

# Douglas S Kalman

## List of Publications by Year in descending order

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Version: 2024-02-01

71  
papers

2,466  
citations

331538

21  
h-index

223716

46  
g-index

76  
all docs

76  
docs citations

76  
times ranked

2925  
citing authors

#	ARTICLE	IF	CITATIONS
1	International Society of Sports Nutrition position stand: safety and efficacy of creatine supplementation in exercise, sport, and medicine. Journal of the International Society of Sports Nutrition, 2017, 14, 18.	1.7	376
2	ISSN exercise & sport nutrition review: research & recommendations. Journal of the International Society of Sports Nutrition, 2010, 7, .	1.7	269
3	International society of sports nutrition position stand: caffeine and exercise performance. Journal of the International Society of Sports Nutrition, 2021, 18, 1.	1.7	222
4	International society of sports nutrition position stand: Beta-Alanine. Journal of the International Society of Sports Nutrition, 2015, 12, 30.	1.7	165
5	The athletic gut microbiota. Journal of the International Society of Sports Nutrition, 2020, 17, 24.	1.7	157
6	International society of sports nutrition position stand: diets and body composition. Journal of the International Society of Sports Nutrition, 2017, 14, 16.	1.7	155
7	International Society of Sports Nutrition Position Stand: Probiotics. Journal of the International Society of Sports Nutrition, 2019, 16, 62.	1.7	134
8	International Society of Sports Nutrition Position Stand: beta-hydroxy-beta-methylbutyrate (HMB). Journal of the International Society of Sports Nutrition, 2013, 10, 6.	1.7	120
9	Comparison of coconut water and a carbohydrate-electrolyte sport drink on measures of hydration and physical performance in exercise-trained men. Journal of the International Society of Sports Nutrition, 2012, 9, 1.	1.7	99
10	Masters Athletes. Sports Medicine, 1999, 28, 273-285.	3.1	86
11	Amino Acid Composition of an Organic Brown Rice Protein Concentrate and Isolate Compared to Soy and Whey Concentrates and Isolates. Foods, 2014, 3, 394-402.	1.9	86
12	Body Composition Changes in Weight Loss: Strategies and Supplementation for Maintaining Lean Body Mass, a Brief Review. Nutrients, 2018, 10, 1876.	1.7	82
13	The effects of pyruvate supplementation on body composition in overweight individuals. Nutrition, 1999, 15, 337-340.	1.1	64
14	Effect of a natural extract of chicken combs with a high content of hyaluronic acid (Hyal-Joint®) on pain relief and quality of life in subjects with knee osteoarthritis: a pilot randomized double-blind placebo-controlled trial. Nutrition Journal, 2008, 7, 3.	1.5	47
15	International Society of Sports Nutrition position stand: sodium bicarbonate and exercise performance. Journal of the International Society of Sports Nutrition, 2021, 18, 61.	1.7	38
16	Effects of a weight-loss aid in healthy overweight adults: double-blind, placebo-controlled clinical trial. Current Therapeutic Research, 2000, 61, 199-205.	0.5	36
17	ISSN Exercise & Sport Nutrition Review: Research & Recommendations. Journal of the International Society of Sports Nutrition, 2004, 1, 1.	1.7	35
18	Effect of protein source and resistance training on body composition and sex hormones. Journal of the International Society of Sports Nutrition, 2007, 4, 4.	1.7	32

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19	Nutritional Aspects of Cancer-Related Fatigue. <i>Journal of the American Dietetic Association</i> , 1997, 97, 650-654.	1.3	28
20	Efficacy and safety of <i>Elaeis guineensis</i> and <i>Ficus deltoidea</i> leaf extracts in adults with pre-diabetes. <i>Nutrition Journal</i> , 2013, 12, 36.	1.5	24
21	Sleep Data, Physical Performance, and Injuries in Preparation for Professional Mixed Martial Arts. <i>Sports</i> , 2019, 7, 1.	0.7	22
22	The effects of high-dose glutamine ingestion on weightlifting performance. <i>Journal of Strength and Conditioning Research</i> , 2002, 16, 157-60.	1.0	21
23	Effect of pyruvate supplementation on body composition and mood. <i>Current Therapeutic Research</i> , 1998, 59, 793-802.	0.5	20
24	A Prospective Study Evaluating the Effects of a Nutritional Supplement Intervention on Cognition, Mood States, and Mental Performance in Video Gamers. <i>Nutrients</i> , 2019, 11, 2326.	1.7	17
25	Randomized Prospective Double-Blind Studies to Evaluate the Cognitive Effects of Inositol-Stabilized Arginine Silicate in Healthy Physically Active Adults. <i>Nutrients</i> , 2016, 8, 736.	1.7	13
26	A Randomized, Double-Blind, Placebo-Controlled, Prospective Clinical Trial Evaluating Water-Soluble Chicken Eggshell Membrane for Improvement in Joint Health in Adults with Knee Osteoarthritis. <i>Journal of Medicinal Food</i> , 2019, 22, 875-884.	0.8	12
27	The effect of oral hydrolyzed eggshell membrane on the appearance of hair, skin, and nails in healthy middle-aged adults: A randomized double-blind placebo-controlled clinical trial. <i>Journal of Cosmetic Dermatology</i> , 2020, 19, 1463-1472.	0.8	12
28	The Effects of <i>Morus alba</i> and <i>Acacia catechu</i> on Quality of Life and Overall Function in Adults with Osteoarthritis of the Knee. <i>Journal of Nutrition and Metabolism</i> , 2017, 2017, 1-9.	0.7	11
29	International society of sports nutrition position stand: tactical athlete nutrition. <i>Journal of the International Society of Sports Nutrition</i> , 2022, 19, 267-315.	1.7	11
30	A clinical evaluation to determine the safety, pharmacokinetics, and pharmacodynamics of an inositol-stabilized arginine silicate dietary supplement in healthy adult males. <i>Clinical Pharmacology: Advances and Applications</i> , 2015, 7, 103.	0.8	8
31	Evaluating the Impacts of Methylsulfonylmethane on Allergic Rhinitis After a Standard Allergen Challenge: Randomized Double-Blind Exploratory Study. <i>JMIR Research Protocols</i> , 2018, 7, e11139.	0.5	7
32	A Review of Hydration. <i>Strength and Conditioning Journal</i> , 2010, 32, 56-63.	0.7	6
33	CYP1A2 Genotype Polymorphism Influences the Effect of Caffeine on Anaerobic Performance in Trained Males. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022, 32, 16-21.	1.0	6
34	Inactivated Probiotic <i>Bacillus coagulans</i> GBI-30 Demonstrates Immunosupportive Properties in Healthy Adults Following Stressful Exercise. <i>Journal of Probiotics &amp; Health</i> , 2018, 06, .	0.6	5
35	Pharmacotherapy of obesity and eating disorders.. <i>Professional Psychology: Research and Practice</i> , 2003, 34, 562-566.	0.6	4
36	The Relative Safety of Ephedra Compared with Other Herbal Products. <i>Annals of Internal Medicine</i> , 2003, 138, 1006.	2.0	4

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37	ISSN Roundtable: FAQs About the ISSN. Journal of the International Society of Sports Nutrition, 2005, 2, 1-3.	1.7	4
38	A Prospective Randomized, Double-Blind, Two-Period Crossover Pharmacokinetic Trial Comparing Green Coffee Bean Extract A Botanically Sourced Caffeine With a Synthetic USP Control. Clinical Pharmacology in Drug Development, 2018, 7, 871-879.	0.8	4
39	A Randomized Double Blind Placebo Controlled Evaluation of MSM for Exercise Induced Discomfort/Pain.. FASEB Journal, 2013, 27, 1076.7.	0.2	4
40	Effect of Government Regulation on the Evolution of Sports Nutrition. , 2008, , 3-31.		3
41	The Role of the Fitness Professional in Providing Sports/Exercise Nutrition Advice. Strength and Conditioning Journal, 2007, 29, 69-71.	0.7	2
42	A Prospective Randomized Double-Blind Study Evaluating UP165 and S-Adenosyl-L-Methionine on Depression, Anxiety and Psychological Well-Being. Foods, 2015, 4, 130-139.	1.9	2
43	The Neurosurgeon in Sport: Awareness of the Risks of Heatstroke and Dietary Supplements. Neurosurgery, 2003, 52, 252-255.	0.6	2
44	A Randomized Double Blind Placebo Controlled Clinical Trial of Relora, in the Management of Stress in Healthy Overweight Females. FASEB Journal, 2006, 20, A379.	0.2	2
45	A randomized, double-blind, placebo-controlled clinical trial evaluating Dermytol cream for the treatment of actinic keratoses. Clinical, Cosmetic and Investigational Dermatology, 2014, 7, 215.	0.8	1
46	Effect of Government Regulation on the Evolution of Sports Nutrition. , 2015, , 3-21.		1
47	A Clinical Evaluation Comparing the Bioavailability of Two Buffered Vitamin C Supplements in Healthy, Non-smoking Males.. FASEB Journal, 2008, 22, 689-689.	0.2	1
48	A clinical evaluation to determine the safety, pharmacokinetics and pharmacodynamics of an inositol-stabilized arginine silicate dietary supplement in healthy adult males. (LB418). FASEB Journal, 2014, 28, LB418.	0.2	1
49	Two Perspectives on the "Good Food/Bad Food" Issue. Journal of the American Dietetic Association, 1996, 96, 1238.	1.3	0
50	Editorial: Sports Nutrition: Clinical Nutrition of a Different Sort. Nutrition in Clinical Practice, 1999, 14, 285-286.	1.1	0
51	There is still more to learn about soy. American Journal of Clinical Nutrition, 2000, 72, 1588.	2.2	0
52	Ornish's claims regarding Atkins. Journal of the American Dietetic Association, 2005, 105, 201-202.	1.3	0
53	Handbook of Nutrition and Ophthalmology. JAMA - Journal of the American Medical Association, 2008, 299, .	3.8	0
54	Nutrition and Rheumatic Disease. JAMA - Journal of the American Medical Association, 2008, 300, 1084.	3.8	0

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55	Nutrition and Gastrointestinal Disease. JAMA - Journal of the American Medical Association, 2008, 299, 2212.	3.8	0
56	Acknowledgement of manuscript reviewers 2014. Journal of the International Society of Sports Nutrition, 2015, 12, .	1.7	0
57	Acknowledgement of manuscript reviewers 2015. Journal of the International Society of Sports Nutrition, 2016, 13, .	1.7	0
58	Aspartate. , 2004, , 37-45.		0
59	Gelatin. , 2004, , 105-113.		0
60	A novel nicotinic acid-based dietary supplement reduced triacylglycerides in healthy, hyperlipidemic adults. FASEB Journal, 2006, 20, .	0.2	0
61	A Randomized Double-blind Active-controlled Study of the Safety of UP165 and its Effects on Assessments of Depression, Anxiety and Well Being. FASEB Journal, 2008, 22, 698.2.	0.2	0
62	The Effects of Feeding Protein Hydrolysate Versus Carbohydrate on Athletic Performance and Perceived Exertion in Trained Glycogen-depleted Athletes.. FASEB Journal, 2008, 22, 684-684.	0.2	0
63	The Effects of Feeding Protein Hydrolysate vs Carbohydrate on Biochemical Markers of Anabolism and Catabolism in Trained Glycogen-depleted Athletes. FASEB Journal, 2008, 22, 685-685.	0.2	0
64	An Open Label Clinical Trial Evaluating the Effects of MyoZene, with Resistance Training on Changes in Body Composition and Muscle Strength.. Medicine and Science in Sports and Exercise, 2008, 40, S97-S98.	0.2	0
65	Fluids, Electrolytes, and Hydration. , 2009, , 253-266.		0
66	A Randomized Double Blind Pilot Clinical Trial Evaluating a Probiotic for Postprandial Gastric Distress and Quality of Life. FASEB Journal, 2009, 23, LB460.	0.2	0
67	Hydration. , 2009, , 145-165.		0
68	A Clinical Trial to Assess the Safety and Efficacy of a Dietary Supplement Purported to Increase Plasma Sex Hormones. FASEB Journal, 2011, 25, 29.6.	0.2	0
69	A double blind placebo controlled clinical trial evaluating the effects of LPT304 on body weight & composition in overweight & mildly obese healthy adults. FASEB Journal, 2012, 26, lb399.	0.2	0
70	Comparison of coconut water and a carbohydrate/electrolyte sport drink on measures of hydration and physical performance in exercise-trained men. FASEB Journal, 2012, 26, 258.7.	0.2	0
71	A comparative study evaluating raisins versus granola bars on feelings of energy in healthy mothers.. FASEB Journal, 2013, 27, lb370.	0.2	0