

John A Updegraff

List of Publications by Citations

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Version: 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

46
papers

5,145
citations

27
h-index

47
g-index

47
ext. papers

5,839
ext. citations

3.6
avg, IF

5.71
L-index

#	Paper	IF	Citations
46	Biobehavioral responses to stress in females: tend-and-befriend, not fight-or-flight. <i>Psychological Review</i> , 2000 , 107, 411-29	6.3	2257
45	Health message framing effects on attitudes, intentions, and behavior: a meta-analytic review. <i>Annals of Behavioral Medicine</i> , 2012 , 43, 101-16	4.5	603
44	Mindfulness and its relationship to emotional regulation. <i>Emotion</i> , 2012 , 12, 81-90	4.1	292
43	Searching for and finding meaning in collective trauma: results from a national longitudinal study of the 9/11 terrorist attacks. <i>Journal of Personality and Social Psychology</i> , 2008 , 95, 709-22	6.5	205
42	Dispositional motivations and message framing: a test of the congruency hypothesis in college students. <i>Health Psychology</i> , 2004 , 23, 330-4	5	166
41	Positive and Negative Effects of HIV Infection in Women with Low Socioeconomic Resources. <i>Personality and Social Psychology Bulletin</i> , 2002 , 28, 382-394	4.1	136
40	Dispositional mindfulness moderates the effects of stress among adolescents: rumination as a mediator. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2012 , 41, 760-70	5.4	118
39	Approach/Avoidance Motivation, Message Framing, and Health Behavior: Understanding the Congruency Effect. <i>Motivation and Emotion</i> , 2006 , 30, 165-169	2.5	118
38	The effects of message quality and congruency on perceptions of tailored health communications. <i>Journal of Experimental Social Psychology</i> , 2007 , 43, 249-257	2.6	117
37	From Culture To Priming Conditions: Self-Construal Influences on Life Satisfaction Judgments. <i>Journal of Cross-Cultural Psychology</i> , 2008 , 39, 3-15	1.9	87
36	Theory of Planned Behavior explains gender difference in fruit and vegetable consumption. <i>Appetite</i> , 2012 , 59, 693-7	4.5	78
35	What makes experiences satisfying? The interaction of approach-avoidance motivations and emotions in well-being. <i>Journal of Personality and Social Psychology</i> , 2004 , 86, 496-504	6.5	76
34	Perceived susceptibility to breast cancer moderates the effect of gain- and loss-framed messages on use of screening mammography. <i>Health Psychology</i> , 2011 , 30, 145-52	5	68
33	Health Message Framing: Moderators, Mediators, and Mysteries. <i>Social and Personality Psychology Compass</i> , 2013 , 7, 668-679	3	58
32	Using the Internet to help with diet, weight, and physical activity: results from the Health Information National Trends Survey (HINTS). <i>Journal of Medical Internet Research</i> , 2013 , 15, e148	7.6	53
31	Acute cold exposure and cognitive function: evidence for sustained impairment. <i>Ergonomics</i> , 2012 , 55, 792-8	2.9	50
30	Serum ghrelin is inversely associated with cognitive function in a sample of non-demented elderly. <i>Psychiatry and Clinical Neurosciences</i> , 2010 , 64, 608-11	6.2	47

29	Improving Medical Decision Making and Health Promotion through Culture-Sensitive Health Communication: An Agenda for Science and Practice. <i>Medical Decision Making</i> , 2016 , 36, 811-33	2.5	45
28	Delay and death-thought accessibility: a meta-analysis. <i>Personality and Social Psychology Bulletin</i> , 2015 , 41, 1682-96	4.1	45
27	The relationship between the theory of planned behavior and medication adherence in patients with epilepsy. <i>Epilepsy and Behavior</i> , 2016 , 61, 231-236	3.2	40
26	The role of mindfulness facets in affective forecasting. <i>Personality and Individual Differences</i> , 2010 , 49, 815-818	3.3	39
25	A randomized controlled multimodal behavioral intervention trial for improving antiepileptic drug adherence. <i>Epilepsy and Behavior</i> , 2015 , 52, 133-42	3.2	34
24	The Role of the Self in Responses to Health Communications: A Cultural Perspective. <i>Self and Identity</i> , 2011 , 10, 284-294	1.7	33
23	Sleep hygiene behaviours in Iranian adolescents: an application of the Theory of Planned Behavior. <i>Journal of Sleep Research</i> , 2018 , 27, 23-31	5.8	31
22	Improving oral health behavior: a social psychological approach. <i>Journal of the American Dental Association</i> , 2008 , 139, 1382-7	1.9	30
21	Happiness is a warm abstract thought: Self-construal abstractness and subjective well-being. <i>Journal of Positive Psychology</i> , 2007 , 2, 18-28	3.2	30
20	Message framing for health: moderation by perceived susceptibility and motivational orientation in a diverse sample of Americans. <i>Health Psychology</i> , 2015 , 34, 20-9	5	27
19	When FitTleads to fit, and when FitTleads to fat: how message framing and intrinsic vs. extrinsic exercise outcomes interact in promoting physical activity. <i>Psychology and Health</i> , 2011 , 26, 819-34	2.9	27
18	Intention and planning predicting medication adherence following coronary artery bypass graft surgery. <i>Journal of Psychosomatic Research</i> , 2014 , 77, 287-95	4.1	25
17	Framing flu prevention--an experimental field test of signs promoting hand hygiene during the 2009-2010 H1N1 pandemic. <i>Health Psychology</i> , 2011 , 30, 295-9	5	24
16	The effectiveness of gain-versus loss-framed health messages in improving oral health in Iranian secondary schools: a cluster-randomized controlled trial. <i>Annals of Behavioral Medicine</i> , 2014 , 47, 376-874.5		22
15	Predictors of Perceived Growth Following Direct Exposure to Community Violence. <i>Journal of Social and Clinical Psychology</i> , 2005 , 24, 538-560	1.6	19
14	Physical activity advertisements that feature daily well-being improve autonomy and body image in overweight women but not men. <i>Journal of Obesity</i> , 2012 , 2012, 354721	3.7	18
13	Education differences in cancer fatalism: The role of information-seeking experiences. <i>Journal of Health Psychology</i> , 2018 , 23, 1533-1544	3.1	17
12	Cognitive function during acute cold exposure with or without sleep deprivation lasting 53 hours. <i>Aviation, Space, and Environmental Medicine</i> , 2009 , 80, 703-8		17

11	Application of Regulatory Focus Theory to Search Advertising. <i>Journal of Consumer Marketing</i> , 2014 , 31, 494-502	2	15
10	Sheltering the self from the storm: self-construal abstractness and the stability of self-esteem. <i>Personality and Social Psychology Bulletin</i> , 2010 , 36, 97-108	4.1	15
9	Substituting activities mediates the effect of cognitive flexibility on physical activity: a daily diary study. <i>Journal of Behavioral Medicine</i> , 2017 , 40, 669-674	3.6	13
8	Impact of Cultural Exposure and Message Framing on Oral Health Behavior: Exploring the Role of Message Memory. <i>Medical Decision Making</i> , 2016 , 36, 834-43	2.5	12
7	Predicting Colorectal Cancer Screening among Adults Who Have Never Been Screened: Testing the Interaction between Message Framing and Tailored Risk Feedback. <i>Journal of Health Communication</i> , 2019 , 24, 262-270	2.5	6
6	Reactions to online colorectal cancer risk estimates among a nationally representative sample of adults who have never been screened. <i>Journal of Behavioral Medicine</i> , 2018 , 41, 289-298	3.6	6
5	Associations between social control, motivation, and exercise: How romantic partners influence exercise during young adulthood. <i>Journal of Health Psychology</i> , 2019 , 24, 1425-1435	3.1	6
4	Seeking support in response to social and achievement stressors: A multiveneue analysis. <i>Personal Relationships</i> , 2016 , 23, 364-379	1.2	3
3	From Culture to Priming Conditions: Self-Construal Influences on Life Satisfaction Judgments. <i>Social Indicators Research Series</i> , 2009 , 129-142	0.4	3
2	When Is Congruency Helpful? Interactive Effects of Frame, Motivational Orientation, and Perceived Message Quality on Fruit and Vegetable Consumption. <i>Journal of Health Communication</i> , 2017 , 22, 942-950	2.5	2
1	Message Framing 2020 , 355-361		