Lucas A Pereira

List of Publications by Year in descending order

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89 papers

2,460 citations

28 h-index 253896 43 g-index

89 all docs 89 docs citations

89 times ranked 1650 citing authors

#	Article	IF	CITATIONS
1	Vertical and Horizontal Jump Tests Are Strongly Associated With Competitive Performance in 100-m Dash Events. Journal of Strength and Conditioning Research, 2015, 29, 1966-1971.	1.0	113
2	Transference effect of vertical and horizontal plyometrics on sprint performance of high-level U-20 soccer players. Journal of Sports Sciences, 2015, 33, 2182-2191.	1.0	95
3	Strength and Power Qualities Are Highly Associated With Punching Impact in Elite Amateur Boxers. Journal of Strength and Conditioning Research, 2016, 30, 109-116.	1.0	93
4	Predicting the Maximum Dynamic Strength in Bench Press: The High Precision of the Bar Velocity Approach. Journal of Strength and Conditioning Research, 2017, 31, 1127-1131.	1.0	83
5	Determining the Optimum Power Load in Jump Squat Using the Mean Propulsive Velocity. PLoS ONE, 2015, 10, e0140102.	1.1	82
6	Half-squat or jump squat training under optimum power load conditions to counteract power and speed decrements in Brazilian elite soccer players during the preseason. Journal of Sports Sciences, 2015, 33, 1283-1292.	1.0	74
7	Relationship Between Change of Direction, Speed, and Power in Male and Female National Olympic Team Handball Athletes. Journal of Strength and Conditioning Research, 2018, 32, 2987-2994.	1.0	73
8	Vertically and horizontally directed muscle power exercises: Relationships with top-level sprint performance. PLoS ONE, 2018, 13, e0201475.	1.1	72
9	Using Bar Velocity to Predict Maximum Dynamic Strength in the Half-Squat Exercise. International Journal of Sports Physiology and Performance, 2016, 11, 697-700.	1.1	62
10	Ultra-Short-Term Heart Rate Variability is Sensitive to Training Effects in Team Sports Players. Journal of Sports Science and Medicine, 2015, 14, 602-5.	0.7	62
11	Maximum acceleration performance of professional soccer players in linear sprints: Is there a direct connection with change-of-direction ability?. PLoS ONE, 2019, 14, e0216806.	1.1	55
12	Improving Sprint Performance in Soccer: Effectiveness of Jump Squat and Olympic Push Press Exercises. PLoS ONE, 2016, 11, e0153958.	1.1	52
13	Mixed Training Methods: Effects of Combining Resisted Sprints or Plyometrics with Optimum Power Loads on Sprint and Agility Performance in Professional Soccer Players. Frontiers in Physiology, 2017, 8, 1034.	1.3	52
14	Change-of direction deficit in elite young soccer players. German Journal of Exercise and Sport Research, 2018, 48, 228-234.	1.0	52
15	Monitoring weekly heart rate variability in futsal players during the preseason: the importance of maintaining high vagal activity. Journal of Sports Sciences, 2016, 34, 2262-2268.	1.0	46
16	Assessing Shortened Field-Based Heart-Rate-Variability-Data Acquisition in Team-Sport Athletes. International Journal of Sports Physiology and Performance, 2016, 11, 154-158.	1.1	46
17	Predictive Factors of Elite Sprint Performance: Influences of Muscle Mechanical Properties and Functional Parameters. Journal of Strength and Conditioning Research, 2019, 33, 974-986.	1.0	46
18	Sensitivity of the Yo-Yo Intermittent Recovery Test and Cardiac Autonomic Responses to Training in Futsal Players. International Journal of Sports Physiology and Performance, 2015, 10, 553-558.	1.1	44

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19	Intraday and Interday Reliability of Ultra-Short-Term Heart Rate Variability in Rugby Union Players. Journal of Strength and Conditioning Research, 2017, 31, 548-551.	1.0	40
20	Validity and Usability of a New System for Measuring and Monitoring Variations in Vertical Jump Performance. Journal of Strength and Conditioning Research, 2017, 31, 2579-2585.	1.0	40
21	Training for Power and Speed. Journal of Strength and Conditioning Research, 2015, 29, 2771-2779.	1.0	39
22	Bar velocities capable of optimising the muscle power in strength-power exercises. Journal of Sports Sciences, 2017, 35, 734-741.	1.0	39
23	Heart Rate Variability Discriminates Competitive Levels in Professional Soccer Players. Journal of Strength and Conditioning Research, 2017, 31, 1719-1725.	1.0	39
24	Functional Screening Tests: Interrelationships and Ability to Predict Vertical Jump Performance. International Journal of Sports Medicine, 2018, 39, 189-197.	0.8	39
25	Change-of-direction, speed and jump performance in soccer players: a comparison across different age-categories. Journal of Sports Sciences, 2020, 38, 1279-1285.	1.0	37
26	Influence of Strength and Power Capacity on Change of Direction Speed and Deficit in Elite Team-Sport Athletes. Journal of Human Kinetics, 2019, 68, 167-176.	0.7	36
27	Activity Profiles in U17, U20, and Senior Women's Brazilian National Soccer Teams During International Competitions: Are There Meaningful Differences?. Journal of Strength and Conditioning Research, 2019, 33, 3414-3422.	1.0	33
28	Effects of Plyometric Training and Beta-Alanine Supplementation on Maximal-Intensity Exercise and Endurance in Female Soccer Players. Journal of Human Kinetics, 2017, 58, 99-109.	0.7	32
29	Change of Direction Deficit in National Team Rugby Union Players: Is There an Influence of Playing Position?. Sports, 2019, 7, 2.	0.7	32
30	Movement Patterns of a U-20 National Women's Soccer Team during Competitive Matches: Influence of Playing Position and Performance in the First Half. International Journal of Sports Medicine, 2017, 38, 747-754.	0.8	31
31	Jump-Squat and Half-Squat Exercises: Selective Influences on Speed-Power Performance of Elite Rugby Sevens Players. PLoS ONE, 2017, 12, e0170627.	1.1	30
32	Effects of Plyometric Training on Physical Performance of Young Male Soccer Players: Potential Effects of Different Drop Jump Heights. Pediatric Exercise Science, 2019, 31, 306-313.	0.5	29
33	Faster Futsal Players Perceive Higher Training Loads and Present Greater Decreases in Sprinting Speed During the Preseason. Journal of Strength and Conditioning Research, 2016, 30, 1553-1562.	1.0	28
34	Repeated-Sprint Sequences During Female Soccer Matches Using Fixed and Individual Speed Thresholds. Journal of Strength and Conditioning Research, 2017, 31, 1802-1810.	1.0	27
35	Performance changes and relationship between vertical jump measures and actual sprint performance in elite sprinters with visual impairment throughout a Parapan American games training season. Frontiers in Physiology, 2015, 6, 323.	1.3	26
36	Force-Velocity Relationship in Three Different Variations of Prone Row Exercises. Journal of Strength and Conditioning Research, 2021, 35, 300-309.	1.0	26

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37	One-Repetition-Maximum Measures or Maximum Bar-Power Output: Which Is More Related to Sport Performance?. International Journal of Sports Physiology and Performance, 2019, 14, 33-37.	1.1	25
38	Load–Velocity Relationship in National Paralympic Powerlifters: A Case Study. International Journal of Sports Physiology and Performance, 2019, 14, 531-535.	1.1	25
39	Vertical Force Production in Soccer: Mechanical Aspects and Applied Training Strategies. Strength and Conditioning Journal, 2020, 42, 6-15.	0.7	25
40	Muscle Contraction Velocity: A Suitable Approach to Analyze the Functional Adaptations in Elite Soccer Players. Journal of Sports Science and Medicine, 2016, 15, 483-491.	0.7	25
41	Differences in physical performance between U-20 and senior top-level Brazilian futsal players. Journal of Sports Medicine and Physical Fitness, 2016, 56, 1289-1297.	0.4	25
42	Effects of Unloaded vs. Loaded Plyometrics on Speed and Power Performance of Elite Young Soccer Players. Frontiers in Physiology, 2017, 8, 742.	1.3	23
43	Curve sprinting in soccer: relationship with linear sprints and vertical jump performance. Biology of Sport, 2020, 37, 277-283.	1.7	22
44	Adequacy of the Ultra-Short-Term HRV to Assess Adaptive Processes in Youth Female Basketball Players. Journal of Human Kinetics, 2017, 56, 73-80.	0.7	21
45	Selective Influences of Maximum Dynamic Strength and Bar-Power Output on Team Sports Performance: A Comprehensive Study of Four Different Disciplines. Frontiers in Physiology, 2018, 9, 1820.	1.3	21
46	Transference Effect of Short-Term Optimum Power Load Training on the Punching Impact of Elite Boxers. Journal of Strength and Conditioning Research, 2021, 35, 2373-2378.	1.0	20
47	Strength-Power Performance of Visually Impaired Paralympic and Olympic Judo Athletes From the Brazilian National Team: A Comparative Study. Journal of Strength and Conditioning Research, 2017, 31, 743-749.	1.0	19
48	Perceived training load and jumping responses following nine weeks of a competitive period in young female basketball players. PeerJ, 2018, 6, e5225.	0.9	19
49	Differences in Change of Direction Speed and Deficit Between Male and Female National Rugby Sevens Players. Journal of Strength and Conditioning Research, 2021, 35, 3170-3176.	1.0	19
50	Physical Performance of Brazilian Rugby Players From Different Age Categories and Competitive Levels. Journal of Strength and Conditioning Research, 2016, 30, 2433-2439.	1.0	17
51	Heart rate variability in elite sprinters: effects of gender and body position. Clinical Physiology and Functional Imaging, 2017, 37, 442-447.	0.5	17
52	Acceleration and Speed Performance of Brazilian Elite Soccer Players of Different Age-Categories. Journal of Human Kinetics, 2018, 64, 205-218.	0.7	17
53	Power output in traditional and ballistic bench press in elite athletes: Influence of training background. Journal of Sports Sciences, 2019, 37, 277-284.	1.0	17
54	Change of Direction Performance in Elite Players From Different Team Sports. Journal of Strength and Conditioning Research, 2022, 36, 862-866.	1.0	17

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55	Is Tensiomyography-Derived Velocity of Contraction a Sensitive Marker to Detect Acute Performance Changes in Elite Team-Sport Athletes?. International Journal of Sports Physiology and Performance, 2020, 15, 31-37.	1.1	16
56	Fourier and wavelet spectral analysis of EMG signals in maximal constant load dynamic exercise. , 2010, 2010, 4622-5.		15
57	Optimum Power Loads for Elite Boxers: Case Study with the Brazilian National Olympic Team. Sports, 2018, 6, 95.	0.7	14
58	Performance Changes of Elite Paralympic Judo Athletes During a Paralympic Games Cycle: A Case Study with the Brazilian National Team. Journal of Human Kinetics, 2017, 60, 217-224.	0.7	13
59	Loaded and unloaded jump performance of top-level volleyball players from different age categories. Biology of Sport, 2017, 3, 273-278.	1.7	13
60	Differences in Speed and Power Capacities Between Female National College Team and National Olympic Team Handball Athletes. Journal of Human Kinetics, 2018, 63, 85-94.	0.7	13
61	Relationship Between Resting Heart Rate Variability and Intermittent Endurance Performance in Novice Soccer Players. Research Quarterly for Exercise and Sport, 2019, 90, 355-361.	0.8	12
62	Change-of-Direction Ability, Linear Sprint Speed, and Sprint Momentum in Elite Female Athletes: Differences Between Three Different Team Sports. Journal of Strength and Conditioning Research, 2022, 36, 262-267.	1.0	12
63	Power and Speed Differences Between Brazilian Paralympic Sprinters With Visual Impairment and Their Guides. Adapted Physical Activity Quarterly, 2016, 33, 311-323.	0.6	11
64	Cardiac Autonomic and Neuromuscular Responses During a Karate Training Camp Before the 2015 Pan American Games: A Case Study With the Brazilian National Team. International Journal of Sports Physiology and Performance, 2016, 11, 833-837.	1.1	11
65	Physical and physiological traits of a double world karate champion and responses to a simulated kumite bout: A case study. International Journal of Sports Science and Coaching, 2017, 12, 138-147.	0.7	11
66	Physical and physiological differences of backs and forwards from the Brazilian National rugby union team. Journal of Sports Medicine and Physical Fitness, 2017, 57, 1549-1556.	0.4	11
67	Short-Term Detraining Does Not Impair Strength, Speed, and Power Performance in Elite Young Soccer Players. Sports, 2020, 8, 141.	0.7	11
68	Portable Force Plates: A Viable and Practical Alternative to Rapidly and Accurately Monitor Elite Sprint Performance. Sports, 2018, 6, 61.	0.7	10
69	Post-Activation Potentiation: Is there an Optimal Training Volume and Intensity to Induce Improvements in Vertical Jump Ability in Highly-Trained Subjects?. Journal of Human Kinetics, 2019, 66, 195-203.	0.7	10
70	Change of Direction Performance in Young Tennis Players: A Comparative Study Between Sexes and Age Categories. Journal of Strength and Conditioning Research, 2022, 36, 1426-1430.	1.0	10
71	Mechanical Differences between Barbell and Body Optimum Power Loads in the Jump Squat Exercise. Journal of Human Kinetics, 2016, 54, 153-162.	0.7	9
72	Movement Patterns and Muscle Damage During Simulated Rugby Sevens Matches in National Team Players. Journal of Strength and Conditioning Research, 2018, 32, 3456-3465.	1.0	9

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73	Effects of Plyometric Training on Neuromuscular Performance in Youth Basketball Players: A Pilot Study on the Influence of Drill Randomization. Journal of Sports Science and Medicine, 2018, 17, 372-378.	0.7	9
74	Effects of compression clothing on speed–power performance of elite Paralympic sprinters: a pilot study. SpringerPlus, 2016, 5, 1047.	1.2	8
75	Relationships between Resisted Sprint Performance and Different Strength and Power Measures in Rugby Players. Sports, 2020, 8, 34.	0.7	8
76	Age differences in selected measures of physical fitness in young handball players. PLoS ONE, 2020, 15, e0242385.	1.1	7
77	Short-Term Cardiac Autonomic Recovery after a Repeated Sprint Test in Young Soccer Players. Sports, 2019, 7, 102.	0.7	6
78	Curve Sprint in Elite Female Soccer Players: Relationship with Linear Sprint and Jump Performance. International Journal of Environmental Research and Public Health, 2021, 18, 2306.	1.2	6
79	Peak versus mean propulsive power outputs: which is more closely related to jump squat performance?. Journal of Sports Medicine and Physical Fitness, 2017, 57, 1432-1444.	0.4	5
80	Multidirectional sprints in soccer: are there connections between linear, curved, and change-of-direction speed performances?. Journal of Sports Medicine and Physical Fitness, 2021, 61, 212-217.	0.4	5
81	The impact of detraining on cardiac autonomic function and specific endurance and muscle power performances of high-level endurance runners. Journal of Sports Medicine and Physical Fitness, 2016, 56, 1583-1591.	0.4	5
82	Effects of detraining on neuromuscular performance in a selected group of elite women pole-vaulters: a case study. Journal of Sports Medicine and Physical Fitness, 2017, 57, 490 - 495.	0.4	3
83	Variations in the Physical Performance of Olympic Boxers over a Four-Day National Qualifying Tournament. Sports, 2021, 9, 62.	0.7	3
84	Differences in physical performance between Olympic and non-Olympic female rugby sevens players. Journal of Sports Medicine and Physical Fitness, 2021, 61, 1091-1097.	0.4	2
85	Differences in fitness characteristics between Brazilian World Championship and South-American Championship National basketball teams. Journal of Sports Medicine and Physical Fitness, 2016, 56, 1428-1429.	0.4	2
86	Relationship Between Distinct Physical Capacities in Young Welsh Rugby Players. Journal of Strength and Conditioning Research, 2022, 36, 441-447.	1.0	1
87	Predicting change-of-direction performance in elite young badminton players: A multiple regression analysis on acceleration- and deceleration-related qualities. International Journal of Sports Science and Coaching, 0, , 174795412110688.	0.7	0
88	Differences in physical characteristics between Brazilian World Championship and South American Championship National basketball teams. Journal of Sports Medicine and Physical Fitness, 2016, , .	0.4	0
89	Influence of Physical and Technical Aspects on Change of Direction Performance of Rugby Players: An Exploratory Study. International Journal of Environmental Research and Public Health, 2021, 18, 13390.	1.2	0