Birgitta Blakstad Nilsson

List of Publications by Year
in descending order

15 papers	565 citations	933264 10 h-index	1058333 14 g-index
18 all docs	18 docs citations	18 times ranked	957 citing authors

#	Article	IF	Citations
1	Patientsâ€™ Experiences of Using a Smartphone App After Cardiac Rehabilitation: Qualitative Study. JMIR Human Factors, 2022, 9, e34294.	1.0	9
2	Long-term follow-up with a smartphone application improves exercise capacity post cardiac rehabilitation: A randomized controlled trial. European Journal of Preventive Cardiology, 2020, 27, 1782-1792.	0.8	63
3	High-intensity interval training in haemodialysis patients: a pilot randomised controlled trial. BMJ Open Sport and Exercise Medicine, 2019, 5, e000617.	1.4	18
4	Effects of individualized follow-up with a smartphone-application after cardiac rehabilitation: protocol of a randomized controlled trial. BMC Sports Science, Medicine and Rehabilitation, 2019, 11, 34.	0.7	6
5	Implementation and evaluation of the Norwegian Ullevaal model as a cardiac rehabilitation model in primary care. Disability and Rehabilitation, 2019, 41, 481-488.	0.9	6
6	Feasibility of a Mobile Phone App to Promote Adherence to a Heart-Healthy Lifestyle: Single-Arm Study. JMIR Formative Research, 2019, 3, e12679.	0.7	14
7	Long-Term Results of High-Intensity Exercise-Based Cardiac Rehabilitation in Revascularized Patients for Symptomatic Coronary Artery Disease. American Journal of Cardiology, 2018, 121, 21-26.	0.7	19
8	The Effectiveness of Smartphone Apps for Lifestyle Improvement in Noncommunicable Diseases: Systematic Review and Meta-Analyses. Journal of Medical Internet Research, 2018, 20, e162.	2.1	168
9	Hemodynamic Responses to Resistance Exercise in Patients with Coronary Artery Disease. Medicine and Science in Sports and Exercise, 2016, 48, 581-588.	0.2	44
10	Long-term Results Of The Norwegian Ullevaal Model As A Cardiac Rehabilitation Intervention In Primary Care. Medicine and Science in Sports and Exercise, 2015, 47, 790.	0.2	0
11	The L-Argininеâ€“Asymmetric Dimethylarginine Ratio Is Strongly Related to the Severity of Chronic Heart Failure. No Effects of Exercise Training. Journal of Cardiac Failure, 2011, 17, 135-142.	0.7	30
12	No effect of group-based aerobic interval training on N-terminal pro- B-type natriuretic peptide levels in patients with chronic heart failure. Scandinavian Cardiovascular Journal, 2010, 44, 223-229.	0.4	21
13	Long-Term Effects of a Group-Based High-Intensity Aerobic Interval-Training Program in Patients With Chronic Heart Failure. American Journal of Cardiology, 2008, 102, 1220-1224.	0.7	65
14	Effects of Group-Based High-Intensity Aerobic Interval Training in Patients With Chronic Heart Failure. American Journal of Cardiology, 2008, 102, 1361-1365.	0.7	73
15	Group-based Aerobic Interval Training in Patients With Chronic Heart Failure: Norwegian Ullevaal Model. Physical Therapy, 2008, 88, 523-535.	1.1	29