Mesquita, Phc

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Resistance training increases muscle NAD+ and NADH concentrations as well as NAMPT protein levels and global sirtuin activity in middle-aged, overweight, untrained individuals. Aging, 2020, 12, 9447-9460.	3.1	34
2	Acute and chronic effects of resistance training on skeletal muscle markers of mitochondrial remodeling in older adults. Physiological Reports, 2020, 8, e14526.	1.7	30
3	Resistance training rejuvenates the mitochondrial methylome in aged human skeletal muscle. FASEB Journal, 2021, 35, e21864.	0.5	28
4	Bi-hemispheric anodal transcranial direct current stimulation worsens taekwondo-related performance. Human Movement Science, 2019, 66, 578-586.	1.4	27
5	A putative low-carbohydrate ketogenic diet elicits mild nutritional ketosis but does not impair the acute or chronic hypertrophic responses to resistance exercise in rodents. Journal of Applied Physiology, 2016, 120, 1173-1185.	2.5	26
6	Skeletal Muscle Ribosome and Mitochondrial Biogenesis in Response to Different Exercise Training Modalities. Frontiers in Physiology, 2021, 12, 725866.	2.8	23
7	Myofibril and Mitochondrial Area Changes in Type I and II Fibers Following 10 Weeks of Resistance Training in Previously Untrained Men. Frontiers in Physiology, 2021, 12, 728683.	2.8	16
8	Effects of Resistance Training on the Redox Status of Skeletal Muscle in Older Adults. Antioxidants, 2021, 10, 350.	5.1	11
9	Transcranial Direct Current Stimulation: No Effect on Aerobic Performance, Heart Rate, or Rating of Perceived Exertion in a Progressive Taekwondo-Specific Test. International Journal of Sports Physiology and Performance, 2020, 15, 958-963.	2.3	5
10	Frequent Manipulation of Resistance Training Variables Promotes Myofibrillar Spacing Changes in Resistance-Trained Individuals. Frontiers in Physiology, 2021, 12, 773995.	2.8	3
11	Relationship between Indirect Measures of Aerobic and Muscle Power with Frequency Speed of Kick Test Multiple Performance in Taekwondo Athletes. International Journal of Sports Medicine, 2022, 43, 254-261.	1.7	2