Robyn Whittaker

List of Publications by Year
in descending order

72 papers	6,329 citations	156536 32 h-index	104191 69 g-index
90 all docs	90 docs citations	90 times ranked	9153 citing authors

#	Article	IF	Citations
1	Smoking cessation support delivered via mobile phone text messaging (txt2stop): a single-blind, randomised trial. Lancet, The, 2011, 378, 49-55.	6.3	674
2	Mobile phone-based interventions for smoking cessation. The Cochrane Library, 2016, 4, CD006611.	1.5	596
3	Effect of Lifestyle-Focused Text Messaging on Risk Factor Modification in Patients With Coronary Heart Disease. JAMA - Journal of the American Medical Association, 2015, 314, 1255.	3.8	561
4	Mobile phone-based interventions for smoking cessation. , 2012, 11, CD006611.		308
5	Do physical activity and dietary smartphone applications incorporate evidence-based behaviour change techniques?. BMC Public Health, 2014, 14, 646.	1.2	279
6	A Development and Evaluation Process for mHealth Interventions: Examples From New Zealand. Journal of Health Communication, 2012, 17, 11-21.	1.2	235
7	Mobile phone text messaging and app-based interventions for smoking cessation. The Cochrane Library, 2019, 10, CD006611.	1.5	226
8	A mobile phone intervention increases physical activity in people with cardiovascular disease: Results from the HEART randomized controlled trial. European Journal of Preventive Cardiology, 2015, 22, 701-709.	0.8	215
9	Text Message and Internet Support for Coronary Heart Disease Self-Management: Results From the Text4Heart Randomized Controlled Trial. Journal of Medical Internet Research, 2015, 17, e237.	2.1	203
10	Effects and costs of real-time cardiac telerehabilitation: randomised controlled non-inferiority trial. Heart, 2019, 105, 122-129.	1.2	192
11	Mobile phone-based interventions for smoking cessation. , 2009, , CD006611.		168
12	MEMOâ€"A Mobile Phone Depression Prevention Intervention for Adolescents: Development Process and Postprogram Findings on Acceptability From a Randomized Controlled Trial. Journal of Medical Internet Research, 2012, 14, e13.	2.1	145
13	Apps for IMproving FITness and Increasing Physical Activity Among Young People: The AIMFIT Pragmatic Randomized Controlled Trial. Journal of Medical Internet Research, 2015, 17, e210.	2.1	142
14	The cost-effectiveness of smoking cessation support delivered by mobile phone text messaging: Txt2stop. European Journal of Health Economics, 2013, 14, 789-797.	1.4	140
15	The effectiveness of mobile-health behaviour change interventions for cardiovascular disease self-management: A systematic review. European Journal of Preventive Cardiology, 2016, 23, 801-817.	0.8	138
16	Co-design of mHealth Delivered Interventions: A Systematic Review to Assess Key Methods and Processes. Current Nutrition Reports, 2016, 5, 160-167.	2.1	137
17	Diagnostic accuracy of NicAlert cotinine test strips in saliva for verifying smoking status. Nicotine and Tobacco Research, 2008, 10, 607-612.	1.4	131
18	Developing and Pretesting a Text Messaging Program for Health Behavior Change: Recommended Steps. JMIR MHealth and UHealth, 2015, 3, e107.	1.8	131

#	Article	IF	Citations
19	A Multimedia Mobile Phoneâ€“Based Youth Smoking Cessation Intervention: Findings From Content Development and Piloting Studies. Journal of Medical Internet Research, 2008, 10, e49.	2.1	124
20	Effectiveness of text message based, diabetes self management support programme (SMS4BG): two arm, parallel randomised controlled trial. BMJ: British Medical Journal, 2018, 361, k1959.	2.4	107
21	Text4baby: Development and Implementation of a National Text Messaging Health Information Service. American Journal of Public Health, 2012, 102, 2207-2213.	1.5	92
22	Smoking cessation using mobile phone text messaging is as effective in Maori as non-Maori. New Zealand Medical Journal, 2005, 118, U1494.	0.5	80
23	Mobile Health (mHealth) in Low- and Middle-Income Countries. Annual Review of Public Health, 2022, 43, 525-539.	7.6	73
24	Old-Fashioned Technology in the Era of â€œBlingâ€: Is There a Future for Text Messaging in Health Care?. Journal of Medical Internet Research, 2019, 21, e16630.	2.1	66
25	A mHealth cardiac rehabilitation exercise intervention: findings from content development studies. BMC Cardiovascular Disorders, 2012, 12, 36.	0.7	59
26	Diabetes Text-Message Self-Management Support Program (SMS4BG): A Pilot Study. JMIR MHealth and UHealth, 2015, 3, e32.	1.8	58
27	Effect of a Mobile Phone Intervention on Quitting Smoking in a Young Adult Population of Smokers: Randomized Controlled Trial. JMIR MHealth and UHealth, 2018, 6, e10893.	1.8	57
28	Mobile phone text-messaging interventions aimed to prevent cardiovascular diseases (Text2PreventCVD): systematic review and individual patient data meta-analysis. Open Heart, 2019, 6, e001017.	0.9	56
29	Using codesign to develop a culturally tailored, behavior change mHealth intervention for indigenous and other priority communities: A case study in New Zealand. Translational Behavioral Medicine, 2019, 9, 720-736.	1.2	51
30	Effect of a Mobile Phone Intervention on Quitting Smoking in a Young Adult Population of Smokers: Randomized Controlled Trial Study Protocol. JMIR Research Protocols, 2015, 4, e10.	0.5	50
31	Smartphone apps to improve fitness and increase physical activity among young people: protocol of the Apps for IMproving FITness (AIMFIT) randomized controlled trial. BMC Public Health, 2015, 15, 635.	1.2	48
32	Development of a Culturally Tailored Text Message Maternal Health Program: TextMATCH. JMIR MHealth and UHealth, 2017, 5, e49.	1.8	48
33	Improving coronary heart disease self-management using mobile technologies (Text4Heart): a randomised controlled trial protocol. Trials, 2014, 15, 71.	0.7	47
34	A co-designed mHealth programme to support healthy lifestyles in MÄori and Pasifika peoples in New Zealand (OL@-OR@): a cluster-randomised controlled trial. The Lancet Digital Health, 2019, 1, e298-e307.	5.9	46
35	Acceptability of a Mobile Health Exercise-Based Cardiac Rehabilitation Intervention. Journal of Cardiopulmonary Rehabilitation and Prevention, 2015, 35, 312-319.	1.2	40
36	Co-designing an mHealth tool in the New Zealand MÄori community with a â€œKaupapa MÄoriâ€•approach. AlterNative, 2018, 14, 90-99.	0.7	39

#	Article	IF	Citations
37	Development of an Evidence-Based mHealth Weight Management Program Using a Formative Research Process. JMIR MHealth and UHealth, 2014, 2, e18.	1.8	38
38	HEART: heart exercise and remote technologies: A randomized controlled trial study protocol. BMC Cardiovascular Disorders, 2011, 11, 26.	0.7	32
39	Cardiovascular Disease Self-Management: Pilot Testing of an mHealth Healthy Eating Program. Journal of Personalized Medicine, 2014, 4, 88-101.	1.1	32
40	The HEART Mobile Phone Trial: The Partial Mediating Effects of Self-Efficacy on Physical Activity among Cardiac Patients. Frontiers in Public Health, 2014, 2, 56.	1.3	31
41	Examining Development Processes for Text Messaging Interventions to Prevent Cardiovascular Disease: Systematic Literature Review. JMIR MHealth and UHealth, 2019, 7, e12191.	1.8	31
42	Text message-based diabetes self-management support (SMS4BG): study protocol for a randomised controlled trial. Trials, 2016, 17, 179.	0.7	29
43	The remote exercise monitoring trial for exercise-based cardiac rehabilitation (REMOTE-CR): a randomised controlled trial protocol. BMC Public Health, 2014, 14, 1236.	1.2	28
44	The Use of Mobile Health to Deliver Self-Management Support to Young People With Type 1 Diabetes: A Cross-Sectional Survey. JMIR Diabetes, 2017, 2, e4.	0.9	25
45	Factors influencing the sustainability of digital health interventions in low-resource settings: Lessons from five countries. Journal of Global Health, 2020, 10, 020396.	1.2	24
46	Optimising text messaging to improve adherence to web-based smoking cessation treatment: a randomised control trial protocol. BMJ Open, 2016, 6, e010687.	0.8	21
47	Mobile Social Networkâ€“Based Smoking Cessation Intervention for Chinese Male Smokers: Pilot Randomized Controlled Trial. JMIR MHealth and UHealth, 2020, 8, e17522.	1.8	21
48	Improving Health Worker Adherence to Malaria Treatment Guidelines in Papua New Guinea: Feasibility and Acceptability of a Text Message Reminder Service. PLoS ONE, 2013, 8, e76578.	1.1	20
49	Optimizing Text Messages to Promote Engagement With Internet Smoking Cessation Treatment: Results From a Factorial Screening Experiment. Journal of Medical Internet Research, 2020, 22, e17734.	2.1	20
50	Assessing the Cross-Cultural Adaptation and Translation of a Text-Based Mobile Smoking Cessation Program in Samoa (TXTTaofiTapaa): Pilot Study. JMIR MHealth and UHealth, 2018, 6, e173.	1.8	18
51	Text2PreventCVD: protocol for a systematic review and individual participant data meta-analysis of text message-based interventions for the prevention of cardiovascular diseases. BMJ Open, 2016, 6, e012723.	0.8	16
52	Possibilities and Expectations for mHealth in the Pacific Islands: Insights From Key Informants. JMIR MHealth and UHealth, 2016, 4, e9.	1.8	16
53	Effectiveness of an optimized text message and Internet intervention for smoking cessation: A randomized controlled trial. Addiction, 2022, 117, 1035-1046.	1.7	14
54	Web-based Therapy Plus Support by a Coach in Depressed Patients Referred to Secondary Mental Health Care: Randomized Controlled Trial. JMIR Mental Health, 2018, 5, e5.	1.7	14

#	Article	IF	Citations
55	An Intervention to Improve Medication Adherence in People With Heart Disease (Text4HeartII): Randomized Controlled Trial. JMIR MHealth and UHealth, 2021, 9, e24952.	1.8	13
56	Understanding End-User Perspectives of Mobile Pulmonary Rehabilitation (mPR): Cross-Sectional Survey and Interviews. JMIR Formative Research, 2019, 3, e15466.	0.7	12
57	Manaaki â€“ a cognitive behavioral therapy mobile health app to support people experiencing gambling problems: a randomized control trial protocol. BMC Public Health, 2020, 20, 191.	1.2	11
58	Development of a text message intervention aimed at reducing alcohol-related harm in patients admitted to hospital as a result of injury. BMC Public Health, 2015, 15, 815.	1.2	10
59	Text4Heart II â€“ improving medication adherence in people with heart disease: a study protocol for a randomized controlled trial. Trials, 2018, 19, 70.	0.7	10
60	A Co-Designed, Culturally-Tailored mHealth Tool to Support Healthy Lifestyles in MÄori and Pasifika Communities in New Zealand: Protocol for a Cluster Randomized Controlled Trial. JMIR Research Protocols, 2018, 7, e10789.	0.5	10
61	Samoan Smokers Talk About Smoking and Quitting: A Focus Group Study. Nicotine and Tobacco Research, 2018, 20, 1132-1137.	1.4	9
62	Evaluation of MyTeen â€“ a SMS-based mobile intervention for parents of adolescents: a randomised controlled trial protocol. BMC Public Health, 2018, 18, 1203.	1.2	9
63	TXTTaofiTapaa: pilot trial of a Samoan mobile phone smoking cessation programme. Journal of Global Health Reports, 0, 3, .	1.0	8
64	A Mobile Social Networkâ€“Based Smoking Cessation Intervention for Chinese Male Smokers: Protocol for a Pilot Randomized Controlled Trial. JMIR Research Protocols, 2020, 9, e18071.	0.5	7
65	Cross-Cultural Adaptation of a Text Message-Based Program for Smoking Cessation in Buenos Aires, Argentina. Nicotine and Tobacco Research, 2016, 18, 314-320.	1.4	6
66	Behavior Change for Youth Drivers: Design and Development of a Smartphone-Based App (BackPocketDriver). JMIR Formative Research, 2018, 2, e25.	0.7	6
67	Moving beyond the individual: mHealth tools for social change in low-resource settings. BMJ Global Health, 2018, 3, e001098.	2.0	4
68	Development of MyTeen Text Messaging Program to Support Parents of Adolescents: Qualitative Study. JMIR MHealth and UHealth, 2019, 7, e15664.	1.8	4
69	Mobile Pulmonary Rehabilitation: Feasibility of Delivery by a Mobile Phone-Based Program. Frontiers in Computer Science, 2021, 3, .	1.7	3
70	Takore i te Kai Avaâ€™ava, a mCessation Program Adapted for the Cook Islands: Indicators of Potential for Tobacco Control. Asia-Pacific Journal of Public Health, 2021, 33, 101053952110362.	0.4	2
71	Monitoring Driver Behaviour with BackPocketDriver. Lecture Notes in Computer Science, 2019, , 57-70.	1.0	2
72	A Web-Based Alcohol Risk Communication Tool: Development and Pretesting Study. JMIR Formative Research, 2020, 4, e13224.	0.7	0