <i>Child: Care, Health and Development</i> , 2011, 37, 329-334.	0.8	17
48	Moderate exercise improves depression parameters in treatment-resistant patients with major depressive disorder. <i>Journal of Psychiatric Research</i> , 2011, 45, 1005-1011.	1.5	184
49	Moderate physical exercise and quality of life in patients with treatment-resistant major depressive disorder. <i>Journal of Psychiatric Research</i> , 2011, 45, 1657-1659.	1.5	26
50	The Physical Activity Behaviors Outside School and BMI in Adolescents. <i>Journal of Physical Activity and Health</i> , 2010, 7, 754-760.	1.0	7
51	Intensity of Physical Activity, Cardiorespiratory Fitness, and Body Mass Index in Youth. <i>Journal of Physical Activity and Health</i> , 2010, 7, 54-59.	1.0	93
52	Television Viewing and Changes in Body Mass Index and Cardiorespiratory Fitness Over a Two-Year Period in Schoolchildren. <i>Pediatric Exercise Science</i> , 2010, 22, 245-253.	0.5	18
53	Association between Muscle Fitness and Metabolic Risk Factors among Adolescent Girls. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 552-553.	0.2	0
54	Calibration of Accelerometer Output for Elderly Men. <i>Medicine and Science in Sports and Exercise</i> , 2010, 45, 477-478.	0.2	0

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55	Portuguese version of the standardized Nordic musculoskeletal questionnaire: cross cultural and reliability. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2010, 18, 461-466.	0.8	72
56	Influence of muscle fitness test performance on metabolic risk factors among adolescent girls. <i>Diabetology and Metabolic Syndrome</i> , 2010, 2, 42.	1.2	22
57	Physical activity patterns in Portuguese adolescents: The contribution of extracurricular sports. <i>European Physical Education Review</i> , 2010, 16, 171-181.	1.2	17
58	A 3-Year Longitudinal Analysis of Changes in Body Mass Index. <i>International Journal of Sports Medicine</i> , 2010, 31, 133-137.	0.8	31
59	Cardiorespiratory fitness, fatness, and cardiovascular disease risk factors in children and adolescents from Porto. <i>European Journal of Sport Science</i> , 2010, 10, 121-127.	1.4	12
60	Changes in Fitness, physical activity, fatness, and screen time: A longitudinal study in children and adolescents. <i>Nature Precedings</i> , 2009, , .	0.1	0
61	Cardiorespiratory fitness status and body mass index change over time: A 2-year longitudinal study in elementary school children. <i>Pediatric Obesity</i> , 2009, 4, 338-342.	3.2	25
62	Perceptions of the built environment in relation to physical activity in Portuguese adolescents. <i>Health and Place</i> , 2009, 15, 548-552.	1.5	52
63	Cardiorespiratory fitness predicts later body mass index, but not other cardiovascular risk factors from childhood to adolescence. <i>American Journal of Human Biology</i> , 2009, 21, 121-123.	0.8	15
64	Walking and body mass index in a portuguese sample of adults: a multilevel analysis. <i>European Journal of Clinical Nutrition</i> , 2009, 63, 1260-1262.	1.3	1
65	Active travel to school, BMI and participation in organised and non-organised physical activity among Portuguese adolescents. <i>Preventive Medicine</i> , 2009, 49, 497-499.	1.6	35
66	Association between time spent in sedentary, moderate to vigorous physical activity, body mass index, cardiorespiratory fitness and blood pressure. <i>Annals of Human Biology</i> , 2009, 36, 379-387.	0.4	35
67	Criterion-related validity of the 20-m shuttle run test in youths aged 13-19 years. <i>Journal of Sports Sciences</i> , 2009, 27, 899-906.	1.0	67
68	Association of Perceived Environmental Characteristics and Participation in Organized and Non-Organized Physical Activities of Adolescents. <i>Pediatric Exercise Science</i> , 2009, 21, 233-239.	0.5	25
69	Physical Activity and Other Lifestyle Behaviors in a Portuguese Sample of Adults: Results From the Azorean Physical Activity and Health Study. <i>Journal of Physical Activity and Health</i> , 2009, 6, 750-759.	1.0	19
70	Active Transportation, BMI And Sports Participation Among Adolescent Girls. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 178.	0.2	0
71	Compliance With 30,60 And 90 Minutes Of Moderate To Vigorous Physical Activities. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 442.	0.2	0
72	Changes In Body Mass Index During Adolescence: Associations With Physical Activity, Fitness, And Sedentary Behaviors. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 124.	0.2	0

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73	Prevalence of overweight and obesity in a Portuguese sample of adults: Results from the Azorean Physical Activity and Health Study. <i>American Journal of Human Biology</i> , 2008, 20, 78-85.	0.8	28
74	Relationships between physical activity, obesity and meal frequency in adolescents. <i>Annals of Human Biology</i> , 2008, 35, 1-10.	0.4	104
75	Physical activity and perceived environmental attributes in a sample of Portuguese adults: Results from the Azorean Physical Activity and Health Study. <i>Preventive Medicine</i> , 2008, 47, 83-88.	1.6	56
76	Obese girls differences in neighbourhood perceptions, screen time and socioeconomic status according to level of physical activity. <i>Health Education Research</i> , 2008, 24, 98-104.	1.0	18
77	Differences in Leisure-Time Activities According to Level of Physical Activity in Adolescents. <i>Journal of Physical Activity and Health</i> , 2008, 5, 286-293.	1.0	19
78	Differences in School-Day Patterns of Daily Physical Activity in Girls According to Level of Physical Activity. <i>Journal of Physical Activity and Health</i> , 2008, 5, S90-S97.	1.0	21
79	Trends of Cardiovascular Risk Factors Clustering Over Time: A Study in Two Cohorts of Portuguese Adolescents. <i>Pediatric Exercise Science</i> , 2008, 20, 74-83.	0.5	7
80	Physical Activity Patterns Differences Between Portuguese Students Attending An Urban School And A Rural School. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S407.	0.2	0
81	Accelerometer cut-points and youth physical activity prevalence. <i>European Physical Education Review</i> , 2007, 13, 287-299.	1.2	22
82	Exhaustive Exercise with High Eccentric Components Induces Prothrombotic and Hypofibrinolytic Responses in Boys. <i>International Journal of Sports Medicine</i> , 2007, 28, 193-196.	0.8	5
83	Perceived Neighborhood Environments and Physical Activity in an Elderly Sample. <i>Perceptual and Motor Skills</i> , 2007, 104, 438-444.	0.6	24
84	Leisure Time Physical Activity, Screen Time, Social Background, and Environmental Variables in Adolescents. <i>Pediatric Exercise Science</i> , 2007, 19, 279-290.	0.5	25
85	Active versus passive transportation to school—differences in screen time, socio-economic position and perceived environmental characteristics in adolescent girls. <i>Annals of Human Biology</i> , 2007, 34, 273-282.	0.4	79
86	Daily differences in patterns of physical activity among overweight/obese children engaged in a physical activity program. <i>American Journal of Human Biology</i> , 2007, 19, 871-877.	0.8	12
87	Hemostatic response to acute physical exercise in healthy adolescents. <i>Journal of Science and Medicine in Sport</i> , 2007, 10, 164-169.	0.6	38
88	Physical Activity, Obesity and Meal Frequency in Adolescents. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, S389.	0.2	0
89	Physical Activity and Perceived Environmental Characteristics in a Portuguese Sample of Women. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, S325-S326.	0.2	0
90	Association between overweight and early sexual maturation in Portuguese boys and girls. <i>Annals of Human Biology</i> , 2006, 33, 55-63.	0.4	66

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91	Obesity, Physical Activity, Computer Use, and TV Viewing in Portuguese Adolescents. <i>Pediatric Exercise Science</i> , 2006, 18, 113-121.	0.5	34
92	Physical Activity, Overweight, and Perceptions of Neighborhood Environments Among Portuguese Girls. <i>Journal of Physical Activity and Health</i> , 2006, 3, 314-322.	1.0	5
93	Relationship of single measures of cardiorespiratory fitness and obesity in young schoolchildren. <i>American Journal of Human Biology</i> , 2006, 18, 335-341.	0.8	53
94	Physical activity and school recess time: Differences between the sexes and the relationship between children's playground physical activity and habitual physical activity. <i>Journal of Sports Sciences</i> , 2005, 23, 269-275.	1.0	117
95	Perceived Neighborhood Environments and physical activity in adolescents. <i>Preventive Medicine</i> , 2005, 41, 834-836.	1.6	206
96	Associations Between Perceived Environmental Characteristics And Adolescents?? Physical Activity. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, S331.	0.2	0
97	Contribution Of Light, Moderate And Vigorous Physical Activities In Normal, Overweight And Obese Children Of Porto Region - Portugal. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, S430-S431.	0.2	0
98	The relationship between physical activity and cholesterol levels in children and adolescents. <i>Revista Brasileira De Saude Materno Infantil</i> , 2004, 4, 185-192.	0.2	8
99	Body fatness and clustering of cardiovascular disease risk factors in Portuguese children and adolescents. <i>American Journal of Human Biology</i> , 2004, 16, 556-562.	0.8	38
100	Physical activity and biological risk factors clustering in pediatric population. <i>Preventive Medicine</i> , 2004, 39, 596-601.	1.6	52
101	Patterns of daily physical activity during school days in children and adolescents. <i>American Journal of Human Biology</i> , 2003, 15, 547-553.	0.8	75
102	Overweight and obesity in children and adolescents: relationship with blood pressure, and physical activity. <i>Annals of Human Biology</i> , 2003, 30, 203-213.	0.4	63
103	Assessment of Children's and Adolescents' Physical Activity Levels. <i>European Physical Education Review</i> , 2003, 9, 75-85.	1.2	11
104	One-Year Stability of Cardiovascular Diseases Risk Factors in Portuguese Youngsters. <i>Pediatric Exercise Science</i> , 2003, 15, 428-439.	0.5	1
105	Physical Activity and Blood Pressure Patterns: A Cross-Sectional Study on Portuguese School Children Aged 8 Through 13 Years Old. <i>Children's Health Care</i> , 2002, 31, 119-130.	0.5	1
106	Validation of a Physical Activity Self-Report Questionnaire in a Portuguese Pediatric Population. <i>Pediatric Exercise Science</i> , 2002, 14, 269-276.	0.5	34
107	Association of maturation, sex, and body fat in cardiorespiratory fitness. <i>American Journal of Human Biology</i> , 2002, 14, 707-712.	0.8	116
108	Differences of Daily Physical Activity Levels of Children According to Body Mass Index. <i>Pediatric Exercise Science</i> , 2002, 14, 442-452.	0.5	11