

# Monica Marina Nour

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7646281/publications.pdf>

Version: 2024-02-01

15  
papers

397  
citations

1039880

9  
h-index

1058333

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g-index

16  
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16  
docs citations

16  
times ranked

728  
citing authors

#	ARTICLE	IF	CITATIONS
1	Exploring the role of social support and social media for lifestyle interventions to prevent weight gain with young adults: Focus group findings. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 178-187.	1.3	9
2	How do travelers manage jetlag and travel fatigue? A survey of passengers on long-haul flights. <i>Chronobiology International</i> , 2020, 37, 1621-1628.	0.9	10
3	Internal consistency and convergent and divergent validity of the Liverpool jetlag questionnaire. <i>Chronobiology International</i> , 2020, 37, 218-226.	0.9	9
4	Improving Calcium Knowledge and Intake in Young Adults Via Social Media and Text Messages: Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2020, 8, e16499.	1.8	6
5	The Role of Supportive Food Environments to Enable Healthier Choices When Eating Meals Prepared Outside the Home: Findings from Focus Groups of 18 to 30-Year-Olds. <i>Nutrients</i> , 2019, 11, 2217.	1.7	21
6	Young Adults's™ Engagement With a Self-Monitoring App for Vegetable Intake and the Impact of Social Media and Gamification: Feasibility Study. <i>JMIR Formative Research</i> , 2019, 3, e13324.	0.7	23
7	Exploring young adult perspectives on the use of gamification and social media in a smartphone platform for improving vegetable intake. <i>Appetite</i> , 2018, 120, 547-556.	1.8	46
8	The Relationship between Vegetable Intake and Weight Outcomes: A Systematic Review of Cohort Studies. <i>Nutrients</i> , 2018, 10, 1626.	1.7	90
9	Short Videos Addressing Barriers to Cooking with Vegetables in Young Adults: Pilot Testing. <i>Journal of the American College of Nutrition</i> , 2018, 37, 724-730.	1.1	10
10	A Narrative Review of Social Media and Game-Based Nutrition Interventions Targeted at Young Adults. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 735-752.e10.	0.4	41
11	The fruit and vegetable intake of young Australian adults: a population perspective. <i>Public Health Nutrition</i> , 2017, 20, 2499-2512.	1.1	47
12	Harnessing the "ambience" of the mobile-phone lockscreen for ultra-lite logging. , 2017, , .		7
13	Efficacy and External Validity of Electronic and Mobile Phone-Based Interventions Promoting Vegetable Intake in Young Adults: Systematic Review and Meta-Analysis. <i>Journal of Medical Internet Research</i> , 2016, 18, e58.	2.1	60
14	Diet Quality of Young Adults Enrolling in TXT2BFIT, a Mobile Phone-Based Healthy Lifestyle Intervention. <i>JMIR Research Protocols</i> , 2015, 4, e60.	0.5	13
15	Efficacy and External Validity of Electronic and Mobile Phone-Based Interventions Promoting Vegetable Intake in Young Adults: A Systematic Review Protocol. <i>JMIR Research Protocols</i> , 2015, 4, e92.	0.5	5