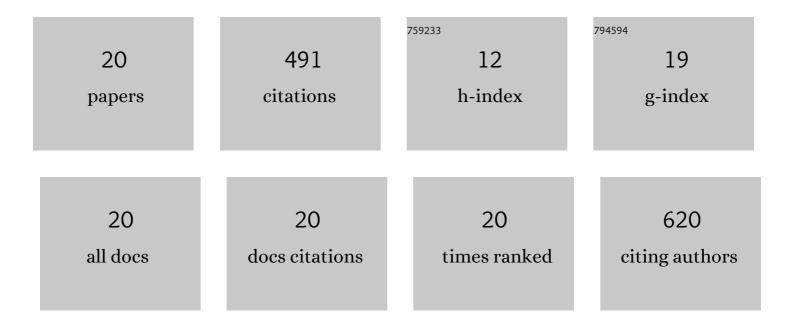
Melissa Skein

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Intermittent-Sprint Performance and Muscle Glycogen after 30 h of Sleep Deprivation. Medicine and Science in Sports and Exercise, 2011, 43, 1301-1311.	0.4	138
2	The Effect of Overnight Sleep Deprivation After Competitive Rugby League Matches on Postmatch Physiological and Perceptual Recovery. International Journal of Sports Physiology and Performance, 2013, 8, 556-564.	2.3	66
3	Post-match changes in neuromuscular function and the relationship to match demands in amateur rugby league matches. Journal of Science and Medicine in Sport, 2012, 15, 238-243.	1.3	39
4	The effect of high versus low intensity heat acclimation on performance and neuromuscular responses. Journal of Thermal Biology, 2016, 58, 50-59.	2.5	35
5	Self-paced intermittent-sprint performance and pacing strategies following respective pre-cooling and heating. European Journal of Applied Physiology, 2012, 112, 253-266.	2.5	28
6	The effects of carbohydrate intake and muscle glycogen content on self-paced intermittent-sprint exercise despite no knowledge of carbohydrate manipulation. European Journal of Applied Physiology, 2012, 112, 2859-2870.	2.5	27
7	The Effect of Post-Match Alcohol Ingestion on Recovery From Competitive Rugby League Matches. Journal of Strength and Conditioning Research, 2013, 27, 1304-1312.	2.1	23
8	Evening highâ€intensity interval exercise does not disrupt sleep or alter energy intake despite changes in acylated ghrelin in middleâ€aged men. Experimental Physiology, 2019, 104, 826-836.	2.0	20
9	High-intensity interval exercise induces greater acute changes in sleep, appetite-related hormones, and free-living energy intake than does moderate-intensity continuous exercise. Applied Physiology, Nutrition and Metabolism, 2019, 44, 557-566.	1.9	18
10	Foam Rolling as a Recovery Tool Following Eccentric Exercise: Potential Mechanisms Underpinning Changes in Jump Performance. Frontiers in Physiology, 2019, 10, 768.	2.8	17
11	Effects of consecutive days of match play on technical performance in tennis. Journal of Sports Sciences, 2017, 35, 1988-1994.	2.0	16
12	Recovery of Voluntary and Evoked Muscle Performance Following Intermittent-Sprint Exercise in the Heat. International Journal of Sports Physiology and Performance, 2009, 4, 254-268.	2.3	14
13	Sleep quantity and quality during consecutive day heat training with the inclusion of cold-water immersion recovery. Journal of Thermal Biology, 2018, 74, 63-70.	2.5	12
14	The influence of knowledge of performance endpoint on pacing strategies, perception of effort, and neural activity during 30-km cycling time trials. Physiological Reports, 2018, 6, e13892.	1.7	11
15	Sleep characteristics, sources of perceived stress and coping strategies in adolescent athletes. Journal of Sleep Research, 2019, 28, e12791.	3.2	10
16	Deception of cycling distance on pacing strategies, perceptual responses, and neural activity. Pflugers Archiv European Journal of Physiology, 2019, 471, 285-299.	2.8	6
17	The effects of fluid ingestion on free-paced intermittent-sprint performance and pacing strategies in the heat. Journal of Sports Sciences, 2010, 28, 299-307.	2.0	4
18	A preliminary investigation of the effects of shortâ€duration, vigorous exercise following sleep restriction, fragmentation and extension on appetite and mood in inactive, middleâ€aged men. Journal of Sleep Research, 2020, 30, e13215.	3.2	4

#	Article	IF	CITATIONS
19	Heat acclimation for protection from exertional heat stress. The Cochrane Library, 2016, , .	2.8	3
20	Sleep quantity and quality during heat-based training and the effects of cold-water immersion recovery. Extreme Physiology and Medicine, 2015, 4, .	2.5	0