

Stephen J Bailey

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

122
papers

6,712
citations

39
h-index

81
g-index

122
ext. papers

8,268
ext. citations

3.8
avg, IF

5.73
L-index

#	Paper	IF	Citations
122	Effect of nitrate supplementation on skeletal muscle motor unit activity during isometric blood flow restriction exercise.. <i>European Journal of Applied Physiology</i> , 2022 , 1	3.4	1
121	CFTR limits F-actin formation and promotes morphological alignment with flow in human lung microvascular endothelial cells. <i>Physiological Reports</i> , 2021 , 9, e15128	2.6	0
120	Is walking netball an effective, acceptable and feasible method to increase physical activity and improve health in middle- to older age women?: A RE-AIM evaluation. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 136	8.4	1
119	Sleep Quality and Physical Activity as Predictors of Mental Wellbeing Variance in Older Adults during COVID-19 Lockdown: ECLB COVID-19 International Online Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	33
118	The Effect of Nitrate-Rich Beetroot Juice on Markers of Exercise-Induced Muscle Damage: A Systematic Review and Meta-Analysis of Human Intervention Trials. <i>Journal of Dietary Supplements</i> , 2021 , 1-23	2.3	3
117	Dietary nitrate and population health: a narrative review of the translational potential of existing laboratory studies. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 65	2.4	1
116	Beetroot juice supplementation increases concentric and eccentric muscle power output. Original investigation. <i>Journal of Science and Medicine in Sport</i> , 2021 , 24, 80-84	4.4	8
115	Effects of home confinement on mental health and lifestyle behaviours during the COVID-19 outbreak: insights from the ECLB-COVID19 multicentre study. <i>Biology of Sport</i> , 2021 , 38, 9-21	4.3	112
114	Oral nitrate reduction is not impaired after training in chlorinated swimming pool water in elite swimmers. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021 , 46, 86-89	3	1
113	The effects of local versus systemic passive heating on the acute inflammatory, vascular and glycaemic response. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021 , 46, 808-818	3	5
112	Globally altered sleep patterns and physical activity levels by confinement in 5056 individuals: ECLB COVID-19 international online survey.. <i>Biology of Sport</i> , 2021 , 38, 495-506	4.3	54
111	The effect of dietary phytochemicals on nuclear factor erythroid 2-related factor 2 (Nrf2) activation: a systematic review of human intervention trials. <i>Molecular Biology Reports</i> , 2021 , 48, 1745-1761	2.8	11
110	Independent and combined impact of hypoxia and acute inorganic nitrate ingestion on thermoregulatory responses to the cold. <i>European Journal of Applied Physiology</i> , 2021 , 121, 1207-1218	3.4	0
109	Caffeine improves performance but not duration of the countermovement jump phases. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 199-204	1.4	4
108	Influence of Sex and Acute Beetroot Juice Supplementation on 2 KM Running Performance. <i>Applied Sciences (Switzerland)</i> , 2021 , 11, 977	2.6	2
107	Effects of COVID-19 Home Confinement on Eating Behaviour and Physical Activity: Results of the ECLB-COVID19 International Online Survey. <i>Nutrients</i> , 2020 , 12,	6.7	743
106	Impact of a novel home-based exercise intervention on health indicators in inactive premenopausal women: a 12-week randomised controlled trial. <i>European Journal of Applied Physiology</i> , 2020 , 120, 771-782	3.4	5

105	Effects of natural polyphenol-rich pomegranate juice on the acute and delayed response of Homocysteine and steroidal hormones following weightlifting exercises: a double-blind, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2020 , 17, 15	4.5	4
104	Reply from Stephen J. Bailey, Paulo G. Gandra, Andrew M. Jones, Michael C. Hogan and Leonardo Nogueira. <i>Journal of Physiology</i> , 2020 , 598, 1643-1644	3.9	
103	Circulating biomarkers of antioxidant status and oxidative stress in people with cystic fibrosis: A systematic review and meta-analysis. <i>Redox Biology</i> , 2020 , 32, 101436	11.3	22
102	Influence of muscle oxygenation and nitrate-rich beetroot juice supplementation on O uptake kinetics and exercise tolerance. <i>Nitric Oxide - Biology and Chemistry</i> , 2020 , 99, 25-33	5	3
101	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study. <i>PLoS ONE</i> , 2020 , 15, e0240204	3.7	113
100	The effect of dietary (poly)phenols on exercise-induced physiological adaptations: A systematic review and meta-analysis of human intervention trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-16	11.5	5
99	The Effect of Dietary Nitrate Supplementation on Isokinetic Torque in Adults: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020 , 12,	6.7	2
98	Effects of Dietary Nitrate Supplementation on Weightlifting Exercise Performance in Healthy Adults: A Systematic Review. <i>Nutrients</i> , 2020 , 12,	6.7	7
97	COVID-19 Home Confinement Negatively Impacts Social Participation and Life Satisfaction: A Worldwide Multicenter Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	149
96	The nitric oxide dependence of cutaneous microvascular function to independent and combined hypoxic cold exposure. <i>Journal of Applied Physiology</i> , 2020 , 129, 947-956	3.7	2
95	Effect of Beetroot Juice Supplementation on Mood, Perceived Exertion, and Performance During a 30-Second Wingate Test. <i>International Journal of Sports Physiology and Performance</i> , 2020 , 15, 243-248	3.5	21
94	Effects of natural polyphenol-rich pomegranate juice supplementation on plasma ion and lipid profiles following resistance exercise: a placebo-controlled trial. <i>Nutrition and Metabolism</i> , 2020 , 17, 31	4.6	2
93	Influence of Dietary Nitrate Supplementation on High-Intensity Intermittent Running Performance at Different Doses of Normobaric Hypoxia in Endurance-Trained Males. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020 , 31, 1-8	4.4	2
92	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
91	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
90	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
89	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
88	Incubation with sodium nitrite attenuates fatigue development in intact single mouse fibres at physiological. <i>Journal of Physiology</i> , 2019 , 597, 5429-5443	3.9	20

87	Independent and Combined Effects of All-Out Sprint and Low-Intensity Continuous Exercise on Plasma Oxidative Stress Biomarkers in Trained Judokas. <i>Frontiers in Physiology</i> , 2019 , 10, 842	4.6	10
86	Contralateral fatigue during severe-intensity single-leg exercise: influence of acute acetaminophen ingestion. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2019 , 317, R346-R354	3.2	7
85	Changes in the power-duration relationship following prolonged exercise: estimation using conventional and all-out protocols and relationship with muscle glycogen. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2019 , 317, R59-R67	3.2	15
84	Effects of Playing Surface on Physical, Physiological, and Perceptual Responses to a Repeated-Sprint Ability Test: Natural Grass Versus Artificial Turf. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 1219-1226	3.5	2
83	Acute ibuprofen ingestion does not attenuate fatigue during maximal intermittent knee extensor or all-out cycling exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019 , 44, 208-215	3	2
82	"Beet" the cold: beetroot juice supplementation improves peripheral blood flow, endothelial function, and anti-inflammatory status in individuals with Raynaud's phenomenon. <i>Journal of Applied Physiology</i> , 2019 , 127, 1478-1490	3.7	14
81	Dynamics of the power-duration relationship during prolonged endurance exercise and influence of carbohydrate ingestion. <i>Journal of Applied Physiology</i> , 2019 , 127, 726-736	3.7	20
80	The Efficacy of Administering Fruit-Derived Polyphenols to Improve Health Biomarkers, Exercise Performance and Related Physiological Responses. <i>Nutrients</i> , 2019 , 11,	6.7	20
79	No Effect of Beetroot Juice Supplementation on 100-m and 200-m Swimming Performance in Moderately Trained Swimmers. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 14, 706-710	3.5	8
78	Time-trial performance is not impaired in either competitive athletes or untrained individuals following a prolonged cognitive task. <i>European Journal of Applied Physiology</i> , 2019 , 119, 149-161	3.4	9
77	Road cycle TT performance: Relationship to the power-duration model and association with FTP. <i>Journal of Sports Sciences</i> , 2019 , 37, 902-910	3.6	14
76	Acetaminophen ingestion improves muscle activation and performance during a 3-min all-out cycling test. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019 , 44, 434-442	3	11
75	Lowering of blood pressure after nitrate-rich vegetable consumption is abolished with the co-ingestion of thiocyanate-rich vegetables in healthy normotensive males. <i>Nitric Oxide - Biology and Chemistry</i> , 2018 , 74, 39-46	5	15
74	Effects of Two Hours of Heavy-Intensity Exercise on the Power-Duration Relationship. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 1658-1668	1.2	23
73	Acute acetaminophen ingestion improves performance and muscle activation during maximal intermittent knee extensor exercise. <i>European Journal of Applied Physiology</i> , 2018 , 118, 595-605	3.4	14
72	A high-sensitivity electrochemiluminescence-based ELISA for the measurement of the oxidative stress biomarker, 3-nitrotyrosine, in human blood serum and cells. <i>Free Radical Biology and Medicine</i> , 2018 , 120, 246-254	7.8	11
71	Improvement of Oxygen-Uptake Kinetics and Cycling Performance With Combined Prior Exercise and Fast Start. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 13, 305-312	3.5	0
70	Ischemic preconditioning enhances critical power during a 3 minute all-out cycling test. <i>Journal of Sports Sciences</i> , 2018 , 36, 1038-1043	3.6	15

69	Critical power is positively related to skeletal muscle capillarity and type I muscle fibers in endurance-trained individuals. <i>Journal of Applied Physiology</i> , 2018 , 125, 737-745	3.7	28
68	Discrete physiological effects of beetroot juice and potassium nitrate supplementation following 4-wk sprint interval training. <i>Journal of Applied Physiology</i> , 2018 , 124, 1519-1528	3.7	14
67	The Effects of Alanine Supplementation on Muscle pH and the Power-Duration Relationship during High-Intensity Exercise. <i>Frontiers in Physiology</i> , 2018 , 9, 111	4.6	10
66	Beetroot juice ingestion during prolonged moderate-intensity exercise attenuates progressive rise in O uptake. <i>Journal of Applied Physiology</i> , 2018 , 124, 1254-1263	3.7	13
65	Effects of pomegranate supplementation on exercise performance and post-exercise recovery in healthy adults: a systematic review. <i>British Journal of Nutrition</i> , 2018 , 120, 1201-1216	3.6	28
64	Influence of dietary nitrate supplementation on local sweating and cutaneous vascular responses during exercise in a hot environment. <i>European Journal of Applied Physiology</i> , 2018 , 118, 1579-1588	3.4	7
63	Nitrate and Exercise Performance 2017 , 293-310		1
62	Influence of dietary nitrate supplementation on physiological and muscle metabolic adaptations to sprint interval training. <i>Journal of Applied Physiology</i> , 2017 , 122, 642-652	3.7	32
61	Muscle metabolic and neuromuscular determinants of fatigue during cycling in different exercise intensity domains. <i>Journal of Applied Physiology</i> , 2017 , 122, 446-459	3.7	116
60	Influence of iodide ingestion on nitrate metabolism and blood pressure following short-term dietary nitrate supplementation in healthy normotensive adults. <i>Nitric Oxide - Biology and Chemistry</i> , 2017 , 63, 13-20	5	6
59	The Effects of Mental Fatigue on Physical Performance: A Systematic Review. <i>Sports Medicine</i> , 2017 , 47, 1569-1588	10.6	281
58	Effects of dietary nitrate supplementation on the response to extremity cooling and endothelial function in individuals with cold sensitivity. A double blind, placebo controlled, crossover, randomised control trial. <i>Nitric Oxide - Biology and Chemistry</i> , 2017 , 70, 76-85	5	11
57	Effects of self-paced interval and continuous training on health markers in women. <i>European Journal of Applied Physiology</i> , 2017 , 117, 2281-2293	3.4	21
56	The effect of dietary nitrate supplementation on the spatial heterogeneity of quadriceps deoxygenation during heavy-intensity cycling. <i>Physiological Reports</i> , 2017 , 5, e13340	2.6	7
55	Effects of Pomegranate Juice Supplementation on Oxidative Stress Biomarkers Following Weightlifting Exercise. <i>Nutrients</i> , 2017 , 9,	6.7	40
54	Effects of Priming and Pacing Strategy on Oxygen-Uptake Kinetics and Cycling Performance. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 440-7	3.5	9
53	The constant work rate critical power protocol overestimates ramp incremental exercise performance. <i>European Journal of Applied Physiology</i> , 2016 , 116, 2415-2422	3.4	9
52	Improvement in blood pressure after short-term inorganic nitrate supplementation is attenuated in cigarette smokers compared to non-smoking controls. <i>Nitric Oxide - Biology and Chemistry</i> , 2016 , 61, 29-37	5	14

51	Dietary nitrate supplementation improves sprint and high-intensity intermittent running performance. <i>Nitric Oxide - Biology and Chemistry</i> , 2016 , 61, 55-61	5	62
50	Influence of beetroot juice supplementation on intermittent exercise performance. <i>European Journal of Applied Physiology</i> , 2016 , 116, 415-25	3.4	58
49	Cycling on a Bike Desk Positively Influences Cognitive Performance. <i>PLoS ONE</i> , 2016 , 11, e0165510	3.7	22
48	Two weeks of watermelon juice supplementation improves nitric oxide bioavailability but not endurance exercise performance in humans. <i>Nitric Oxide - Biology and Chemistry</i> , 2016 , 59, 10-20	5	43
47	Fiber Type-Specific Effects of Dietary Nitrate. <i>Exercise and Sport Sciences Reviews</i> , 2016 , 44, 53-60	6.7	80
46	Dose-dependent effects of dietary nitrate on the oxygen cost of moderate-intensity exercise: Acute vs. chronic supplementation. <i>Nitric Oxide - Biology and Chemistry</i> , 2016 , 57, 30-39	5	45
45	Dietary nitrate supplementation attenuates the reduction in exercise tolerance following blood donation. <i>American Journal of Physiology - Heart and Circulatory Physiology</i> , 2016 , 311, H1520-H1529	5.2	9
44	Inorganic nitrate supplementation improves muscle oxygenation, O ₂ uptake kinetics, and exercise tolerance at high but not low pedal rates. <i>Journal of Applied Physiology</i> , 2015 , 118, 1396-405	3.7	80
43	Self-pacing increases critical power and improves performance during severe-intensity exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015 , 40, 662-70	3	44
42	L-Citrulline supplementation improves O ₂ uptake kinetics and high-intensity exercise performance in humans. <i>Journal of Applied Physiology</i> , 2015 , 119, 385-95	3.7	73
41	On the mechanism by which dietary nitrate improves human skeletal muscle function. <i>Frontiers in Physiology</i> , 2015 , 6, 211	4.6	37
40	Effects of interval and continuous training on O ₂ uptake kinetics during severe-intensity exercise initiated from an elevated metabolic baseline. <i>Journal of Applied Physiology</i> , 2014 , 116, 1068-77	3.7	5
39	Dietary nitrate supplementation: effects on plasma nitrite and pulmonary O ₂ uptake dynamics during exercise in hypoxia and normoxia. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2014 , 307, R920-30	3.2	79
38	Influence of all-out start duration on pulmonary oxygen uptake kinetics and high-intensity exercise performance. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 2187-94	3.2	2
37	Dietary nitrate supplementation improves team sport-specific intense intermittent exercise performance. <i>European Journal of Applied Physiology</i> , 2013 , 113, 1673-84	3.4	137
36	Influence of dietary nitrate supplementation on exercise tolerance and performance. <i>Nestle Nutrition Institute Workshop Series</i> , 2013 , 75, 27-40	1.9	13
35	No effect of acute L-arginine supplementation on O ₂ cost or exercise tolerance. <i>European Journal of Applied Physiology</i> , 2013 , 113, 1805-19	3.4	23
34	Influence of dietary nitrate supplementation on human skeletal muscle metabolism and force production during maximum voluntary contractions. <i>Pflugers Archiv European Journal of Physiology</i> , 2013 , 465, 517-28	4.6	71

33	Muscle metabolic determinants of exercise tolerance following exhaustion: relationship to the "critical power". <i>Journal of Applied Physiology</i> , 2013 , 115, 243-50	3.7	49
32	.VO2max is not altered by self-pacing during incremental exercise. <i>European Journal of Applied Physiology</i> , 2013 , 113, 529-39	3.4	44
31	.VO2max is not altered by self-pacing during incremental exercise: reply to the letter of Alexis R. Mauger. <i>European Journal of Applied Physiology</i> , 2013 , 113, 543-4	3.4	10
30	Beetroot juice supplementation speeds O ₂ uptake kinetics and improves exercise tolerance during severe-intensity exercise initiated from an elevated metabolic rate. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013 , 305, R1441-50	3.2	107
29	Muscle metabolic responses during high-intensity intermittent exercise measured by (31)P-MRS: relationship to the critical power concept. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013 , 305, R1085-92	3.2	31
28	Beetroot juice and exercise: pharmacodynamic and dose-response relationships. <i>Journal of Applied Physiology</i> , 2013 , 115, 325-36	3.7	285
27	Effects of short-term dietary nitrate supplementation on blood pressure, O ₂ uptake kinetics, and muscle and cognitive function in older adults. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2013 , 304, R73-83	3.2	146
26	Effects of pacing strategy on work done above critical power during high-intensity exercise. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 1377-85	1.2	38
25	Dietary nitrate and O ₂ consumption during exercise. <i>Medicine and Sport Science</i> , 2012 , 59, 29-35		14
24	Influence of passive lower-body heating on muscle metabolic perturbation and high-intensity exercise tolerance in humans. <i>European Journal of Applied Physiology</i> , 2012 , 112, 3569-76	3.4	5
23	Influence of acute dietary nitrate supplementation on 50 mile time trial performance in well-trained cyclists. <i>European Journal of Applied Physiology</i> , 2012 , 112, 4127-34	3.4	149
22	The nitrate-nitrite-nitric oxide pathway: Its role in human exercise physiology. <i>European Journal of Sport Science</i> , 2012 , 12, 309-320	3.9	52
21	Exercise tolerance in intermittent cycling: application of the critical power concept. <i>Medicine and Science in Sports and Exercise</i> , 2012 , 44, 966-76	1.2	48
20	Fast-start strategy improves VO ₂ kinetics and high-intensity exercise performance. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 457-67	1.2	49
19	Reply to Lundberg, Larsen, and Weitzberg. <i>Journal of Applied Physiology</i> , 2011 , 111, 619	3.7	4
18	Dietary nitrate reduces muscle metabolic perturbation and improves exercise tolerance in hypoxia. <i>Journal of Physiology</i> , 2011 , 589, 5517-28	3.9	145
17	Influence of N-acetylcysteine administration on pulmonary O ₂ uptake kinetics and exercise tolerance in humans. <i>Respiratory Physiology and Neurobiology</i> , 2011 , 175, 121-9	2.8	21
16	Dietary nitrate supplementation reduces the O ₂ cost of walking and running: a placebo-controlled study. <i>Journal of Applied Physiology</i> , 2011 , 110, 591-600	3.7	302

15	Muscle fiber recruitment and the slow component of O ₂ uptake: constant work rate vs. all-out sprint exercise. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2011 , 300, R700-7	3.2	121
14	Acute dietary nitrate supplementation improves cycling time trial performance. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 1125-31	1.2	248
13	Inspiratory muscle training enhances pulmonary O ₂ uptake kinetics and high-intensity exercise tolerance in humans. <i>Journal of Applied Physiology</i> , 2010 , 109, 457-68	3.7	60
12	Elevated baseline VO ₂ per se does not slow O ₂ uptake kinetics during work-to-work exercise transitions. <i>Journal of Applied Physiology</i> , 2010 , 109, 1148-54	3.7	22
11	Dietary nitrate supplementation enhances muscle contractile efficiency during knee-extensor exercise in humans. <i>Journal of Applied Physiology</i> , 2010 , 109, 135-48	3.7	407
10	Acute L-arginine supplementation reduces the O ₂ cost of moderate-intensity exercise and enhances high-intensity exercise tolerance. <i>Journal of Applied Physiology</i> , 2010 , 109, 1394-403	3.7	92
9	Acute and chronic effects of dietary nitrate supplementation on blood pressure and the physiological responses to moderate-intensity and incremental exercise. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2010 , 299, R1121-31	3.2	334
8	Priming exercise speeds pulmonary O ₂ uptake kinetics during supine "work-to-work" high-intensity cycle exercise. <i>Journal of Applied Physiology</i> , 2010 , 108, 283-92	3.7	29
7	Influence of priming exercise on muscle [PCr] and pulmonary O ₂ uptake dynamics during work-to-work knee-extension exercise. <i>Respiratory Physiology and Neurobiology</i> , 2010 , 172, 15-23	2.8	20
6	Influence of body position on muscle deoxy[Hb+Mb] during ramp cycle exercise. <i>Respiratory Physiology and Neurobiology</i> , 2010 , 173, 138-45	2.8	26
5	Optimizing the "priming" effect: influence of prior exercise intensity and recovery duration on O ₂ uptake kinetics and severe-intensity exercise tolerance. <i>Journal of Applied Physiology</i> , 2009 , 107, 1743-56	3.7	99
4	Influence of priming exercise on pulmonary O ₂ uptake kinetics during transitions to high-intensity exercise at extreme pedal rates. <i>Journal of Applied Physiology</i> , 2009 , 106, 432-42	3.7	17
3	Dietary nitrate supplementation reduces the O ₂ cost of low-intensity exercise and enhances tolerance to high-intensity exercise in humans. <i>Journal of Applied Physiology</i> , 2009 , 107, 1144-55	3.7	519
2	Influence of extreme pedal rates on pulmonary O ₂ uptake kinetics during transitions to high-intensity exercise from an elevated baseline. <i>Respiratory Physiology and Neurobiology</i> , 2009 , 169, 16-23	2.8	12
1	Influence of repeated sprint training on pulmonary O ₂ uptake and muscle deoxygenation kinetics in humans. <i>Journal of Applied Physiology</i> , 2009 , 106, 1875-87	3.7	131