

Caryl A Nowson

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

185
papers

8,444
citations

43
h-index

88
g-index

205
ext. papers

9,695
ext. citations

5.3
avg, IF

6.21
L-index

#	Paper	IF	Citations
185	The association between dietary sodium intake, adiposity and sugar-sweetened beverages in children and adults: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2021 , 126, 409-427 ³⁶		4
184	Food sources of iodine in schoolchildren and relationship with 24-h urinary iodine excretion in Victoria, Australia. <i>British Journal of Nutrition</i> , 2021 , 1-9	3.6	0
183	Nutrition content of summative examinations within an Australian 4-year graduate entry medical course: 2013-2016. <i>BMJ Nutrition, Prevention and Health</i> , 2021 , 4, 251-256	6.7	0
182	Effects of a multi-modal resistance exercise program and calcium-vitamin D fortified milk on blood pressure and blood lipids in middle-aged and older men: secondary analysis of an 18-month factorial design randomised controlled trial. <i>European Journal of Nutrition</i> , 2021 , 60, 1289-1299	5.2	0
181	Reply to: A systematic review and meta-analysis of 24-h urinary output of children and adolescents: impact on the assessment of iodine status using urinary biomarkers-don't forget creatinine. <i>European Journal of Nutrition</i> , 2021 , 60, 1165-1166	5.2	
180	Effects of whey protein plus vitamin D supplementation combined with progressive resistance training on glycaemic control, body composition, muscle function and cardiometabolic risk factors in middle-aged and older overweight/obese adults with type 2 diabetes: A 24-week randomized controlled trial. <i>Diabetes, Obesity and Metabolism</i> , 2021 , 23, 938-949	6.7	5
179	Are there socio-demographic differences in salt behaviours and fruit and vegetable consumption in Australian adults? A nationally representative cross-sectional survey. <i>Nutrition Journal</i> , 2021 , 20, 77	4.3	
178	Vitamin D composition of Australian foods. <i>Food Chemistry</i> , 2021 , 358, 129836	8.5	2
177	Effect of lean red meat combined with a multicomponent exercise program on muscle and cognitive function in older adults: a 6-month randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2020 , 112, 113-128	7	7
176	Associations between dietary patterns and blood pressure in a sample of Australian adults. <i>Nutrition Journal</i> , 2020 , 19, 5	4.3	5
175	Food and nutrition education opportunities within Australian primary schools. <i>Health Promotion International</i> , 2020 , 35, 1291-1301	3	8
174	Salt-Related Knowledge, Attitudes and Behaviors (KABs) among Victorian Adults Following 22-Months of a Consumer Awareness Campaign. <i>Nutrients</i> , 2020 , 12,	6.7	3
173	Sources of dietary sodium and implications for a statewide salt reduction initiative in Victoria, Australia. <i>British Journal of Nutrition</i> , 2020 , 123, 1165-1175	3.6	7
172	Effects of a 12-Month Supervised, Community-Based, Multimodal Exercise Program Followed by a 6-Month Research-to-Practice Transition on Bone Mineral Density, Trabecular Microarchitecture, and Physical Function in Older Adults: A Randomized Controlled Trial. <i>Journal of Bone and Mineral Research</i> , 2020 , 35, 419-429	6.3	31
171	A systematic review and meta-analysis of 24-h urinary output of children and adolescents: impact on the assessment of iodine status using urinary biomarkers. <i>European Journal of Nutrition</i> , 2020 , 59, 3113-3131	5.2	4
170	Effects of a multicomponent exercise program combined with calcium-vitamin D-enriched milk on health-related quality of life and depressive symptoms in older men: secondary analysis of a randomized controlled trial. <i>European Journal of Nutrition</i> , 2020 , 59, 1081-1091	5.2	4
169	A low-fat diet up-regulates expression of fatty acid taste receptor gene in fungiform papillae in humans: a co-twin randomised controlled trial. <i>British Journal of Nutrition</i> , 2019 , 122, 1212-1220	3.6	13

168	Prevalence and predictors of vitamin D deficiency in a nationally representative sample of adults participating in the 2011-2013 Australian Health Survey. <i>British Journal of Nutrition</i> , 2019 , 121, 894-904	3.6	27
167	Measuring Children's Sodium and Potassium Intakes in New Zealand: A Pilot Study. <i>Proceedings (mdpi)</i> , 2019 , 8, 14	0.3	
166	An investigation of Australian midwifery curricula for obesity management and health behaviour change training. <i>Nurse Education in Practice</i> , 2019 , 36, 54-57	3.2	10
165	Greater Circulating Copper Concentrations and Copper/Zinc Ratios are Associated with Lower Psychological Distress, But Not Cognitive Performance, in a Sample of Australian Older Adults. <i>Nutrients</i> , 2019 , 11,	6.7	7
164	Impact of fractional excretion of sodium on a single morning void urine collection as an estimate of 24-hour urine sodium. <i>Journal of Clinical Hypertension</i> , 2019 , 21, 1763-1770	2.3	4
163	The Digital Education to Limit Salt in the Home Program Improved Salt-Related Knowledge, Attitudes, and Behaviors in Parents. <i>Journal of Medical Internet Research</i> , 2019 , 21, e12234	7.6	5
162	Salt Preference and Ability to Discriminate between Salt Content of Two Commercially Available Products of Australian Primary Schoolchildren. <i>Nutrients</i> , 2019 , 11,	6.7	3
161	Comparison of salt-related knowledge, attitudes and behaviours between parents and caregivers of children under 18 years of age and other adults who do not care for children under 18 years of age in Victoria, Australia. <i>BMJ Nutrition, Prevention and Health</i> , 2019 , 2, 51-62	6.7	1
160	Advancing Nutrition Education, Training, and Research for Medical Students, Residents, Fellows, Attending Physicians, and Other Clinicians: Building Competencies and Interdisciplinary Coordination. <i>Advances in Nutrition</i> , 2019 , 10, 1181-1200	10	19
159	Dietary Intake and Sources of Potassium in a Cross-Sectional Study of Australian Adults. <i>Nutrients</i> , 2019 , 11,	6.7	5
158	Circulating Levels of Inflammation and the Effect on Exercise-Related Changes in Bone Mass, Structure and Strength in Middle-Aged and Older Men. <i>Calcified Tissue International</i> , 2019 , 104, 50-58	3.9	1
157	Urinary sodium is positively associated with urinary free cortisol and total cortisol metabolites in a cross-sectional sample of Australian schoolchildren aged 5-12 years and their mothers. <i>British Journal of Nutrition</i> , 2019 , 121, 164-171	3.6	5
156	Effect of dietary fat intake and genetics on fat taste sensitivity: a co-twin randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2018 , 107, 683-694	7	19
155	Salt intake and dietary sources of salt on weekdays and weekend days in Australian adults. <i>Public Health Nutrition</i> , 2018 , 21, 2174-2182	3.3	2
154	The provision of ultra-processed foods and their contribution to sodium availability in Australian long day care centres. <i>Public Health Nutrition</i> , 2018 , 21, 134-141	3.3	6
153	Sodium Content of Lunches and Snacks Provided in Australian Long Day Care Centres: A Cross-Sectional Study. <i>Nutrients</i> , 2018 , 10,	6.7	2
152	Diet-Induced Weight Loss Has No Effect on Psychological Stress in Overweight and Obese Adults: A Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2018 , 10,	6.7	7
151	Knowledge and Attitudes Are Related to Selected Salt-Specific Behaviours among Australian Parents. <i>Nutrients</i> , 2018 , 10,	6.7	11

150	Salt consumption by Australian adults: a systematic review and meta-analysis. <i>Medical Journal of Australia</i> , 2018 , 208, 75-81	4	34
149	The Impact of Dietary Factors on Indices of Chronic Disease in Older People: A Systematic Review. <i>Journal of Nutrition, Health and Aging</i> , 2018 , 22, 282-296	5.2	19
148	Strategies and challenges associated with recruiting retirement village communities and residents into a group exercise intervention. <i>BMC Medical Research Methodology</i> , 2018 , 18, 173	4.7	7
147	Selenium Status Is Not Associated with Cognitive Performance: A Cross-Sectional Study in 154 Older Australian Adults. <i>Nutrients</i> , 2018 , 10,	6.7	4
146	Measuring Children's Sodium and Potassium Intakes in NZ: A Pilot Study. <i>Nutrients</i> , 2018 , 10,	6.7	1
145	Protocol for the Process Evaluation of a Complex, Statewide Intervention to Reduce Salt Intake in Victoria, Australia. <i>Nutrients</i> , 2018 , 10,	6.7	9
144	Trends in Dietary Sodium from Food Sources in Australian Children and Adolescents from 2007 to 2011/12. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018 , 118, 1183-1195.e6	3.9	5
143	Expression of the candidate fat taste receptors in human fungiform papillae and the association with fat taste function. <i>British Journal of Nutrition</i> , 2018 , 120, 64-73	3.6	19
142	Effects of progressive resistance training and weight loss versus weight loss alone on inflammatory and endothelial biomarkers in older adults with type 2 diabetes. <i>European Journal of Applied Physiology</i> , 2017 , 117, 1669-1678	3.4	21
141	Nutrition Practice and Knowledge of First-Year Medical Students. <i>Journal of Biomedical Education</i> , 2017 , 2017, 1-10		9
140	Nutritional care of older patients: experiences of general practitioners and practice nurses. <i>Australian Journal of Primary Health</i> , 2017 , 23, 178-182	1.4	2
139	Effects of progressive resistance training combined with a protein-enriched lean red meat diet on health-related quality of life in elderly women: secondary analysis of a 4-month cluster randomised controlled trial. <i>British Journal of Nutrition</i> , 2017 , 117, 1550-1559	3.6	13
138	Dietary intake and sources of sodium and potassium among Australian schoolchildren: results from the cross-sectional Salt and Other Nutrients in Children (SONIC) study. <i>BMJ Open</i> , 2017 , 7, e016639	3	30
137	Knowledge, attitudes and behaviours related to dietary salt among adults in the state of Victoria, Australia 2015. <i>BMC Public Health</i> , 2017 , 17, 532	4.1	25
136	DOES LEAN RED MEAT ENHANCE THE EFFECTS OF EXERCISE ON MUSCLE HEALTH AND FUNCTION IN THE ELDERLY?. <i>Innovation in Aging</i> , 2017 , 1, 1052-1053	0.1	1
135	Fat Taste Sensitivity Is Associated with Short-Term and Habitual Fat Intake. <i>Nutrients</i> , 2017 , 9,	6.7	22
134	Iodine Intakes of Victorian Schoolchildren Measured Using 24-h Urinary Iodine Excretion. <i>Nutrients</i> , 2017 , 9,	6.7	3
133	The Development of a Web-Based Program to Reduce Dietary Salt Intake in Schoolchildren: Study Protocol. <i>JMIR Research Protocols</i> , 2017 , 6, e103	2	5

132	Estimating mean change in population salt intake using spot urine samples. <i>International Journal of Epidemiology</i> , 2017 , 46, 1542-1550	7.8	11
131	Recruitment of older adults with type 2 diabetes into a community-based exercise and nutrition randomised controlled trial. <i>Trials</i> , 2016 , 17, 467	2.8	16
130	Medical students' perceptions regarding the importance of nutritional knowledge and their confidence in providing competent nutrition practice. <i>Public Health</i> , 2016 , 140, 27-34	4	14
129	Effects of a community-based salt reduction program in a regional Australian population. <i>BMC Public Health</i> , 2016 , 16, 388	4.1	22
128	Dietary sodium intake and overweight and obesity in children and adults: a protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2016 , 5, 7	3	14
127	Accuracy and Usefulness of Select Methods for Assessing Complete Collection of 24-Hour Urine: A Systematic Review. <i>Journal of Clinical Hypertension</i> , 2016 , 18, 456-67	2.3	76
126	Reliable Quantification of the Potential for Equations Based on Spot Urine Samples to Estimate Population Salt Intake: Protocol for a Systematic Review and Meta-Analysis. <i>JMIR Research Protocols</i> , 2016 , 5, e190	2	4
125	Hepcidin is a Better Predictor of Iron Stores in Premenopausal Women than Blood Loss or Dietary Intake. <i>Nutrients</i> , 2016 , 8,	6.7	4
124	Association between Parent and Child Dietary Sodium and Potassium Intakes as Assessed by 24-h Urinary Excretion. <i>Nutrients</i> , 2016 , 8, 191	6.7	13
123	Predictors of Vitamin D-Containing Supplement Use in the Australian Population and Associations between Dose and Serum 25-Hydroxyvitamin D Concentrations. <i>Nutrients</i> , 2016 , 8,	6.7	12
122	Dietary Intake and Sources of Potassium and the Relationship to Dietary Sodium in a Sample of Australian Pre-School Children. <i>Nutrients</i> , 2016 , 8,	6.7	8
121	Dietary sources and sodium intake in a sample of Australian preschool children. <i>BMJ Open</i> , 2016 , 6, e008698		17
120	24-h urinary sodium excretion is associated with obesity in a cross-sectional sample of Australian schoolchildren. <i>British Journal of Nutrition</i> , 2016 , 115, 1071-9	3.6	30
119	Nutrition competencies in health professionals' education and training: a new paradigm. <i>Advances in Nutrition</i> , 2015 , 6, 83-7	10	53
118	Lower Protein-to-Carbohydrate Ratio in Maternal Diet is Associated with Higher Childhood Systolic Blood Pressure up to Age Four Years. <i>Nutrients</i> , 2015 , 7, 3078-93	6.7	22
117	Effectiveness of dual-task functional power training for preventing falls in older people: study protocol for a cluster randomised controlled trial. <i>Trials</i> , 2015 , 16, 120	2.8	17
116	Higher Dietary Calcium Intakes Are Associated With Reduced Risks of Fractures, Cardiovascular Events, and Mortality: A Prospective Cohort Study of Older Men and Women. <i>Journal of Bone and Mineral Research</i> , 2015 , 30, 1758-66	6.3	43
115	Effect of increasing dietary calcium through supplements and dairy food on body weight and body composition: a meta-analysis of randomised controlled trials. <i>British Journal of Nutrition</i> , 2015 , 114, 1013-25	3.6	44

114	The effects of a protein enriched diet with lean red meat combined with a multi-modal exercise program on muscle and cognitive health and function in older adults: study protocol for a randomised controlled trial. <i>Trials</i> , 2015 , 16, 339	2.8	23
113	School based education programme to reduce salt intake in children and their families (School-EduSalt): cluster randomised controlled trial. <i>BMJ, The</i> , 2015 , 350, h770	5.9	104
112	Associations between dietary iron and zinc intakes, and between biochemical iron and zinc status in women. <i>Nutrients</i> , 2015 , 7, 2983-99	6.7	15
111	Protein Requirements and Recommendations for Older People: A Review. <i>Nutrients</i> , 2015 , 7, 6874-99	6.7	139
110	Dietary Salt Intake and Discretionary Salt Use in Two General Population Samples in Australia: 2011 and 2014. <i>Nutrients</i> , 2015 , 7, 10501-12	6.7	30
109	Nutrition Education for the Health Care Professions. <i>Journal of Biomedical Education</i> , 2015 , 2015, 1-2		5
108	Nutrition Knowledge, Attitudes, and Confidence of Australian General Practice Registrars. <i>Journal of Biomedical Education</i> , 2015 , 2015, 1-6		16
107	Mobile Phone App Aimed at Improving Iron Intake and Bioavailability in Premenopausal Women: A Qualitative Evaluation. <i>JMIR MHealth and UHealth</i> , 2015 , 3, e92	5.5	17
106	Cross-Sectional Study of 24-Hour Urinary Electrolyte Excretion and Associated Health Outcomes in a Convenience Sample of Australian Primary Schoolchildren: The Salt and Other Nutrients in Children (SONIC) Study Protocol. <i>JMIR Research Protocols</i> , 2015 , 4, e7	2	17
105	Salt reduction in Australia: from advocacy to action. <i>Cardiovascular Diagnosis and Therapy</i> , 2015 , 5, 207-18.6		22
104	Effects of a targeted multimodal exercise program incorporating high-speed power training on falls and fracture risk factors in older adults: a community-based randomized controlled trial. <i>Journal of Bone and Mineral Research</i> , 2014 , 29, 182-91	6.3	99
103	BMI and all-cause mortality in older adults: a meta-analysis. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 875-90	7	381
102	Iron status and dietary iron intake of female blood donors. <i>Transfusion</i> , 2014 , 54, 770-4	2.9	10
101	Sources and correlates of sodium consumption in the first 2 years of life. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2014 , 114, 1525-1532.e2	3.9	18
100	Protocol for the implementation and evaluation of a community-based intervention seeking to reduce dietary salt intake in Lithgow, Australia. <i>BMC Public Health</i> , 2014 , 14, 357	4.1	10
99	The association of knowledge, attitudes and behaviours related to salt with 24-hour urinary sodium excretion. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 47	8.4	47
98	Nutrient and core and non-core food intake of Australian schoolchildren differs on school days compared to non-school days. <i>Appetite</i> , 2014 , 83, 104-111	4.5	9
97	Protein-enriched diet, with the use of lean red meat, combined with progressive resistance training enhances lean tissue mass and muscle strength and reduces circulating IL-6 concentrations in elderly women: a cluster randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 888-896	7	129

96	Salt intake assessed by 24 h urinary sodium excretion in a random and opportunistic sample in Australia. <i>BMJ Open</i> , 2014 , 4, e003720	3	59
95	The effects of progressive resistance training combined with a whey-protein drink and vitamin D supplementation on glycaemic control, body composition and cardiometabolic risk factors in older adults with type 2 diabetes: study protocol for a randomized controlled trial. <i>Trials</i> , 2014 , 15, 431	2.8	12
94	(1)H-NMR analysis of the human urinary metabolome in response to an 18-month multi-component exercise program and calcium-vitamin-D3 supplementation in older men. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014 , 39, 1294-304	3	20
93	Association of early childhood abdominal circumference and weight gain with blood pressure at 36 months of age: secondary analysis of data from a prospective cohort study. <i>BMJ Open</i> , 2014 , 4, e005412	3	12
92	The effect of overweight/obesity on cardiovascular responses to acute psychological stress in men aged 50-70 years. <i>Obesity Facts</i> , 2014 , 7, 339-50	5.1	10
91	Reply to AM Bernstein et al. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 1521-2	7	
90	Increasing iron and zinc in pre-menopausal women and its effects on mood and cognition: a systematic review. <i>Nutrients</i> , 2014 , 6, 5117-41	6.7	22
89	Does personality affect dietary intake?. <i>Nutrition</i> , 2014 , 30, 403-9	4.8	69
88	Does diet-induced weight change effect anxiety in overweight and obese adults?. <i>Nutrition</i> , 2014 , 30, 10-5	4.8	10
87	Nutrition screening of older people in a community general practice, using the MNA-SF. <i>Journal of Nutrition, Health and Aging</i> , 2013 , 17, 322-5	5.2	34
86	Iron and zinc nutrition in the economically-developed world: a review. <i>Nutrients</i> , 2013 , 5, 3184-211	6.7	77
85	Is socioeconomic status associated with dietary sodium intake in Australian children? A cross-sectional study. <i>BMJ Open</i> , 2013 , 3,	3	17
84	A school-based education programme to reduce salt intake in children and their families (School-EduSalt): protocol of a cluster randomised controlled trial. <i>BMJ Open</i> , 2013 , 3,	3	20
83	Dietary salt intake assessed by 24 h urinary sodium excretion in Australian schoolchildren aged 5-13 years. <i>Public Health Nutrition</i> , 2013 , 16, 1789-95	3.3	16
82	Dietary sodium intake is associated with total fluid and sugar-sweetened beverage consumption in US children and adolescents aged 2-18 y: NHANES 2005-2008. <i>American Journal of Clinical Nutrition</i> , 2013 , 98, 189-96	7	57
81	Dietary salt intake, sugar-sweetened beverage consumption, and obesity risk. <i>Pediatrics</i> , 2013 , 131, 14-21.4	7.4	168
80	Dietary sources and meal distribution of sodium and potassium in a sample of Australian adults. <i>Nutrition and Dietetics</i> , 2013 , 70, 294-299	2.5	8
79	Food choices that achieve calcium adequacy in older women. <i>Nutrition and Dietetics</i> , 2013 , 70, 300-306	2.5	2

78	Vitamin D and health in pregnancy, infants, children and adolescents in Australia and New Zealand: a position statement. <i>Medical Journal of Australia</i> , 2013 , 198, 142-3	4	115
77	Vitamin D and health in adults in Australia and New Zealand. <i>Medical Journal of Australia</i> , 2013 , 199, 394-4		1
76	Emerging Nutritional and Lifestyle Risk Factors for Bone Health in Young Women: A Mixed Longitudinal Twin Study 2013 , 61-69		5
75	Osteo-cise: strong bones for life: protocol for a community-based randomised controlled trial of a multi-modal exercise and osteoporosis education program for older adults at risk of falls and fractures. <i>BMC Musculoskeletal Disorders</i> , 2012 , 13, 78	2.8	27
74	Vitamin D and health in adults in Australia and New Zealand: a position statement. <i>Medical Journal of Australia</i> , 2012 , 196, 686-7	4	213
73	Dietary patterns are associated with cognition among older people with mild cognitive impairment. <i>Nutrients</i> , 2012 , 4, 1542-51	6.7	37
72	Nutrition competencies for the prevention and treatment of disease in Australian medical courses. <i>Medical Journal of Australia</i> , 2012 , 197, 147	4	13
71	Vitamin D and health in adults in Australia and New Zealand: a position statement. <i>Medical Journal of Australia</i> , 2012 , 197, 553-554	4	
70	Relationship of urinary sodium and sodium-to-potassium ratio to blood pressure in older adults in Australia. <i>Medical Journal of Australia</i> , 2011 , 195, 128-32	4	49
69	Iodine status in Melbourne adults in the early 1990s and 2007-08. <i>Australian and New Zealand Journal of Public Health</i> , 2011 , 35, 408-11	2.3	7
68	Vitamin D, obesity, and obesity-related chronic disease among ethnic minorities: a systematic review. <i>Nutrition</i> , 2011 , 27, 868-79	4.8	76
67	Inflammatory cytokine responses to progressive resistance training and supplementation with fortified milk in men aged 50+ years: an 18-month randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2011 , 111, 3079-88	3.4	25
66	Independent and combined effects of calcium-vitamin D3 and exercise on bone structure and strength in older men: an 18-month factorial design randomized controlled trial. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2011 , 96, 955-63	5.6	91
65	Influence of dietary modifications on the blood pressure response to antihypertensive medication. <i>British Journal of Nutrition</i> , 2011 , 105, 248-55	3.6	16
64	Sources of sodium in Australian children's diets and the effect of the application of sodium targets to food products to reduce sodium intake. <i>British Journal of Nutrition</i> , 2011 , 105, 468-77	3.6	43
63	An energy-dense, nutrient-poor dietary pattern is inversely associated with bone health in women. <i>Journal of Nutrition</i> , 2011 , 141, 1516-23	4.1	70
62	28th National Dietitians Association of Australia: Lecture in Honour of Audrey Cahn. <i>Nutrition and Dietetics</i> , 2010 , 67, 190-194	2.5	
61	Ethical requirements for nutrition and dietetic research. <i>Nutrition and Dietetics</i> , 2010 , 67, 207-208	2.5	

60	Prevention of fractures in older people with calcium and vitamin D. <i>Nutrients</i> , 2010 , 2, 975-84	6.7	16
59	Does stress induce salt intake?. <i>British Journal of Nutrition</i> , 2010 , 103, 1562-8	3.6	12
58	Depression, nutritional risk and eating behaviour in older caregivers. <i>Journal of Nutrition, Health and Aging</i> , 2010 , 14, 442-8	5.2	28
57	Patient recall of receiving lifestyle advice for overweight and hypertension from their General Practitioner. <i>BMC Family Practice</i> , 2010 , 11, 8	2.6	48
56	The use of table and cooking salt in a sample of Australian adults. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2010 , 19, 256-60	1	15
55	Consumer awareness and self-reported behaviours related to salt consumption in Australia. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2010 , 19, 550-4	1	42
54	Calcium and bone health: position statement for the Australian and New Zealand Bone and Mineral Society, Osteoporosis Australia and the Endocrine Society of Australia. <i>Medical Journal of Australia</i> , 2009 , 190, 316-20	4	39
53	Effects of resistance exercise and fortified milk on skeletal muscle mass, muscle size, and functional performance in middle-aged and older men: an 18-mo randomized controlled trial. <i>Journal of Applied Physiology</i> , 2009 , 107, 1864-73	3.7	119
52	Nutritional and functional status indicators in residents of a long-term care facility. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2009 , 28, 47-60		19
51	Low-sodium Dietary Approaches to Stop Hypertension-type diet including lean red meat lowers blood pressure in postmenopausal women. <i>Nutrition Research</i> , 2009 , 29, 8-18	4	71
50	Consumer knowledge and attitudes to salt intake and labelled salt information. <i>Appetite</i> , 2009 , 53, 189-245	4.5	101
49	Use of calcium, folate, and vitamin D: Fortified milk for 6 months improves nutritional status but not bone mass or turnover, in a group of Australian aged care residents. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2009 , 28, 236-54		11
48	The effects of a low-sodium base-producing diet including red meat compared with a high-carbohydrate, low-fat diet on bone turnover markers in women aged 45-75 years. <i>British Journal of Nutrition</i> , 2009 , 102, 1161-70	3.6	23
47	An evaluation of the reported sodium content of Australian food products. <i>International Journal of Food Science and Technology</i> , 2008 , 43, 2219-2229	3.8	26
46	Evaluation of an interactive, Internet-based weight loss program: a pilot study. <i>Health Education Research</i> , 2008 , 23, 371-81	1.8	49
45	Dietary electrolytes are related to mood. <i>British Journal of Nutrition</i> , 2008 , 100, 1038-45	3.6	20
44	The skeletal benefits of calcium- and vitamin D3-fortified milk are sustained in older men after withdrawal of supplementation: an 18-mo follow-up study. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 771-7	7	30
43	Dietary approaches for weight loss with increased intakes of fruit, vegetables and dairy products. <i>Nutrition and Dietetics</i> , 2008 , 65, 115-120	2.5	10

42	Enhancing nutritional research within an aged care facility. <i>Nutrition and Dietetics</i> , 2008 , 65, 157-161	2.5	
41	Nutritional challenges for the elderly. <i>Nutrition and Dietetics</i> , 2007 , 64, S150-S155	2.5	15
40	Effect of a weight-loss program on mental stress-induced cardiovascular responses and recovery. <i>Nutrition</i> , 2007 , 23, 521-8	4.8	7
39	Relationship between stress, eating behavior, and obesity. <i>Nutrition</i> , 2007 , 23, 887-94	4.8	915
38	Exercise and calcium combined results in a greater osteogenic effect than either factor alone: a blinded randomized placebo-controlled trial in boys. <i>Journal of Bone and Mineral Research</i> , 2007 , 22, 458-64	6.3	65
37	Effect of multivitamin on vitamin D status and heel ultrasound bone density in Australian aged care residents. <i>International Congress Series</i> , 2007 , 1297, 109-119		
36	Use of calcium or calcium in combination with vitamin D supplementation to prevent fractures and bone loss in people aged 50 years and older: a meta-analysis. <i>Lancet, The</i> , 2007 , 370, 657-66	4.0	918
35	Calcium and vitamin D for prevention of osteoporotic fractures [Authors' reply]. <i>Lancet, The</i> , 2007 , 370, 2099	4.0	
34	Anthropometric and biochemical markers for nutritional risk among residents within an Australian residential care facility. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2007 , 16, 178-86	1	26
33	Fruit and vegetable consumption and stroke: meta-analysis of cohort studies. <i>Lancet, The</i> , 2006 , 367, 320-6	4.0	752
32	Long-term effects of calcium-vitamin-D3-fortified milk on bone geometry and strength in older men. <i>Bone</i> , 2006 , 39, 946-53	4.7	4.0
31	Evaluation of a brief pilot nutrition and exercise intervention for the prevention of weight gain in general practice patients. <i>Public Health Nutrition</i> , 2006 , 9, 1055-61	3.3	3
30	Evaluation of a brief pilot nutrition and exercise intervention for the prevention of weight gain in general practice patients. <i>Public Health Nutrition</i> , 2006 , 9, 1055-1061	3.3	8
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