

# Derek Richards

## List of Publications by Year in descending order

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Version: 2024-02-01

73  
papers

4,230  
citations

236833

25  
h-index

138417

58  
g-index

84  
all docs

84  
docs citations

84  
times ranked

4854  
citing authors

#	ARTICLE	IF	CITATIONS
1	Computer-based psychological treatments for depression: A systematic review and meta-analysis. <i>Clinical Psychology Review</i> , 2012, 32, 329-342.	6.0	1,489
2	Prevalence and clinical course of depression: A review. <i>Clinical Psychology Review</i> , 2011, 31, 1117-1125.	6.0	430
3	Internet-Based Cognitive Behavioral Therapy for Depression. <i>JAMA Psychiatry</i> , 2021, 78, 361.	6.0	398
4	Online Counseling: A Narrative and Critical Review of the Literature. <i>Journal of Clinical Psychology</i> , 2013, 69, 994-1011.	1.0	152
5	Computer-Assisted Cognitive-Behavior Therapy for Depression. <i>Journal of Clinical Psychiatry</i> , 2019, 80, .	1.1	144
6	Dismantling, optimising, and personalising internet cognitive behavioural therapy for depression: a systematic review and component network meta-analysis using individual participant data. <i>Lancet Psychiatry</i> , 2021, 8, 500-511.	3.7	105
7	A randomized controlled trial of an internet-delivered treatment: Its potential as a low-intensity community intervention for adults with symptoms of depression. <i>Behaviour Research and Therapy</i> , 2015, 75, 20-31.	1.6	98
8	The efficacy of internet-delivered treatment for generalized anxiety disorder: A systematic review and meta-analysis. <i>Internet Interventions</i> , 2015, 2, 272-282.	1.4	93
9	A Machine Learning Approach to Understanding Patterns of Engagement With Internet-Delivered Mental Health Interventions. <i>JAMA Network Open</i> , 2020, 3, e2010791.	2.8	81
10	A pragmatic randomized waitlist-controlled effectiveness and cost-effectiveness trial of digital interventions for depression and anxiety. <i>Npj Digital Medicine</i> , 2020, 3, 85.	5.7	72
11	Banbury Forum Consensus Statement on the Path Forward for Digital Mental Health Treatment. <i>Psychiatric Services</i> , 2021, 72, 677-683.	1.1	65
12	Exploring the Relationship Between Usage and Outcomes of an Internet-Based Intervention for Individuals With Depressive Symptoms: Secondary Analysis of Data From a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2019, 21, e12775.	2.1	62
13	Acceptability, satisfaction and perceived efficacy of "Space from Depression" an internet-delivered treatment for depression. <i>Internet Interventions</i> , 2016, 5, 12-22.	1.4	56
14	Features and benefits of online counselling: Trinity College online mental health community. <i>British Journal of Guidance and Counselling</i> , 2009, 37, 231-242.	0.6	49
15	A comparison of two online cognitive-behavioural interventions for symptoms of depression in a student population: The role of therapist responsiveness. <i>Counselling and Psychotherapy Research</i> , 2013, 13, 184-193.	1.7	47
16	Digital IAPT: the effectiveness & cost-effectiveness of internet-delivered interventions for depression and anxiety disorders in the Improving Access to Psychological Therapies programme: study protocol for a randomised control trial. <i>BMC Psychiatry</i> , 2018, 18, 59.	1.1	47
17	Internet-Delivered Self-management Support for Improving Coronary Heart Disease and Self-management-Related Outcomes. <i>Journal of Cardiovascular Nursing</i> , 2017, 32, E9-E23.	0.6	42
18	A Culturally Adapted Cognitive Behavioral Internet-Delivered Intervention for Depressive Symptoms: Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2020, 7, e13392.	1.7	41

#	ARTICLE	IF	CITATIONS
19	Computer-Assisted Cognitive-Behavior Therapy for Depression in Primary Care. primary care companion for CNS disorders, The, 2018, 20, .	0.2	38
20	Adapting an internet-delivered intervention for depression for a Colombian college student population: An illustration of an integrative empirical approach. Internet Interventions, 2019, 15, 76-86.	1.4	35
21	Understanding Client Support Strategies to Improve Clinical Outcomes in an Online Mental Health Intervention. , 2020, , .		35
22	Supported Internet-Delivered Cognitive Behavioral Therapy Programs for Depression, Anxiety, and Stress in University Students: Open, Non-Randomised Trial of Acceptability, Effectiveness, and Satisfaction. JMIR Mental Health, 2018, 5, e11467.	1.7	35
23	Effectiveness of an internet-delivered intervention for generalized anxiety disorder in routine care: A randomised controlled trial in a student population. Internet Interventions, 2016, 6, 80-88.	1.4	33
24	Internet-Delivered Cognitive Behavior Therapy as a Prequel to Face-To-Face Therapy for Depression and Anxiety: A Naturalistic Observation. Frontiers in Psychiatry, 2019, 10, 902.	1.3	33
25	Satisfaction with therapist-delivered vs. self-administered online cognitive behavioural treatments for depression symptoms in college students. British Journal of Guidance and Counselling, 2013, 41, 193-207.	0.6	32
26	Early Warning Signs of a Mental Health Tsunami: A Coordinated Response to Gather Initial Data Insights From Multiple Digital Services Providers. Frontiers in Digital Health, 2020, 2, 578902.	1.5	32
27	Internet-delivered treatment: its potential as a low-intensity community intervention for adults with symptoms of depression: protocol for a randomized controlled trial. BMC Psychiatry, 2014, 14, 147.	1.1	31
28	Client-identified helpful and hindering events in therapist-delivered vs. self-administered online cognitive-behavioural treatments for depression in college students. Counselling Psychology Quarterly, 2012, 25, 251-262.	1.5	28
29	The effectiveness of Internet-delivered treatment for generalized anxiety disorder: An updated systematic review and meta-analysis. Depression and Anxiety, 2021, 38, 196-219.	2.0	25
30	An informal online learning community for student mental health at university: a preliminary investigation. British Journal of Guidance and Counselling, 2008, 36, 81-97.	0.6	24
31	Supported Internet-Delivered Cognitive Behavior Treatment for Adults with Severe Depressive Symptoms: A Secondary Analysis. JMIR Mental Health, 2018, 5, e10204.	1.7	23
32	Investigating the potential of a novel internet-based cognitive behavioural intervention for Dari and Farsi speaking refugee youth: A feasibility study. Internet Interventions, 2022, 28, 100533.	1.4	23
33	Experiences and engagement with the design features and strategies of an internet-delivered treatment programme for generalised anxiety disorder: a service-based evaluation. British Journal of Guidance and Counselling, 2017, 45, 16-31.	0.6	22
34	Online Counseling. , 2012, , 699-713.		22
35	Psychometric assessment of EQ-5D-5L and ReQoL measures in patients with anxiety and depression: construct validity and responsiveness. Quality of Life Research, 2021, 30, 2633-2647.	1.5	20
36	Point-Prevalence of Depression and Associated Risk Factors. Journal of Psychology: Interdisciplinary and Applied, 2014, 148, 305-326.	0.9	17

#	ARTICLE	IF	CITATIONS
37	Preventing depression: Qualitatively examining the benefits of depression-focused iCBT for participants who do not meet clinical thresholds. <i>Internet Interventions</i> , 2017, 9, 82-87.	1.4	16
38	An internet-delivered self-management programme for bipolar disorder in mental health services in Ireland: Results and learnings from a feasibility trial. <i>Clinical Psychology and Psychotherapy</i> , 2020, 27, 925-939.	1.4	15
39	Assessing the Efficacy and Acceptability of a Web-Based Intervention for Resilience Among College Students: Pilot Randomized Controlled Trial. <i>JMIR Formative Research</i> , 2020, 4, e20167.	0.7	15
40	Low-intensity internet-delivered treatment for generalized anxiety symptoms in routine care: protocol for a randomized controlled trial. <i>Trials</i> , 2014, 15, 145.	0.7	14
41	The Experience of Guided Online Therapy: A Longitudinal, Qualitative Analysis of Client Feedback in a Naturalistic RCT. , 2020, , .		14
42	Predictors of depression severity in a treatment-seeking sample. <i>International Journal of Clinical and Health Psychology</i> , 2016, 16, 221-229.	2.7	13
43	Assessing the efficacy of a culturally adapted cognitive behavioural internet-delivered treatment for depression: protocol for a randomised controlled trial. <i>BMC Psychiatry</i> , 2018, 18, 53.	1.1	13
44	Assessing the efficacy and acceptability of an internet-delivered intervention for resilience among college students: A pilot randomised control trial protocol. <i>Internet Interventions</i> , 2019, 17, 100254.	1.4	13
45	Internet-Delivered Cognitive Behaviour Therapy. , 0, , .		12
46	Internet-Delivered Interventions for Depression and Anxiety Symptoms in Children and Young People: Systematic Review and Meta-analysis. <i>JMIR Pediatrics and Parenting</i> , 2022, 5, e33551.	0.8	12
47	Dropout From an Internet-Delivered Cognitive Behavioral Therapy Intervention for Adults With Depression and Anxiety: Qualitative Study. <i>JMIR Formative Research</i> , 2021, 5, e26221.	0.7	11
48	Significant events in an Internet-delivered (<i>Space from Depression</i>) intervention for depression. <i>Counselling and Psychotherapy Research</i> , 2018, 18, 35-48.	1.7	10
49	Integration of a smartwatch within an internet-delivered intervention for depression: Protocol for a feasibility randomized controlled trial on acceptance. <i>Contemporary Clinical Trials</i> , 2021, 103, 106323.	0.8	10
50	Estimating Cost-Effectiveness Using Alternative Preference-Based Scores and Within-Trial Methods: Exploring the Dynamics of the Quality-Adjusted Life-Year Using the EQ-5D 5-Level Version and Recovering Quality of Life Utility Index. <i>Value in Health</i> , 2022, 25, 1018-1029.	0.1	8
51	Helpful and Hindering Events in Internet-Delivered Cognitive Behavioural Treatment for Generalized Anxiety. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 386-399.	0.9	7
52	Acceptability and proof of concept of internet-delivered treatment for depression, anxiety, and stress in university students: protocol for an open feasibility trial. <i>Pilot and Feasibility Studies</i> , 2016, 2, 28.	0.5	6
53	Durability of treatment effects following internet-delivered cognitive behavioural therapy for depression and anxiety delivered within a routine care setting. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 1768-1777.	1.4	6
54	Internet-delivered CBT intervention (Space for Sleep) for insomnia in a routine care setting: Results from an open pilot study. <i>Internet Interventions</i> , 2021, 26, 100443.	1.4	5

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55	The Appalachia Mind Health Initiative (AMHI): a pragmatic randomized clinical trial of adjunctive internet-based cognitive behavior therapy for treating major depressive disorder among primary care patients. <i>Trials</i> , 2022, 23, .	0.7	5
56	Developments in Technology-Delivered Psychological Interventions. <i>Universitas Psychologica</i> , 2013, 12, .	0.6	4
57	Following up internet-delivered cognitive behaviour therapy (CBT): A longitudinal qualitative investigation of clients' usage of CBT skills. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 200-221.	1.4	4
58	Quality of Life Outcomes in Internet-Delivered (Space from Depression) Treatment for Depression. <i>Applied Research in Quality of Life</i> , 2019, 14, 1301-1313.	1.4	3
59	Are Changes in Beliefs About Rumination and in Emotion Regulation Skills Mediators of the Effects of Internet-Delivered Cognitive-Behavioral Therapy for Depression and Anxiety? Results from a Randomized Controlled Trial. <i>Cognitive Therapy and Research</i> , 2021, 45, 805-816.	1.2	3
60	The Space From Heart Disease Intervention for People With Cardiovascular Disease and Distress: A Mixed-Methods Study. <i>JMIR Research Protocols</i> , 2015, 4, e81.	0.5	3
61	A randomised controlled trial comparing internet-delivered cognitive behavioural therapy (iCBT) with and without main carer access versus treatment-as-usual for depression and anxiety among breast cancer survivors: Study protocol. <i>Internet Interventions</i> , 2021, 24, 100367.	1.4	2
62	Internet-Delivered Treatment for Depression, Anxiety, and Stress in University Students: A Patient Preference Trial. <i>Iproceedings</i> , 2016, 2, e5.	0.1	2
63	The Acceptability and Initial Effectiveness of "Space From Money Worries": An Online Cognitive Behavioral Therapy Intervention to Tackle the Link Between Financial Difficulties and Poor Mental Health. <i>Frontiers in Public Health</i> , 2022, 10, 739381.	1.3	2
64	The relationship between posttherapeutic Cognitive Behavior Therapy skills usage and follow-up outcomes of internet-delivered Cognitive Behavior Therapy. <i>Journal of Clinical Psychology</i> , 0, .	1.0	2
65	A randomized controlled trial of an internet-delivered treatment: Its potential as a low-intensity community intervention for adults with symptoms of depression. <i>European Psychiatry</i> , 2016, 33, S112-S112.	0.1	1
66	The new Gold Standard in Online Delivered Behavioral Health Programs. <i>Iproceedings</i> , 2015, 1, e6.	0.1	1
67	A Randomized Controlled Trial of an Internet-Delivered Treatment: Its Potential as a Low-Intensity Community Intervention for Adults With Symptoms of Depression. <i>Iproceedings</i> , 2015, 1, e5.	0.1	1
68	Study protocol for pragmatic trials of Internet-delivered guided and unguided cognitive behavior therapy for treating depression and anxiety in university students of two Latin American countries: the Yo Puedo Sentirme Bien study. <i>Trials</i> , 2022, 23, .	0.7	1
69	P176 Self-management of depression in axial spondyloarthritis using internet-delivered cognitive behavioural therapy: a feasibility study. <i>Rheumatology</i> , 2021, 60, .	0.9	0
70	The Precision in Psychiatry (PIP) Study: An Internet-Based Methodological Approach to Treatment Prediction Research. <i>Biological Psychiatry</i> , 2021, 89, S313-S314.	0.7	0
71	Are Metacognitive Biases in Anxious-Depression Ameliorated Following Successful Depression Treatment? A Longitudinal, Observational Study. <i>Biological Psychiatry</i> , 2021, 89, S127.	0.7	0
72	Usability and engagement with an online platform to support the self-management of symptoms and promote the wellbeing of people with cardiovascular disease (CVD). <i>International Journal of Integrated Care</i> , 2014, 14, .	0.1	0

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73	Development of an online platform to support the self-management of symptoms and promote the wellbeing of people with cardiovascular disease (CVD). International Journal of Integrated Care, 2014, 14, .	0.1	0