Sigve N Aas

List of Publications by Year in descending order

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1937632 2272907 64 4 4 4 citations h-index g-index papers 4 4 4 133 docs citations times ranked citing authors all docs

#	Article	lF	CITATIONS
1	Musculoskeletal adaptations to strength training in frail elderly: a matter of quantity or quality?. Journal of Cachexia, Sarcopenia and Muscle, 2020, 11, 663-677.	7.3	25
2	The impact of age and frailty on skeletal muscle autophagy markers and specific strength: A cross-sectional comparison. Experimental Gerontology, 2019, 125, 110687.	2.8	22
3	Strength training and protein supplementation improve muscle mass, strength, and function in mobility-limited older adults: a randomized controlled trial. Aging Clinical and Experimental Research, 2020, 32, 605-616.	2.9	13
4	Effects of acute and chronic strength training on skeletal muscle autophagy in frail elderly men and women. Experimental Gerontology, 2020, 142, 111122.	2.8	4