

Philip R Gehrman

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7686136/publications.pdf>

Version: 2024-02-01

85
papers

4,570
citations

159358

30
h-index

110170

64
g-index

87
all docs

87
docs citations

87
times ranked

6276
citing authors

#	ARTICLE	IF	CITATIONS
1	Daily steps and depressive symptoms: A longitudinal evaluation of patients with major depressive disorder in the precision medicine in mental health care study. <i>Journal of Affective Disorders</i> , 2022, 300, 334-340.	2.0	4
2	Patient and provider experiences with CBT-I administered in-person or via telemedicine: A randomized non-inferiority trial. <i>Cogent Psychology</i> , 2022, 9, .	0.6	3
3	Trauma type as a risk factor for insomnia in a military population. <i>Journal of Affective Disorders</i> , 2022, 308, 65-70.	2.0	5
4	0029 Developing a pipeline for translating genome-wide association signals to behavioral correlates of sleep dysfunction. <i>Sleep</i> , 2022, 45, A13-A13.	0.6	0
5	0426 Shallower sleep depth in the laboratory is not related to insomnia severity. <i>Sleep</i> , 2022, 45, A189-A190.	0.6	0
6	0434 The Relationship between Spirituality and Insomnia in Military Soldiers. <i>Sleep</i> , 2022, 45, A193-A193.	0.6	0
7	0263 Slow-wave Disruption Improves Irritability in Males with Major Depression: Potential Implications for Understanding the Impact of Sex Differences on Sleep and Neuroplasticity. <i>Sleep</i> , 2022, 45, A118-A119.	0.6	0
8	0691 Examining the Associations between Insomnia and Adult-ADHD Diagnosis in Army Soldiers. <i>Sleep</i> , 2022, 45, A302-A303.	0.6	0
9	Spindles are highly heritable as identified by different spindle detectors. <i>Sleep</i> , 2021, 44, .	0.6	20
10	The heritability of insomnia: A meta-analysis of twin studies. <i>Genes, Brain and Behavior</i> , 2021, 20, e12717.	1.1	12
11	Sleep classification from wrist-worn accelerometer data using random forests. <i>Scientific Reports</i> , 2021, 11, 24.	1.6	51
12	Hyperarousal and Insomnia in Survivors of Cancer. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 683-691.	0.8	4
13	Whole blood transcriptome analysis using RNA sequencing in individuals with insomnia disorder and good sleepers: a pilot study. <i>Sleep Medicine</i> , 2021, 80, 1-8.	0.8	5
14	Genetic Predictors of Response to Acupuncture or Cognitive Behavioral Therapy for Insomnia in Cancer Survivors: An Exploratory Analysis. <i>Journal of Pain and Symptom Management</i> , 2021, 62, e192-e199.	0.6	5
15	Heritability of sleep duration and quality: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 59, 101448.	3.8	41
16	Cancer Survivors' Beliefs About the Causes of Their Insomnia: Associations of Causal Attributions With Survivor Characteristics. <i>Behavioral Sleep Medicine</i> , 2020, 18, 177-189.	1.1	3
17	Sleep in PTSD: treatment approaches and outcomes. <i>Current Opinion in Psychology</i> , 2020, 34, 12-17.	2.5	44
18	Insomnia and Cognitive Performance. <i>Sleep Medicine Clinics</i> , 2020, 15, 71-76.	1.2	94

#	ARTICLE	IF	CITATIONS
19	Insomnia Symptoms and Suicide-Related Ideation in U.S. Army Service Members. Behavioral Sleep Medicine, 2020, 18, 820-836.	1.1	13
20	Molecular genetic overlap between posttraumatic stress disorder and sleep phenotypes. Sleep, 2020, 43, .	0.6	32
21	Randomized trial of telehealth delivery of cognitive-behavioral treatment for insomnia vs. in-person treatment in veterans with PTSD. Journal of Affective Disorders Reports, 2020, 1, 100018.	0.9	8
22	Exploring the Role of Caffeine Use in Adult-ADHD Symptom Severity of US Army Soldiers. Journal of Clinical Medicine, 2020, 9, 3788.	1.0	12
23	Treatment of Sleep Comorbidities in Posttraumatic Stress Disorder. Current Treatment Options in Psychiatry, 2020, 7, 301-316.	0.7	7
24	Insomnia Symptoms With Subjective Short Sleep Duration in a Random Sample From the United Kingdom. primary care companion for CNS disorders, The, 2020, 22, .	0.2	0
25	A qualitative examination of the factors related to the development and maintenance of insomnia in cancer survivors. Palliative and Supportive Care, 2019, 17, 221-226.	0.6	8
26	Sphingosine-1-phosphate receptor 3 in the medial prefrontal cortex promotes stress resilience by reducing inflammatory processes. Nature Communications, 2019, 10, 3146.	5.8	36
27	0340 Traumatic Stressors Associated with Elevated Insomnia Risk among Deployed Soldiers. Sleep, 2019, 42, A139-A139.	0.6	0
28	REM Sleep: What Is It Good For?. Current Biology, 2019, 29, R806-R807.	1.8	9
29	A Review of the Relationship Between Emotional Learning and Memory, Sleep, and PTSD. Current Psychiatry Reports, 2019, 21, 2.	2.1	70
30	Genome-wide association analyses of chronotype in 697,828 individuals provides insights into circadian rhythms. Nature Communications, 2019, 10, 343.	5.8	417
31	1004 How Variable Is Sleep?. Sleep, 2019, 42, A404-A404.	0.6	1
32	An Integrated Model of Slow-Wave Activity and Neuroplasticity Impairments in Major Depressive Disorder. Current Psychiatry Reports, 2019, 21, 30.	2.1	14
33	Twin-based heritability of actimetry traits. Genes, Brain and Behavior, 2019, 18, e12569.	1.1	12
34	Variations in circadian genes and individual nocturnal symptoms of insomnia. The HUNT study. Chronobiology International, 2019, 36, 681-688.	0.9	9
35	Differences in anxiety levels among symptoms of insomnia. The HUNT study. Sleep Health, 2019, 5, 370-375.	1.3	24
36	Randomized Controlled Trial of Imagery Rehearsal for Posttraumatic Nightmares in Combat Veterans. Journal of Clinical Sleep Medicine, 2019, 15, 757-767.	1.4	31

#	ARTICLE	IF	CITATIONS
37	Precision Medicine for Insomnia. <i>Sleep Medicine Clinics</i> , 2019, 14, 291-299.	1.2	12
38	Genetic polymorphisms associated with sleep-related phenotypes; relationships with individual nocturnal symptoms of insomnia in the HUNT study. <i>BMC Medical Genetics</i> , 2019, 20, 179.	2.1	10
39	Factors that shape preference for acupuncture or cognitive behavioral therapy for the treatment of insomnia in cancer patients. <i>Supportive Care in Cancer</i> , 2018, 26, 2407-2415.	1.0	21
40	Candidate gene analysis in the São Paulo Epidemiologic Sleep Study (EPISONO) shows an association of variant in PDE4D and sleepiness. <i>Sleep Medicine</i> , 2018, 47, 106-112.	0.8	7
41	Sleep, circadian rhythms, and schizophrenia. <i>Current Opinion in Psychiatry</i> , 2018, 31, 176-182.	3.1	41
42	Prevalence, predictors and correlates of insomnia in <scp>US</scp> army soldiers. <i>Journal of Sleep Research</i> , 2018, 27, e12612.	1.7	29
43	A Retrospective Study of Predictors of Return to Duty versus Medical Retirement in an Active Duty Military Population with Blast-Related Mild Traumatic Brain Injury. <i>Journal of Neurotrauma</i> , 2018, 35, 991-1002.	1.7	20
44	The influence of deployment stress and life stress on Post-Traumatic Stress Disorder (PTSD) diagnosis among military personnel. <i>Journal of Psychiatric Research</i> , 2018, 103, 26-32.	1.5	16
45	Group cognitive-behavioral therapy for insomnia delivered to veterans with posttraumatic stress disorder receiving residential treatment is associated with improvements in sleep independent of changes in posttraumatic stress disorder.. <i>Traumatology</i> , 2018, 24, 293-300.	1.6	6
46	Drs Boland and Gehrman Reply. <i>Journal of Clinical Psychiatry</i> , 2018, 79, 17lr12018a.	1.1	0
47	Pleiotropic genetic effects influencing sleep and neurological disorders. <i>Lancet Neurology</i> , The, 2017, 16, 158-170.	4.9	46
48	Insomnia in breast cancer: Independent symptom or symptom cluster?. <i>Palliative and Supportive Care</i> , 2017, 15, 369-375.	0.6	24
49	Sleep and Dreaming in Posttraumatic Stress Disorder. <i>Current Psychiatry Reports</i> , 2017, 19, 71.	2.1	55
50	Psychiatric disorders moderate the relationship between insomnia and cognitive problems in military soldiers. <i>Journal of Affective Disorders</i> , 2017, 221, 25-30.	2.0	15
51	Circadian Phase and Phase Angle Disorders in Primary Insomnia. <i>Sleep</i> , 2017, 40, .	0.6	64
52	Meta-Analysis of the Antidepressant Effects of Acute Sleep Deprivation. <i>Journal of Clinical Psychiatry</i> , 2017, 78, e1020-e1034.	1.1	95
53	Genetic Pathways to Insomnia. <i>Brain Sciences</i> , 2016, 6, 64.	1.1	54
54	Development and Clinical Evaluation of an mHealth Application for Stress Management. <i>Frontiers in Psychiatry</i> , 2016, 7, 130.	1.3	28

#	ARTICLE	IF	CITATIONS
55	Genetic variants in RBFox3 are associated with sleep latency. <i>European Journal of Human Genetics</i> , 2016, 24, 1488-1495.	1.4	27
56	Feasibility of Group Cognitive-Behavioral Treatment of Insomnia Delivered by Clinical Video Telehealth. <i>Telemedicine Journal and E-Health</i> , 2016, 22, 1041-1046.	1.6	39
57	Influence of Sleep Disturbance on Global Functioning After Posttraumatic Stress Disorder Treatment. <i>Journal of Traumatic Stress</i> , 2016, 29, 515-521.	1.0	31
58	Developing Biomarker Arrays Predicting Sleep and Circadian-Coupled Risks to Health. <i>Sleep</i> , 2016, 39, 727-736.	0.6	87
59	Genetic Correlation Analysis Suggests Association between Increased Self-Reported Sleep Duration in Adults and Schizophrenia and Type 2 Diabetes. <i>Sleep</i> , 2016, 39, 1853-1857.	0.6	19
60	Effects of armodafinil and cognitive behavior therapy for insomnia on sleep continuity and daytime sleepiness in cancer survivors. <i>Sleep Medicine</i> , 2016, 20, 18-24.	0.8	28
61	Choosing Options for Insomnia in Cancer Effectively (CHOICE): Design of a patient centered comparative effectiveness trial of acupuncture and cognitive behavior therapy for insomnia. <i>Contemporary Clinical Trials</i> , 2016, 47, 349-355.	0.8	23
62	A systematic review and meta-analysis of randomized controlled trials of cognitive behavior therapy for insomnia (CBT-I) in cancer survivors. <i>Sleep Medicine Reviews</i> , 2016, 27, 20-28.	3.8	250
63	Genome-Wide Association Analyses in 128,266 Individuals Identifies New Morningness and Sleep Duration Loci. <i>PLoS Genetics</i> , 2016, 12, e1006125.	1.5	308
64	Nocturnal Wakefulness as a Previously Unrecognized Risk Factor for Suicide. <i>Journal of Clinical Psychiatry</i> , 2016, 77, e726-e733.	1.1	71
65	Genetic Research on Sleep, Sleep Disturbances and Associated Difficulties. , 2016, , 185-204.		0
66	The Heritability of Insomnia Progression during Childhood/Adolescence: Results from a Longitudinal Twin Study. <i>Sleep</i> , 2015, 38, 109-118.	0.6	48
67	Circadian actigraphic rest-activity rhythms following surgery for endometrial cancer: A prospective, longitudinal study. <i>Gynecologic Oncology</i> , 2015, 137, 448-455.	0.6	16
68	Genetics of Sleep Disorders. <i>Psychiatric Clinics of North America</i> , 2015, 38, 667-681.	0.7	29
69	A meta-analysis of group cognitive behavioral therapy for insomnia. <i>Sleep Medicine Reviews</i> , 2015, 19, 6-16.	3.8	267
70	Sleeping well with cancer: a systematic review of cognitive behavioral therapy for insomnia in cancer patients. <i>Neuropsychiatric Disease and Treatment</i> , 2014, 10, 1113.	1.0	161
71	Neurobehavioral Performance Impairment in Insomnia: Relationships with Self-Reported Sleep and Daytime Functioning. <i>Sleep</i> , 2014, 37, 107-116.	0.6	105
72	A genome-wide association study of sleep habits and insomnia. <i>American Journal of Medical Genetics Part B: Neuropsychiatric Genetics</i> , 2013, 162, 439-451.	1.1	104

#	ARTICLE	IF	CITATIONS
73	Prevalence and risk factors for insomnia among breast cancer patients on aromatase inhibitors. <i>Supportive Care in Cancer</i> , 2013, 21, 43-51.	1.0	95
74	The Role of Genes in the Insomnia Phenotype. <i>Sleep Medicine Clinics</i> , 2013, 8, 323-331.	1.2	21
75	A Critical Review of the Evidence Base of Imagery Rehearsal for Posttraumatic Nightmares: Pointing the Way for Future Research. <i>Journal of Traumatic Stress</i> , 2013, 26, 570-579.	1.0	32
76	Predeployment Sleep Duration and Insomnia Symptoms as Risk Factors for New-Onset Mental Health Disorders Following Military Deployment. <i>Sleep</i> , 2013, 36, 1009-1018.	0.6	265
77	Comparative effectiveness of cognitive behavioral therapy for insomnia: a systematic review. <i>BMC Family Practice</i> , 2012, 13, 40.	2.9	426
78	Genetics of Insomnia. <i>Sleep Medicine Clinics</i> , 2011, 6, 191-202.	1.2	21
79	Heritability of Insomnia Symptoms in Youth and Their Relationship to Depression and Anxiety. <i>Sleep</i> , 2011, 34, 1641-1646.	0.6	94
80	Cognitive Behavioral Treatment for Insomnia in Veterans with Long-Standing Posttraumatic Stress Disorder: A Pilot Study. <i>Journal of Aggression, Maltreatment and Trauma</i> , 2011, 20, 904-916.	0.9	29
81	Sleep Patterns Before, During, and After Deployment to Iraq and Afghanistan. <i>Sleep</i> , 2010, 33, 1615-1622.	0.6	231
82	Treatment of nightmares in the context of posttraumatic stress disorder. <i>Journal of Clinical Psychology</i> , 2010, 66, 1185-1194.	1.0	22
83	Imagery rehearsal for posttraumatic nightmares: A randomized controlled trial. <i>Journal of Traumatic Stress</i> , 2010, 23, 553-563.	1.0	90
84	Effectiveness of Ramelteon for Insomnia Symptoms in Older Adults with Obstructive Sleep Apnea: A Randomized Placebo-Controlled Pilot Study. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 572-580.	1.4	43
85	Post-Traumatic Stress Disorder Nightmares and Sleep Disturbance in Iraq War Veterans: A Feasible and Promising Treatment Combination. <i>Journal of Aggression, Maltreatment and Trauma</i> , 2009, 18, 516-531.	0.9	30