Nizar Souissi

List of Publications by Year
in descending order

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Version: 2024-02-01

190	6,932	94269	79541
papers	citations	37 h-index	73 g-index

196	196	196	6379
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Melatonin Ingestion Prevents Liver Damage and Improves Biomarkers of Renal Function Following a Maximal Exercise. Research Quarterly for Exercise and Sport, 2023, 94, 869-879.	0.8	4
2	Partial sleep restriction impairs static postural control in elite judo athletes. Biological Rhythm Research, 2022, 53, 653-664.	0.4	1
3	The effect of music on short-term exercise performance during the different menstrual cycle phases in female handball players. Research in Sports Medicine, 2022, 30, 50-60.	0.7	9
4	A daytime 40-min nap opportunity after a simulated late evening soccer match reduces the perception of fatigue and improves 5-m shuttle run performance. Research in Sports Medicine, 2022, 30, 502-515.	0.7	11
5	Time-of-day effects in physical performances and psychological responses in young elite male handball players. Biological Rhythm Research, 2022, 53, 1261-1272.	0.4	3
6	Effects of melatonin ingestion on physical performance and biochemical responses following exhaustive running exercise in soccer players. Biology of Sport, 2022, 39, 473-479.	1.7	6
7	Physical, Biochemical, and Neuromuscular Responses to Repeated Sprint Exercise in Eumenorrheic Female Handball Players: Effect of Menstrual Cycle Phases. Journal of Strength and Conditioning Research, 2022, 36, 2268-2276.	1.0	14
8	Does warming up with different music tempos affect physical and psychological responses? The evidence from a chronobiological study. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.4	4
9	Effects of daytime ingestion of melatonin on heart rate response during prolonged exercise. Movement and Sports Sciences - Science Et Motricite, 2022, , 25-32.	0.2	4
10	Longer Nap Duration During Ramadan Observance Positively Impacts 5-m Shuttle Run Test Performance Performed in the Afternoon. Frontiers in Physiology, 2022, 13, 811435.	1.3	2
11	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. Sports Medicine, 2022, 52, 1433-1448.	3.1	45
12	The video feedback viewing in novice weightlifters: Total control strategy improves snatch technique during learning. International Journal of Sports Science and Coaching, 2022, 17, 1408-1417.	0.7	4
13	Optimizing Motor Learning: Difficulty Manipulation Combined with Feedback- Frequency Enhance Under-Time-Pressure Fine-Motor-Coordination Skill Acquisition and Retention. Journal of Motor Behavior, 2022, 54, 490-502.	0.5	1
14	Can caffeine supplementation reverse the impact of time of day on cognitive and short-term high intensity performances in young female handball players?. Chronobiology International, 2022, 39, 1144-1155.	0.9	9
15	Effects of Hatha yoga on cognitive functions in the elderly: a cross-sectional study. Libyan Journal of Medicine, 2022, 17, .	0.8	1
16	Total Sleep Deprivation and Recovery Sleep Affect the Diurnal Variation of Agility Performance: The Gender Differences. Journal of Strength and Conditioning Research, 2021, 35, 132-140.	1.0	17
17	Effect of Ramadan intermittent fasting on cognitive, physical and biochemical responses to strenuous short-term exercises in elite young female handball players. Physiology and Behavior, 2021, 229, 113241.	1.0	16
18	Effects of home confinement on mental health and lifestyle behaviours during the COVID-19 outbreak: Insight from the ECLB-COVID19 multicenter study. Biology of Sport, 2021, 38, 9-21.	1.7	255

#	Article	IF	Citations
19	Intraday variation in short-term maximal performance: effects of different warm-up modalities. Sport Sciences for Health, 2021, 17, 607-614.	0.4	0
20	Globally altered sleep patterns and physical activity levels by confinement in 5056 individuals: ECLB COVID-19 international online survey. Biology of Sport, 2021, 38, 495-506.	1.7	124
21	The effect of post-lunch napping on mood, reaction time, and antioxidant defense during repeated sprint exercice.. Biology of Sport, 2021, 38, 629-638.	1.7	24
22	Distance Motor Learning during the COVID-19 Induced Confinement: Video Feedback with a Pedagogical Activity Improves the Snatch Technique in Young Athletes. International Journal of Environmental Research and Public Health, 2021, 18, 3069.	1.2	10
23	Effect of COVID-19-Related Home Confinement on Sleep Quality, Screen Time and Physical Activity in Tunisian Boys and Girls: A Survey. International Journal of Environmental Research and Public Health, 2021, 18, 3065.	1.2	45
24	Does lunar cycle affect biological parameters in young healthy men?. Chronobiology International, 2021, 38, 933-940.	0.9	9
25	Listening to motivational music during warming-up attenuates the negative effects of partial sleep deprivation on cognitive and short-term maximal performance: Effect of time of day. Chronobiology International, 2021, 38, 1052-1063.	0.9	13
26	Information Processing and Technical Knowledge Contribute to Self-Controlled Video Feedback for Children Learning the Snatch Movement in Weightlifting. Perceptual and Motor Skills, 2021, 128, 1785-1805.	0.6	8
27	Sleep Quality and Physical Activity as Predictors of Mental Wellbeing Variance in Older Adults during COVID-19 Lockdown: ECLB COVID-19 International Online Survey. International Journal of Environmental Research and Public Health, 2021, 18, 4329.	1.2	100
28	Improvement of Physical Performance Following a 6 Week Change-of-Direction Training Program in Elite Youth Soccer Players of Different Maturity Levels. Frontiers in Physiology, 2021, 12, 668437.	1.3	4
29	Caffeine Use or Napping to Enhance Repeated Sprint Performance After Partial Sleep Deprivation: Why Not Both?. International Journal of Sports Physiology and Performance, 2021, 16, 711-718.	1.1	12
30	The effect of Ramadan fasting on the morningâ€“evening difference in team-handball-related short-term maximal physical performances in elite female team-handball players. Chronobiology International, 2021, 38, 1488-1499.	0.9	10
31	Biological Responses to Short-Term Maximal Exercise in Male Police Officers. American Journal of Men's Health, 2021, 15, 155798832110409.	0.7	8
32	The Effects of Manipulating Task Difficulty and Feedback Frequency on Childrenâ€™s Dart Throwing Accuracy and Consistency. Perceptual and Motor Skills, 2021, 128, 2787-2804.	0.6	0
33	The Effect of Experimental Recuperative and Appetitive Post-lunch Nap Opportunities, With or Without Caffeine, on Mood and Reaction Time in Highly Trained Athletes. Frontiers in Psychology, 2021, 12, 720493.	1.1	7
34	The Effects of Exercise Difficulty and Time-of-Day on the Perception of the Task and Soccer Performance in Child Soccer Players. Children, 2021, 8, 793.	0.6	2
35	Acute Effects of Moderate versus High-Intensity Strength Exercise on Attention and Mood States in Female Physical Education Students. Life, 2021, 11, 931.	1.1	4
36	EFFECT OF DIFFERING EXERCISE INTENSITIES ON THE RESPONSE TIME OF GYMNASTS AND NON-GYMNASTS IN 3D CUBE MENTAL ROTATION TASK. Science of Gymnastics Journal, 2021, 13, .	0.2	2

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37	The Effects of the Socialization of Physical Education Teachers on Their Modes of Interaction With Students in Tunisian Schools. Frontiers in Sociology, 2021, 6, 747092.	1.0	1
38	Agility performance variation from morning to evening: dynamic stretching warm-up impacts performance and its diurnal amplitude. Biological Rhythm Research, 2020, 51, 509-521.	0.4	5
39	Effect of melatonin on inflammatory response to prolonged exercise. Biological Rhythm Research, 2020, 51, 560-565.	0.4	8
40	Melatonin supplementation ameliorates oxidative stress, antioxidant status and physical performances recovery during a soccer training camp. Biological Rhythm Research, 2020, 51, 441-452.	0.4	11
41	Effect of acute melatonin administration on physiological response to prolonged exercise. Biological Rhythm Research, 2020, 51, 980-987.	0.4	6
42	Does red orange juice supplementation has a protective effect on performance, cardiovascular parameters, muscle damage and oxidative stress markers following the Yo-Yo Intermittent Recovery Test Level-1 under polluted air?. International Journal of Environmental Health Research, 2020, 30, 630-642.	1.3	10
43	Melatonin ingestion after exhaustive late-evening exercise attenuate muscle damage, oxidative stress, and inflammation during intense short term effort in the following day in teenage athletes. Chronobiology International, 2020, 37, 236-247.	0.9	12
44	A Thirty-Five-Minute Nap Improves Performance and Attention in the 5-m Shuttle Run Test during and outside Ramadan Observance. Sports, 2020, 8, 98.	0.7	12
45	Change-of-Direction Performance in Elite Soccer Players: Preliminary Analysis According to Their Playing Positions. International Journal of Environmental Research and Public Health, 2020, 17, 8360.	1.2	15
46	Effect of listening to synchronous versus motivational music during warm-up on the diurnal variation of short-term maximal performance and subjective experiences. Chronobiology International, 2020, 37, 1611-1620.	0.9	8
47	COVID-19 Home Confinement Negatively Impacts Social Participation and Life Satisfaction: A Worldwide Multicenter Study. International Journal of Environmental Research and Public Health, 2020, 17, 6237.	1.2	301
48	Effect of nocturnal melatonin intake on cellular damage and recovery from repeated sprint performance during an intensive training schedule. Chronobiology International, 2020, 37, 686-698.	0.9	11
49	Effects of 25-Min Nap Opportunity during Ramadan Observance on the 5-m Shuttle Run Performance and the Perception of Fatigue in Physically Active Men. International Journal of Environmental Research and Public Health, 2020, 17, 3135.	1.2	11
50	Effects of COVID-19 Home Confinement on Eating Behaviour and Physical Activity: Results of the ECLB-COVID19 International Online Survey. Nutrients, 2020, 12, 1583.	1.7	1,414
51	Effects of natural polyphenol-rich pomegranate juice on the acute and delayed response of Homocysteine and steroidal hormones following weightlifting exercises: a double-blind, placebo-controlled trial. Journal of the International Society of Sports Nutrition, 2020, 17, 15.	1.7	11
52	A 90 min Daytime Nap Opportunity Is Better Than 40 min for Cognitive and Physical Performance. International Journal of Environmental Research and Public Health, 2020, 17, 4650.	1.2	35
53	Effects of natural polyphenol-rich pomegranate juice supplementation on plasma ion and lipid profiles following resistance exercise: a placebo-controlled trial. Nutrition and Metabolism, 2020, 17, 31.	1.3	5
54	Improved Physical Performance and Decreased Muscular and Oxidative Damage With Postlunch Napping After Partial Sleep Deprivation in Athletes. International Journal of Sports Physiology and Performance, 2020, 15, 874-883.	1.1	30

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55	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study. PLoS ONE, 2020, 15, e0240204.	1.1	214
56	The effect of diurnal variation on the performance of exhaustive continuous and alternated-intensity cycling exercises. PLoS ONE, 2020, 15, e0244191.	1.1	11
57	The Effects of Three Correction Strategies of Errors on the Snatch Technique in 10â€“12-Year-Old Children. Journal of Strength and Conditioning Research, 2020, Publish Ahead of Print, .	1.0	7
58	The effects of lunar cycle on the diurnal variations of short-term maximal performance, mood state, and perceived exertion. Chronobiology International, 2019, 36, 1249-1257.	0.9	13
59	Foot preference across the lifespan: Effects of target location and task complexity. International Journal of Behavioral Development, 2019, 43, 238-244.	1.3	0
60	Effects of Napping on Alertness, Cognitive, and Physical Outcomes of Karate Athletes. Medicine and Science in Sports and Exercise, 2019, 51, 338-345.	0.2	60
61	Sleep deprivation affects post-lunch dip performances, biomarkers of muscle damage and antioxidant status. Biology of Sport, 2019, 36, 55-65.	1.7	34
62	Listening to neutral or self-selected motivational music during warm-up to improve short-term maximal performance in soccer players: Effect of time of day. Physiology and Behavior, 2019, 204, 168-173.	1.0	27
63	Effects of Melatonin Ingestion Before Nocturnal Sleep on Postural Balance and Subjective Sleep Quality in Older Adults. Journal of Aging and Physical Activity, 2019, 27, 316-324.	0.5	6
64	Effect of air pollution and time of day on performance, heart rate hematological parameters and blood gases, following the YYIRT-1 in smoker and non-smoker soccer players. Science and Sports, 2019, 34, e195-e208.	0.2	0
65	Nap Opportunity As a Strategy to Improve Short-Term Repetitive Maximal Performance During the 5-m Shuttle Run Test: A Brief Review. International Journal of Sport Studies for Health, 2019, 2, .	0.3	9
66	Effects of Ramadan fasting on body composition in athletes: a systematic review. Tunisie Medicale, 2019, 97, 1087-1094.	0.2	12
67	The effect of Opuntia ficusâ€indica juice supplementation on oxidative stress, cardiovascular parameters, and biochemical markers following yoâ€yo Intermittent recovery test. Food Science and Nutrition, 2018, 6, 259-268.	1.5	14
68	Natural pomegranate juice reduces inflammation, muscle damage and increase platelets blood levels in active healthy Tunisian aged men. Alexandria Journal of Medicine, 2018, 54, 45-48.	0.4	17
69	Possible gastrointestinal disorders for athletes during Ramadan: an overview. Biological Rhythm Research, 2018, 49, 51-60.	0.4	14
70	The effect of matinal active walking on cognitive, fine motor coordination task performances and perceived difficulty in 12-13 young school boys. Motriz Revista De Educacao Fisica, 2018, 24, .	0.3	0
71	Effect of melatonin ingestion on physical performance, metabolic responses, and recovery after an intermittent training session. Physiology International, 2018, 105, 358-370.	0.8	8
72	Diurnal Variation of Short-Term Repetitive Maximal Performance and Psychological Variables in Elite Judo Athletes. Frontiers in Physiology, 2018, 9, 1499.	1.3	34

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73	Repeated-sprint training in the fasted state during Ramadan: morning or evening training?. Journal of Sports Medicine and Physical Fitness, 2018, 58, 990-997.	0.4	15
74	Effects of pomegranate supplementation on exercise performance and post-exercise recovery in healthy adults: a systematic review. British Journal of Nutrition, 2018, 120, 1201-1216.	1.2	43
75	Melatonin ingestion after exhaustive late-evening exercise improves sleep quality and quantity, and short-term performances in teenage athletes. Chronobiology International, 2018, 35, 1281-1293.	0.9	34
76	Acute and delayed responses of steroidal hormones, blood lactate and biomarkers of muscle damage after a resistance training session: time-of-day effects. Journal of Sports Medicine and Physical Fitness, 2018, 58, 980-989.	0.4	20
77	Soccer-related performance in eumenorrheic Tunisian high-level soccer players: effects of menstrual cycle phase and moment of day. Journal of Sports Medicine and Physical Fitness, 2018, 58, 497-502.	0.4	20
78	Seasonal Differences in the Occurrence of Exercise-Induced Bronchoconstriction in Healthy School Children: Dependence on Climatic Factors. Pediatric, Allergy, Immunology, and Pulmonology, 2018, 31, 132-138.	0.3	0
79	The effect of two weeks Opuntia ficus-indica juice supplementation on heart rate and anaerobic performance. Medicina Dello Sport, 2018, 70, .	0.1	0
80	Repercussions of behavior of Cooperative Teacherâ€™s on health and attractiveness of Tunisian Student Teachers. Fizieskoe Vospitanie Studentov, 2018, 22, 104.	0.9	2
81	Effect of Time-of-Day on Biochemical Markers in Response to Physical Exercise. Journal of Strength and Conditioning Research, 2017, 31, 272-282.	1.0	47
82	Morningâ€“evening difference of team-handball-related short-term maximal physical performances in female team handball players. Journal of Sports Sciences, 2017, 35, 912-920.	1.0	27
83	Effect of music on short-term maximal performance: sprinters vs. long distance runners. Sport Sciences for Health, 2017, 13, 213-216.	0.4	17
84	The effect of air pollution on diurnal variation of performance in anaerobic tests, cardiovascular and hematological parameters, and blood gases on soccer players following the Yoâ€“Yo Intermittent Recovery Test Level-1. Chronobiology International, 2017, 34, 903-920.	0.9	27
85	Effects of time-of-day on oxidative stress, cardiovascular parameters, biochemical markers, and hormonal response following level-1 Yo-Yo intermittent recovery test. Physiology International, 2017, 104, 77-90.	0.8	19
86	Opuntia ficus-indicajuice supplementation: what role it plays on diurnal variation of short-term maximal exercise?. Biological Rhythm Research, 2017, 48, 315-330.	0.4	5
87	The effect of strength training by electrostimulation at a specific time of day on immune response and anaerobic performances during short-term maximal exercise. Biological Rhythm Research, 2017, 48, 157-174.	0.4	5
88	Short versus long small-sided game training during Ramadan in soccer players. Physical Therapy in Sport, 2017, 24, 20-25.	0.8	18
89	Effects of Pomegranate Juice Supplementation on Oxidative Stress Biomarkers Following Weightlifting Exercise. Nutrients, 2017, 9, 819.	1.7	56
90	Comment on â€œInterrelationship between Sleep and Exercise: A Systematic Reviewâ€• Advances in Preventive Medicine, 2017, 2017, 1-1.	1.1	0

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91	Mental skills comparison between elite sprint and endurance track and field runners according to their genetic polymorphism: a pilot study. Journal of Sports Medicine and Physical Fitness, 2017, 57, 1217-1226.	0.4	9
92	One night of partial sleep deprivation increased biomarkers of muscle and cardiac injuries during acute intermittent exercise. Journal of Sports Medicine and Physical Fitness, 2017, 57, 643-651.	0.4	20
93	Formative Assessment: Exploring Tunisian Cooperative Teachers Practices in Physical Education. Pedagogics, Psychology, Medical-Biological Problems of Physical Training and Sports, 2017, 21, 227.	0.4	0
94	Relationship between biomarkers of muscle damage and redox status in response to a weightlifting training session: effect of time-of-day. Acta Physiologica Hungarica, 2016, 103, 243-261.	0.9	24
95	Ã‰ducation physique et sportiveÂ: effet sur les performances cognitives dâ€™Ã©coliers tunisiens. Enfance, 2016, 2016, 315-327.	0.1	0
96	Maximal power training induced different improvement in throwing velocity and muscle strength according to playing positions in elite male handball players. Biology of Sport, 2016, 33, 393-398.	1.7	19
97	Rapid weight loss in the context of Ramadan observance: recommendations for judokas. Biology of Sport, 2016, 33, 407-413.	1.7	11
98	Influence of warm-up duration and recovery interval prior to exercise on anaerobic performance. Biology of Sport, 2016, 33, 361-366.	1.7	24
99	Morning melatonin ingestion and diurnal variation of short-term maximal performances in soccer players. Acta Physiologica Hungarica, 2016, 103, 94-104.	0.9	15
100	The effect of time of day and recovery type after a football game on muscle damage and performance in anaerobic tests on young soccer players. Biological Rhythm Research, 2016, 47, 797-814.	0.4	3
101	The effect of training at the same time-of-day on the diurnal variations of technical ability and swimming performance. Biological Rhythm Research, 2016, 47, 447-461.	0.4	4
102	Effect of time of day on soccer specific skills in children: psychological and physiological responses. Biological Rhythm Research, 2016, 47, 59-68.	0.4	10
103	Does one night of partial sleep deprivation affect the evening performance during intermittent exercise in Taekwondo players?. Journal of Exercise Rehabilitation, 2016, 12, 47-53.	0.4	36
104	Pomegranate Supplementation Accelerates Recovery of Muscle Damage and Soreness and Inflammatory Markers after a Weightlifting Training Session. PLoS ONE, 2016, 11, e0160305.	1.1	55
105	Are schoolchildren respiratory symptoms related to ambient temperature?. , 2016, , .		0
106	Effect of active warm-up duration on morning short-term maximal performance during Ramadan. Libyan Journal of Medicine, 2015, 10, 26229.	0.8	7
107	Aerobic and anaerobic determinants of repeated sprint ability in team sports athletes. Biology of Sport, 2015, 32, 207-212.	1.7	46
108	Does Increasing Active Warm-Up Duration Affect Afternoon Short-Term Maximal Performance during Ramadan?. PLoS ONE, 2015, 10, e0116809.	1.1	6

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109	Listening to Music during Warming-Up Counteracts the Negative Effects of Ramadan Observance on Short-Term Maximal Performance. PLoS ONE, 2015, 10, e0136400.	1.1	14
110	Caloric Restriction Effect on Proinflammatory Cytokines, Growth Hormone, and Steroid Hormone Concentrations during Exercise in Judokas. Oxidative Medicine and Cellular Longevity, 2015, 2015, 1-8.	1.9	36
111	Diurnal variation in stroke parameters and motor organization in front-crawl swimmers. Biological Rhythm Research, 2015, 46, 887-895.	0.4	3
112	One night of partial sleep deprivation affects biomarkers of cardiac damage, but not cardiovascular and lipid profiles, in young athletes. Biological Rhythm Research, 2015, 46, 715-724.	0.4	10
113	Does Ramadan fasting affect acylated ghrelin and growth hormone concentrations during short-term maximal exercise in the afternoon?. Biological Rhythm Research, 2015, 46, 691-701.	0.4	14
114	Effect of sport practice and warm-up duration on the morningâ€“evening difference in anaerobic exercise performance and perceptual responses to it. Biological Rhythm Research, 2015, 46, 497-509.	0.4	6
115	Relation entre musique et performance sportiveÂ: vers une perspective complexe et dynamique. Science and Sports, 2015, 30, 119-125.	0.2	17
116	Post-resistance training detraining: time-of-day effects on training and testing outcomes. Biological Rhythm Research, 2015, 46, 897-907.	0.4	10
117	Does post-warm-up rest interval affect the diurnal variation of 30-s Wingate cycle ergometry?. Biological Rhythm Research, 2015, 46, 949-963.	0.4	5
118	Acute and delayed responses of C-reactive protein, malondialdehyde and antioxidant markers after resistance training session in elite weightlifters: Effect of time of day. Chronobiology International, 2015, 32, 1211-1222.	0.9	36
119	Diurnal variation and weekly pattern on physical performance in Tunisian children. Science and Sports, 2015, 30, 41-46.	0.2	4
120	Warm-up durations and time-of-day impacts on rate of perceived exertion after short-term maximal performance. Biological Rhythm Research, 2014, 45, 257-265.	0.4	8
121	The effect of Ramadan intermittent fasting on dynamic postural control in judo athletes. Biological Rhythm Research, 2014, 45, 27-36.	0.4	6
122	Effect of time of day and partial sleep deprivation on the reaction time and the attentional capacities of the handball goalkeeper. Biological Rhythm Research, 2014, 45, 183-191.	0.4	55
123	Effect of partial sleep deprivation and racial variation on short-term maximal performance. Biological Rhythm Research, 2014, , 1-10.	0.4	2
124	The effect of time of day on hormonal responses to resistance exercise. Biological Rhythm Research, 2014, 45, 247-256.	0.4	17
125	Effect of two types of partial sleep deprivation on Taekwondo playersâ€™ performance during intermittent exercise. Biological Rhythm Research, 2014, 45, 17-26.	0.4	24
126	Time-of-day effect on dart-throwing performance and the perception of the difficulty of the task in 9â€“10â€‰year-old boys. Biological Rhythm Research, 2014, 45, 523-532.	0.4	10

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127	Diurnal variations of cognitive performances in Tunisian children. Biological Rhythm Research, 2014, 45, 61-67.	0.4	5
128	Diurnal variations on cognitive performances in handball goalkeepers. Biological Rhythm Research, 2014, 45, 93-101.	0.4	22
129	Time-of-day and warm-up durations effects on thermoregulation and anaerobic performance in moderate conditions. Biological Rhythm Research, 2014, 45, 495-508.	0.4	9
130	Effects of two types of partial sleep deprivation on hematological responses during intermittent exercise: A pilot study. Science and Sports, 2014, 29, 266-274.	0.2	12
131	Effect of nocturnal melatonin ingestion on short-term anaerobic performance in soccer players. Biological Rhythm Research, 2014, 45, 885-893.	0.4	15
132	Does Ramadan fasting affect the diurnal variations in metabolic responses and total antioxidant capacity during exercise in young soccer players?. Sport Sciences for Health, 2014, 10, 97-104.	0.4	27
133	The effect of the time-of-day of training during Ramadan on soccer playersâ€™ chronotype and mood states. Sport Sciences for Health, 2014, 10, 143-147.	0.4	15
134	Diurnal variation in long- and short-duration exercise performance and mood states in boys. Sport Sciences for Health, 2014, 10, 183-187.	0.4	10
135	EFFECT OF THE NUMBER OF SPRINT REPETITIONS ON THE VARIATION OF BLOOD LACTATE CONCENTRATION IN REPEATED SPRINT SESSIONS. Biology of Sport, 2014, 31, 151-156.	1.7	17
136	Effects of Ramadan intermittent fasting on postural control in judo athletes. Biological Rhythm Research, 2013, 44, 237-244.	0.4	9
137	The Impact of Partial Sleep Deprivation on the Diurnal Variations of Cognitive Performance in Trained Subjects. Procedia, Social and Behavioral Sciences, 2013, 82, 392-396.	0.5	7
138	The challenge of rapid weight loss prior to competition for Muslim combat sport athletes during Ramadan. Biological Rhythm Research, 2013, 44, 876-884.	0.4	4
139	Effect of time of day and partial sleep deprivation on plasma concentrations of IL-6 during a short-term maximal performance. European Journal of Applied Physiology, 2013, 113, 241-248.	1.2	96
140	The effect of partial sleep deprivation on the reaction time and the attentional capacities of the handball goalkeeper. Biological Rhythm Research, 2013, 44, 503-510.	0.4	50
141	Effects of Partial Sleep Deprivation on Proinflammatory Cytokines, Growth Hormone, and Steroid Hormone Concentrations During Repeated Brief Sprint Interval Exercise. Chronobiology International, 2013, 30, 502-509.	0.9	63
142	Effects of three types of chronobiotics on anaerobic performances and their diurnal variations. Biological Rhythm Research, 2013, 44, 245-254.	0.4	16
143	Effect of a Moderate-Intensity Aerobic Exercise on Estimates of Egocentric Distance. Perceptual and Motor Skills, 2013, 116, 658-670.	0.6	9
144	Effect of Static and Dynamic Stretching on the Diurnal Variations of Jump Performance in Soccer Players. PLoS ONE, 2013, 8, e70534.	1.1	39

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145	EFFECTS OF RECOVERY TYPE ON JUDOKAS' SHORT-TERM MAXIMAL PERFORMANCES DURING A SIMULATED COMPETITION. British Journal of Sports Medicine, 2013, 47, e3.8-e3.	3.1	4
146	Time-of-day effects on biochemical responses to soccer-specific endurance in elite Tunisian football players. Journal of Sports Sciences, 2013, 31, 963-971.	1.0	43
147	Effects of partial sleep deprivation at the end of the night on anaerobic performances in judokas. Biological Rhythm Research, 2013, 44, 815-821.	0.4	31
148	The effect of time-of-day and judo match on short-term maximal performances in judokas. Biological Rhythm Research, 2013, 44, 797-806.	0.4	40
149	Effect of time-of-day and racial variation on short-term maximal performance. Biological Rhythm Research, 2013, 44, 787-796.	0.4	13
150	Effects of Ramadan on the diurnal variations of physical performance and perceived exertion in adolescent soccer players. Biological Rhythm Research, 2013, 44, 869-875.	0.4	26
151	Effects of Ramadan fasting on male judokasâ€™ performances in specific and non-specific judo tasks. Biological Rhythm Research, 2013, 44, 645-654.	0.4	20
152	Effects of Ramadan on the Diurnal Variations of Repeated-Sprint Performance. International Journal of Sports Physiology and Performance, 2013, 8, 254-263.	1.1	58
153	Effects of Time-of-Day and Partial Sleep Deprivation on Short-Term Maximal Performances of Judo Competitors. Journal of Strength and Conditioning Research, 2013, 27, 2473-2480.	1.0	106
154	Concomitant Effects of Ramadan Fasting and Time-Of-Day on Apolipoprotein AI, B, Lp-a and Homocysteine Responses during Aerobic Exercise in Tunisian Soccer Players. PLoS ONE, 2013, 8, e79873.	1.1	35
155	Effect of time-of-day of aerobic maximal exercise on the sleep quality of trained subjects. Biological Rhythm Research, 2012, 43, 323-330.	0.4	40
156	The effect of Ramadan fasting on the diurnal variations in aerobic and anaerobic performances in Tunisian youth soccer players. Biological Rhythm Research, 2012, 43, 177-190.	0.4	58
157	Morning-to-evening difference of biomarkers of muscle injury and antioxidant status in young trained soccer players. Biological Rhythm Research, 2012, 43, 431-438.	0.4	39
158	Racial variation of aerobic and anaerobic performances in sedentary men. Open Journal of Internal Medicine, 2012, 02, 129-133.	0.1	4
159	The Effect of Training at a Specific Time of Day. Journal of Strength and Conditioning Research, 2012, 26, 1984-2005.	1.0	215
160	The Effect of Strength Training at the Same Time of the Day on the Diurnal Fluctuations of Muscular Anaerobic Performances. Journal of Strength and Conditioning Research, 2012, 26, 217-225.	1.0	92
161	The Effect of Training at the Same Time of Day and Tapering Period on the Diurnal Variation of Short Exercise Performances. Journal of Strength and Conditioning Research, 2012, 26, 697-708.	1.0	89
162	The Effect of Training at a Specific Time-of-Day on the Diurnal Variations of Short-Term Exercise Performances in 10- to 11-Year-Old Boys. Pediatric Exercise Science, 2012, 24, 84-99.	0.5	61

#	Article	IF	Citations
163	Biochemical Responses to Level-1 Yo-Yo Intermittent Recovery Test in Young Tunisian Football Players. Asian Journal of Sports Medicine, 2012, 4, 23-8.	0.1	14
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