

Mesquita, Phc

List of Publications by Year in descending order

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Version: 2024-02-01

11
papers

208
citations

1162367

8
h-index

1281420

11
g-index

12
all docs

12
docs citations

12
times ranked

241
citing authors

#	ARTICLE	IF	CITATIONS
1	Relationship between Indirect Measures of Aerobic and Muscle Power with Frequency Speed of Kick Test Multiple Performance in Taekwondo Athletes. <i>International Journal of Sports Medicine</i> , 2022, 43, 254-261.	0.8	2
2	Effects of Resistance Training on the Redox Status of Skeletal Muscle in Older Adults. <i>Antioxidants</i> , 2021, 10, 350.	2.2	11
3	Resistance training rejuvenates the mitochondrial methylome in aged human skeletal muscle. <i>FASEB Journal</i> , 2021, 35, e21864.	0.2	28
4	Skeletal Muscle Ribosome and Mitochondrial Biogenesis in Response to Different Exercise Training Modalities. <i>Frontiers in Physiology</i> , 2021, 12, 725866.	1.3	23
5	Myofibril and Mitochondrial Area Changes in Type I and II Fibers Following 10 Weeks of Resistance Training in Previously Untrained Men. <i>Frontiers in Physiology</i> , 2021, 12, 728683.	1.3	16
6	Frequent Manipulation of Resistance Training Variables Promotes Myofibrillar Spacing Changes in Resistance-Trained Individuals. <i>Frontiers in Physiology</i> , 2021, 12, 773995.	1.3	3
7	Acute and chronic effects of resistance training on skeletal muscle markers of mitochondrial remodeling in older adults. <i>Physiological Reports</i> , 2020, 8, e14526.	0.7	30
8	Resistance training increases muscle NAD ⁺ and NADH concentrations as well as NAMPT protein levels and global sirtuin activity in middle-aged, overweight, untrained individuals. <i>Aging</i> , 2020, 12, 9447-9460.	1.4	34
9	Transcranial Direct Current Stimulation: No Effect on Aerobic Performance, Heart Rate, or Rating of Perceived Exertion in a Progressive Taekwondo-Specific Test. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 958-963.	1.1	5
10	Bi-hemispheric anodal transcranial direct current stimulation worsens taekwondo-related performance. <i>Human Movement Science</i> , 2019, 66, 578-586.	0.6	27
11	A putative low-carbohydrate ketogenic diet elicits mild nutritional ketosis but does not impair the acute or chronic hypertrophic responses to resistance exercise in rodents. <i>Journal of Applied Physiology</i> , 2016, 120, 1173-1185.	1.2	26