

# Melissa Skein

## List of Publications by Year in descending order

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Version: 2024-02-01

20  
papers

491  
citations

759233

12  
h-index

794594

19  
g-index

20  
all docs

20  
docs citations

20  
times ranked

620  
citing authors

#	ARTICLE	IF	CITATIONS
1	A preliminary investigation of the effects of shortâ€duration, vigorous exercise following sleep restriction, fragmentation and extension on appetite and mood in inactive, middleâ€aged men. <i>Journal of Sleep Research</i> , 2020, 30, e13215.	3.2	4
2	Foam Rolling as a Recovery Tool Following Eccentric Exercise: Potential Mechanisms Underpinning Changes in Jump Performance. <i>Frontiers in Physiology</i> , 2019, 10, 768.	2.8	17
3	Evening highâ€intensity interval exercise does not disrupt sleep or alter energy intake despite changes in acylated ghrelin in middleâ€aged men. <i>Experimental Physiology</i> , 2019, 104, 826-836.	2.0	20
4	Deception of cycling distance on pacing strategies, perceptual responses, and neural activity. <i>Pflugers Archiv European Journal of Physiology</i> , 2019, 471, 285-299.	2.8	6
5	High-intensity interval exercise induces greater acute changes in sleep, appetite-related hormones, and free-living energy intake than does moderate-intensity continuous exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 557-566.	1.9	18
6	Sleep characteristics, sources of perceived stress and coping strategies in adolescent athletes. <i>Journal of Sleep Research</i> , 2019, 28, e12791.	3.2	10
7	Sleep quantity and quality during consecutive day heat training with the inclusion of cold-water immersion recovery. <i>Journal of Thermal Biology</i> , 2018, 74, 63-70.	2.5	12
8	The influence of knowledge of performance endpoint on pacing strategies, perception of effort, and neural activity during 30-km cycling time trials. <i>Physiological Reports</i> , 2018, 6, e13892.	1.7	11
9	Effects of consecutive days of match play on technical performance in tennis. <i>Journal of Sports Sciences</i> , 2017, 35, 1988-1994.	2.0	16
10	The effect of high versus low intensity heat acclimation on performance and neuromuscular responses. <i>Journal of Thermal Biology</i> , 2016, 58, 50-59.	2.5	35
11	Heat acclimation for protection from exertional heat stress. <i>The Cochrane Library</i> , 2016, , .	2.8	3
12	Sleep quantity and quality during heat-based training and the effects of cold-water immersion recovery. <i>Extreme Physiology and Medicine</i> , 2015, 4, .	2.5	0
13	The Effect of Overnight Sleep Deprivation After Competitive Rugby League Matches on Postmatch Physiological and Perceptual Recovery. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 556-564.	2.3	66
14	The Effect of Post-Match Alcohol Ingestion on Recovery From Competitive Rugby League Matches. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1304-1312.	2.1	23
15	The effects of carbohydrate intake and muscle glycogen content on self-paced intermittent-sprint exercise despite no knowledge of carbohydrate manipulation. <i>European Journal of Applied Physiology</i> , 2012, 112, 2859-2870.	2.5	27
16	Post-match changes in neuromuscular function and the relationship to match demands in amateur rugby league matches. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 238-243.	1.3	39
17	Self-paced intermittent-sprint performance and pacing strategies following respective pre-cooling and heating. <i>European Journal of Applied Physiology</i> , 2012, 112, 253-266.	2.5	28
18	Intermittent-Sprint Performance and Muscle Glycogen after 30 h of Sleep Deprivation. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 1301-1311.	0.4	138

#	ARTICLE	IF	CITATIONS
19	The effects of fluid ingestion on free-paced intermittent-sprint performance and pacing strategies in the heat. <i>Journal of Sports Sciences</i> , 2010, 28, 299-307.	2.0	4
20	Recovery of Voluntary and Evoked Muscle Performance Following Intermittent-Sprint Exercise in the Heat. <i>International Journal of Sports Physiology and Performance</i> , 2009, 4, 254-268.	2.3	14