Ryan E Rhodes

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/7631796/publications.pdf

Version: 2024-02-01

423 papers

21,980 citations

70 h-index 126 g-index

446 all docs

446 docs citations

446 times ranked

16550 citing authors

#	Article	IF	CITATIONS
1	New Canadian Physical Activity Guidelines. Applied Physiology, Nutrition and Metabolism, 2011, 36, 36-46.	0.9	871
2	Impact of the COVID-19 virus outbreak on movement and play behaviours of Canadian children and youth: a national survey. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 85.	2.0	703
3	Parental Correlates of Physical Activity in Children and Early Adolescents. Sports Medicine, 2006, 36, 79-97.	3.1	528
4	How big is the physical activity intention–behaviour gap? A metaâ€analysis using the action control framework. British Journal of Health Psychology, 2013, 18, 296-309.	1.9	506
5	Can the Affective Response to Exercise Predict Future Motives and Physical Activity Behavior? A Systematic Review of Published Evidence. Annals of Behavioral Medicine, 2015, 49, 715-731.	1.7	488
6	Physical activity: Health impact, prevalence, correlates and interventions. Psychology and Health, 2017, 32, 942-975.	1.2	480
7	Personality correlates of physical activity: a review and meta-analysis. British Journal of Sports Medicine, 2006, 40, 958-965.	3.1	411
8	Adult Sedentary Behavior. American Journal of Preventive Medicine, 2012, 42, e3-e28.	1.6	396
9	Investigating multiple components of attitude, subjective norm, and perceived control: An examination of the theory of planned behaviour in the exercise domain. British Journal of Social Psychology, 2003, 42, 129-146.	1.8	384
10	Canadian 24-Hour Movement Guidelines for Adults aged 18–64 years and Adults aged 65 years or older: an integration of physical activity, sedentary behaviour, and sleep. Applied Physiology, Nutrition and Metabolism, 2020, 45, S57-S102.	0.9	346
11	A Review and Meta-Analysis of Affective Judgments and Physical Activity in Adult Populations. Annals of Behavioral Medicine, 2009, 38, 180-204.	1.7	344
12	Factors Associated with Exercise Adherence Among Older Adults. Sports Medicine, 1999, 28, 397-411.	3.1	316
13	Parental correlates in child and adolescent physical activity: a meta-analysis. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 10.	2.0	303
14	A birth of inactivity? A review of physical activity and parenthood. Preventive Medicine, 2008, 46, 99-110.	1.6	292
15	Theories of physical activity behaviour change: A history and synthesis of approaches. Psychology of Sport and Exercise, 2019, 42, 100-109.	1.1	254
16	The group psychotherapy and home-based physical exercise (group-hope) trial in cancer survivors: Physical fitness and quality of life outcomes. Psycho-Oncology, 2003, 12, 357-374.	1.0	252
17	The confounded self-efficacy construct: conceptual analysis and recommendations for future research. Health Psychology Review, 2016, 10, 113-128.	4.4	252
18	Experimental evidence for the intention–behavior relationship in the physical activity domain: A meta-analysis Health Psychology, 2012, 31, 724-727.	1.3	250

#	Article	IF	CITATIONS
19	Dog Ownership and Physical Activity: A Review of the Evidence. Journal of Physical Activity and Health, 2013, 10, 750-759.	1.0	229
20	Mediators of physical activity behaviour change among adult non-clinical populations: a review update. International Journal of Behavioral Nutrition and Physical Activity, 2010, 7, 37.	2.0	223
21	Occupation Correlates of Adults' Participation in Leisure-Time Physical Activity. American Journal of Preventive Medicine, 2011, 40, 476-485.	1.6	219
22	The health benefits of interactive video game exercise. Applied Physiology, Nutrition and Metabolism, 2007, 32, 655-663.	0.9	209
23	A multicomponent model of the theory of planned behaviour. British Journal of Health Psychology, 2006, 11, 119-137.	1.9	204
24	Exercise habit formation in new gym members: a longitudinal study. Journal of Behavioral Medicine, 2015, 38, 652-663.	1.1	192
25	Sedentary behaviour and health in adults: an overview of systematic reviews. Applied Physiology, Nutrition and Metabolism, 2020, 45, S197-S217.	0.9	187
26	Changing exercise through targeting affective or cognitive attitudes. Psychology and Health, 2011, 26, 133-149.	1.2	185
27	Relationships Among Dog Ownership and Leisure-Time Walking in Western Canadian Adults. American Journal of Preventive Medicine, 2006, 30, 131-136.	1.6	180
28	Personality and perceived stress during COVID-19 pandemic: Testing the mediating role of perceived threat and efficacy. Personality and Individual Differences, 2021, 168, 110351.	1.6	180
29	A systematic review of the effects of non-conscious regulatory processes in physical activity. Health Psychology Review, 2016, 10, 395-407.	4.4	172
30	Advancing Physical Activity Theory. Exercise and Sport Sciences Reviews, 2011, 39, 113-119.	1.6	155
31	Direct and indirect measurement of physical activity in older adults: a systematic review of the literature. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 148.	2.0	154
32	Healthy movement behaviours in children and youth during the COVID-19 pandemic: Exploring the role of the neighbourhood environment. Health and Place, 2020, 65, 102418.	1.5	153
33	Copenhagen Consensus statement 2019: physical activity and ageing. British Journal of Sports Medicine, 2019, 53, 856-858.	3.1	145
34	What Predicts Intention-Behavior Discordance? A Review of the Action Control Framework. Exercise and Sport Sciences Reviews, 2013, 41, 201-207.	1.6	144
35	The home physical environment and its relationship with physical activity and sedentary behavior: A systematic review. Preventive Medicine, 2014, 67, 221-237.	1.6	143
36	Models accounting for intention-behavior discordance in the physical activity domain: a user's guide, content overview, and review of current evidence. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 9.	2.0	142

#	Article	IF	CITATIONS
37	Prediction of leisure-time walking: an integration of social cognitive, perceived environmental, and personality factors. International Journal of Behavioral Nutrition and Physical Activity, 2007, 4, 51.	2.0	140
38	Examining the active ingredients of physical activity interventions underpinned by theory versus no stated theory: a meta-analysis. Health Psychology Review, 2019, 13, 1-17.	4.4	133
39	Development of a consensus statement on the role of the family in the physical activity, sedentary, and sleep behaviours of children and youth. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 74.	2.0	130
40	Correlates of adherence and contamination in a randomized controlled trial of exercise in cancer survivors: An application of the theory of planned behavior and the five factor model of personality. Annals of Behavioral Medicine, 2002, 24, 257-268.	1.7	129
41	Validation of the Decisional Balance Scales in the Exercise Domain From the Transtheoretical Model: A Longitudinal Test. Measurement in Physical Education and Exercise Science, 2001, 5, 191-206.	1.3	128
42	Canadian children's and youth's adherence to the 24-h movement guidelines during the COVID-19 pandemic: A decision tree analysis. Journal of Sport and Health Science, 2020, 9, 313-321.	3.3	126
43	entitled <i>Advancing physical activity measurement and guidelines in Canada: a scientific review and evidence-based foundation for the future of Canadian physical activity guidelines</i> co-published by <i>Applied Physiology, Nutrition, and Metabolism</i> and the <i>Canadian Journal of Public Health</i> lt may be cited as Appl. Physiol. Nutr. Metab. 32(Suppl. 2E) or as Can. I. Public Health 98(Suppl. 2) Applied	0.9	121
44	Physiology, Nutrition and Metabolism, 2007, 32, \$16-\$68. Moderators of the intention-behaviour relationship in the physical activity domain: a systematic review. British Journal of Sports Medicine, 2013, 47, 215-225.	3.1	115
45	Differentiating motivation and control in the Theory of Planned Behavior. Psychology, Health and Medicine, 2004, 9, 205-215.	1.3	113
46	Integrating the Perceived Neighborhood Environment and the Theory of Planned Behavior When Predicting Walking in a Canadian Adult Sample. American Journal of Health Promotion, 2006, 21, 110-118.	0.9	112
47	Understanding action control: Predicting physical activity intention-behavior profiles across 6 months in a Canadian sample Health Psychology, 2006, 25, 292-299.	1.3	109
48	Conceptualizing and Defining the Intention Construct for Future Physical Activity Research. Exercise and Sport Sciences Reviews, 2017, 45, 209-216.	1.6	108
49	Understanding Adherence to 5 Servings of Fruits and Vegetables per Day: A Theory of Planned Behavior Perspective. Journal of Nutrition Education and Behavior, 2009, 41, 3-10.	0.3	105
50	Predicting physical activity intention and behaviour among children in a longitudinal sample. Social Science and Medicine, 2006, 62, 3146-3156.	1.8	104
51	Mediators of physical activity behaviour change interventions among adults: a systematic review and meta-analysis. Health Psychology Review, 2021, 15, 272-286.	4.4	103
52	Modelling the theory of planned behaviour and past behaviour. Psychology, Health and Medicine, 2003, 8, 57-69.	1.3	100
53	Self-efficacy, Controllability and Intention in the Theory of Planned Behavior: Measurement Redundancy or Causal Independence?. Psychology and Health, 2003, 18, 79-91.	1.2	99
54	Predicting the Physical Activity Intention–Behavior Profiles of Adopters and Maintainers Using Three Social Cognition Models. Annals of Behavioral Medicine, 2008, 36, 244-252.	1.7	99

#	Article	IF	CITATIONS
55	Extending the Theory of Planned Behavior in the Exercise Domain: A Comparison of Social Support and Subjective Norm. Research Quarterly for Exercise and Sport, 2002, 73, 193-199.	0.8	98
56	Does Personality Moderate the Theory of Planned Behavior in the Exercise Domain?. Journal of Sport and Exercise Psychology, 2002, 24, 120-132.	0.7	94
57	Integrating five-factor model facet-level traits with the theory of planned behavior and exercise. Psychology of Sport and Exercise, 2009, 10, 565-572.	1.1	93
58	Is physical activity a part of who I am? A review and meta-analysis of identity, schema and physical activity. Health Psychology Review, 2016, 10, 204-225.	4.4	89
59	Habit in the Physical Activity Domain: Integration With Intention Temporal Stability and Action Control. Journal of Sport and Exercise Psychology, 2010, 32, 84-98.	0.7	86
60	Relationships between personality, an extended theory of planned behaviour model and exercise behaviour. British Journal of Health Psychology, 2003, 8, 19-36.	1.9	85
61	Tailored mobile text messaging interventions targeting type 2 diabetes self-management: A systematic review and a meta-analysis. Digital Health, 2019, 5, 205520761984527.	0.9	85
62	The theory of planned behavior and lower-order personality traits: interaction effects in the exercise domain. Personality and Individual Differences, 2005, 38, 251-265.	1.6	84
63	Encouraging Dog Walking for Health Promotion and Disease Prevention. American Journal of Lifestyle Medicine, 2018, 12, 233-243.	0.8	84
64	Experimental manipulation of affective judgments about physical activity: a systematic review and meta-analysis of adults. Health Psychology Review, 2019, 13, 18-34.	4.4	84
65	Physical Activity Habit: Complexities and Controversies., 2018,, 91-109.		83
66	Disentangling motivation, intention, and planning in the physical activity domain. Psychology of Sport and Exercise, 2006, 7, 15-27.	1.1	82
67	Correlates of Perceived Physical Activity Transitions during the COVIDâ€19 Pandemic among Canadian Adults. Applied Psychology: Health and Well-Being, 2020, 12, 1157-1182.	1.6	82
68	Translating Exercise Intentions into Behavior: Personality and Social Cognitive Correlates. Journal of Health Psychology, 2003, 8, 447-458.	1.3	79
69	Effects of different measurement scales on the variability and predictive validity of the "two-component―model of the theory of planned behavior in the exercise domain. Psychology and Health, 2006, 21, 557-570.	1.2	79
70	Predicting the effect of interactive video bikes on exercise adherence: An efficacy trial. Psychology, Health and Medicine, 2009, 14, 631-640.	1.3	79
71	Correlates of Leisure-Time Physical Activity During Transitions to Motherhood. Women and Health, 2009, 49, 66-83.	0.4	78
72	Physical activity of children in family child care. Applied Physiology, Nutrition and Metabolism, 2009, 34, 794-798.	0.9	76

#	Article	IF	Citations
73	The pathways linking objectively-measured greenspace exposure and mental health: A systematic review of observational studies. Environmental Research, 2021, 198, 111233.	3.7	7 5
74	Determinants of physical activity among adults in the United Kingdom during the COVIDâ€19 pandemic: The DUKâ€COVID study. British Journal of Health Psychology, 2021, 26, 588-605.	1.9	74
75	Factors associated with participation in resistance training: a systematic review. British Journal of Sports Medicine, 2017, 51, 1466-1472.	3.1	72
76	Affective Determinants of Physical Activity: A Conceptual Framework and Narrative Review. Frontiers in Psychology, 2020, 11, 568331.	1.1	72
77	Pilot study of a family physical activity planning intervention among parents and their children. Journal of Behavioral Medicine, 2010, 33, 91-100.	1.1	71
78	The Evolving Understanding of Physical Activity Behavior. Advances in Motivation Science, 2017, , 171-205.	2,2	70
79	Social ecological correlates of physical activity in normal weight, overweight, and obese individuals. International Journal of Obesity, 2005, 29, 720-726.	1.6	69
80	Promoting exercise behaviour: An integration of persuasion theories and the theory of planned behaviour. British Journal of Health Psychology, 2004, 9, 505-521.	1.9	68
81	Group-based physical activity for older adults (GOAL) randomized controlled trial: Exercise adherence outcomes Health Psychology, 2018, 37, 451-461.	1.3	68
82	Exploring exercise behavior, intention and habit strength relationships. Scandinavian Journal of Medicine and Science in Sports, 2011, 21, 482-491.	1.3	66
83	Do ethnicity and gender matter when using the theory of planned behavior to understand fruit and vegetable consumption?. Appetite, 2009, 52, 15-20.	1.8	65
84	Social Play in an Exergame. , 2019, , .		65
85	Promoting Parent and Child Physical Activity Together: Elicitation of Potential Intervention Targets and Preferences. Health Education and Behavior, 2018, 45, 112-123.	1.3	64
86	Application of a social cognitive model in explaining physical activity in Iranian female adolescents. Health Education Research, 2010, 25, 257-267.	1.0	63
87	What Do Confidence Items Measure in the Physical Activity Domain?. Journal of Applied Social Psychology, 2007, 37, 759-774.	1.3	62
88	Temporal Relationships of Self-Efficacy and Social Support as Predictors of Adherence in a 6-Month Strength-Training Program for Older Women. Perceptual and Motor Skills, 2001, 93, 693-703.	0.6	61
89	Automatic and Motivational Correlates of Physical Activity: Does Intensity Moderate the Relationship?. Behavioral Medicine, 2010, 36, 44-52.	1.0	61
90	Affective Judgment and Physical Activity in Youth: Review and Meta-Analyses. Annals of Behavioral Medicine, 2013, 45, 357-376.	1.7	61

#	Article	IF	Citations
91	Understanding Physical Activity Behavior in African American and Caucasian College Students: An Application of the Theory of Planned Behavior. Journal of American College Health, 2008, 56, 341-346.	0.8	60
92	Effects of homeâ€based exergaming on child social cognition and subsequent prediction of behavior. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 2234-2242.	1.3	60
93	Regional differences in access to the outdoors and outdoor play of Canadian children and youth during the COVID-19 outbreak. Canadian Journal of Public Health, 2020, 111, 988-994.	1.1	60
94	Personality and social cognitive influences on exercise behavior: adding the activity trait to the theory of planned behavior. Psychology of Sport and Exercise, 2004, 5, 243-254.	1.1	59
95	Pilot study of a dog walking randomized intervention: Effects of a focus on canine exercise. Preventive Medicine, 2012, 54, 309-312.	1.6	59
96	Predictors of Physical Activity Change Among Adults Using Observational Designs. Sports Medicine, 2015, 45, 423-441.	3.1	59
97	Effects of eHealth-Based Multiple Health Behavior Change Interventions on Physical Activity, Healthy Diet, and Weight in People With Noncommunicable Diseases: Systematic Review and Meta-analysis. Journal of Medical Internet Research, 2021, 23, e23786.	2.1	59
98	Affective Determinants of Health Behavior. , 2018, , .		59
99	Understanding action control of parental support behavior for child physical activity Health Psychology, 2016, 35, 131-140.	1.3	58
100	Conceptualizing and intervening on affective determinants of health behaviour. Psychology and Health, 2019, 34, 1267-1281.	1.2	58
101	Physical Activity and Native Americans. American Journal of Preventive Medicine, 2006, 31, 36-46.	1.6	57
102	Relationship Between Regular Walking, Physical Activity, and Health-Related Quality of Life. Journal of Physical Activity and Health, 2007, 4, 138-152.	1.0	57
103	Medical, demographic and social cognitive correlates of physical activity in a population-based sample of colorectal cancer survivors. European Journal of Cancer Care, 2012, 21, 187-196.	0.7	57
104	Increasing Physical Activity Through Principles of Habit Formation in New Gym Members: a Randomized Controlled Trial. Annals of Behavioral Medicine, 2017, 51, 578-586.	1.7	57
105	Understanding Physical Activity through Interactions Between the Built Environment and Social Cognition: A Systematic Review. Sports Medicine, 2018, 48, 1893-1912.	3.1	57
106	Predictors of stationary cycling exergame use among inactive children in the family home. Psychology of Sport and Exercise, 2019, 41, 181-190.	1.1	57
107	Can current physical activity act as a reasonable proxy measure of future physical activity? Evaluating cross-sectional and passive prospective designs with the use of social cognition models. Preventive Medicine, 2005, 40, 547-555.	1.6	56
108	Building motivation and sustainability into the prescription and recommendations for physical activity and exercise therapy: The evidence. Physiotherapy Theory and Practice, 2009, 25, 424-441.	0.6	55

#	Article	IF	Citations
109	Does action planning moderate the intention-habit interaction in the exercise domain? A three-way interaction analysis investigation. Journal of Behavioral Medicine, 2012, 35, 509-519.	1.1	55
110	Threshold assessment of attitude, subjective norm, and perceived behavioral control for predicting exercise intention and behavior. Psychology of Sport and Exercise, 2005, 6, 349-361.	1.1	54
111	Characteristics of Physical Activity Guidelines and their Effect on Adherence. Sports Medicine, 2009, 39, 355-375.	3.1	54
112	Meeting new Canadian 24-Hour Movement Guidelines for the Early Years and associations with adiposity among toddlers living in Edmonton, Canada. BMC Public Health, 2017, 17, 840.	1.2	54
113	Personality and exercise participation across the breast cancer experience. Psycho-Oncology, 2001, 10, 380-388.	1.0	53
114	Effects of preparatory and action planning instructions on situation-specific and general fruit and snack intake. Appetite, 2017, 108, 161-170.	1.8	53
115	Correlates of physical activity in a population-based sample of kidney cancer survivors: an application of the theory of planned behavior. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 96.	2.0	52
116	Understanding Physical Inactivity: Prediction of Four Sedentary Leisure Behaviors. Leisure Sciences, 2009, 31, 124-135.	2.2	51
117	Unleashing Physical Activity: An Observational Study of Park Use, Dog Walking, and Physical Activity. Journal of Physical Activity and Health, 2011, 8, 766-774.	1.0	51
118	The role of habit in different phases of exercise. British Journal of Health Psychology, 2017, 22, 429-448.	1.9	51
119	Nouvelles Directives canadiennes en matière d'activité physique. Applied Physiology, Nutrition and Metabolism, 2011, 36, 47-58.	0.9	50
120	Physical Activity Preferences Among a Population-Based Sample of Colorectal Cancer Survivors. Oncology Nursing Forum, 2013, 40, 44-52.	0.5	49
121	Associations between socioeconomic, parental and home environment factors and fruit and vegetable consumption of children in grades five and six in British Columbia, Canada. BMC Public Health, 2014, 14, 150.	1.2	49
122	Physical activity and sedentary behavior across 12Âmonths in cohort samples of couples without children, expecting their first child, and expecting their second child. Journal of Behavioral Medicine, 2014, 37, 533-542.	1.1	49
123	Using short vignettes to disentangle perceived capability from motivation: a test using walking and resistance training behaviors. Psychology, Health and Medicine, 2016, 21, 639-651.	1.3	49
124	Do Physical Activity Beliefs Differ by Age and Gender?. Journal of Sport and Exercise Psychology, 2008, 30, 412-423.	0.7	48
125	Trends and changes in research on the psychology of physical activity across 20years: A quantitative analysis of 10 journals. Preventive Medicine, 2011, 53, 17-23.	1.6	48
126	What Predicts the Physical Activity Intention–Behavior Gap? A Systematic Review. Annals of Behavioral Medicine, 2022, 56, 1-20.	1.7	48

#	Article	IF	Citations
127	Few Canadian children and youth were meeting the 24-hour movement behaviour guidelines 6-months into the COVID-19 pandemic: Follow-up from a national study. Applied Physiology, Nutrition and Metabolism, 2021, 46, 1225-1240.	0.9	48
128	The Built-In Environment: The Role of Personality and Physical Activity. Exercise and Sport Sciences Reviews, 2006, 34, 83-88.	1.6	47
129	Understanding Parental Support of Child Physical Activity Behavior. American Journal of Health Behavior, 2013, 37, 469-477.	0.6	47
130	The Measurement of Habit. , 2018, , 31-49.		47
131	Physical activity and sedentary behavior across three time-points and associations with social skills in early childhood. BMC Public Health, 2019, 19, 27.	1.2	47
132	Prediction of Depot-Based Specialty Recycling Behavior Using an Extended Theory of Planned Behavior. Environment and Behavior, 2015, 47, 1001-1023.	2.1	46
133	Perception, attitudes and beliefs, and openness to change: Implications for older driver education. Accident Analysis and Prevention, 2007, 39, 812-817.	3.0	45
134	Knowledge and awareness of Canadian Physical Activity and Sedentary Behaviour Guidelines: a synthesis of existing evidence. Applied Physiology, Nutrition and Metabolism, 2015, 40, 716-724.	0.9	45
135	Role of parental and environmental characteristics in toddlers' physical activity and screen time: Bayesian analysis of structural equation models. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 17.	2.0	45
136	Testing the Efficacy of the Theory of Planned Behavior to Explain Strength Training in Older Adults. Journal of Aging and Physical Activity, 2007, 15, 1-12.	0.5	42
137	Ethnicity and the Theory of Planned Behavior in the Exercise Domain. American Journal of Health Behavior, 2003, 27, 579-591.	0.6	41
138	Creating parsimony at the expense of precision? Conceptual and applied issues of aggregating belief-based constructs in physical activity research. Health Education Research, 2004, 19, 392-405.	1.0	41
139	Associations Between Physical Activity and Quality of Life in a Population-Based Sample of Kidney Cancer Survivors. Cancer Epidemiology Biomarkers and Prevention, 2011, 20, 859-868.	1.1	41
140	A dual-process model of affective and instrumental attitudes in predicting physical activity. Psychology of Sport and Exercise, 2021, 54, 101899.	1.1	41
141	Personality traits of high-risk sport participants: A meta-analysis. Journal of Research in Personality, 2019, 79, 83-93.	0.9	40
142	Effects of Different Combinations of Intensity Categories on Self-Reported Exercise. Research Quarterly for Exercise and Sport, 2004, 75, 429-433.	0.8	39
143	Metabolic Requirements of Interactive Video Game Cycling. Medicine and Science in Sports and Exercise, 2009, 41, 920-926.	0.2	39
144	Do sedentary motives adversely affect physical activity? Adding cross-behavioural cognitions to the theory of planned behaviour. Psychology and Health, 2008, 23, 789-805.	1.2	38

#	Article	IF	Citations
145	Conscientiousness, Extroversion, and Action Control: Comparing Moderate and Vigorous Physical Activity. Journal of Sport and Exercise Psychology, 2009, 31, 724-742.	0.7	38
146	Exercise motivation and adherence in cancer survivors after participation in a randomized controlled trial: An attribution theory perspective. International Journal of Behavioral Medicine, 2004, 11, 8-17.	0.8	37
147	Conceptual Categories or Operational Constructs? Evaluating Higher Order Theory of Planned Behavior Structures in the Exercise Domain. Behavioral Medicine, 2006, 31, 141-150.	1.0	37
148	Protection Motivation Theory and Physical Activity. Journal of Health Psychology, 2009, 14, 1119-1134.	1.3	37
149	Identifying Belief-Based Targets for the Promotion of Leisure-Time Walking. Health Education and Behavior, 2009, 36, 381-393.	1.3	37
150	Effect of Indoor Wall Climbing on Self-Efficacy and Self-Perceptions of Children with Special Needs. Adapted Physical Activity Quarterly, 2009, 26, 259-273.	0.6	37
151	Physical activity preferences in a population-based sample of kidney cancer survivors. Supportive Care in Cancer, 2012, 20, 1709-1717.	1.0	37
152	Oh baby! Motivation for healthy eating during parenthood transitions: a longitudinal examination with a theory of planned behavior perspective. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 88.	2.0	37
153	Sizing up physical activity: The relationships between dog characteristics, dog owners' motivations, and dog walking. Psychology of Sport and Exercise, 2016, 24, 65-71.	1.1	37
154	Parental support of the Canadian 24-hour movement guidelines for children and youth: prevalence and correlates. BMC Public Health, 2019, 19, 1385.	1.2	37
155	Correlates of Parental Support of Child and Youth Physical Activity: a Systematic Review. International Journal of Behavioral Medicine, 2020, 27, 636-646.	0.8	36
156	Cue Consistency Associated with Physical Activity Automaticity and Behavior. Behavioral Medicine, 2016, 42, 248-253.	1.0	35
157	Demographic and Clinical Determinants of Moderate to Vigorous Physical Activity During Home-Based Cardiac Rehabilitation. Journal of Cardiopulmonary Rehabilitation and Prevention, 2010, 30, 240-245.	1.2	34
158	Motor Skill Interventions to Improve Fundamental Movement Skills of Preschoolers With Developmental Delay. Adapted Physical Activity Quarterly, 2011, 28, 210-232.	0.6	34
159	Benchmarking curriculum content in entry-level health professional education with special reference to health promotion practice in physical therapy: a multi-institutional international study. Advances in Health Sciences Education, 2013, 18, 645-657.	1.7	34
160	The Application of Transformational Leadership Theory to Parenting: Questionnaire Development and Implications for Adolescent Self-Regulatory Efficacy and Life Satisfaction. Journal of Sport and Exercise Psychology, 2011, 33, 688-709.	0.7	33
161	Discrepancies in exercise intention and expectation: theoretical and applied issues. Psychology and Health, 2005, 20, 63-78.	1.2	32
162	Correlates of meeting the combined and independent aerobic and strength exercise guidelines in hematologic cancer survivors. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 44.	2.0	32

#	Article	IF	CITATIONS
163	A cross-sectional study of the relationship between parents' and children's physical activity. BMC Public Health, 2016, 16, 1129.	1.2	31
164	Canadian physical activity guidelines for adults: are Canadians aware?. Applied Physiology, Nutrition and Metabolism, 2016, 41, 1008-1011.	0.9	31
165	Challenging the Dual-Hinge Approach to Intervening on Sedentary Behavior. American Journal of Preventive Medicine, 2017, 52, 403-406.	1.6	31
166	Application of the Multiâ€Process Action Control Framework to Understand Parental Support of Child and Youth Physical Activity, Sleep, and Screen Time Behaviours. Applied Psychology: Health and Well-Being, 2019, 11, 223-239.	1.6	31
167	Physical Activity as a Coping Strategy for Mental Health Due to the COVID-19 Virus: A Potential Disconnect Among Canadian Adults?. Frontiers in Communication, 2020, 5, .	0.6	31
168	Evidence-informed physical activity guidelines for Canadian adults. Canadian Journal of Public Health, 2007, 98 Suppl 2, \$16-68.	1.1	31
169	Smoking Cessation and Counseling. American Journal of Preventive Medicine, 2012, 43, 67-71.	1.6	30
170	How we are misinterpreting physical activity intention $\hat{a} \in \hat{b}$ behavior relations and what to do about it. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 71.	2.0	30
171	What Happens When the Party is Over?: Sustaining Physical Activity Behaviors after Intervention Cessation. Behavioral Medicine, 2022, 48, 1-9.	1.0	30
172	Evidence-informed recommendations for constructing and disseminating messages supplementing the new Canadian Physical Activity Guidelines. BMC Public Health, 2013, 13, 419.	1.2	29
173	Implementation Intentions for Physical Activity Behavior in Older Adult Women: An Examination of Executive Function as a Moderator of Treatment Effects. Annals of Behavioral Medicine, 2014, 48, 130-136.	1.7	29
174	Predicting Changes Across 12ÂMonths in Three Types of Parental Support Behaviors and Mothers' Perceptions of Child Physical Activity. Annals of Behavioral Medicine, 2015, 49, 853-864.	1.7	29
175	Momentary assessment of physical activity intention-behavior coupling in adults. Translational Behavioral Medicine, 2017, 7, 709-718.	1.2	29
176	Feasibility and preliminary efficacy of an exercise telephone counseling intervention for hematologic cancer survivors: a phase II randomized controlled trial. Journal of Cancer Survivorship, 2018, 12, 357-370.	1.5	29
177	Family Physical Activity Planning and Child Physical Activity Outcomes: A Randomized Trial. American Journal of Preventive Medicine, 2019, 57, 135-144.	1.6	29
178	Effects of Exercise Intensity and Self-Efficacy on State Anxiety With Breast Cancer Survivors. Oncology Nursing Forum, 2010, 37, 206-212.	0.5	28
179	Evaluation of Social Cognitive Scaling Response Options in the Physical Activity Domain. Measurement in Physical Education and Exercise Science, 2010, 14, 137-150.	1.3	28
180	Smoking Cessation and Counseling: Knowledge and Views of Canadian Physical Therapists. Physical Therapy, 2011, 91, 1051-1062.	1.1	28

#	Article	IF	Citations
181	Walking Sole Mates: Dogs Motivating, Enabling and Supporting Guardians' Physical Activity. Anthrozoos, 2013, 26, 237-252.	0.7	28
182	Comparison of the Dietary Intakes of New Parents, Second-Time Parents, and Nonparents: A Longitudinal Cohort Study. Journal of the Academy of Nutrition and Dietetics, 2014, 114, 450-456.	0.4	28
183	Multi-Process Action Control in Physical Activity: A Primer. Frontiers in Psychology, 2021, 12, 797484.	1.1	28
184	Ethnicity and the theory of planned behavior in an exercise context: A mediation and moderation perspective. Psychology of Sport and Exercise, 2008, 9, 527-545.	1.1	27
185	Action Seniors! - secondary falls prevention in community-dwelling senior fallers: study protocol for a randomized controlled trial. Trials, 2015, 16, 144.	0.7	27
186	Understanding action control of daily walking behavior among dog owners: a community survey. BMC Public Health, 2016, 16, 1165.	1.2	27
187	A Randomized Control Intervention Investigating the Effects of Acute Exercise on Emotional Regulation. American Journal of Health Behavior, 2017, 41, 534-543.	0.6	27
188	Associations of Parenthood with Physical Activity, Sedentary Behavior, and Sleep. American Journal of Health Behavior, 2018, 42, 80-89.	0.6	27
189	Older adults' experiences of group-based physical activity: A qualitative study from the  GOAL' randomized controlled trial. Psychology of Sport and Exercise, 2018, 39, 184-192.	1.1	26
190	"Getting Around Town― A Preliminary Investigation of the Theory of Planned Behavior and Intent to Change Driving Behaviors Among Older Adults. Journal of Applied Gerontology, 2007, 26, 385-398.	1.0	25
191	Predicting physical distancing in the context of COVID-19: A test of the extended parallel process model among Canadian adults Canadian Psychology, 2021, 62, 56-64.	1.4	25
192	Decisional Balance and Readiness to Change Driving Behavior in Older Adults: A Pilot Study. Physical and Occupational Therapy in Geriatrics, 2006, 24, 1-12.	0.2	24
193	Getting to Know the Competition: A Content Analysis of Publicly and Corporate Funded Physical Activity Advertisements. Journal of Health Communication, 2008, 13, 169-180.	1.2	24
194	Testing the Effectiveness of Exercise Videogame Bikes Among Families in the Home-Setting: A Pilot Study. Journal of Physical Activity and Health, 2013, 10, 211-221.	1.0	24
195	Parent Support for Children's Physical Activity: A Qualitative Investigation of Barriers and Strategies. Research Quarterly for Exercise and Sport, 2017, 88, 282-292.	0.8	24
196	Predicting parental support and parental perceptions of child and youth movement behaviors. Psychology of Sport and Exercise, 2019, 41, 80-90.	1.1	24
197	Consistent Morning Exercise May Be Beneficial for Individuals With Obesity. Exercise and Sport Sciences Reviews, 2020, 48, 201-208.	1.6	24
198	Online-Delivered Group and Personal Exercise Programs to Support Low Active Older Adults' Mental Health During the COVID-19 Pandemic: Randomized Controlled Trial. Journal of Medical Internet Research, 2021, 23, e30709.	2.1	24

#	Article	IF	Citations
199	Physical Activity Maintenance: A Critical Narrative Review and Directions for Future Research. Frontiers in Psychology, 2021, 12, 725671.	1.1	24
200	Motivational antecedent beliefs of endurance, strength, and flexibility activities. Psychology, Health and Medicine, 2007, 12, 148-162.	1.3	23
201	Experiential Versus Genetic Accounts of Inactivity: Implications for Inactive Individuals' Self-Efficacy Beliefs and Intentions to Exercise. Behavioral Medicine, 2011, 37, 8-14.	1.0	23
202	Family planning to promote physical activity: a randomized controlled trial protocol. BMC Public Health, 2015, 15, 1011.	1.2	23
203	Effectiveness of Approaches to Increase Physical Activity Behavior to Prevent Chronic Disease in Adults: A Brief Commentary. Journal of Clinical Medicine, 2019, 8, 295.	1.0	23
204	Effect of Response Scales on Self-Reported Exercise Frequency. American Journal of Health Behavior, 2003, 27, 613-622.	0.6	22
205	Belief-level markers of physical activity among young adult couples: Comparisons across couples without children and new parents. Psychology and Health, 2014, 29, 1320-1340.	1.2	22
206	Mediating Mechanisms in a Physical Activity Intervention: A Test of Habit Formation. Journal of Sport and Exercise Psychology, 2018, 40, 101-110.	0.7	22
207	Health conditions, health symptoms and driving difficulties in older adults. Age and Ageing, 2007, 36, 389-394.	0.7	21
208	Just how special are the physical activity cognitions in diseased populations? Preliminary evidence for integrated content in chronic disease prevention and rehabilitation. Annals of Behavioral Medicine, 2007, 33, 302-311.	1.7	21
209	Identification and Evaluation of the Salient Physical Activity Beliefs of Colorectal Cancer Survivors. Cancer Nursing, 2014, 37, 14-22.	0.7	21
210	Distinct Trajectories of Physical Activity Among Patients with COPD During and After Pulmonary Rehabilitation. COPD: Journal of Chronic Obstructive Pulmonary Disease, 2015, 12, 539-545.	0.7	21
211	Psychometric Properties of a Parental Questionnaire for Assessing Correlates of Toddlers' Physical Activity and Sedentary Behavior. Measurement in Physical Education and Exercise Science, 2017, 21, 190-200.	1.3	21
212	Effects of acute aerobic exercise or meditation on emotional regulation. Physiology and Behavior, 2018, 186, 16-24.	1.0	21
213	Predicting personal physical activity of parents during participation in a family intervention targeting their children. Journal of Behavioral Medicine, 2020, 43, 209-224.	1.1	21
214	Action Control of Exercise Behavior: Evaluation of Social Cognition, Cross-Behavioral Regulation, and Automaticity. Behavioral Medicine, 2012, 38, 121-128.	1.0	20
215	Evaluating the uptake of Canada's new physical activity and sedentary behavior guidelines on service organizations' websites. Translational Behavioral Medicine, 2013, 3, 172-179.	1.2	20
216	Bridging the physical activity intention–behaviour gap: contemporary strategies for the clinician. Applied Physiology, Nutrition and Metabolism, 2014, 39, 105-107.	0.9	20

#	Article	IF	Citations
217	Understanding strength exercise intentions and behavior in hematologic cancer survivors: an analysis of the intention-behavior gap. Journal of Cancer Survivorship, 2016, 10, 945-955.	1.5	20
218	Social-ecological correlates of physical activity in kidney cancer survivors. Journal of Cancer Survivorship, 2016, 10, 164-175.	1.5	20
219	One small step for man, one giant leap for men's health: a meta-analysis of behaviour change interventions to increase men's physical activity. British Journal of Sports Medicine, 2020, 54, 1208-1216.	3.1	20
220	Motives for lifestyle and exercise activities: A comparison using the theory of planned behaviour. European Journal of Sport Science, 2008, 8, 305-313.	1.4	19
221	Comparison of Behavioral Belief Structures in the Physical Activity Domain. Journal of Applied Social Psychology, 2010, 40, 2105-2120.	1.3	19
222	Correlates of Strength Exercise in Colorectal Cancer Survivors. American Journal of Health Behavior, 2013, 37, 162-170.	0.6	19
223	The Relationship Between Weather and Objectively Measured Physical Activity Among Individuals With COPD. Journal of Cardiopulmonary Rehabilitation and Prevention, 2017, 37, 445-449.	1.2	19
224	Editor's Choice: Consistency tendency and the theory of planned behavior: a randomized controlled crossover trial in a physical activity context. Psychology and Health, 2020, 35, 665-684.	1.2	19
225	Direct and Indirect Relationships Between the Built Environment and Individual-Level Perceptions of Physical Activity: A Systematic Review. Annals of Behavioral Medicine, 2020, 54, 495-509.	1.7	19
226	Three-Step Validation of Exercise Behavior Processes of Change in an Adolescent Sample. Measurement in Physical Education and Exercise Science, 2004, 8, 1-20.	1.3	18
227	Personality and Physical Activity., 2012,,.		18
228	Will the new theories (and theoreticians!) please stand up? A commentary on Sniehotta, Presseau and Araújo-Soares. Health Psychology Review, 2015, 9, 156-159.	4.4	18
229	Text2Plan: Exploring changes in the quantity and quality of action plans and physical activity in a text messaging intervention. Psychology and Health, 2015, 30, 839-856.	1.2	18
230	An Evaluation of the My ParticipACTION Campaign to Increase Self-Efficacy for Being More Physically Active. Journal of Health Communication, 2015, 20, 995-1003.	1.2	18
231	Do other goals influence physical activity? A systematic review examining the relationship between other goals and physical activity behavior. Preventive Medicine, 2016, 91, 306-317.	1.6	18
232	Assessing the social climate of physical (in)activity in Canada. BMC Public Health, 2018, 18, 1301.	1.2	18
233	The prospective association between the Five Factor personality model with health behaviors and health behavior clusters. Europe's Journal of Psychology, 2018, 14, 880-896.	0.6	18
234	Predicting transport-related cycling in Chinese employees using an integration of perceived physical environment and social cognitive factors. Transportation Research Part F: Traffic Psychology and Behaviour, 2019, 64, 424-439.	1.8	18

#	Article	IF	CITATIONS
235	Understanding Nonsmoking in African American and Caucasian College Students: An Application of the Theory of Planned Behavior. Behavioral Medicine, 2009, 35, 23-29.	1.0	17
236	Does Protection Motivation Theory Explain Exercise Intentions and Behavior During Home-Based Cardiac Rehabilitation?. Journal of Cardiopulmonary Rehabilitation and Prevention, 2009, 29, 188-192.	1.2	17
237	Prospective examination of pregnant and nonpregnant women's physical activity beliefs and behaviours. Journal of Reproductive and Infant Psychology, 2011, 29, 308-319.	0.9	17
238	Qualitative elicitation of affective beliefs related to physical activity. Psychology of Sport and Exercise, 2013, 14, 786-792.	1.1	17
239	Sport participation in colorectal cancer survivors: an unexplored approach to promoting physical activity. Supportive Care in Cancer, 2013, 21, 139-147.	1.0	17
240	Evaluating the ParticipACTION "Think Again―Campaign. Health Education and Behavior, 2016, 43, 434-441.	1.3	17
241	Relationship of Consistency in Timing of Exercise Performance and Exercise Levels Among Successful Weight Loss Maintainers. Obesity, 2019, 27, 1285-1291.	1.5	17
242	Toward a better assessment of perceived social influence: The relative role of significant others on young athletes. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 286-298.	1.3	17
243	Beyond Scale Correspondence: A Comparison of Continuous Open Scaling and Fixed Graded Scaling When Using Social Cognitive Constructs in the Exercise Domain. Measurement in Physical Education and Exercise Science, 2006, 10, 13-39.	1.3	16
244	Testing the effects of message framing, kernel state, and exercise guideline adherence on exercise intentions and resolve. British Journal of Health Psychology, 2014, 19, 871-885.	1.9	16
245	A Comparison of Theory of Planned Behavior Beliefs and Healthy Eating Between Couples Without Children and First-Time Parents. Journal of Nutrition Education and Behavior, 2015, 47, 216-224.e1.	0.3	16
246	Physical activity behaviors in parents of children with disabilities: A systematic review. Research in Developmental Disabilities, 2020, 107, 103787.	1.2	16
247	Ethnicity as a Moderator of the Theory of Planned Behavior and Physical Activity in College Students. Research Quarterly for Exercise and Sport, 2007, 78, 531-541.	0.8	15
248	Extending transformational leadership theory to parenting and adolescent health behaviours: an integrative and theoretical review. Health Psychology Review, 2010, 4, 128-157.	4.4	15
249	Using implicit associations towards fruit consumption to understand fruit consumption behaviour and habit strength relationships. Journal of Health Psychology, 2012, 17, 479-489.	1.3	15
250	A pilot study exploring the use of a telephone-assisted planning intervention to promote parental support for physical activity among children and youth with disabilities. Psychology of Sport and Exercise, 2017, 32, 25-33.	1.1	15
251	A feasibility randomized trial of an identity-based physical activity intervention among university students. Health Psychology and Behavioral Medicine, 2019, 7, 128-146.	0.8	15
252	Development of a self-guided web-based intervention to promote physical activity using the multi-process action control framework. Internet Interventions, 2019, 15, 35-42.	1.4	15

#	Article	IF	CITATIONS
253	Increasing physical activity by four legs rather than two: systematic review of dog-facilitated physical activity interventions. British Journal of Sports Medicine, 2020, 54, 1202-1207.	3.1	15
254	Regional differences in movement behaviours of children and youth during the second wave of the COVID-19 pandemic in Canada: follow-up from a national study. Canadian Journal of Public Health, 2022, 113, 535-546.	1.1	15
255	Does Physical Activity Intensity Moderate Social Cognition and Behavior Relationships?. Journal of American College Health, 2009, 58, 213-222.	0.8	14
256	Are mere instructions enough? Evaluation of four types of messaging on community depot recycling. Resources, Conservation and Recycling, 2014, 90, 1-8.	5. 3	14
257	GrOup based physical Activity for oLder adults (GOAL) randomized controlled trial: study protocol. BMC Public Health, 2015, 15, 592.	1.2	14
258	Stationary cycling exergame use among inactive children in the family home: a randomized trial. Journal of Behavioral Medicine, 2017, 40, 978-988.	1.1	14
259	A daily diary approach to investigate the effect of ego depletion on intentions and next day behavior. Psychology of Sport and Exercise, 2018, 39, 38-44.	1.1	14
260	The Feasibility of Using Instagram Data to Predict Exercise Identity and Physical Activity Levels: Cross-sectional Observational Study. Journal of Medical Internet Research, 2021, 23, e20954.	2.1	14
261	Does gender moderate the exercising personality? An examination of continuous and stage-based exercise. Psychology, Health and Medicine, 2010, 15, 50-60.	1.3	13
262	Physical activity status of academic professors during their early career transition: An application of the theory of planned behavior. Psychology, Health and Medicine, 2012, 17, 551-564.	1.3	13
263	Associations between sitting time and quality of life in a population-based sample of kidney cancer survivors. Mental Health and Physical Activity, 2013, 6, 16-23.	0.9	13
264	Feasibility and Preliminary Efficacy of Adding Behavioral Counseling to Supervised Physical Activity in Kidney Cancer Survivors. Cancer Nursing, 2014, 37, E8-E22.	0.7	13
265	Reviving the critical distinction between perceived capability and motivation: a response to commentaries. Health Psychology Review, 2016, 10, 144-147.	4.4	13
266	Explaining the Aerobic Exercise Intention-behavior Gap in Cancer Survivors. American Journal of Health Behavior, 2016, 40, 675-684.	0.6	13
267	Planning and Implementation Intention Interventions. , 2020, , 572-585.		13
268	The Effectiveness of a Blended In-Person and Online Family-Based Childhood Obesity Management Program. Childhood Obesity, 2021, 17, 58-67.	0.8	13
269	Social cognitive correlates of physical activity across 12 months in cohort samples of couples without children, expecting their first child, and expecting their second child. Health Psychology, 2014, 33, 792-802.	1.3	13
270	Exploring Moderators of the Relationship between Physical Activity Behaviors and Television Viewing in Elementary School Children. American Journal of Health Promotion, 2008, 22, 231-236.	0.9	12

#	ARTICLE Evidence-based risk assessment and recommendations for physical activity clearance: cognitive and	IF	Citations
271	psychological conditions sup > 1 < sup > This paper is one of a selection of papers published in this Special Issue, entitled Evidence-based risk assessment and recommendations for physical activity clearance, and has undergone the Journal 6 ™s usual peer review process. Applied Physiology, Nutrition	0.9	12
272	An investigation into the relevance of action planning, theory of planned behaviour concepts, and automaticity for fruit intake action control. British Journal of Health Psychology, 2014, 19, 652-669.	1.9	12
273	Examining the Steps-Per-Day Trajectories of Cardiac Rehabilitation Patients. Journal of Cardiopulmonary Rehabilitation and Prevention, 2014, 34, 106-113.	1.2	12
274	Automatic Evaluation Stimuli $\hat{a}\in$ " The Most Frequently Used Words to Describe Physical Activity and the Pleasantness of Physical Activity. Frontiers in Psychology, 2016, 7, 1277.	1.1	12
275	Classification of obesity varies between body mass index and direct measures of body fat in boys and girls of Asian and European ancestry. Measurement in Physical Education and Exercise Science, 2018, 22, 154-166.	1.3	12
276	Efficacy of Online Multi-Player Versus Single-Player Exergames on Adherence Behaviors Among Children: A Nonrandomized Control Trial. Annals of Behavioral Medicine, 2018, 52, 878-889.	1.7	12
277	Family-based, healthy living intervention for children with overweight and obesity and their families: a †real world' trial protocol using a randomised wait list control design. BMJ Open, 2019, 9, e027183.	0.8	12
278	Engagement With Web-Based Fitness Videos on YouTube and Instagram During the COVID-19 Pandemic: Longitudinal Study. JMIR Formative Research, 2022, 6, e25055.	0.7	12
279	A test of cognitive mediation in a 12-month physical activity workplace intervention: does it explain behaviour change in women?. International Journal of Behavioral Nutrition and Physical Activity, 2010, 7, 32.	2.0	11
280	Understanding Physical Activity During Home-Based Cardiac Rehabilitation From Multiple Theoretical Perspectives. Journal of Cardiopulmonary Rehabilitation and Prevention, 2011, 31, 173-180.	1.2	11
281	Investigating the Role of Brand Equity in Predicting the Relationship Between Message Exposure and Parental Support for Their Child's Physical Activity. Social Marketing Quarterly, 2014, 20, 103-115.	0.9	11
282	The Power of Believing: Salient Belief Predictors of Exercise Behavior in Normal Weight, Overweight, and Obese Pregnant Women. Journal of Physical Activity and Health, 2015, 12, 1168-1176.	1.0	11
283	Predicting changes in planning behaviour and physical activity among adults. Psychology of Sport and Exercise, 2015, 17, 1-6.	1.1	11
284	Political Orientation and Public Attributions for the Causes and Solutions of Physical Inactivity in Canada: Implications for Policy Support. Frontiers in Public Health, 2019, 7, 153.	1.3	11
285	Predicting the physical activity of new parents who participated in a physical activity intervention. Social Science and Medicine, 2021, 284, 114221.	1.8	11
286	A dual process model of affective and instrumental implicit attitude, self-monitoring, and sedentary behavior. Psychology of Sport and Exercise, 2022, 62, 102222.	1.1	11
287	Exploring cues to sedentary behaviour as processes of physical activity action control. Psychology of Sport and Exercise, 2008, 9, 211-224.	1.1	10
288	Time Displacement and Confidence to Participate in Physical Activity. International Journal of Behavioral Medicine, 2011, 18, 229-234.	0.8	10

#	Article	IF	Citations
289	Mothers' Intentions to Support Children's Physical Activity Related to Attention and Implicit Agreement with Advertisements. International Journal of Behavioral Medicine, 2014, 21, 131-138.	0.8	10
290	Factors Associated with Higher Sitting Time in General, Chronic Disease, and Psychologically-Distressed, Adult Populations: Findings from the 45 & Educy. PLoS ONE, 2015, 10, e0127689.	1.1	10
291	Examining the Efficacy of a †Feasible†Mudge Intervention to Increase the Purchase of Vegetables by First Year University Students (17†19 Years of Age) in British Columbia: A Pilot Study. Nutrients, 2019, 11, 1786.	1.7	10
292	Social Cognitive Effects and Mediators of a Pilot Telephone Counseling Intervention to Increase Aerobic Exercise in Hematologic Cancer Survivors. Journal of Physical Activity and Health, 2019, 16, 43-51.	1.0	10
293	Predicting Family and Child Physical Activity across Six-Months of a Family-Based Intervention: An Application of Theory of Planned Behaviour, Planning and Habit. Journal of Sports Sciences, 2021, 39, 1461-1471.	1.0	10
294	Psychological mediators of exercise adherence among older adults in a group-based randomized trial Health Psychology, 2021, 40, 166-177.	1.3	10
295	Enacting Physical Activity Intention. , 2021, , 8-19.		10
296	Translation, Cultural Adaptation, and Reproducibility of the Physical Activity Readiness Questionnaire for Everyone (PAR-Q+): The Brazilian Portuguese Version. Frontiers in Cardiovascular Medicine, 2021, 8, 712696.	1.1	10
297	Affective mental contrasting to enhance physical activity: A randomized controlled trial Health Psychology, 2018, 37, 51-60.	1.3	10
298	Development and Evaluation of the High-Intensity Interval Training Self-Efficacy Questionnaire. Journal of Sport and Exercise Psychology, 2020, 42, 114-122.	0.7	10
299	Capitalizing on the Teachable Moment: Osteoarthritis Physical Activity and Exercise Net for Improving Physical Activity in Early Knee Osteoarthritis. JMIR Research Protocols, 2013, 2, e17.	0.5	10
300	Understanding action control of resistance training among adults. Psychology of Sport and Exercise, 2022, 59, 102108.	1.1	10
301	Continuous-Time Modeling of the Bidirectional Relationship Between Incidental Affect and Physical Activity. Annals of Behavioral Medicine, 2022, 56, 1284-1299.	1.7	10
302	Personality Correlates of Patients' Subjective Well-Being After Surgery for Colorectal Cancer. Journal of Psychosocial Oncology, 2000, 18, 61-72.	0.6	9
303	Evaluating Timeframe Expectancies in Physical Activity Social Cognition: Are Short- and Long-Term Motives Different?. Behavioral Medicine, 2008, 34, 85-94.	1.0	9
304	Correlates of Intergenerational and Personal Physical Activity of Parents. American Journal of Health Behavior, 2011, 35, 81-91.	0.6	9
305	Improving translational research in building theory: a commentary on Head and Noar. Health Psychology Review, 2014, 8, 57-60.	4.4	9
306	A Conceptual Neurocognitive Affect-Related Model for the Promotion of Exercise Among Obese Adults. Current Obesity Reports, 2017, 6, 86-92.	3.5	9

#	Article	IF	Citations
307	Physical activity for children in elementary schools: time for a rethink?. Translational Behavioral Medicine, 2017, 7, 64-68.	1.2	9
308	Predicting Transportâ€Related Walking in Chinese Employees by Integrating Worksite Neighbourhood Walkability and Social Cognition. Applied Psychology: Health and Well-Being, 2019, 11, 484-498.	1.6	9
309	"With Every Step, We Grow Stronger― The Cardiometabolic Benefits of an Indigenous-Led and Community-Based Healthy Lifestyle Intervention. Journal of Clinical Medicine, 2019, 8, 422.	1.0	9
310	Objectively Measured Environmental Correlates of Toddlers' Physical Activity and Sedentary Behavior. Pediatric Exercise Science, 2019, 31, 480-487.	0.5	9
311	Understanding action control of physical activity among mothers with young children. International Journal of Sport and Exercise Psychology, 0, , 1-17.	1.1	9
312	Evaluation of a cognitive affective model of physical activity behavior. Health Promotion Perspectives, 2020, 10, 88-93.	0.8	9
313	Understanding Parent Support for Physical Activity among Parents of Children and Youth with Disabilities: A Behaviour Change Theory Perspective. European Journal of Adapted Physical Activity, 2020, 13, 11-11.	0.5	9
314	Analysis of dynamic psychological processes to understand and promote physical activity behaviour using intensive longitudinal methods: a primer. Health Psychology Review, 2022, 16, 492-525.	4.4	9
315	Relationships Between Physical Activity, Boredom Proneness, and Subjective Well-Being Among U.K. Adults During the COVID-19 Pandemic. Journal of Sport and Exercise Psychology, 2022, , 1-9.	0.7	9
316	Collaborative, dyadic, and individual planning and physical activity: A dyadic randomized controlled trial Health Psychology, 2022, 41, 134-144.	1.3	9
317	A systematic review and meta-analysis on the preventive behaviors in response to the COVID-19 pandemic among children and adolescents. BMC Public Health, 2022, 22, .	1.2	9
318	Deepening the measurement of motivation in the physical activity domain: Introducing behavioural resolve. Psychology of Sport and Exercise, 2013, 14, 455-460.	1.1	8
319	Distinct trajectories of light and moderate to vigorous physical activity in heart disease patients: Results from the Activity Correlates afTer cardlac hospitalizatiON (ACTION) trial. Journal of Science and Medicine in Sport, 2014, 17, 72-77.	0.6	8
320	Decomposing the within-person and between-person sources of variation in physical activity-cognition associations for low-active older adults. Psychology and Health, 2018, 33, 1431-1455.	1.2	8
321	Examining the ParticipACTION brand using the brand equity pyramid. Journal of Social Marketing, 2018, 8, 378-396.	1.3	8
322	Reflective and Non-conscious Responses to Exercise Images. Frontiers in Psychology, 2018, 8, 2272.	1.1	8
323	Are self-efficacy measures confounded with motivation? An experimental test. Psychology and Health, 2020, 35, 685-700.	1.2	8
324	A Group-Mediated Approach to Precision Medicine—Social Identification, Prevention, and Treatment. JAMA Psychiatry, 2020, 77, 555.	6.0	8

#	Article	IF	CITATIONS
325	The role of identity in parental support for physical activity and healthy eating among overweight and obese children. Health Psychology and Behavioral Medicine, 2020, 8, 185-201.	0.8	8
326	Benchmarking the effectiveness of interventions to promote physical activity: A metasynthesis Health Psychology, 2021, 40, 811-821.	1.3	8
327	Do government brochures affect physical activity cognition? A pilot study of Canada's physical activity guide to healthy active living. Psychology, Health and Medicine, 2008, 13, 415-422.	1.3	7
328	A Qualitative Exploration of Exercise Among Pulmonary Rehabilitation Participants: Insight From Multiple Sources of Social Influence. Respiratory Care, 2015, 60, 1624-1634.	0.8	7
329	Use of in-home stationary cycling equipment among parents in a family-based randomized trial intervention. Journal of Science and Medicine in Sport, 2018, 21, 1050-1056.	0.6	7
330	Awareness of ParticipACTION among Canadian adults: a seven-year cross-sectional follow-up. Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice, 2018, 38, 179-186.	0.8	7
331	Methods and design for the ADAPT study: Application of integrateD Approaches to understanding Physical activity during the Transition to emerging adulthood. BMC Public Health, 2020, 20, 426.	1.2	7
332	Personality and physical activity., 0,, 114-149.		7
333	Results From the 2019 ParticipACTION Report Card on Physical Activity for Adults. Journal of Physical Activity and Health, 2020, 17, 995-1002.	1.0	7
334	Temporal Relationships of Self-Efficacy and Social Support as Predictors of Adherence in a 6-Month Strength-Training Program for Older Women. , 0, .		7
335	I Sit but I Don't Know Why: Investigating the Multiple Precursors of Leisure-Time Sedentary Behaviors. Research Quarterly for Exercise and Sport, 2022, 93, 548-563.	0.8	7
336	Family Exergaming: Correlates and Preferences. Games for Health Journal, 2018, 7, 188-196.	1.1	6
337	Understanding Physical Activity Motivation and Behavior Through Self-Determination and Servant Leadership Theories in a Feasibility Study. Journal of Aging and Physical Activity, 2018, 26, 419-429.	0.5	6
338	Integrating perceptions of the school neighbourhood environment with constructs from the theory of planned behaviour when predicting transportâ€related cycling among Chinese college students. European Journal of Sport Science, 2020, 20, 1288-1297.	1.4	6
339	Experimental comparison of physical activity self-efficacy measurement: Do vignettes reduce motivational confounding? Psychology of Sport and Exercise, 2020, 47, 101642.	1.1	6
340	Parents and children active together: a randomized trial protocol examining motivational, regulatory, and habitual intervention approaches. BMC Public Health, 2020, 20, 1436.	1.2	6
341	Effects of Groupâ€Based Exercise on Flourishing and Stigma Consciousness among Older Adults: Findings from a Randomised Controlled Trial. Applied Psychology: Health and Well-Being, 2020, 12, 559-583.	1.6	6
342	Physical Activity Among Parents of Children With Disabilities: A Systematic Review. Journal of Family Issues, 2022, 43, 2134-2158.	1.0	6

#	Article	IF	Citations
343	Exploring a parent-focused physical literacy intervention for early childhood: a pragmatic controlled trial of the PLAYshop. BMC Public Health, 2022, 22, 659.	1.2	6
344	The Intersect of Theory, Methods, and Translation in Guiding Interventions for the Promotion of Physical Activity: A Case Example of a Research Programme. Australian Psychologist, 2014, 49, 110-126.	0.9	5
345	Adding Depth to the Next Generation of Physical Activity Models. Exercise and Sport Sciences Reviews, 2014, 42, 43-44.	1.6	5
346	Comparing the Influence of Dynamic and Static Versions of Media in Evaluating Physical-Activity-Promotion Ads. Social Marketing Quarterly, 2015, 21, 135-141.	0.9	5
347	Understanding the Reasons behind Anticipated Regret for Missing Regular Physical Activity. Frontiers in Psychology, 2016, 7, 700.	1.1	5
348	Evaluation of a physical activity intervention for new parents: protocol paper for a randomized trial. BMC Public Health, 2017, 17, 875.	1.2	5
349	Predictors of physical therapists' intentions to counsel for smoking cessation: Implications for practice and professional education. Physiotherapy Theory and Practice, 2020, 36, 628-637.	0.6	5
350	Implicit and explicit evaluations of a mass media physical activity campaign: Does everything get better?. Psychology of Sport and Exercise, 2020, 49, 101684.	1.1	5
351	The Effects of Branding on Physical Activity: A Systematic Review. Journal of Health Communication, 2020, 25, 303-312.	1.2	5
352	Cognitive Function and Functional Mobility Predict Exercise Adherence in Older Adults Who Fall. Gerontology, 2021, 67, 350-356.	1.4	5
353	Exploring the Relationship between Diet and TV, Computer and Video Game Use in a Group of Canadian Children. International Journal of Child Health and Nutrition, 2014, 3, 195-203.	0.0	5
354	Perceptions of physical activity and sedentary behaviour guidelines among end-users and stakeholders: a systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 21.	2.0	5
355	Five weeks of Yuishinkai karate training improves balance and neuromuscular function in older adults: a preliminary study. BMC Sports Science, Medicine and Rehabilitation, 2022, 14, 65.	0.7	5
356	Relationship of 24-Hour Movement Behaviors with Weight Status and Body Composition in Chinese Primary School Children: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2022, 19, 8586.	1.2	5
357	Testing the effects of an expectancy-based intervention among adolescents: Can placebos be used to enhance physical health?. Psychology, Health and Medicine, 2011, 16, 405-417.	1.3	4
358	Community SES, Perceived Environment, and Physical Activity During Home-Based Cardiac Rehabilitation: Is There a Need to Consider the Urban vs. Rural Distinction?. Journal of Urban Health, 2012, 89, 285-295.	1.8	4
359	Using social $\hat{a}\in \hat{c}$ cognitive constructs to predict preoperative exercise before total joint replacement Rehabilitation Psychology, 2013, 58, 137-147.	0.7	4
360	Change in Beliefs about Older Drivers through Applied Theater. Educational Gerontology, 2013, 39, 45-56.	0.7	4

#	Article	IF	CITATIONS
361	Measuring Driving-Related Attitudes Among Older Adults: Psychometric Evidence for the Decisional Balance Scale Across Time and Gender. Gerontologist, The, 2015, 55, 1068-1078.	2.3	4
362	Changes in motivational outcomes following a supervised physical activity program with behavioral counseling in kidney cancer survivors: a pilot study. Psycho-Oncology, 2015, 24, 1204-1207.	1.0	4
363	Just the Facts: Changes in Older Driver Attitudes After Exposure to Educational Interventions. Traffic Injury Prevention, 2015, 16, 558-564.	0.6	4
364	ParticipACTION after 5 years of relaunch: a quantitative survey of Canadian organizational awareness and capacity regarding physical activity initiatives. Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice, 2018, 38, 162-169.	0.8	4
365	Perceptions of organizational capacity to promote physical activity in Canada and ParticipACTION's influence five years after its relaunch: a qualitative study. Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice, 2018, 38, 170-178.	0.8	4
366	Examining differences in parents' perceptions of children's physical activity versus screen time guidelines and behaviours. Journal of Paediatrics and Child Health, 2021, 57, 1448-1453.	0.4	4
367	A Systematic Review and Meta-analysis of the Outcome Expectancy Construct in Physical Activity Research. Annals of Behavioral Medicine, 2022, 56, 658-672.	1.7	4
368	Sustaining Regular Exercise During Weight Loss Maintenance: The Role of Consistent Exercise Timing. Journal of Physical Activity and Health, 2021, 18, 1253-1260.	1.0	4
369	Overview of Affective Determinants of Health Behavior., 2018,,.		4
370	Marketing Physical Activity? Exploring the Role of Brand Resonance in Health Promotion. Journal of Health Communication, 2021, 26, 675-683.	1.2	4
371	Application of the Multi-Process Action Control Model to Predict Physical Activity During Late Adolescence. Journal of Sport and Exercise Psychology, 2022, 44, 35-41.	0.7	4
372	Family-based habit intervention to promote parent support for child physical activity in Canada: protocol for a randomised trial. BMJ Open, 2020, 10, e033732.	0.8	4
373	Application of the IDEAS Framework in Adapting a Web-Based Physical Activity Intervention for Young Adult College Students. Healthcare (Switzerland), 2022, 10, 700.	1.0	4
374	Sports day in Canada: a longitudinal evaluation. International Journal of Health Promotion and Education, 2016, 54, 12-23.	0.4	3
375	The Utility of Physical Activity Micro-Grants: The ParticipACTION Teen Challenge Program. Health Promotion Practice, 2018, 19, 246-255.	0.9	3
376	The short-term effects of a mass reach physical activity campaign: an evaluation using hierarchy of effects model and intention profiles. BMC Public Health, 2018, 18, 1300.	1.2	3
377	Make Room for Play: An Evaluation of a Campaign Promoting Active Play. Journal of Health Communication, 2019, 24, 38-46.	1.2	3
378	Fight, flight or finished: forced fitness behaviours in Game of Thrones. British Journal of Sports Medicine, 2019, 53, 576-580.	3.1	3

#	Article	IF	CITATIONS
379	Body fat accrual trajectories for a sample of Asianâ€Canadian and Caucasianâ€Canadian children and youth: A longitudinal DXAâ€based study. Pediatric Obesity, 2020, 15, e12570.	1.4	3
380	Patients' Evaluations of Mobile Text Messaging Studies for Type 2 Diabetes Management: A Systematic Review and a Meta-Synthesis. Journal of Technology in Behavioral Science, 2021, 6, 54-73.	1.3	3
381	Habit Facilitates Actioning Sun Protective Behavior Intentions. Behavioral Medicine, 2022, 48, 313-319.	1.0	3
382	A â€~case-mix' approach to understand adherence trajectories for a falls prevention exercise intervention: A longitudinal cohort study. Maturitas, 2021, 147, 1-6.	1.0	3
383	Effect of changes of outcome expectations on physical activity self-efficacy ratings: A test of hypothetical incentives among mothers of young children Sport, Exercise, and Performance Psychology, 2020, 9, 450-460.	0.6	3
384	Habits and behavioral complexity – dynamic and distinct constructs. Health Psychology Review, 2023, 17, 485-489.	4.4	3
385	A blueprint for bone health across the lifespan: engaging novel team members to influence fracture rates. British Journal of Sports Medicine, 2011, 45, 463-464.	3.1	2
386	Social Cognitive Models. , 2012, , .		2
387	Leadership approaches in group physical activity: a systematic review. Leisure/Loisir, 2018, 42, 505-527.	0.6	2
388	Phonological memory traces do not contain phonetic information. Attention, Perception, and Psychophysics, 2019, 81, 897-911.	0.7	2
389	Evaluation of sport participation objectives within a health-focussed social marketing sponsorship. International Journal of Sports Marketing and Sponsorship, 2019, 20, 206-223.	0.8	2
390	An Update on Physical Activity Research among Children in Hong Kong: A Scoping Review. International Journal of Environmental Research and Public Health, 2020, 17, 8521.	1.2	2
391	Affect-Based Interventions. , 2020, , 495-509.		2
392	Changing Sedentary Behavior in the Office: A Randomised Controlled Trial Comparing the Effect of Affective, Instrumental, and Selfâ€Regulatory Messaging on Sitting. Applied Psychology: Health and Well-Being, 2020, 12, 687-702.	1.6	2
393	Promoting sport participation during early parenthood: a randomized controlled trial protocol. Trials, 2020, 21, 230.	0.7	2
394	Association Between Participation in Dog Agility and Physical Activity of Dog Owners. Anthrozoos, 2021, 34, 217-231.	0.7	2
395	Decisional Balance and Readiness to Change Driving Behavior in Older Adults: A Pilot Study. , 0, .		2
396	Increasing Physical Activity in Empty Nest and Retired Populations Online: A Randomized Feasibility Trial Protocol. International Journal of Environmental Research and Public Health, 2020, 17, 3544.	1.2	2

#	Article	IF	Citations
397	Location-Based Sedentary Time and Physical Activity in People Living With Coronary Artery Disease. Journal of Cardiopulmonary Rehabilitation and Prevention, 2021, 41, 337-342.	1.2	2
398	Identifying as someone who avoids virus transmission strengthens physical distancing habitâ€behaviour relationships: A longitudinal multiâ€national study during the COVIDâ€19 pandemic. Applied Psychology: Health and Well-Being, 2022, 14, 1464-1482.	1.6	2
399	Sports Day in Canada: examining the benefits for event organizers (2010–2013). International Journal of Health Promotion and Education, 2017, 55, 66-80.	0.4	1
400	Title sponsorship of cause-related sport events. Sport, Business and Management, 2019, 9, 185-200.	0.7	1
401	â€~Active'ating thoughts about affect: elicitation of physical activity judgements in insufficiently active women. Psychology and Health, 2019, 34, 590-608.	1.2	1
402	Collaboration behaviors within interactive exercise groups. Psychology and Health, 2021, 36, 1066-1087.	1.2	1
403	Population-level evaluation of ParticipACTION's 150 Play List: a mass-reach campaign with mass participatory events. International Journal of Health Promotion and Education, 2020, 58, 297-310.	0.4	1
404	Effect of housework on physical activity during transitions to parenthood. Women and Health, 2021, 61, 50-65.	0.4	1
405	Are current elicitation techniques for barriers and enablers confounded with motivation? How natural language may hinder theoryâ€guided research. British Journal of Health Psychology, 2021, 26, 839-860.	1.9	1
406	An Examination of Dweck's Psychological Needs Model in Relation to Exercise-Related Well-Being. Journal of Sport and Exercise Psychology, 2021, 43, 323-334.	0.7	1
407	A Critical Review on New Approaches for Chronic Disease Prevention in Brazil and Canada: From Wholistic Dietary Guidelines to Physical Activity Security. Frontiers in Cardiovascular Medicine, 2021, 8, 730373.	1.1	1
408	Couple-Based Physical Activity Planning for New Parents: A Randomized Trial. American Journal of Preventive Medicine, 2021, 61, 518-528.	1.6	1
409	An early phase trial testing the proof of concept for a gamified smartphone app in manipulating automatic evaluations of exercise Sport, Exercise, and Performance Psychology, 2022, 11, 61-78.	0.6	1
410	Family-based habit intervention to promote parent support for child physical activity in Canada: protocol for a randomised trial. BMJ Open, 2020, 10, e033732.	0.8	1
411	Describing the use of behavior change techniques among the most popular home workout channels on YouTube: A quantitative content analysis. Journal of Health Psychology, 2022, , 135910532210745.	1.3	1
412	Auditory predictions are phonological when phonetic information is variable. Language, Cognition and Neuroscience, 2022, 37, 1099-1114.	0.7	1
413	Selecting Resistance Training Exercises for Novices: A Delphi Study with Expert Consensus. American Journal of Lifestyle Medicine, 0, , 155982762211156.	0.8	1
414	Social Cognitive Correlates of Drive for Muscularity and Resistance Exercise Participation. Medicine and Science in Sports and Exercise, 2010, 42, 560.	0.2	0

#	Article	IF	CITATIONS
415	Placing Design and Delivery at the Forefront of Physical Activity Intervention. Exercise and Sport Sciences Reviews, 2016, 44, 51-52.	1.6	O
416	THRESHOLD ASSESSMENT OF THE THEORY OF PLANNED BEHAVIOR FOR PREDICTING EXERCISE INTENTION AND BEHAVIOR. Medicine and Science in Sports and Exercise, 2003, 35, S149.	0.2	0
417	Fitness, Gait, And Participation Of Previously Inactive Older Adults Over A 12-week Supervised Walking Program. Medicine and Science in Sports and Exercise, 2014, 46, 91.	0.2	0
418	Affect in the Process of Action Control of Health-Protective Behaviors. , 2018, , .		0
419	Arterial Compliance is Improved Following a Community-led 12-week Indigenous Wholistic Health and Wellness Program. Medicine and Science in Sports and Exercise, 2019, 51, 232-232.	0.2	0
420	Lost in Knowledge Translation: Media Framing of Physical Activity and Sport Participation. International Journal of Sport Communication, 2019, 12, 509-530.	0.4	0
421	Editorial: Affect in Sports, Physical Activity and Physical Education. Frontiers in Psychology, 2021, 12, 785814.	1.1	0
422	Mobile Text Message Design and Delivery Preferences of Patients with Type 2 Diabetes: A Social Marketing Approach. Journal of Technology in Behavioral Science, 0, , 1.	1.3	0
423	A feasibility randomized controlled trial of a multi-process action control web-based intervention that targets physical activity in mothers. Women and Health, 2022, , 1-18.	0.4	0