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List of Publications by Year in descending order

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Version: 2024-02-01

1936888 1872312 6 39 4 6 citations h-index g-index papers 6 6 6 60 citing authors docs citations times ranked all docs

#	Article	IF	CITATIONS
1	Three minutes of moderate-intensity stair walking improves glucose and insulin but not insulin sensitivity or total antioxidant capacity. Nutrition, Metabolism and Cardiovascular Diseases, 2022, 32, 479-486.	1.1	3
2	Effects of chronic decaffeinated green tea extract supplementation on lipolysis and substrate utilization during upper body exercise. Journal of Sport and Health Science, 2021, 10, 237-242.	3.3	3
3	Postprandial glucose response moderation by cardiorespiratory fitness following short exercise bouts. Journal of Sports Medicine and Physical Fitness, 2020, 60, 764-769.	0.4	4
4	Sex differences in postprandial glucose response to short bouts of exercise: A randomized controlled trial. Journal of Science and Medicine in Sport, 2019, 22, 181-185.	0.6	6
5	Mung Bean Protein Supplement Improves Muscular Strength in Healthy, Underactive Vegetarian Adults. Nutrients, 2019, 11, 2423.	1.7	16
6	Reducing Glycemic Indicators with Moderate Intensity Stepping of Varied, Short Durations in People with Pre-Diabetes. Journal of Sports Science and Medicine, 2018, 17, 680-685.	0.7	7