

Douglas S Kalman

List of Publications by Year in descending order

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Version: 2024-02-01

71
papers

2,466
citations

331259

21
h-index

223531

46
g-index

76
all docs

76
docs citations

76
times ranked

2925
citing authors

#	ARTICLE	IF	CITATIONS
1	CYP1A2 Genotype Polymorphism Influences the Effect of Caffeine on Anaerobic Performance in Trained Males. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022, 32, 16-21.	1.0	6
2	International society of sports nutrition position stand: tactical athlete nutrition. <i>Journal of the International Society of Sports Nutrition</i> , 2022, 19, 267-315.	1.7	11
3	International society of sports nutrition position stand: caffeine and exercise performance. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 1.	1.7	222
4	International Society of Sports Nutrition position stand: sodium bicarbonate and exercise performance. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 61.	1.7	38
5	The effect of oral hydrolyzed eggshell membrane on the appearance of hair, skin, and nails in healthy middle-aged adults: A randomized double-blind placebo-controlled clinical trial. <i>Journal of Cosmetic Dermatology</i> , 2020, 19, 1463-1472.	0.8	12
6	The athletic gut microbiota. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 24.	1.7	157
7	A Randomized, Double-Blind, Placebo-Controlled, Prospective Clinical Trial Evaluating Water-Soluble Chicken Eggshell Membrane for Improvement in Joint Health in Adults with Knee Osteoarthritis. <i>Journal of Medicinal Food</i> , 2019, 22, 875-884.	0.8	12
8	A Prospective Study Evaluating the Effects of a Nutritional Supplement Intervention on Cognition, Mood States, and Mental Performance in Video Gamers. <i>Nutrients</i> , 2019, 11, 2326.	1.7	17
9	International Society of Sports Nutrition Position Stand: Probiotics. <i>Journal of the International Society of Sports Nutrition</i> , 2019, 16, 62.	1.7	134
10	Sleep Data, Physical Performance, and Injuries in Preparation for Professional Mixed Martial Arts. <i>Sports</i> , 2019, 7, 1.	0.7	22
11	A Prospective Randomized, Double-Blind, Two-Period Crossover Pharmacokinetic Trial Comparing Green Coffee Bean Extract With a Botanically Sourced Caffeine With a Synthetic USP Control. <i>Clinical Pharmacology in Drug Development</i> , 2018, 7, 871-879.	0.8	4
12	Inactivated Probiotic <i>Bacillus coagulans</i> GBI-30 Demonstrates Immunosupportive Properties in Healthy Adults Following Stressful Exercise. <i>Journal of Probiotics & Health</i> , 2018, 06, .	0.6	5
13	Body Composition Changes in Weight Loss: Strategies and Supplementation for Maintaining Lean Body Mass, a Brief Review. <i>Nutrients</i> , 2018, 10, 1876.	1.7	82
14	Evaluating the Impacts of Methylsulfonylmethane on Allergic Rhinitis After a Standard Allergen Challenge: Randomized Double-Blind Exploratory Study. <i>JMIR Research Protocols</i> , 2018, 7, e11139.	0.5	7
15	International Society of Sports Nutrition position stand: safety and efficacy of creatine supplementation in exercise, sport, and medicine. <i>Journal of the International Society of Sports Nutrition</i> , 2017, 14, 18.	1.7	376
16	International society of sports nutrition position stand: diets and body composition. <i>Journal of the International Society of Sports Nutrition</i> , 2017, 14, 16.	1.7	155
17	The Effects of <i>Morus alba</i> and <i>Acacia catechu</i> on Quality of Life and Overall Function in Adults with Osteoarthritis of the Knee. <i>Journal of Nutrition and Metabolism</i> , 2017, 2017, 1-9.	0.7	11
18	Randomized Prospective Double-Blind Studies to Evaluate the Cognitive Effects of Inositol-Stabilized Arginine Silicate in Healthy Physically Active Adults. <i>Nutrients</i> , 2016, 8, 736.	1.7	13

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19	Acknowledgement of manuscript reviewers 2015. Journal of the International Society of Sports Nutrition, 2016, 13, .	1.7	0
20	A clinical evaluation to determine the safety, pharmacokinetics, and pharmacodynamics of an inositol-stabilized arginine silicate dietary supplement in healthy adult males. Clinical Pharmacology: Advances and Applications, 2015, 7, 103.	0.8	8
21	A Prospective Randomized Double-Blind Study Evaluating UP165 and S-Adenosyl-L-Methionine on Depression, Anxiety and Psychological Well-Being. Foods, 2015, 4, 130-139.	1.9	2
22	Acknowledgement of manuscript reviewers 2014. Journal of the International Society of Sports Nutrition, 2015, 12, .	1.7	0
23	Effect of Government Regulation on the Evolution of Sports Nutrition. , 2015, , 3-21.		1
24	International society of sports nutrition position stand: Beta-Alanine. Journal of the International Society of Sports Nutrition, 2015, 12, 30.	1.7	165
25	Amino Acid Composition of an Organic Brown Rice Protein Concentrate and Isolate Compared to Soy and Whey Concentrates and Isolates. Foods, 2014, 3, 394-402.	1.9	86
26	A randomized, double-blind, placebo-controlled clinical trial evaluating Dermytol® cream for the treatment of actinic keratoses. Clinical, Cosmetic and Investigational Dermatology, 2014, 7, 215.	0.8	1
27	A clinical evaluation to determine the safety, pharmacokinetics and pharmacodynamics of an inositol-stabilized arginine silicate dietary supplement in healthy adult males. (LB418). FASEB Journal, 2014, 28, LB418.	0.2	1
28	Efficacy and safety of Elaeis guineensis and Ficus deltoidea leaf extracts in adults with pre-diabetes. Nutrition Journal, 2013, 12, 36.	1.5	24
29	International Society of Sports Nutrition Position Stand: beta-hydroxy-beta-methylbutyrate (HMB). Journal of the International Society of Sports Nutrition, 2013, 10, 6.	1.7	120
30	A Randomized Double Blind Placebo Controlled Evaluation of MSM for Exercise Induced Discomfort/Pain.. FASEB Journal, 2013, 27, 1076.7.	0.2	4
31	A comparative study evaluating raisins versus granola bars on feelings of energy in healthy mothers.. FASEB Journal, 2013, 27, lb370.	0.2	0
32	Comparison of coconut water and a carbohydrate-electrolyte sport drink on measures of hydration and physical performance in exercise-trained men. Journal of the International Society of Sports Nutrition, 2012, 9, 1.	1.7	99
33	A double blind placebo controlled clinical trial evaluating the effects of LPT3 on body weight & composition in overweight & mildly obese healthy adults. FASEB Journal, 2012, 26, lb399.	0.2	0
34	Comparison of coconut water and a carbohydrate/electrolyte sport drink on measures of hydration and physical performance in exercise-trained men. FASEB Journal, 2012, 26, 258.7.	0.2	0
35	A Clinical Trial to Assess the Safety and Efficacy of a Dietary Supplement Purported to Increase Plasma Sex Hormones. FASEB Journal, 2011, 25, 29.6.	0.2	0
36	A Review of Hydration. Strength and Conditioning Journal, 2010, 32, 56-63.	0.7	6

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37	ISSN exercise & sport nutrition review: research & recommendations. Journal of the International Society of Sports Nutrition, 2010, 7, .	1.7	269
38	Fluids, Electrolytes, and Hydration. , 2009, , 253-266.		0
39	A Randomized Double Blind Pilot Clinical Trial Evaluating a Probiotic for Postâ€Prandial Gastric Distress and Quality of Life. FASEB Journal, 2009, 23, LB460.	0.2	0
40	Hydration. , 2009, , 145-165.		0
41	Effect of a natural extract of chicken combs with a high content of hyaluronic acid (Hyal-JointÂ®) on pain relief and quality of life in subjects with knee osteoarthritis: a pilot randomized double-blind placebo-controlled trial. Nutrition Journal, 2008, 7, 3.	1.5	47
42	Handbook of Nutrition and Ophthalmology. JAMA - Journal of the American Medical Association, 2008, 299, .	3.8	0
43	Nutrition and Rheumatic Disease. JAMA - Journal of the American Medical Association, 2008, 300, 1084.	3.8	0
44	Nutrition and Gastrointestinal Disease. JAMA - Journal of the American Medical Association, 2008, 299, 2212.	3.8	0
45	Effect of Government Regulation on the Evolution of Sports Nutrition. , 2008, , 3-31.		3
46	A Randomized Doubleâ€Blind Activeâ€Controlled Study of the Safety of UP165 and its Effects on Assessments of Depression, Anxiety and Well Being. FASEB Journal, 2008, 22, 698.2.	0.2	0
47	A Clinical Evaluation Comparing the Bioavailability of Two Buffered Vitamin C Supplements in Healthy, Nonâ€smoking Males.. FASEB Journal, 2008, 22, 689-689.	0.2	1
48	The Effects of Feeding Protein Hydrolysate Versus Carbohydrate on Athletic Performance and Perceived Exertion in Trained Glycogenâ€depleted Athletes.. FASEB Journal, 2008, 22, 684-684.	0.2	0
49	The Effects of Feeding Protein Hydrolysate vs Carbohydrate on Biochemical Markers of Anabolism and Catabolism in Trained Glycogenâ€Depleted Athletes. FASEB Journal, 2008, 22, 685-685.	0.2	0
50	An Open Label Clinical Trial Evaluating the Effects of MyoZeneâ„¢ with Resistance Training on Changes in Body Composition and Muscle Strength.. Medicine and Science in Sports and Exercise, 2008, 40, S97-S98.	0.2	0
51	The Role of the Fitness Professional in Providing Sports/Exercise Nutrition Advice. Strength and Conditioning Journal, 2007, 29, 69-71.	0.7	2
52	Effect of protein source and resistance training on body composition and sex hormones. Journal of the International Society of Sports Nutrition, 2007, 4, 4.	1.7	32
53	A Randomized Double Blind Placebo Controlled Clinical Trial of Reloraâ„¢ in the Management of Stress in Healthy Overweight Females. FASEB Journal, 2006, 20, A379.	0.2	2
54	A novel nicotinic acidâ€based dietary supplement reduced triacylglycerides in healthy, hyperlipidemic adults. FASEB Journal, 2006, 20, .	0.2	0

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55	Ornish's claims regarding Atkins. Journal of the American Dietetic Association, 2005, 105, 201-202.	1.3	0
56	ISSN Roundtable: FAQs About the ISSN. Journal of the International Society of Sports Nutrition, 2005, 2, 1-3.	1.7	4
57	ISSN Exercise & Sport Nutrition Review: Research & Recommendations. Journal of the International Society of Sports Nutrition, 2004, 1, 1.	1.7	35
58	Aspartate. , 2004, , 37-45.		0
59	Gelatin. , 2004, , 105-113.		0
60	Pharmacotherapy of obesity and eating disorders.. Professional Psychology: Research and Practice, 2003, 34, 562-566.	0.6	4
61	The Relative Safety of Ephedra Compared with Other Herbal Products. Annals of Internal Medicine, 2003, 138, 1006.	2.0	4
62	The Neurosurgeon in Sport: Awareness of the Risks of Heatstroke and Dietary Supplements. Neurosurgery, 2003, 52, 252-255.	0.6	2
63	The effects of high-dose glutamine ingestion on weightlifting performance. Journal of Strength and Conditioning Research, 2002, 16, 157-60.	1.0	21
64	There is still more to learn about soy. American Journal of Clinical Nutrition, 2000, 72, 1588.	2.2	0
65	Effects of a weight-loss aid in healthy overweight adults: double-blind, placebo-controlled clinical trial. Current Therapeutic Research, 2000, 61, 199-205.	0.5	36
66	Editorial: Sports Nutrition: Clinical Nutrition of a Different Sort. Nutrition in Clinical Practice, 1999, 14, 285-286.	1.1	0
67	The effects of pyruvate supplementation on body composition in overweight individuals. Nutrition, 1999, 15, 337-340.	1.1	64
68	Masters Athletes. Sports Medicine, 1999, 28, 273-285.	3.1	86
69	Effect of pyruvate supplementation on body composition and mood. Current Therapeutic Research, 1998, 59, 793-802.	0.5	20
70	Nutritional Aspects of Cancer-Related Fatigue. Journal of the American Dietetic Association, 1997, 97, 650-654.	1.3	28
71	Two Perspectives on the "Good Food/Bad Food"™ Issue. Journal of the American Dietetic Association, 1996, 96, 1238.	1.3	0