

# James Bennett-Levy

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7659009/publications.pdf>

Version: 2024-02-01

52  
papers

2,178  
citations

236612

25  
h-index

243296

44  
g-index

53  
all docs

53  
docs citations

53  
times ranked

1819  
citing authors

#	ARTICLE	IF	CITATIONS
1	Therapist Skills: A Cognitive Model of their Acquisition and Refinement. Behavioural and Cognitive Psychotherapy, 2006, 34, 57-78.	0.9	216
2	MindSpot Clinic: An Accessible, Efficient, and Effective Online Treatment Service for Anxiety and Depression. Psychiatric Services, 2015, 66, 1043-1050.	1.1	152
3	The first 30 months of the MindSpot Clinic: Evaluation of a national e-mental health service against project objectives. Australian and New Zealand Journal of Psychiatry, 2017, 51, 1227-1239.	1.3	150
4	THE VALUE OF SELF-PRACTICE OF COGNITIVE THERAPY TECHNIQUES AND SELF-REFLECTION IN THE TRAINING OF COGNITIVE THERAPISTS. Behavioural and Cognitive Psychotherapy, 2001, 29, 203-220.	0.9	129
5	Acquiring and Refining CBT Skills and Competencies: Which Training Methods are Perceived to be Most Effective?. Behavioural and Cognitive Psychotherapy, 2009, 37, 571-583.	0.9	129
6	Acceptability of Mental Health Apps for Aboriginal and Torres Strait Islander Australians: A Qualitative Study. Journal of Medical Internet Research, 2016, 18, e65.	2.1	99
7	Mechanisms Of Change In Cognitive Therapy: The Case Of Automatic Thought Records And Behavioural Experiments. Behavioural and Cognitive Psychotherapy, 2003, 31, 261-277.	0.9	96
8	Low intensity CBT interventions: a revolution in mental health care. , 2010, , 3-18.		88
9	Why therapists should walk the talk: The theoretical and empirical case for personal practice in therapist training and professional development. Journal of Behavior Therapy and Experimental Psychiatry, 2019, 62, 133-145.	0.6	76
10	COGNITIVE THERAPY FROM THE INSIDE: ENHANCING THERAPIST SKILLS THROUGH PRACTISING WHAT WE PREACH. Behavioural and Cognitive Psychotherapy, 2003, 31, 143-158.	0.9	71
11	User characteristics and outcomes from a national digital mental health service: an observational study of registrants of the Australian MindSpot Clinic. The Lancet Digital Health, 2020, 2, e582-e593.	5.9	70
12	Self-Practice and Self-Reflection in Cognitive Behaviour Therapy Training: What Factors Influence Trainees'™ Engagement and Experience of Benefit?. Behavioural and Cognitive Psychotherapy, 2014, 42, 48-64.	0.9	68
13	A Pilot Evaluation of a Brief CBT Training Course: Impact on Trainees' Satisfaction, Clinical Skills and Patient Outcomes. Behavioural and Cognitive Psychotherapy, 2008, 36, 569.	0.9	54
14	Self-Report of Memory Skills After Temporal Lobectomy: The Effect of Clinical Variables. Cortex, 1980, 16, 543-557.	1.1	53
15	Encounters with Anna Thompson: The consumer's experience of neuropsychological assessment. Neuropsychology, Development and Cognition Section D: the Clinical Neuropsychologist, 1994, 8, 219-238.	1.4	51
16	The nature of cognitive dysfunction in school-children with epilepsy. Acta Neurologica Scandinavica, 1984, 69, 79-82.	1.0	50
17	The Ups and Downs of Cognitive Therapy Training: What Happens to Trainees' Perception of their Competence During a Cognitive Therapy Training Course?. Behavioural and Cognitive Psychotherapy, 2007, 35, 61.	0.9	50
18	Conceptualizing Empathy in Cognitive Behaviour Therapy: Making the Implicit Explicit. Behavioural and Cognitive Psychotherapy, 2007, 35, .	0.9	50

#	ARTICLE	IF	CITATIONS
19	Translating E-Mental Health Into Practice: What Are the Barriers and Enablers to E-Mental Health Implementation by Aboriginal and Torres Strait Islander Health Professionals?. <i>Journal of Medical Internet Research</i> , 2017, 19, e1.	2.1	38
20	The Promise of Online Cognitive Behavioural Therapy Training for Rural and Remote Mental Health Professionals. <i>Australasian Psychiatry</i> , 2009, 17, S121-S124.	0.4	36
21	A Measurable Impact of a Self-Practice/Self-Reflection Programme on the Therapeutic Skills of Experienced Cognitive-Behavioural Therapists. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 176-184.	1.4	36
22	Can CBT Be Effective for Aboriginal Australians? Perspectives of Aboriginal Practitioners Trained in CBT. <i>Australian Psychologist</i> , 2014, 49, 1-7.	0.9	35
23	The role of personal practice in therapist skill development: a model to guide therapists, educators, supervisors and researchers. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 185-205.	1.9	35
24	Use It or Lose It: Post-workshop Reflection Enhances Learning and Utilization of CBT Skills. <i>Cognitive and Behavioral Practice</i> , 2014, 21, 12-19.	0.9	34
25	Long-term effects of severe closed head injury on memory: evidence from a consecutive series of young adults. <i>Acta Neurologica Scandinavica</i> , 1984, 70, 285-298.	1.0	32
26	Differential Mental Health Impact Six Months After Extensive River Flooding in Rural Australia: A Cross-Sectional Analysis Through an Equity Lens. <i>Frontiers in Public Health</i> , 2019, 7, 367.	1.3	31
27	Online Cognitive Behavioural Therapy Training for Therapists: Outcomes, Acceptability, and Impact of Support. <i>Australian Psychologist</i> , 2012, 47, 174-182.	0.9	28
28	Rationale and methods for a cross-sectional study of mental health and wellbeing following river flooding in rural Australia, using a community-academic partnership approach. <i>BMC Public Health</i> , 2019, 19, 1255.	1.2	18
29	Engagement With Self-Practice/Self-Reflection as a Professional Development Activity: The Role of Therapist Beliefs. <i>Australian Psychologist</i> , 2015, 50, 322-328.	0.9	17
30	“You didn’t just consult community, you involved us” transformation of a “top-down” Aboriginal mental health project into a “bottom-up” community-driven process. <i>Australasian Psychiatry</i> , 2015, 23, 614-619.	0.4	16
31	Understanding individual differences in response to Self-Practice and Self-Reflection (SP/SR) during CBT training. <i>The Cognitive Behaviour Therapist</i> , 2014, 7, .	0.4	15
32	Developing Metacompetence in Low Intensity Cognitive-Behavioural Therapy (CBT) Interventions: Evaluating a Self-Practice/Self-Reflection Programme for Experienced Low Intensity CBT Practitioners. <i>Australian Psychologist</i> , 2015, 50, 311-321.	0.9	15
33	Randomised Control Trial of a Low-Intensity Cognitive-Behaviour Therapy Intervention to Improve Mental Health in University Students. <i>Australian Psychologist</i> , 2016, 51, 145-153.	0.9	15
34	Belonging and Inclusivity Make a Resilient Future for All: A Cross-Sectional Analysis of Post-Flood Social Capital in a Diverse Australian Rural Community. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7676.	1.2	14
35	“Venturing Towards the Dark Side”: The Use of Imagery Interventions by Recently Qualified Cognitive-Behavioural Therapists. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 591-603.	1.4	13
36	Preliminary Evaluation of an Online Training Package in Cognitive Behaviour Therapy: Satisfaction Ratings and Impact on Knowledge and Confidence. <i>Behavioural and Cognitive Psychotherapy</i> , 2012, 40, 481-490.	0.9	10

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37	Aboriginal Practitioners Offer Culturally Safe and Responsive CBT: Response to Commentaries. Australian Psychologist, 2014, 49, 22-27.	0.9	10
38	Spontaneous Self-Practice of Cognitive Behavioural Therapy (CBT) by Aboriginal Counsellors During and Following CBT Training: A Retrospective Analysis of Facilitating Conditions and Impact. Australian Psychologist, 2015, 50, 329-334.	0.9	10
39	Should personal practice be part of cognitive behaviour therapy training? Results from two self-practice/self-reflection cohort control pilot studies. Clinical Psychology and Psychotherapy, 2021, 28, 150-158.	1.4	10
40	“Courses for Horses”: designing, adapting and implementing self practice/self-reflection programmes. The Cognitive Behaviour Therapist, 2019, 12, .	0.4	8
41	Personal practice in counselling and CBT trainees: the self-perceived impact of personal therapy and self-practice/self-reflection on personal and professional development. Cognitive Behaviour Therapy, 2021, 50, 422-438.	1.9	8
42	From Digital Mental Health to Digital Social and Emotional Wellbeing: How Indigenous Community-Based Participatory Research Influenced the Australian Government’s Digital Mental Health Agenda. International Journal of Environmental Research and Public Health, 2021, 18, 9757.	1.2	7
43	Aboriginal and Torres Strait Islander Mental Health Practitioners Propose Alternative Clinical Supervision Models. International Journal of Mental Health, 2015, 44, 33-45.	0.5	6
44	Keeping metaphor in mind: training therapists in metaphor-enhanced cognitive behaviour therapy. The Cognitive Behaviour Therapist, 2018, 11, .	0.4	6
45	The Self-Reflective Writing Scale (SRWS): a new measure to assess self-reflection following self-experiential cognitive behaviour therapy training. Reflective Practice, 2018, 19, 505-521.	0.7	5
46	Diversity in eMental Health Practice: An Exploratory Qualitative Study of Aboriginal and Torres Strait Islander Service Providers. JMIR Mental Health, 2017, 4, e17.	1.7	4
47	Invited Response to Commentaries: Self-Practice/Self-Reflection (SP/SR): Contexts, Challenges and Ways Forward. Australian Psychologist, 2015, 50, 344-349.	0.9	3
48	Insurance Issues as Secondary Stressors Following Flooding in Rural Australia: A Mixed Methods Study. International Journal of Environmental Research and Public Health, 2022, 19, 6383.	1.2	3
49	Delivering the “H” in NHMRC: the case for implementation research in mental health. Australian and New Zealand Journal of Public Health, 2014, 38, 411-413.	0.8	2
50	When therapists have problems: what can CBT do for us?. , 2010, , 457-480.		2
51	Arts-Based Compassion Skills Training (ABCST): Channelling Compassion Focused Therapy Through Visual Arts for Australia’s Indigenous Peoples. Frontiers in Psychology, 2020, 11, 568561.	1.1	2
52	Use, and perceived usefulness, of cognitive behavioural therapy techniques for self-care among therapists. The Cognitive Behaviour Therapist, 2020, 13, .	0.4	1