

Benjamin Gardner

List of Publications by Year in descending order

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Version: 2024-02-01

138
papers

9,247
citations

61857

43
h-index

46693

89
g-index

147
all docs

147
docs citations

147
times ranked

9156
citing authors

#	ARTICLE	IF	CITATIONS
1	A review and analysis of the use of "habit"™ in understanding, predicting and influencing health-related behaviour. <i>Health Psychology Review</i> , 2015, 9, 277-295.	4.4	669
2	Promoting habit formation. <i>Health Psychology Review</i> , 2013, 7, S137-S158.	4.4	544
3	Towards parsimony in habit measurement: Testing the convergent and predictive validity of an automaticity subscale of the Self-Report Habit Index. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 102.	2.0	526
4	A Systematic Review and Meta-analysis of Applications of the Self-Report Habit Index to Nutrition and Physical Activity Behaviours. <i>Annals of Behavioral Medicine</i> , 2011, 42, 174-187.	1.7	431
5	Making health habitual: the psychology of "habit-formation"™ and general practice. <i>British Journal of General Practice</i> , 2012, 62, 664-666.	0.7	374
6	How to reduce sitting time? A review of behaviour change strategies used in sedentary behaviour reduction interventions among adults. <i>Health Psychology Review</i> , 2016, 10, 89-112.	4.4	357
7	Mainstream consumers driving plug-in battery-electric and plug-in hybrid electric cars: A qualitative analysis of responses and evaluations. <i>Transportation Research, Part A: Policy and Practice</i> , 2012, 46, 140-153.	2.0	340
8	What drives car use? A grounded theory analysis of commuters'™ reasons for driving. <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2007, 10, 187-200.	1.8	290
9	Modelling motivation and habit in stable travel mode contexts. <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2009, 12, 68-76.	1.8	209
10	Experiences of habit formation: A qualitative study. <i>Psychology, Health and Medicine</i> , 2011, 16, 484-489.	1.3	202
11	Changing diet and physical activity to reduce gestational weight gain: a meta-analysis. <i>Obesity Reviews</i> , 2011, 12, e602-20.	3.1	201
12	Using theory to synthesise evidence from behaviour change interventions: The example of audit and feedback. <i>Social Science and Medicine</i> , 2010, 70, 1618-1625.	1.8	190
13	Psychological correlates of car use: A meta-analysis. <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2008, 11, 300-311.	1.8	186
14	Forming a flossing habit: An exploratory study of the psychological determinants of habit formation. <i>British Journal of Health Psychology</i> , 2013, 18, 338-353.	1.9	174
15	Habitual behaviors or patterns of practice? Explaining and changing repetitive climate-relevant actions. <i>Wiley Interdisciplinary Reviews: Climate Change</i> , 2015, 6, 113-128.	3.6	164
16	Habitual instigation and habitual execution: Definition, measurement, and effects on behaviour frequency. <i>British Journal of Health Psychology</i> , 2016, 21, 613-630.	1.9	160
17	Can we reduce car use and, if so, how? A review of available evidence. <i>Transportation Research, Part A: Policy and Practice</i> , 2011, 45, 401-418.	2.0	156
18	Healthy feeding habits: efficacy results from a cluster-randomized, controlled exploratory trial of a novel, habit-based intervention with parents. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 769-777.	2.2	130

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19	Putting habit into practice, and practice into habit: a process evaluation and exploration of the acceptability of a habit-based dietary behaviour change intervention. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 135.	2.0	128
20	Going Green? Modeling the Impact of Environmental Concerns and Perceptions of Transportation Alternatives on Decisions to Drive. <i>Journal of Applied Social Psychology</i> , 2010, 40, 831-849.	1.3	119
21	Does intrinsic motivation strengthen physical activity habit? Modeling relationships between self-determination, past behaviour, and habit strength. <i>Journal of Behavioral Medicine</i> , 2013, 36, 488-497.	1.1	116
22	Weekday and weekend patterns of objectively measured sitting, standing, and stepping in a sample of office-based workers: the active buildings study. <i>BMC Public Health</i> , 2015, 15, 9.	1.2	113
23	Habit, identity, and repetitive action: A prospective study of binge drinking in UK students. <i>British Journal of Health Psychology</i> , 2012, 17, 565-581.	1.9	112
24	Patterns and correlates of physical activity behaviour over 10 years in older adults: prospective analyses from the English Longitudinal Study of Ageing. <i>BMJ Open</i> , 2015, 5, e007423-e007423.	0.8	107
25	Relationship between sedentary behavior and depression: A mediation analysis of influential factors across the lifespan among 42,469 people in low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2018, 229, 231-238.	2.0	107
26	Modelling Habit Formation and Its Determinants. , 2018, , 207-229.		107
27	Internet-based intervention for smoking cessation (StopAdvisor) in people with low and high socioeconomic status: a randomised controlled trial. <i>Lancet Respiratory Medicine</i> , 2014, 2, 997-1006.	5.2	104
28	Acceptability of a theory-based sedentary behaviour reduction intervention for older adults (â€œOn Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5	1.2	98
29	Habitual exercise instigation (vs. execution) predicts healthy adultsâ€™ exercise frequency.. <i>Health Psychology</i> , 2016, 35, 69-77.	1.3	98
30	Health promotion interventions for community-dwelling older people with mild or pre-frailty: a systematic review and meta-analysis. <i>BMC Geriatrics</i> , 2017, 17, 157.	1.1	90
31	Beyond the â€œteachable momentâ€™ â€œ A conceptual analysis of women's perinatal behaviour change. <i>Women and Birth</i> , 2016, 29, e67-e71.	0.9	82
32	On Your Feet to Earn Your Seat: pilot RCT of a theory-based sedentary behaviour reduction intervention for older adults. <i>Pilot and Feasibility Studies</i> , 2017, 3, 23.	0.5	72
33	â€œOn Your Feet to Earn Your Seatâ€™, a habit-based intervention to reduce sedentary behaviour in older adults: study protocol for a randomized controlled trial. <i>Trials</i> , 2014, 15, 368.	0.7	68
34	â€œDistancersâ€™ and â€œnonâ€œdistancersâ€™? The potential social psychological impact of moralizing COVIDâ€œ19 mitigating practices on sustained behaviour change. <i>British Journal of Social Psychology</i> , 2020, 59, 653-662.	1.8	66
35	Does habit weaken the relationship between intention and behaviour? Revisiting the habitâ€œintention interaction hypothesis. <i>Social and Personality Psychology Compass</i> , 2020, 14, e12553.	2.0	66
36	Swallowing interventions for the treatment of dysphagia after head and neck cancer: a systematic review of behavioural strategies used to promote patient adherence to swallowing exercises. <i>BMC Cancer</i> , 2017, 17, 43.	1.1	64

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37	Predicting Automaticity in Exercise Behaviour: The Role of Perceived Behavioural Control, Affect, Intention, Action Planning, and Behaviour. <i>International Journal of Behavioral Medicine</i> , 2014, 21, 767-774.	0.8	63
38	Reflecting on non-reflective action: An exploratory think-aloud study of self-report habit measures. <i>British Journal of Health Psychology</i> , 2014, 19, 258-273.	1.9	58
39	Childhood correlates of adult TV viewing time: a 32-year follow-up of the 1970 British Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2015, 69, 309-313.	2.0	53
40	Contesting the "national interest" and maintaining "our lifestyle": A discursive analysis of political rhetoric around climate change. <i>British Journal of Social Psychology</i> , 2010, 49, 601-625.	1.8	52
41	Active Commuting and Habit Strength: An Interactive and Discriminant Analyses Approach. <i>American Journal of Health Promotion</i> , 2011, 25, e27-e36.	0.9	50
42	Development of StopAdvisor. <i>Translational Behavioral Medicine</i> , 2012, 2, 263-275.	1.2	50
43	Evolution of physical activity habits after a context change: The case of COVID-19 lockdown. <i>British Journal of Health Psychology</i> , 2021, 26, 1135-1154.	1.9	49
44	Home-based health promotion for older people with mild frailty: the HomeHealth intervention development and feasibility RCT. <i>Health Technology Assessment</i> , 2017, 21, 1-128.	1.3	48
45	The Measurement of Habit. , 2018, , 31-49.		47
46	The ways that people talk about natural resources: Discursive strategies as barriers to environmentally sustainable practices. <i>British Journal of Social Psychology</i> , 2005, 44, 603-620.	1.8	45
47	Mental health and well-being concerns of fly-in fly-out workers and their partners in Australia: a qualitative study. <i>BMJ Open</i> , 2018, 8, e019516.	0.8	42
48	Depressive symptoms, handgrip strength, and weight status in US older adults. <i>Journal of Affective Disorders</i> , 2018, 238, 305-310.	2.0	39
49	Psychological predictors of dietary intentions in pregnancy. <i>Journal of Human Nutrition and Dietetics</i> , 2012, 25, 345-353.	1.3	37
50	What contributes to action plan enactment? Examining characteristics of physical activity plans. <i>British Journal of Health Psychology</i> , 2017, 22, 940-957.	1.9	37
51	What psychological and behaviour changes are initiated by "expert patient" training and what training techniques are most helpful?. <i>Psychology and Health</i> , 2009, 24, 1153-1165.	1.2	36
52	Intrinsic Rewards, Fruit and Vegetable Consumption, and Habit Strength: A Three-Wave Study Testing the Associative-Cybernetic Model. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 119-134.	1.6	35
53	Association between participation in outdoor play and sport at 10years old with physical activity in adulthood. <i>Preventive Medicine</i> , 2015, 74, 31-35.	1.6	35
54	Beliefs underlying UK parents' views towards MMR promotion interventions: A qualitative study. <i>Psychology, Health and Medicine</i> , 2010, 15, 220-230.	1.3	34

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55	Specifying the content of home-based health behaviour change interventions for older people with frailty or at risk of frailty: an exploratory systematic review. <i>BMJ Open</i> , 2017, 7, e014127.	0.8	34
56	Patient Experiences of Swallowing Exercises After Head and Neck Cancer: A Qualitative Study Examining Barriers and Facilitators Using Behaviour Change Theory. <i>Dysphagia</i> , 2017, 32, 559-569.	1.0	34
57	Is sitting invisible? Exploring how people mentally represent sitting. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 85.	2.0	34
58	Staff and student views of lecture capture: a qualitative study. <i>International Journal of Educational Technology in Higher Education</i> , 2019, 16, .	4.5	34
59	A pilot study of StopAdvisor: A theory-based interactive internet-based smoking cessation intervention aimed across the social spectrum. <i>Addictive Behaviors</i> , 2012, 37, 1365-1370.	1.7	32
60	Exploratory study of the impact of perceived reward on habit formation. <i>BMC Psychology</i> , 2018, 6, 62.	0.9	32
61	Seeking Health Information and Support Online: Does It Differ as a Function of Engagement in Risky Health Behaviors? Evidence From the Health Information National Trends Survey. <i>Journal of Medical Internet Research</i> , 2014, 16, e253.	2.1	32
62	How we are misinterpreting physical activity intention “ behavior relations and what to do about it. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 71.	2.0	30
63	A matter of habit: Recognizing the multiple roles of habit in health behaviour. <i>British Journal of Health Psychology</i> , 2019, 24, 241-249.	1.9	30
64	Do habits always override intentions? Pitting unhealthy snacking habits against snack-avoidance intentions. <i>BMC Psychology</i> , 2015, 3, 8.	0.9	29
65	Correlates of physical activity among community-dwelling adults aged 50 or over in six low- and middle-income countries. <i>PLoS ONE</i> , 2017, 12, e0186992.	1.1	28
66	Role of habit in treatment adherence among adults with cystic fibrosis. <i>Thorax</i> , 2019, 74, 197-199.	2.7	28
67	Habit Interventions. , 2020, , 599-616.		28
68	Breaking habits or breaking habitual behaviours? Old habits as a neglected factor in weight loss maintenance. <i>Appetite</i> , 2021, 162, 105183.	1.8	28
69	Developing habit-based health behaviour change interventions: twenty-one questions to guide future research. <i>Psychology and Health</i> , 2023, 38, 518-540.	1.2	26
70	Sociodemographic, behavioural and health factors associated with changes in older adults’s TV viewing over 2Åyears. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 102.	2.0	25
71	Office workers’s experiences of attempts to reduce sitting-time: an exploratory, mixed-methods uncontrolled intervention pilot study. <i>BMC Public Health</i> , 2019, 19, 819.	1.2	25
72	How does habit form? Guidelines for tracking real-world habit formation. <i>Cogent Psychology</i> , 2022, 9, .	0.6	25

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73	Correlates of children's independent outdoor play: Cross-sectional analyses from the Millennium Cohort Study. <i>Preventive Medicine Reports</i> , 2017, 8, 10-14.	0.8	24
74	How, when and why do young women use nutrition information on food labels? A qualitative analysis. <i>Psychology and Health</i> , 2013, 28, 202-216.	1.2	23
75	Defining and measuring the habit impulse: response to commentaries. <i>Health Psychology Review</i> , 2015, 9, 318-322.	4.4	23
76	Experiences of hearing loss and views towards interventions to promote uptake of rehabilitation support among UK adults. <i>International Journal of Audiology</i> , 2016, 55, 666-673.	0.9	23
77	Health behaviours of Australian fly-in, fly-out workers and partners during on-shift and off-shift days: an ecological momentary assessment study. <i>BMJ Open</i> , 2018, 8, e023631.	0.8	23
78	Identifying acceptable components for home-based health promotion services for older people with mild frailty: A qualitative study. <i>Health and Social Care in the Community</i> , 2018, 26, 393-403.	0.7	22
79	“Habitually deciding” or “habitually doing”? A response to Hagger (2019). <i>Psychology of Sport and Exercise</i> , 2020, 47, 101539.	1.1	22
80	The needs and preferences of pregnant smokers regarding tailored Internet-based smoking cessation interventions: a qualitative interview study. <i>BMC Public Health</i> , 2014, 14, 1070.	1.2	21
81	Implementation of Evidence-Based Practice From a Learning Perspective. <i>Worldviews on Evidence-Based Nursing</i> , 2017, 14, 192-199.	1.2	20
82	Behaviour change among overweight and socially disadvantaged adults: A longitudinal study of the NHS Health Trainer Service. <i>Psychology and Health</i> , 2012, 27, 1178-1193.	1.2	19
83	Improving swallowing outcomes in patients with head and neck cancer using a theory-based pretreatment swallowing intervention package: protocol for a randomised feasibility study. <i>BMJ Open</i> , 2017, 7, e014167.	0.8	18
84	“Could you sit down please?” A qualitative analysis of employees’ experiences of standing in normally-seated workplace meetings. <i>PLoS ONE</i> , 2018, 13, e0198483.	1.1	18
85	Predicting what mothers feed their preschoolers: Guided by an extended theory of planned behaviour. <i>Appetite</i> , 2019, 137, 250-258.	1.8	18
86	Staff and students perception of lecture capture. <i>Internet and Higher Education</i> , 2020, 46, 100732.	4.2	18
87	Determinants of objective adherence to nebulised medications among adults with cystic fibrosis: an exploratory mixed methods study comparing low and high adherers. <i>Health Psychology and Behavioral Medicine</i> , 2017, 5, 299-316.	0.8	17
88	How did the public respond to the 2015 expert consensus public health guidance statement on workplace sedentary behaviour? A qualitative analysis. <i>BMC Public Health</i> , 2017, 17, 47.	1.2	17
89	SIP SMART: a parallel group randomised feasibility trial of a tailored pre-treatment swallowing intervention package compared with usual care for patients with head and neck cancer. <i>BMC Cancer</i> , 2020, 20, 360.	1.1	17
90	Modelling predictors of UK undergraduates’ attitudes towards smart drugs. <i>Trends in Neuroscience and Education</i> , 2019, 14, 33-39.	1.5	16

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91	â€˜The Habitual Use of the Self-report Habit Indexâ€™™: A Reply. <i>Annals of Behavioral Medicine</i> , 2012, 43, 141-142.	1.7	15
92	Comparing motivational, self-regulatory and habitual processes in a computer-tailored physical activity intervention in hospital employees - protocol for the PATHS randomised controlled trial. <i>BMC Public Health</i> , 2017, 17, 518.	1.2	15
93	Helping Patients With Head and Neck Cancer Understand Dysphagia: Exploring the Use of Video-Animation. <i>American Journal of Speech-Language Pathology</i> , 2019, 28, 697-705.	0.9	15
94	The Post-Pandemic Lecture: Views from Academic Staff across the UK. <i>Education Sciences</i> , 2022, 12, 123.	1.4	15
95	What influences the selection of contextual cues when starting a new routine behaviour? An exploratory study. <i>BMC Psychology</i> , 2020, 8, 29.	0.9	14
96	Public support in England for raising the price of cigarettes to fund tobacco control activities. <i>Tobacco Control</i> , 2010, 19, 331-333.	1.8	13
97	Identification of behaviour change components in swallowing interventions for head and neck cancer patients: protocol for a systematic review. <i>Systematic Reviews</i> , 2015, 4, 89.	2.5	13
98	Are parents more willing to vaccinate their children than themselves?. <i>Journal of Health Psychology</i> , 2016, 21, 781-787.	1.3	13
99	Occupational Physical Activity Habits of UK Office Workers: Cross-Sectional Data from the Active Buildings Study. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 1214.	1.2	12
100	Health promotion for mild frailty based on behaviour change: Perceptions of older people and service providers. <i>Health and Social Care in the Community</i> , 2019, 27, 1333-1343.	0.7	12
101	A method for studying decision-making by guideline development groups. <i>Implementation Science</i> , 2009, 4, 48.	2.5	11
102	Physical activity levels in children with sensory problems: Cross-sectional analyses from the Millennium Cohort Study. <i>Disability and Health Journal</i> , 2018, 11, 58-61.	1.6	11
103	Changing healthcare professionals' non-reflective processes to improve the quality of care. <i>Social Science and Medicine</i> , 2022, 298, 114840.	1.8	11
104	Towards consensus in conceptualizing and operationalizing physical activity maintenance. <i>Psychology of Sport and Exercise</i> , 2022, 61, 102214.	1.1	11
105	â€˜On Your Feet to Earn Your Seatâ€™™: update to randomised controlled trial protocol. <i>Trials</i> , 2015, 16, 330.	0.7	10
106	Moving upstream in health promoting policies for older people with early frailty in England? A policy analysis. <i>Journal of Health Services Research and Policy</i> , 2018, 23, 168-175.	0.8	10
107	Accounting for automatic processes in sleep health. <i>Journal of Sleep Research</i> , 2020, 29, e12987.	1.7	10
108	Validation of the CPAP Habit Index-5: A Tool to Understand Adherence to CPAP Treatment in Patients with Obstructive Sleep Apnea. <i>Sleep Disorders</i> , 2014, 2014, 1-9.	0.8	9

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109	Promoting <sc>CPAP</sc> adherence in clinical practice: A survey of Swedish and Norwegian <sc>CPAP</sc> practitionersâ€™ beliefs and practices. <i>Journal of Sleep Research</i> , 2018, 27, e12675.	1.7	9
110	A case study: Views on the practice of opting in and out of lecture capture. <i>Education and Information Technologies</i> , 2019, 24, 3075-3090.	3.5	9
111	The ReSiT study (reducing sitting time): rationale and protocol for an exploratory pilot study of an intervention to reduce sitting time among office workers. <i>Pilot and Feasibility Studies</i> , 2017, 3, 47.	0.5	8
112	Towards a Psychology of the Foodâ€Energyâ€Water Nexus: Costs and Opportunities. <i>Journal of Social Issues</i> , 2020, 76, 136-149.	1.9	8
113	Views towards compulsory MMR vaccination in the UK. <i>Archives of Disease in Childhood</i> , 2010, 95, 658-659.	1.0	7
114	Correlates of sedentary behavior among community-dwelling adults with anxiety in six low- and middle-income countries. <i>Psychiatry Research</i> , 2019, 273, 501-508.	1.7	7
115	Understanding the relationship between safety beliefs and knowledge for cognitive enhancers in UK university students. <i>PLoS ONE</i> , 2021, 16, e0244865.	1.1	7
116	Behavioral Intervention Components Associated With Cost-effectiveness: A Comparison of Six Domains. <i>Annals of Behavioral Medicine</i> , 2022, 56, 176-192.	1.7	7
117	Effects of captions, transcripts and reminders on learning and perceptions of lecture capture. <i>International Journal of Educational Technology in Higher Education</i> , 2022, 19, 20.	4.5	7
118	<p>A pragmatic behavior-based habit index for adherence to nebulized treatments among adults with cystic fibrosis</p>. <i>Patient Preference and Adherence</i> , 2019, Volume 13, 283-294.	0.8	6
119	Parents and children active together: a randomized trial protocol examining motivational, regulatory, and habitual intervention approaches. <i>BMC Public Health</i> , 2020, 20, 1436.	1.2	6
120	Accounting for the role of habit in lifestyle intervention research. <i>European Journal of Cardiovascular Nursing</i> , 2013, 12, 5-6.	0.4	5
121	From â€does it work?â€™ to â€what makes it work?â€™: The importance of making assumptions explicit when designing and evaluating behavioural interventions. <i>European Journal of Cardiovascular Nursing</i> , 2014, 13, 292-294.	0.4	5
122	Sedentary Behavior and Mental Health. , 2018, , 107-119.		5
123	Do preparatory behaviours predict alcohol consumption among UK university students?. <i>British Journal of Health Psychology</i> , 2021, 26, 343-359.	1.9	5
124	Home-based, tailored intervention for reducing falls after stroke (FAST): Protocol for a randomized trial. <i>International Journal of Stroke</i> , 2021, 16, 174749302199199.	2.9	5
125	The Automaticity of Positive and Negative Thinking: A Scoping Review of Mental Habits. <i>Cognitive Therapy and Research</i> , 2021, 45, 1037-1063.	1.2	5
126	Challenges, opportunities and solutions for local physical activity stakeholders: an implementation case study from a cross-sectoral physical activity network in Northeast England. <i>BMC Public Health</i> , 2020, 20, 1760.	1.2	5

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127	Identifying the content of home-based health behaviour change interventions for frail older people: a systematic review protocol. <i>Systematic Reviews</i> , 2015, 4, 151.	2.5	4
128	A dual process model to predict adolescents' screen time and physical activity. <i>Psychology and Health</i> , 2023, 38, 827-846.	1.2	4
129	Family-based habit intervention to promote parent support for child physical activity in Canada: protocol for a randomised trial. <i>BMJ Open</i> , 2020, 10, e033732.	0.8	4
130	How do people interpret and respond to self-report sitting time questionnaires? a think-aloud study. <i>Psychology of Sport and Exercise</i> , 2020, 50, 101718.	1.1	3
131	Habit Facilitates Actioning Sun Protective Behavior Intentions. <i>Behavioral Medicine</i> , 2022, 48, 313-319.	1.0	3
132	A randomised controlled trial of a theory-based interactive internet-based smoking cessation intervention (StopAdvisor): Study protocol. <i>Journal of Smoking Cessation</i> , 2013, 8, 63-70.	0.3	2
133	Identifying as someone who avoids virus transmission strengthens physical distancing habit-behaviour relationships: A longitudinal multinational study during the COVID-19 pandemic. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 1464-1482.	1.6	2
134	Clinical and cost-effectiveness of a personalised health promotion intervention enabling independence in older people with mild frailty (HomeHealth) compared to treatment as usual: study protocol for a randomised controlled trial. <i>BMC Geriatrics</i> , 2022, 22, .	1.1	2
135	How do office workers respond to media coverage of sitting?. <i>Occupational Medicine</i> , 2019, 69, 372-375.	0.8	1
136	Family-based habit intervention to promote parent support for child physical activity in Canada: protocol for a randomised trial. <i>BMJ Open</i> , 2020, 10, e033732.	0.8	1
137	Experiences of successful physical activity maintenance among adults with type 2 diabetes: a theory-based qualitative study. <i>Psychology and Health</i> , 2024, 39, 399-416.	1.2	1
138	Reflective and non-reflective influences on cannabis use among undergraduate students: A qualitative study. <i>Journal of American College Health</i> , 2024, 72, 328-334.	0.8	0