

# Derek Richards

## List of Publications by Year in descending order

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Version: 2024-02-01

73  
papers

4,230  
citations

236612

25  
h-index

138251

58  
g-index

84  
all docs

84  
docs citations

84  
times ranked

4854  
citing authors

#	ARTICLE	IF	CITATIONS
1	Following up internet-delivered cognitive behaviour therapy (CBT): A longitudinal qualitative investigation of clients' usage of CBT skills. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 200-221.	1.4	4
2	Estimating Cost-Effectiveness Using Alternative Preference-Based Scores and Within-Trial Methods: Exploring the Dynamics of the Quality-Adjusted Life-Year Using the EQ-5D 5-Level Version and Recovering Quality of Life Utility Index. <i>Value in Health</i> , 2022, 25, 1018-1029.	0.1	8
3	Investigating the potential of a novel internet-based cognitive behavioural intervention for Dari and Farsi speaking refugee youth: A feasibility study. <i>Internet Interventions</i> , 2022, 28, 100533.	1.4	23
4	Internet-Delivered Interventions for Depression and Anxiety Symptoms in Children and Young People: Systematic Review and Meta-analysis. <i>JMIR Pediatrics and Parenting</i> , 2022, 5, e33551.	0.8	12
5	The Acceptability and Initial Effectiveness of "Space From Money Worries" An Online Cognitive Behavioral Therapy Intervention to Tackle the Link Between Financial Difficulties and Poor Mental Health. <i>Frontiers in Public Health</i> , 2022, 10, 739381.	1.3	2
6	Durability of treatment effects following internet-delivered cognitive behavioural therapy for depression and anxiety delivered within a routine care setting. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 1768-1777.	1.4	6
7	Study protocol for pragmatic trials of Internet-delivered guided and unguided cognitive behavior therapy for treating depression and anxiety in university students of two Latin American countries: the Yo Puedo Sentirme Bien study. <i>Trials</i> , 2022, 23, .	0.7	1
8	The Appalachia Mind Health Initiative (AMHI): a pragmatic randomized clinical trial of adjunctive internet-based cognitive behavior therapy for treating major depressive disorder among primary care patients. <i>Trials</i> , 2022, 23, .	0.7	5
9	The effectiveness of Internet-delivered treatment for generalized anxiety disorder: An updated systematic review and meta-analysis. <i>Depression and Anxiety</i> , 2021, 38, 196-219.	2.0	25
10	P176 Self-management of depression in axial spondyloarthritis using internet-delivered cognitive behavioural therapy: a feasibility study. <i>Rheumatology</i> , 2021, 60, .	0.9	0
11	Internet-Based Cognitive Behavioral Therapy for Depression. <i>JAMA Psychiatry</i> , 2021, 78, 361.	6.0	398
12	A randomised controlled trial comparing internet-delivered cognitive behavioural therapy (iCBT) with and without main carer access versus treatment-as-usual for depression and anxiety among breast cancer survivors: Study protocol. <i>Internet Interventions</i> , 2021, 24, 100367.	1.4	2
13	Psychometric assessment of EQ-5D-5L and ReQoL measures in patients with anxiety and depression: construct validity and responsiveness. <i>Quality of Life Research</i> , 2021, 30, 2633-2647.	1.5	20
14	Integration of a smartwatch within an internet-delivered intervention for depression: Protocol for a feasibility randomized controlled trial on acceptance. <i>Contemporary Clinical Trials</i> , 2021, 103, 106323.	0.8	10
15	The Precision in Psychiatry (PIP) Study: An Internet-Based Methodological Approach to Treatment Prediction Research. <i>Biological Psychiatry</i> , 2021, 89, S313-S314.	0.7	0
16	Are Metacognitive Biases in Anxious-Depression Ameliorated Following Successful Depression Treatment? A Longitudinal, Observational Study. <i>Biological Psychiatry</i> , 2021, 89, S127.	0.7	0
17	Dismantling, optimising, and personalising internet cognitive behavioural therapy for depression: a systematic review and component network meta-analysis using individual participant data. <i>Lancet Psychiatry</i> , 2021, 8, 500-511.	3.7	105
18	Banbury Forum Consensus Statement on the Path Forward for Digital Mental Health Treatment. <i>Psychiatric Services</i> , 2021, 72, 677-683.	1.1	65

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19	Internet-delivered CBT intervention (Space for Sleep) for insomnia in a routine care setting: Results from an open pilot study. <i>Internet Interventions</i> , 2021, 26, 100443.	1.4	5
20	Are Changes in Beliefs About Rumination and in Emotion Regulation Skills Mediators of the Effects of Internet-Delivered Cognitive-Behavioral Therapy for Depression and Anxiety? Results from a Randomized Controlled Trial. <i>Cognitive Therapy and Research</i> , 2021, 45, 805-816.	1.2	3
21	Dropout From an Internet-Delivered Cognitive Behavioral Therapy Intervention for Adults With Depression and Anxiety: Qualitative Study. <i>JMIR Formative Research</i> , 2021, 5, e26221.	0.7	11
22	A Machine Learning Approach to Understanding Patterns of Engagement With Internet-Delivered Mental Health Interventions. <i>JAMA Network Open</i> , 2020, 3, e2010791.	2.8	81
23	A pragmatic randomized waitlist-controlled effectiveness and cost-effectiveness trial of digital interventions for depression and anxiety. <i>Npj Digital Medicine</i> , 2020, 3, 85.	5.7	72
24	Early Warning Signs of a Mental Health Tsunami: A Coordinated Response to Gather Initial Data Insights From Multiple Digital Services Providers. <i>Frontiers in Digital Health</i> , 2020, 2, 578902.	1.5	32
25	An internet-delivered self-management programme for bipolar disorder in mental health services in Ireland: Results and learnings from a feasibility trial. <i>Clinical Psychology and Psychotherapy</i> , 2020, 27, 925-939.	1.4	15
26	The Experience of Guided Online Therapy: A Longitudinal, Qualitative Analysis of Client Feedback in a Naturalistic RCT. , 2020, , .		14
27	Understanding Client Support Strategies to Improve Clinical Outcomes in an Online Mental Health Intervention. , 2020, , .		35
28	A Culturally Adapted Cognitive Behavioral Internet-Delivered Intervention for Depressive Symptoms: Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2020, 7, e13392.	1.7	41
29	Assessing the Efficacy and Acceptability of a Web-Based Intervention for Resilience Among College Students: Pilot Randomized Controlled Trial. <i>JMIR Formative Research</i> , 2020, 4, e20167.	0.7	15
30	Quality of Life Outcomes in Internet-Delivered (Space from Depression) Treatment for Depression. <i>Applied Research in Quality of Life</i> , 2019, 14, 1301-1313.	1.4	3
31	Assessing the efficacy and acceptability of an internet-delivered intervention for resilience among college students: A pilot randomised control trial protocol. <i>Internet Interventions</i> , 2019, 17, 100254.	1.4	13
32	Helpful and Hindering Events in Internet-Delivered Cognitive Behavioural Treatment for Generalized Anxiety. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 386-399.	0.9	7
33	Adapting an internet-delivered intervention for depression for a Colombian college student population: An illustration of an integrative empirical approach. <i>Internet Interventions</i> , 2019, 15, 76-86.	1.4	35
34	Internet-Delivered Cognitive Behavior Therapy as a Prequel to Face-To-Face Therapy for Depression and Anxiety: A Naturalistic Observation. <i>Frontiers in Psychiatry</i> , 2019, 10, 902.	1.3	33
35	Exploring the Relationship Between Usage and Outcomes of an Internet-Based Intervention for Individuals With Depressive Symptoms: Secondary Analysis of Data From a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2019, 21, e12775.	2.1	62
36	Computer-Assisted Cognitive-Behavior Therapy for Depression. <i>Journal of Clinical Psychiatry</i> , 2019, 80, .	1.1	144

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37	Digital IAPT: the effectiveness & cost-effectiveness of internet-delivered interventions for depression and anxiety disorders in the Improving Access to Psychological Therapies programme: study protocol for a randomised control trial. BMC Psychiatry, 2018, 18, 59.	1.1	47
38	Significant events in an Internet-delivered (<i>Space from Depression</i>) intervention for depression. Counselling and Psychotherapy Research, 2018, 18, 35-48.	1.7	10
39	Assessing the efficacy of a culturally adapted cognitive behavioural internet-delivered treatment for depression: protocol for a randomised controlled trial. BMC Psychiatry, 2018, 18, 53.	1.1	13
40	Supported Internet-Delivered Cognitive Behavior Treatment for Adults with Severe Depressive Symptoms: A Secondary Analysis. JMIR Mental Health, 2018, 5, e10204.	1.7	23
41	Supported Internet-Delivered Cognitive Behavioral Therapy Programs for Depression, Anxiety, and Stress in University Students: Open, Non-Randomised Trial of Acceptability, Effectiveness, and Satisfaction. JMIR Mental Health, 2018, 5, e11467.	1.7	35
42	Computer-Assisted Cognitive-Behavior Therapy for Depression in Primary Care. primary care companion for CNS disorders, The, 2018, 20, .	0.2	38
43	Experiences and engagement with the design features and strategies of an internet-delivered treatment programme for generalised anxiety disorder: a service-based evaluation. British Journal of Guidance and Counselling, 2017, 45, 16-31.	0.6	22
44	Internet-Delivered Self-management Support for Improving Coronary Heart Disease and Self-management-Related Outcomes. Journal of Cardiovascular Nursing, 2017, 32, E9-E23.	0.6	42
45	Preventing depression: Qualitatively examining the benefits of depression-focused iCBT for participants who do not meet clinical thresholds. Internet Interventions, 2017, 9, 82-87.	1.4	16
46	Acceptability and proof of concept of internet-delivered treatment for depression, anxiety, and stress in university students: protocol for an open feasibility trial. Pilot and Feasibility Studies, 2016, 2, 28.	0.5	6
47	A randomized controlled trial of an internet-delivered treatment: Its potential as a low-intensity community intervention for adults with symptoms of depression. European Psychiatry, 2016, 33, S112-S112.	0.1	1
48	Acceptability, satisfaction and perceived efficacy of <i>Space from Depression</i> an internet-delivered treatment for depression. Internet Interventions, 2016, 5, 12-22.	1.4	56
49	Predictors of depression severity in a treatment-seeking sample. International Journal of Clinical and Health Psychology, 2016, 16, 221-229.	2.7	13
50	Effectiveness of an internet-delivered intervention for generalized anxiety disorder in routine care: A randomised controlled trial in a student population. Internet Interventions, 2016, 6, 80-88.	1.4	33
51	Internet-Delivered Treatment for Depression, Anxiety, and Stress in University Students: A Patient Preference Trial. Iproceedings, 2016, 2, e5.	0.1	2
52	The efficacy of internet-delivered treatment for generalized anxiety disorder: A systematic review and meta-analysis. Internet Interventions, 2015, 2, 272-282.	1.4	93
53	A randomized controlled trial of an internet-delivered treatment: Its potential as a low-intensity community intervention for adults with symptoms of depression. Behaviour Research and Therapy, 2015, 75, 20-31.	1.6	98
54	The new Gold Standard in Online Delivered Behavioral Health Programs. Iproceedings, 2015, 1, e6.	0.1	1

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55	The Space From Heart Disease Intervention for People With Cardiovascular Disease and Distress: A Mixed-Methods Study. <i>JMIR Research Protocols</i> , 2015, 4, e81.	0.5	3
56	A Randomized Controlled Trial of an Internet-Delivered Treatment: Its Potential as a Low-Intensity Community Intervention for Adults With Symptoms of Depression. <i>Iproceedings</i> , 2015, 1, e5.	0.1	1
57	Point-Prevalence of Depression and Associated Risk Factors. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2014, 148, 305-326.	0.9	17
58	Internet-delivered treatment: its potential as a low-intensity community intervention for adults with symptoms of depression: protocol for a randomized controlled trial. <i>BMC Psychiatry</i> , 2014, 14, 147.	1.1	31
59	Low-intensity internet-delivered treatment for generalized anxiety symptoms in routine care: protocol for a randomized controlled trial. <i>Trials</i> , 2014, 15, 145.	0.7	14
60	Usability and engagement with an online platform to support the self-management of symptoms and promote the wellbeing of people with cardiovascular disease (CVD). <i>International Journal of Integrated Care</i> , 2014, 14, .	0.1	0
61	Development of an online platform to support the self-management of symptoms and promote the wellbeing of people with cardiovascular disease (CVD). <i>International Journal of Integrated Care</i> , 2014, 14, .	0.1	0
62	Online Counseling: A Narrative and Critical Review of the Literature. <i>Journal of Clinical Psychology</i> , 2013, 69, 994-1011.	1.0	152
63	Satisfaction with therapist-delivered vs. self-administered online cognitive behavioural treatments for depression symptoms in college students. <i>British Journal of Guidance and Counselling</i> , 2013, 41, 193-207.	0.6	32
64	Developments in Technology-Delivered Psychological Interventions. <i>Universitas Psychologica</i> , 2013, 12, .	0.6	4
65	A comparison of two online cognitive-behavioural interventions for symptoms of depression in a student population: The role of therapist responsiveness. <i>Counselling and Psychotherapy Research</i> , 2013, 13, 184-193.	1.7	47
66	Client-identified helpful and hindering events in therapist-delivered vs. self-administered online cognitive-behavioural treatments for depression in college students. <i>Counselling Psychology Quarterly</i> , 2012, 25, 251-262.	1.5	28
67	Computer-based psychological treatments for depression: A systematic review and meta-analysis. <i>Clinical Psychology Review</i> , 2012, 32, 329-342.	6.0	1,489
68	Online Counseling. , 2012, , 699-713.		22
69	Prevalence and clinical course of depression: A review. <i>Clinical Psychology Review</i> , 2011, 31, 1117-1125.	6.0	430
70	Features and benefits of online counselling: Trinity College online mental health community. <i>British Journal of Guidance and Counselling</i> , 2009, 37, 231-242.	0.6	49
71	An informal online learning community for student mental health at university: a preliminary investigation. <i>British Journal of Guidance and Counselling</i> , 2008, 36, 81-97.	0.6	24
72	Internet-Delivered Cognitive Behaviour Therapy. , 0, , .		12

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73	The relationship between posttherapeutic Cognitive Behavior Therapy skills usage and follow-up outcomes of internet-delivered Cognitive Behavior Therapy. <i>Journal of Clinical Psychology</i> , 0, , .	1.0	2