

Michael Gleeson

List of Publications by Year in descending order

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Version: 2024-02-01

36
papers

5,401
citations

236925

25
h-index

345221

36
g-index

37
all docs

37
docs citations

37
times ranked

7297
citing authors

#	ARTICLE	IF	CITATIONS
1	The anti-inflammatory effects of exercise: mechanisms and implications for the prevention and treatment of disease. <i>Nature Reviews Immunology</i> , 2011, 11, 607-615.	22.7	1,558
2	Position statement. Part one: Immune function and exercise. <i>Exercise Immunology Review</i> , 2011, 17, 6-63.	0.4	876
3	How much is too much? (Part 1) International Olympic Committee consensus statement on load in sport and risk of injury. <i>British Journal of Sports Medicine</i> , 2016, 50, 1030-1041.	6.7	625
4	How much is too much? (Part 2) International Olympic Committee consensus statement on load in sport and risk of illness. <i>British Journal of Sports Medicine</i> , 2016, 50, 1043-1052.	6.7	459
5	Prevention, diagnosis and treatment of the overtraining syndrome: Joint consensus statement of the European College of Sport Science (ECSS) and the American College of Sports Medicine (ACSM). <i>European Journal of Sport Science</i> , 2013, 13, 1-24.	2.7	248
6	Daily Probiotic (Lactobacillus casei Shirota) Reduction of Infection Incidence in Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2011, 21, 55-64.	2.1	190
7	The athletic gut microbiota. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 24.	3.9	157
8	International Society of Sports Nutrition Position Stand: Probiotics. <i>Journal of the International Society of Sports Nutrition</i> , 2019, 16, 62.	3.9	134
9	UEFA expert group statement on nutrition in elite football. Current evidence to inform practical recommendations and guide future research. <i>British Journal of Sports Medicine</i> , 2021, 55, 416-416.	6.7	111
10	Effects of acute exhaustive exercise and chronic exercise training on type 1 and type 2 T lymphocytes. <i>Exercise Immunology Review</i> , 2004, 10, 91-106.	0.4	97
11	Modification of immune responses to exercise by carbohydrate, glutamine and antioxidant supplements. <i>Immunology and Cell Biology</i> , 2000, 78, 554-561.	2.3	84
12	Consensus Statement Immunonutrition and Exercise. <i>Exercise Immunology Review</i> , 2017, 23, 8-50.	0.4	80
13	Training-related and competition-related risk factors for respiratory tract and gastrointestinal infections in elite cross-country skiers. <i>British Journal of Sports Medicine</i> , 2016, 50, 809-815.	6.7	79
14	Effects of a Lactobacillus salivarius Probiotic Intervention on Infection, Cold Symptom Duration and Severity, and Mucosal Immunity in Endurance Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2012, 22, 235-242.	2.1	75
15	Influence of vitamin D status on respiratory infection incidence and immune function during 4 months of winter training in endurance sport athletes. <i>Exercise Immunology Review</i> , 2013, 19, 86-101.	0.4	71
16	Immunological aspects of sport nutrition. <i>Immunology and Cell Biology</i> , 2016, 94, 117-123.	2.3	60
17	The BASES Expert Statement on Exercise, Immunity, and Infection. <i>Journal of Sports Sciences</i> , 2012, 30, 321-324.	2.0	54
18	Effects of Lactobacillus casei Shirota ingestion on common cold infection and herpes virus antibodies in endurance athletes: a placebo-controlled, randomized trial. <i>European Journal of Applied Physiology</i> , 2016, 116, 1555-1563.	2.5	53

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19	The effect of 14 weeks of vitamin D ³ supplementation on antimicrobial peptides and proteins in athletes. <i>Journal of Sports Sciences</i> , 2016, 34, 67-74.	2.0	43
20	Is there an optimal vitamin D status for immunity in athletes and military personnel?. <i>Exercise Immunology Review</i> , 2016, 22, 42-64.	0.4	39
21	URI in Athletes. <i>Exercise and Sport Sciences Reviews</i> , 2013, 41, 148-153.	3.0	34
22	Salivary hormones and anxiety in winners and losers of an international judo competition. <i>Journal of Sports Sciences</i> , 2016, 34, 1281-1287.	2.0	30
23	Measurement of Circulating 25-Hydroxy Vitamin D Using Three Commercial Enzyme-Linked Immunosorbent Assay Kits with Comparison to Liquid Chromatography: Tandem Mass Spectrometry Method. <i>ISRN Nutrition</i> , 2013, 2013, 1-6.	1.7	27
24	Sex differences in immune variables and respiratory infection incidence in an athletic population. <i>Exercise Immunology Review</i> , 2011, 17, 122-35.	0.4	27
25	Intense Exercise Training and Immune Function. <i>Nestle Nutrition Institute Workshop Series</i> , 2013, 76, 39-50.	0.1	25
26	Effect of acute exercise and hypoxia on markers of systemic and mucosal immunity. <i>European Journal of Applied Physiology</i> , 2016, 116, 1219-1229.	2.5	25
27	Likely Additive Ergogenic Effects of Combined Preexercise Dietary Nitrate and Caffeine Ingestion in Trained Cyclists. <i>ISRN Nutrition</i> , 2013, 2013, 1-8.	1.7	19
28	Changes in naïve and memory T-cells in elite swimmers during a winter training season. <i>Brain, Behavior, and Immunity</i> , 2014, 39, 186-193.	4.1	19
29	Impact of intensified training and carbohydrate supplementation on immunity and markers of overreaching in highly trained cyclists. <i>European Journal of Applied Physiology</i> , 2016, 116, 867-877.	2.5	18
30	Effects of acute postexercise chocolate milk consumption during intensive judo training on the recovery of salivary hormones, salivary SIgA, mood state, muscle soreness, and judo-related performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 1116-1122.	1.9	17
31	Influence of Hydration Status on Changes in Plasma Cortisol, Leukocytes, and Antigen-Stimulated Cytokine Production by Whole Blood Culture following Prolonged Exercise. <i>ISRN Nutrition</i> , 2014, 2014, 1-10.	1.7	16
32	Nutritional Support to Maintain Proper Immune Status during Intense Training. <i>Nestle Nutrition Institute Workshop Series</i> , 2013, 75, 85-97.	0.1	14
33	Influence of Vitamin D Metabolites on Plasma Cytokine Concentrations in Endurance Sport Athletes and on Multiantigen Stimulated Cytokine Production by Whole Blood and Peripheral Blood Mononuclear Cell Cultures. <i>ISRN Nutrition</i> , 2014, 2014, 1-9.	1.7	14
34	Salivary immunoglobulin free light chains: reference ranges and responses to exercise in young and older adults. <i>Exercise Immunology Review</i> , 2016, 22, 28-41.	0.4	10
35	Intensified training increases salivary free light chains in trained cyclists: Indication that training volume increases oral inflammation. <i>Physiology and Behavior</i> , 2018, 188, 181-187.	2.1	8
36	Reliability of salivary cortisol and testosterone to a high-intensity cycling protocol to highlight overtraining. <i>Journal of Sports Sciences</i> , 2021, 39, 2080-2086.	2.0	5