

# Manuel Dote-Montero

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7523464/publications.pdf>

Version: 2024-02-01

12  
papers

155  
citations

1307594

7  
h-index

1199594

12  
g-index

12  
all docs

12  
docs citations

12  
times ranked

181  
citing authors

#	ARTICLE	IF	CITATIONS
1	Changes in Physical Fitness After 12 Weeks of Structured Concurrent Exercise Training, High Intensity Interval Training, or Whole-Body Electromyostimulation Training in Sedentary Middle-Aged Adults: A Randomized Controlled Trial. <i>Frontiers in Physiology</i> , 2019, 10, 451.	2.8	41
2	Study of the association of DHEAS, testosterone and cortisol with S-Klotho plasma levels in healthy sedentary middle-aged adults. <i>Experimental Gerontology</i> , 2019, 121, 55-61.	2.8	21
3	Effects of Intermittent Fasting on Cardiometabolic Health: An Energy Metabolism Perspective. <i>Nutrients</i> , 2022, 14, 489.	4.1	20
4	Association between Sleep Quality and Body Composition in Sedentary Middle-Aged Adults. <i>Medicina (Lithuania)</i> , 2018, 54, 91.	2.0	19
5	Validity of four commercially available metabolic carts for assessing resting metabolic rate and respiratory exchange ratio in non-ventilated humans. <i>Clinical Nutrition</i> , 2022, 41, 746-754.	5.0	17
6	Influence of daily beer or ethanol consumption on physical fitness in response to a high-intensity interval training program. The BEER-HIIT study. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 29.	3.9	8
7	The effects of three types of exercise training on steroid hormones in physically inactive middle-aged adults: a randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2021, 121, 2193-2206.	2.5	8
8	Predictors of Sexual Desire and Sexual Function in Sedentary Middle-Aged Adults: The Role of Lean Mass Index and S-Klotho Plasma Levels. The FIT-AGEING Study. <i>Journal of Sexual Medicine</i> , 2020, 17, 665-677.	0.6	7
9	Acute effect of HIIT on testosterone and cortisol levels in healthy individuals: A systematic review and meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1722-1744.	2.9	7
10	Effects of post-tetanic potentiation induced by whole-body electrostimulation and post-activation potentiation on maximum isometric strength. <i>Biology of Sport</i> , 2022, 39, 451-461.	3.2	3
11	Effect of Different Exercise Training Modalities on Fasting Levels of Oxylipins and Endocannabinoids in Middle-Aged Sedentary Adults: A Randomized Controlled Trial. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2022, 32, 275-284.	2.1	2
12	Different exercise training modalities similarly improve heart rate variability in sedentary middle-aged adults: the FIT-AGEING randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2022, 122, 1863-1874.	2.5	2