

# Lotte Holm

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

92 papers	2,822 citations	24 h-index	51 g-index
100 ext. papers	3,176 ext. citations	3.7 avg, IF	5.1 L-index

#	Paper	IF	Citations
92	Randomized trial on protein vs carbohydrate in ad libitum fat reduced diet for the treatment of obesity. <i>International Journal of Obesity</i> , <b>1999</b> , 23, 528-36	5.5	547
91	Beyond the knowledge deficit: recent research into lay and expert attitudes to food risks. <i>Appetite</i> , <b>2003</b> , 41, 111-21	4.5	353
90	Coenzyme Q10 in health and disease. <i>European Journal of Clinical Nutrition</i> , <b>1999</b> , 53, 764-70	5.2	186
89	Preferences, quantities and concerns: socio-cultural perspectives on the gendered consumption of foods. <i>European Journal of Clinical Nutrition</i> , <b>1999</b> , 53, 351-9	5.2	151
88	The role of meat in everyday food culture: an analysis of an interview study in Copenhagen. <i>Appetite</i> , <b>2000</b> , 34, 277-83	4.5	113
87	Overweight men's motivations and perceived barriers towards weight loss. <i>European Journal of Clinical Nutrition</i> , <b>2007</b> , 61, 526-31	5.2	94
86	Consumers' views on food quality. A qualitative interview study. <i>Appetite</i> , <b>1996</b> , 27, 1-14	4.5	94
85	Trust in food safety in Russia, Denmark and Norway. <i>European Societies</i> , <b>2005</b> , 7, 103-129	1.9	74
84	User-oriented innovation in the food sector: relevant streams of research and an agenda for future work. <i>Trends in Food Science and Technology</i> , <b>2008</b> , 19, 590-602	15.3	71
83	Sociodemographic differences in dietary habits described by food frequency questions--results from Denmark. <i>European Journal of Clinical Nutrition</i> , <b>2003</b> , 57, 1586-97	5.2	69
82	Shifting responsibilities for food safety in Europe: an introduction. <i>Appetite</i> , <b>2006</b> , 47, 127-33	4.5	52
81	Variations in the Prevalence of Obesity Among European Countries, and a Consideration of Possible Causes. <i>Obesity Facts</i> , <b>2017</b> , 10, 25-37	5.1	48
80	The Danish tax on saturated fat: why it did not survive. <i>European Journal of Clinical Nutrition</i> , <b>2015</b> , 69, 223-6	5.2	46
79	Nordic meals: methodological notes on a comparative survey. <i>Appetite</i> , <b>1999</b> , 32, 73-9	4.5	44
78	Determinants of appetite ratings: the role of age, gender, BMI, physical activity, smoking habits, and diet/weight concern. <i>Food and Nutrition Research</i> , <b>2011</b> , 55,	3.1	39
77	Food consumption and political agency: on concerns and practices among Danish consumers. <i>International Journal of Consumer Studies</i> , <b>2008</b> , 32, 667-674	5.7	32
76	Blaming the consumer: On the free choice of consumers and the decline in food quality in Denmark. <i>Critical Public Health</i> , <b>2003</b> , 13, 139-154	2.6	30

75	Changes in the social context and conduct of eating in four Nordic countries between 1997 and 2012. <i>Appetite</i> , <b>2016</b> , 103, 358-368	4.5	28
74	Who is Cooking Dinner?. <i>Food, Culture &amp; Society</i> , <b>2015</b> , 18, 589-610	1.2	27
73	The consequences of unemployment on diet composition and purchase behaviour: a longitudinal study from Denmark. <i>Public Health Nutrition</i> , <b>2018</b> , 21, 580-592	3.3	27
72	Food for patients at nutritional risk: a model of food sensory quality to promote intake. <i>Clinical Nutrition</i> , <b>2012</b> , 31, 637-46	5.9	26
71	Food Health Policies and Ethics: Lay Perspectives on Functional Foods. <i>Journal of Agricultural and Environmental Ethics</i> , <b>2003</b> , 16, 531-544	2.3	26
70	Social class and body management. A qualitative exploration of differences in perceptions and practices related to health and personal body weight. <i>Appetite</i> , <b>2010</b> , 55, 311-8	4.5	24
69	Modern Meal Patterns: Tensions Between Bodily Needs and the Organization of Time and Space. <i>Food and Foodways</i> , <b>2006</b> , 14, 151-173	0.8	22
68	School meal sociality or lunch pack individualism? Using an intervention study to compare the social impacts of school meals and packed lunches from home. <i>Social Science Information</i> , <b>2015</b> , 54, 394-416	0.6	20
67	Adaptation and validation of the short version WHOQOL-HIV in Ethiopia. <i>International Journal of Mental Health Systems</i> , <b>2016</b> , 10, 29	3.6	20
66	Consumer acceptance of the New Nordic Diet. An exploratory study. <i>Appetite</i> , <b>2013</b> , 70, 14-21	4.5	20
65	Building Groups and Independence: The role of food in the lives of young people in Danish sports centres. <i>Childhood</i> , <b>2009</b> , 16, 213-228	1.5	20
64	Eating out in four Nordic countries: National patterns and social stratification. <i>Appetite</i> , <b>2017</b> , 119, 23-33	4.5	19
63	Measuring protein breakdown rate in individual proteins in vivo. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , <b>2010</b> , 13, 526-31	3.8	19
62	Instrumentalization of Eating Improves Weight Loss Maintenance in Obesity. <i>Obesity Facts</i> , <b>2017</b> , 10, 633-647	5.1	18
61	Literature review: perceptions and management of body size among normal weight and moderately overweight people. <i>Obesity Reviews</i> , <b>2015</b> , 16, 150-60	10.6	16
60	The acceptability of the New Nordic Diet by participants in a controlled six-month dietary intervention. <i>Food Quality and Preference</i> , <b>2014</b> , 36, 20-26	5.8	16
59	Patient profiling for success after weight loss surgery (GO Bypass study): An interdisciplinary study protocol. <i>Contemporary Clinical Trials Communications</i> , <b>2018</b> , 10, 121-130	1.8	14
58	Food insecurity in Denmark-socio-demographic determinants and associations with eating- and health-related variables. <i>European Journal of Public Health</i> , <b>2018</b> , 28, 283-288	2.1	14

57	Conceptual equivalence of WHOQOL-HIV among people living with HIV in Ethiopia. <i>Quality of Life Research</i> , <b>2013</b> , 22, 361-7	3.7	14
56	Eating practices and diet quality: a population study of four Nordic countries. <i>European Journal of Clinical Nutrition</i> , <b>2015</b> , 69, 791-8	5.2	13
55	Use, perceptions, and acceptability of a ready-to-use supplementary food among adult HIV patients initiating antiretroviral treatment: a qualitative study in Ethiopia. <i>Patient Preference and Adherence</i> , <b>2013</b> , 7, 481-8	2.4	13
54	Cultural and social acceptability of a healthy diet. <i>European Journal of Clinical Nutrition</i> , <b>1993</b> , 47, 592-9	5.2	13
53	Should Europe follow the US and declare obesity a disease?: a discussion of the so-called utilitarian argument. <i>European Journal of Clinical Nutrition</i> , <b>2017</b> , 71, 1263-1267	5.2	12
52	Parental concerns about complementary feeding: differences according to interviews with mothers with children of 7 and 13 months of age. <i>European Journal of Clinical Nutrition</i> , <b>2013</b> , 67, 1157-62	5.2	12
51	Can the Glycemic Index (GI) be used as a tool in the prevention and management of Type 2 diabetes?. <i>Review of Diabetic Studies</i> , <b>2006</b> , 3, 61-71	3.6	12
50	Measuring the impact of classmates on children's liking of school meals. <i>Food Quality and Preference</i> , <b>2016</b> , 52, 87-95	5.8	12
49	Predictors of weight loss after bariatric surgery-a cross-disciplinary approach combining physiological, social, and psychological measures. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 2291-2302	5.5	11
48	Experiences From a Web- and App-Based Workplace Health Promotion Intervention Among Employees in the Social and Health Care Sector Based on Use-Data and Qualitative Interviews. <i>Journal of Medical Internet Research</i> , <b>2017</b> , 19, e350	7.6	11
47	Making the Most of Less. <i>Food, Culture &amp; Society</i> , <b>2016</b> , 19, 71-91	1.2	10
46	The Taste of the End of the Month and How to Avoid It: Coping with Restrained Food Budgets in a Scandinavian Welfare State Context. <i>Social Policy and Society</i> , <b>2015</b> , 14, 429-442	1.2	10
45	Contrasting Approaches to Food Education and School Meals. <i>Food, Culture &amp; Society</i> , <b>2017</b> , 20, 609-629	1.2	10
44	Obesity in a life-course perspective: an exploration of lay explanations of weight gain. <i>Scandinavian Journal of Public Health</i> , <b>2011</b> , 39, 396-402	3	10
43	Changing tastes: learning hunger and fullness after gastric bypass surgery. <i>Sociology of Health and Illness</i> , <b>2017</b> , 39, 474-487	3	9
42	Beyond an Assumed Mother-Child Symbiosis in Nutritional Guidelines: The Everyday Reasoning Behind Complementary Feeding Decisions. <i>Child Care in Practice</i> , <b>2014</b> , 20, 329-346	0.9	9
41	"I feel good and I am not overweight" - A qualitative study of considerations underlying lay people's self-assessments of unhealthy diets. <i>Appetite</i> , <b>2016</b> , 107, 135-143	4.5	9
40	Consumer understanding of food labels: toward a generic tool for identifying the average consumer. <i>International Review of Retail, Distribution and Consumer Research</i> , <b>2013</b> , 23, 291-304	1.7	8

39	EU FOOD SAFETY POLICY. <i>European Societies</i> , <b>2009</b> , 11, 473-493	1.9	8
38	Social and cultural acceptability of fat reduced diets among Danish overweight subjects: High-protein versus high-carbohydrate diets. <i>Food Quality and Preference</i> , <b>2008</b> , 19, 43-50	5.8	8
37	Achieving "proper" satiety in different social contexts--qualitative interpretations from a cross-disciplinary project, sociomaet. <i>Appetite</i> , <b>2002</b> , 39, 207-15	4.5	8
36	Effectiveness of a dietary intervention strategy in general practice: effects on blood lipids, health and well-being. <i>Public Health Nutrition</i> , <b>1998</b> , 1, 273-81	3.3	8
35	The modernisation of Nordic eating. <i>Anthropology of Food</i> , <b>2012</b> ,	0.6	8
34	Sociology of Food Consumption <b>2013</b> , 324-337		8
33	Being targeted as a "severely overweight pregnant woman" -A qualitative interview study. <i>Health Expectations</i> , <b>2018</b> , 21, 878-886	3.7	7
32	Ethnicity and children's diets: the practices and perceptions of mothers in two minority ethnic groups in Denmark. <i>Maternal and Child Nutrition</i> , <b>2015</b> , 11, 948-61	3.4	7
31	Uncovering social structures and status differences in health systems. <i>European Journal of Public Health</i> , <b>1997</b> , 7, 373-378	2.1	7
30	The Diet-related GHG Index: construction and validation of a brief questionnaire-based index. <i>Climatic Change</i> , <b>2017</b> , 140, 503-517	4.5	6
29	Inverting the food pyramid? Social and cultural acceptability of Walter Willett's dietary recommendations among people with weight concerns. <i>Appetite</i> , <b>2008</b> , 51, 178-86	4.5	6
28	Tillid til mad: forbrug mellem dagligdag og politisering. <i>Dansk Sociologi</i> , <b>2004</b> , 15, 9-26	1	6
27	Factors Associated with Favorable Changes in Food Preferences After Bariatric Surgery. <i>Obesity Surgery</i> , <b>2021</b> , 31, 3514-3524	3.7	6
26	Opportunities for healthier child feeding. Does ethnic position matter? - self-reported evaluation of family diet and impediments to change among parents with majority and minority status in Denmark. <i>Appetite</i> , <b>2014</b> , 78, 122-8	4.5	5
25	The study of Nordic meals: lessons learnt <b>2009</b> , 69-91		5
24	Monitoring of dietary changes by telephone interviews: results from Denmark. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1287-95	3.3	5
23	Adapting to financial pressure on household food budgets in Denmark: Associations with life satisfaction and dietary health. <i>Acta Sociologica</i> , <b>2020</b> , 63, 191-208	1.7	5
22	Why parents are skeptical about using probiotics preventively for small children: a Danish qualitative study. <i>BMC Complementary and Alternative Medicine</i> , <b>2018</b> , 18, 336	4.7	5

21	Optimistic and pessimistic self-assessment of own diets is associated with age, self-rated health and weight status in Danish adults. <i>Appetite</i> , <b>2017</b> , 114, 15-22	4.5	4
20	Embodied Experiences Associated with Obesity and the Management of Bodyweight. Gender and Social Differences. <i>Journal of Food Research</i> , <b>2012</b> , 1, 7	1.3	4
19	Social factors and food choice: consumption as practice <b>2007</b> , 511-533		4
18	Patients' strategies for eating after gastric bypass surgery: a qualitative study. <i>European Journal of Clinical Nutrition</i> , <b>2016</b> , 70, 523-7	5.2	3
17	Living with the New Nordic Diet. <i>British Food Journal</i> , <b>2014</b> , 116, 1247-1258	2.8	3
16	Working with a fractional object: enactments of appetite in interdisciplinary work in anthropology and biomedicine. <i>Anthropology and Medicine</i> , <b>2017</b> , 24, 221-235	1.1	3
15	Consumer-oriented innovation in the food and personal care products sectors: understanding consumers and using their insights in the innovation process 1 This chapter is the result of work in the Platform on User-Driven Innovation in the Food Sector sponsored by the Danish Centre for Advanced Food Studies (LMC). The support received from LMC is gratefully acknowledged. <b>2010</b> , 3-24		3
14	We Have to Go Where the Money Is Dilemmas in the Role of Nutrition Scientists: An Interview Study. <i>Minerva</i> , <b>2009</b> , 47, 217-236	1.9	3
13	Eating and Drinking in Four Nordic Countries: Recent Changes <b>2019</b> , 1-19		3
12	Watching, keeping and squeezing time to lose weight: Implications of time-restricted eating in daily life. <i>Appetite</i> , <b>2021</b> , 161, 105138	4.5	3
11	Naturalness as a safe haven: parental consumption practices and the management of risk. <i>Young Consumers</i> , <b>2018</b> , 19, 296-309	2.4	3
10	Use and Preference of Advice on Small Children's Food: Differences Between Parents From Ethnic Minority, Ethnic Majority, and Mixed Households. <i>Journal of Health Communication</i> , <b>2015</b> , 20, 1397-405	2.5	2
9	Food shopping and weight concern. Balancing consumer and body normality. <i>Appetite</i> , <b>2014</b> , 82, 213-20	4.5	2
8	Obesity as a showcase for transdisciplinary research. <i>Obesity Facts</i> , <b>2013</b> , 6, 121-3	5.1	2
7	Easy to chew, but hard to swallow Consumer perception of neutrally marinated meat. <i>British Food Journal</i> , <b>2012</b> , 114, 1095-1105	2.8	2
6	Are family meals declining? The example of Denmark <b>2019</b> , 227-240		0
5	Eating and Drinking in Four Nordic Countries: Recent Changes <b>2020</b> , 1323-1341		0
4	Linking socioeconomic disadvantage to healthiness of food practices: Can a practice-theoretical perspective sharpen everyday life analysis?. <i>Sociology of Health and Illness</i> , <b>2021</b> , 43, 750-763	3	0

3	What happens after a weight loss intervention? A qualitative study of drivers and challenges of maintaining time-restricted eating among people with overweight at high risk of type 2 diabetes.. <i>Appetite</i> , <b>2022</b> , 106034	4.5	0
2	Monitoring the Normal Body: Ideals and Practices among Normal-Weight and Moderately Overweight People. <i>Obesity Facts</i> , <b>2015</b> , 8, 329-41	5.1	
1	Use, perceptions and acceptability of a lipid-based nutritional supplement for adults living with HIV in a qualitative substudy to a randomized intervention trial in Jimma, Ethiopia (ARTfood). <i>FASEB Journal</i> , <b>2011</b> , 25, 16249	0.9	