

Kathi L Heffner

List of Publications by Year in Descending Order

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Version: 2024-04-28

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

54
papers

1,166
citations

21
h-index

33
g-index

57
ext. papers

1,408
ext. citations

4.3
avg, IF

4.5
L-index

#	Paper	IF	Citations
54	Subjective memory in adults over 50 years of age: associations with affective and physiological markers of emotion regulation. <i>Aging and Mental Health</i> , 2021 , 1-9	3.5	1
53	A Randomized Clinical Trial of Cognitive-Behavioral Therapy for Insomnia to Augment Posttraumatic Stress Disorder Treatment in Survivors of Interpersonal Violence. <i>Psychotherapy and Psychosomatics</i> , 2021 , 1-13	9.4	3
52	Pain treatment and functional improvement in home health care: Relationship with dementia. <i>Journal of the American Geriatrics Society</i> , 2021 , 69, 3545-3556	5.6	0
51	Targeting autonomic flexibility to enhance cognitive training outcomes in older adults with mild cognitive impairment: study protocol for a randomized controlled trial. <i>Trials</i> , 2021 , 22, 560	2.8	1
50	Autonomic flexibility reflects learning and associated neuroplasticity in old age. <i>Human Brain Mapping</i> , 2020 , 41, 3608-3619	5.9	4
49	Processing speed and attention training modifies autonomic flexibility: A mechanistic intervention study. <i>NeuroImage</i> , 2020 , 213, 116730	7.9	11
48	Dysregulation of inflammation, neurobiology, and cognitive function in PTSD: an integrative review. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2020 , 20, 455-480	3.5	11
47	Effects of mindfulness training on posttraumatic stress symptoms from a community-based pilot clinical trial among survivors of intimate partner violence.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2020 , 12, 859-868	7.8	2
46	Effects of mindfulness training on posttraumatic stress symptoms from a community-based pilot clinical trial among survivors of intimate partner violence. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2020 , 12, 859-868	7.8	1
45	Building National Capacity for Dementia Caregiving Research: The NIA Edward R. Roybal Centers. <i>Innovation in Aging</i> , 2020 , 4, 570-570	0.1	78
44	Decoding individual identity from brain activity elicited in imagining common experiences. <i>Nature Communications</i> , 2020 , 11, 5916	17.4	2
43	0881 Cognitive-Behavioral Therapy for Insomnia in PTSD: Differential Relationships with Symptom Clusters. <i>Sleep</i> , 2019 , 42, A354-A354	1.1	
42	Stress adaptation in older adults with and without cognitive impairment: an fMRI pattern-based similarity analysis. <i>Aging</i> , 2019 , 11, 6792-6804	5.6	1
41	Cognitive Behavioral Therapy for Insomnia Reduces Depression in Cancer Survivors. <i>Journal of Clinical Sleep Medicine</i> , 2019 , 15, 129-137	3.1	24
40	Social Relationships and Inflammatory Markers in the MIDUS Cohort: The Role of Age and Gender Differences. <i>Journal of Aging and Health</i> , 2018 , 30, 904-923	2.6	23
39	Clinical Pain-related Outcomes and Inflammatory Cytokine Response to Pain Following Insomnia Improvement in Adults With Knee Osteoarthritis. <i>Clinical Journal of Pain</i> , 2018 , 34, 1133-1140	3.5	8
38	Amygdala functional connectivity is associated with locus of control in the context of cognitive aging. <i>Neuropsychologia</i> , 2017 , 99, 199-206	3.2	2

37	Acute Affective Reactivity and Quality of Life in Older Adults with Amnesic Mild Cognitive Impairment: A Functional MRI Study. <i>American Journal of Geriatric Psychiatry</i> , 2017 , 25, 1225-1233	6.5	2
36	Cortical thickness is associated with altered autonomic function in cognitively impaired and non-impaired older adults. <i>Journal of Physiology</i> , 2017 , 595, 6969-6978	3.9	17
35	Meditation and yoga for posttraumatic stress disorder: A meta-analytic review of randomized controlled trials. <i>Clinical Psychology Review</i> , 2017 , 58, 115-124	10.8	73
34	A Role of the Parasympathetic Nervous System in Cognitive Training. <i>Current Alzheimer Research</i> , 2017 , 14, 784-789	3	13
33	Identifying attentional deployment tactics in older adults' written narratives about emotionally upsetting events. <i>Journal of Health Psychology</i> , 2016 , 21, 2247-58	3.1	
32	Meditation programs for veterans with posttraumatic stress disorder: Aggregate findings from a multi-site evaluation. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2016 , 8, 365-74	7.8	25
31	Mental Fatigability and Heart Rate Variability in Mild Cognitive Impairment. <i>American Journal of Geriatric Psychiatry</i> , 2016 , 24, 374-8	6.5	11
30	Dyadic exercise to reduce depression and associated inflammatory cytokines among lesbian, gay, and heterosexual cancer survivors.. <i>Journal of Clinical Oncology</i> , 2016 , 34, 10069-10069	2.2	
29	Cognitive and Neural Effects of Vision-Based Speed-of-Processing Training in Older Adults with Amnesic Mild Cognitive Impairment: A Pilot Study. <i>Journal of the American Geriatrics Society</i> , 2016 , 64, 1293-8	5.6	58
28	Responding to the need for sleep among survivors of interpersonal violence: A randomized controlled trial of a cognitive-behavioral insomnia intervention followed by PTSD treatment. <i>Contemporary Clinical Trials</i> , 2015 , 45, 252-260	2.3	9
27	P3-115: Mental fatigability is associated with altered cardiovascular stress reactivity in mild cognitive impairment: The supporting role of frontal basal ganglia circuitry 2015 , 11, P665-P666		
26	Associations between depressive symptoms and memory deficits vary as a function of insulin-like growth factor (IGF-1) levels in healthy older adults. <i>Psychoneuroendocrinology</i> , 2014 , 42, 118-23	5	21
25	Frequency of mentally stimulating activities modifies the relationship between cardiovascular reactivity and executive function in old age. <i>American Journal of Geriatric Psychiatry</i> , 2014 , 22, 1210-21	6.5	19
24	Evaluation of objective and perceived mental fatigability in older adults with vascular risk. <i>Journal of Psychosomatic Research</i> , 2014 , 76, 458-64	4.1	8
23	Stress and anxiety effects on positive skin test responses in young adults with allergic rhinitis. <i>Annals of Allergy, Asthma and Immunology</i> , 2014 , 113, 13-8	3.2	24
22	Standardized, progressive exercise program (EXCAP) to reduce psychological distress and improve inflammatory cytokines of distress among prostate cancer survivors.. <i>Journal of Clinical Oncology</i> , 2014 , 32, 9510-9510	2.2	1
21	Depressive symptoms, pain, chronic medical morbidity, and interleukin-6 among primary care patients. <i>Pain Medicine</i> , 2013 , 14, 686-91	2.8	11
20	Nighttime sleep and daytime stress--tangled bedfellows: a comment on Williams et al. <i>Annals of Behavioral Medicine</i> , 2013 , 46, 7-8	4.5	

19	Older adults' hemodynamic responses to an acute emotional stressor: short report. <i>Experimental Aging Research</i> , 2013 , 39, 162-78	1.7	1
18	Stress and Immune Function in Humans: A Life-Course Perspective 2013 , 251-265		1
17	Sleep disturbance and older adults' inflammatory responses to acute stress. <i>American Journal of Geriatric Psychiatry</i> , 2012 , 20, 744-52	6.5	31
16	Chronic low back pain, sleep disturbance, and interleukin-6. <i>Clinical Journal of Pain</i> , 2011 , 27, 35-41	3.5	56
15	Moderating effects of moderate-intensity physical activity in the relationship between depressive symptoms and interleukin-6 in primary care patients. <i>Psychosomatic Medicine</i> , 2011 , 73, 265-9	3.7	21
14	Social isolation, C-reactive protein, and coronary heart disease mortality among community-dwelling adults. <i>Social Science and Medicine</i> , 2011 , 72, 1482-8	5.1	87
13	Neuroendocrine effects of stress on immunity in the elderly: implications for inflammatory disease. <i>Immunology and Allergy Clinics of North America</i> , 2011 , 31, 95-108	3.3	41
12	Elevated sleep disturbance among blacks in an urban family medicine practice. <i>Journal of the American Board of Family Medicine</i> , 2011 , 24, 161-8	1.6	37
11	Is the association between optimistic cardiovascular risk perceptions and lower rates of cardiovascular disease mortality explained by biomarkers of systemic inflammation or endothelial function? A case-cohort study. <i>BioPsychoSocial Medicine</i> , 2010 , 4, 11	2.8	
10	How stress and anxiety can alter immediate and late phase skin test responses in allergic rhinitis. <i>Psychoneuroendocrinology</i> , 2009 , 34, 670-80	5	47
9	The relation of salivary cortisol to patterns of performance on a word list learning task in healthy older adults. <i>Psychoneuroendocrinology</i> , 2008 , 33, 1293-6	5	7
8	Pain and wound healing in surgical patients. <i>Annals of Behavioral Medicine</i> , 2006 , 31, 165-72	4.5	115
7	Older spouses' cortisol responses to marital conflict: associations with demand/withdraw communication patterns. <i>Journal of Behavioral Medicine</i> , 2006 , 29, 317-25	3.6	59
6	Stress Hormone Changes and Marital Conflict: Spouses' Relative Power Makes a Difference. <i>Journal of Marriage and Family</i> , 2004 , 66, 595-612	4.5	43
5	Spousal support satisfaction as a modifier of physiological responses to marital conflict in younger and older couples. <i>Journal of Behavioral Medicine</i> , 2004 , 27, 233-54	3.6	62
4	Examining psychosocial factors related to cancer incidence and progression: in search of the silver lining. <i>Brain, Behavior, and Immunity</i> , 2003 , 17 Suppl 1, S109-11	16.6	44
3	Appraisals and impression management opportunities: person and situation influences on cardiovascular reactivity. <i>International Journal of Psychophysiology</i> , 2002 , 44, 165-75	2.9	9
2	Self presentation and cardiovascular reactivity. <i>International Journal of Psychophysiology</i> , 1999 , 32, 75-88	8.9	22

1 Physiology and Interpersonal Relationships 385-406

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