Manuel Dote-Montero

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effects of post-tetanic potentiation induced by whole-body electrostimulation and post-activation potentiation on maximum isometric strength. Biology of Sport, 2022, 39, 451-461.	3.2	3
2	Effects of Intermittent Fasting on Cardiometabolic Health: An Energy Metabolism Perspective. Nutrients, 2022, 14, 489.	4.1	20
3	Validity of four commercially available metabolic carts for assessing resting metabolic rate and respiratory exchange ratio in non-ventilated humans. Clinical Nutrition, 2022, 41, 746-754.	5.0	17
4	Effect of Different Exercise Training Modalities on Fasting Levels of Oxylipins and Endocannabinoids in Middle-Aged Sedentary Adults: A Randomized Controlled Trial. International Journal of Sport Nutrition and Exercise Metabolism, 2022, 32, 275-284.	2.1	2
5	Different exercise training modalities similarly improve heart rate variability in sedentary middle-aged adults: the FIT-AGEING randomized controlled trial. European Journal of Applied Physiology, 2022, 122, 1863-1874.	2.5	2
6	The effects of three types of exercise training on steroid hormones in physically inactive middle-aged adults: a randomized controlled trial. European Journal of Applied Physiology, 2021, 121, 2193-2206.	2.5	8
7	Acute effect of HIIT on testosterone and cortisol levels in healthy individuals: A systematic review and metaâ€analysis. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1722-1744.	2.9	7
8	Influence of daily beer or ethanol consumption on physical fitness in response to a high-intensity interval training program. The BEER-HIIT study. Journal of the International Society of Sports Nutrition, 2020, 17, 29.	3.9	8
9	Predictors of Sexual Desire and Sexual Function in Sedentary Middle-Aged Adults: The Role of Lean Mass Index and S-Klotho Plasma Levels. The FIT-AGEING Study. Journal of Sexual Medicine, 2020, 17, 665-677.	0.6	7
10	Changes in Physical Fitness After 12 Weeks of Structured Concurrent Exercise Training, High Intensity Interval Training, or Whole-Body Electromyostimulation Training in Sedentary Middle-Aged Adults: A Randomized Controlled Trial. Frontiers in Physiology, 2019, 10, 451.	2.8	41
11	Study of the association of DHEAS, testosterone and cortisol with S-Klotho plasma levels in healthy sedentary middle-aged adults. Experimental Gerontology, 2019, 121, 55-61.	2.8	21
12	Association between Sleep Quality and Body Composition in Sedentary Middle-Aged Adults. Medicina (Lithuania), 2018, 54, 91.	2.0	19