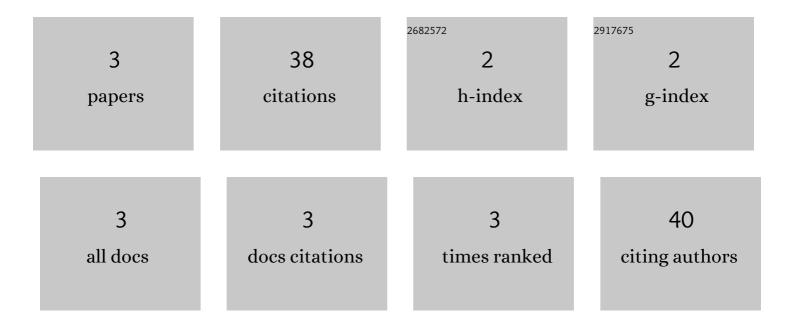
## Adam Koncz

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7714524/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Meditation interventions efficiently reduce cortisol levels of at-risk samples: a meta-analysis. Health Psychology Review, 2021, 15, 56-84.	8.6	33
2	Benefits of a Mindfulness-Based Intervention upon School Entry: A Pilot Study. International Journal of Environmental Research and Public Health, 2021, 18, 12630.	2.6	5
3	Short Mindfulness-Based Relaxation Training has no Effects on Executive Functions but May Reduce Baseline Cortisol Levels of Boys in First Grade: A Pilot Study. Children, 2022, 9, 203.	1.5	Ο