

# Lotte Holm

## List of Publications by Year in descending order

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Version: 2024-02-01

94  
papers

3,526  
citations

257101

24  
h-index

143772

57  
g-index

100  
all docs

100  
docs citations

100  
times ranked

4142  
citing authors

#	ARTICLE	IF	CITATIONS
1	Randomized trial on protein vs carbohydrate in ad libitum fat reduced diet for the treatment of obesity. <i>International Journal of Obesity</i> , 1999, 23, 528-536.	1.6	633
2	Beyond the knowledge deficit: recent research into lay and expert attitudes to food risks. <i>Appetite</i> , 2003, 41, 111-121.	1.8	415
3	Coenzyme Q10 in health and disease. <i>European Journal of Clinical Nutrition</i> , 1999, 53, 764-770.	1.3	217
4	Preferences, quantities and concerns: socio-cultural perspectives on the gendered consumption of foods. <i>European Journal of Clinical Nutrition</i> , 1999, 53, 351-359.	1.3	180
5	The role of meat in everyday food culture: an analysis of an interview study in Copenhagen. <i>Appetite</i> , 2000, 34, 277-283.	1.8	138
6	Overweight men's motivations and perceived barriers towards weight loss. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 526-531.	1.3	115
7	Consumers' Views on Food Quality. A Qualitative Interview Study. <i>Appetite</i> , 1996, 27, 1-14.	1.8	105
8	User-oriented innovation in the food sector: relevant streams of research and an agenda for future work. <i>Trends in Food Science and Technology</i> , 2008, 19, 590-602.	7.8	85
9	Trust in food safety in Russia, Denmark and Norway. <i>European Societies</i> , 2005, 7, 103-129.	3.9	83
10	Variations in the Prevalence of Obesity Among European Countries, and a Consideration of Possible Causes. <i>Obesity Facts</i> , 2017, 10, 25-37.	1.6	81
11	Sociodemographic differences in dietary habits described by food frequency questions – results from Denmark. <i>European Journal of Clinical Nutrition</i> , 2003, 57, 1586-1597.	1.3	80
12	The Danish tax on saturated fat: why it did not survive. <i>European Journal of Clinical Nutrition</i> , 2015, 69, 223-226.	1.3	62
13	Shifting responsibilities for food safety in Europe: An introduction. <i>Appetite</i> , 2006, 47, 127-133.	1.8	59
14	Determinants of appetite ratings: the role of age, gender, BMI, physical activity, smoking habits, and diet/weight concern. <i>Food and Nutrition Research</i> , 2011, 55, 7028.	1.2	55
15	The consequences of unemployment on diet composition and purchase behaviour: a longitudinal study from Denmark. <i>Public Health Nutrition</i> , 2018, 21, 580-592.	1.1	52
16	Nordic Meals: Methodological Notes on a Comparative Survey. <i>Appetite</i> , 1999, 32, 73-79.	1.8	49
17	Food Health Policies and Ethics: Lay Perspectives on Functional Foods. <i>Journal of Agricultural and Environmental Ethics</i> , 2003, 16, 531-544.	0.9	38
18	Blaming the consumer: On the free choice of consumers and the decline in food quality in Denmark. <i>Critical Public Health</i> , 2003, 13, 139-154.	1.4	38

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19	Food consumption and political agency: on concerns and practices among Danish consumers. <i>International Journal of Consumer Studies</i> , 2008, 32, 667-674.	7.2	38
20	Food for patients at nutritional risk: A model of food sensory quality to promote intake. <i>Clinical Nutrition</i> , 2012, 31, 637-646.	2.3	37
21	Who is Cooking Dinner?. <i>Food, Culture &amp; Society</i> , 2015, 18, 589-610.	0.6	36
22	Changes in the social context and conduct of eating in four Nordic countries between 1997 and 2012. <i>Appetite</i> , 2016, 103, 358-368.	1.8	36
23	School meal sociality or lunch pack individualism? Using an intervention study to compare the social impacts of school meals and packed lunches from home. <i>Social Science Information</i> , 2015, 54, 394-416.	1.1	30
24	Social class and body management. A qualitative exploration of differences in perceptions and practices related to health and personal body weight. <i>Appetite</i> , 2010, 55, 311-318.	1.8	28
25	Eating out in four Nordic countries: National patterns and social stratification. <i>Appetite</i> , 2017, 119, 23-33.	1.8	26
26	Predictors of weight loss after bariatric surgery—a cross-disciplinary approach combining physiological, social, and psychological measures. <i>International Journal of Obesity</i> , 2020, 44, 2291-2302.	1.6	26
27	Modern Meal Patterns: Tensions Between Bodily Needs and the Organization of Time and Space. <i>Food and Foodways</i> , 2006, 14, 151-173.	0.5	25
28	Food as a commodity, human right or common good. <i>Nature Food</i> , 2021, 2, 132-134.	6.2	25
29	Adaptation and validation of the short version WHOQOL-HIV in Ethiopia. <i>International Journal of Mental Health Systems</i> , 2016, 10, 29.	1.1	24
30	Should Europe follow the US and declare obesity a disease?: a discussion of the so-called utilitarian argument. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 1263-1267.	1.3	24
31	Building Groups and Independence. <i>Childhood</i> , 2009, 16, 213-228.	0.6	23
32	Consumer acceptance of the New Nordic Diet. An exploratory study. <i>Appetite</i> , 2013, 70, 14-21.	1.8	23
33	Instrumentalization of Eating Improves Weight Loss Maintenance in Obesity. <i>Obesity Facts</i> , 2017, 10, 633-647.	1.6	23
34	Food insecurity in Denmark—socio-demographic determinants and associations with eating- and health-related variables. <i>European Journal of Public Health</i> , 2018, 28, 283-288.	0.1	22
35	Measuring protein breakdown rate in individual proteins in vivo. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2010, 13, 526-531.	1.3	20
36	Conceptual equivalence of WHOQOL-HIV among people living with HIV in Ethiopia. <i>Quality of Life Research</i> , 2013, 22, 361-367.	1.5	19

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37	Literature review: perceptions and management of body size among normal weight and moderately overweight people. <i>Obesity Reviews</i> , 2015, 16, 150-160.	3.1	19
38	Experiences From a Web- and App-Based Workplace Health Promotion Intervention Among Employees in the Social and Health Care Sector Based on Use-Data and Qualitative Interviews. <i>Journal of Medical Internet Research</i> , 2017, 19, e350.	2.1	19
39	The acceptability of the New Nordic Diet by participants in a controlled six-month dietary intervention. <i>Food Quality and Preference</i> , 2014, 36, 20-26.	2.3	18
40	Eating practices and diet quality: a population study of four Nordic countries. <i>European Journal of Clinical Nutrition</i> , 2015, 69, 791-798.	1.3	18
41	Watching, keeping and squeezing time to lose weight: Implications of time-restricted eating in daily life. <i>Appetite</i> , 2021, 161, 105138.	1.8	18
42	Can the Glycemic Index (GI) be Used as a Tool in the Prevention and Management of Type 2 Diabetes?. <i>Review of Diabetic Studies</i> , 2006, 3, 61-61.	0.5	17
43	Measuring the impact of classmates on children's liking of school meals. <i>Food Quality and Preference</i> , 2016, 52, 87-95.	2.3	16
44	Patient profiling for success after weight loss surgery (GO Bypass study): An interdisciplinary study protocol. <i>Contemporary Clinical Trials Communications</i> , 2018, 10, 121-130.	0.5	16
45	Parental concerns about complementary feeding: differences according to interviews with mothers with children of 7 and 13 months of age. <i>European Journal of Clinical Nutrition</i> , 2013, 67, 1157-1162.	1.3	15
46	Use, perceptions, and acceptability of a ready-to-use supplementary food among adult HIV patients initiating antiretroviral treatment: a qualitative study in Ethiopia. <i>Patient Preference and Adherence</i> , 2013, 7, 481.	0.8	15
47	The Taste of "the End of the Month", and How to Avoid It: Coping with Restrained Food Budgets in a Scandinavian Welfare State Context. <i>Social Policy and Society</i> , 2015, 14, 429-442.	0.7	14
48	EU FOOD SAFETY POLICY. <i>European Societies</i> , 2009, 11, 473-493.	3.9	13
49	Being targeted as a "severely overweight pregnant woman" A qualitative interview study. <i>Health Expectations</i> , 2018, 21, 878-886.	1.1	13
50	Factors Associated with Favorable Changes in Food Preferences After Bariatric Surgery. <i>Obesity Surgery</i> , 2021, 31, 3514-3524.	1.1	13
51	Cultural and social acceptability of a healthy diet. <i>European Journal of Clinical Nutrition</i> , 1993, 47, 592-9.	1.3	13
52	Obesity in a life-course perspective: An exploration of lay explanations of weight gain. <i>Scandinavian Journal of Public Health</i> , 2011, 39, 396-402.	1.2	12
53	Making the Most of Less. <i>Food, Culture &amp; Society</i> , 2016, 19, 71-91.	0.6	12
54	Contrasting Approaches to Food Education and School Meals. <i>Food, Culture &amp; Society</i> , 2017, 20, 609-629.	0.6	12

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55	Beyond an Assumed Motherâ€“Child Symbiosis in Nutritional Guidelines: The Everyday Reasoning Behind Complementary Feeding Decisions. <i>Child Care in Practice</i> , 2014, 20, 329-346.	0.5	11
56	Changing tastes: learning hunger and fullness after gastric bypass surgery. <i>Sociology of Health and Illness</i> , 2017, 39, 474-487.	1.1	11
57	Effectiveness of a dietary intervention strategy in general practice: effects on blood lipids, health and well-being. <i>Public Health Nutrition</i> , 1998, 1, 273-281.	1.1	10
58	Social factors and food choice: consumption as practice. , 2007, , 511-533.		10
59	The modernisation of Nordic eating. <i>Anthropology of Food</i> , 2012, , .	0.1	10
60	Uncovering social structures and status differences in health systems. <i>European Journal of Public Health</i> , 1997, 7, 373-378.	0.1	9
61	Achieving â€œproperâ€satiety in different social contexts â€œ qualitative interpretations from a cross-disciplinary project, <i>sociomÃ   t. Appetite</i> , 2002, 39, 207-215.	1.8	9
62	Social and cultural acceptability of fat reduced diets among Danish overweight subjects: High-protein versus high-carbohydrate diets. <i>Food Quality and Preference</i> , 2008, 19, 43-50.	2.3	9
63	Ethnicity and children's diets: the practices and perceptions of mothers in two minority ethnic groups in <scp>D</scp>enmark. <i>Maternal and Child Nutrition</i> , 2015, 11, 948-961.	1.4	9
64	â€œI feel good and I am not overweightâ€“ A qualitative study of considerations underlying lay people's self-assessments of unhealthy diets. <i>Appetite</i> , 2016, 107, 135-143.	1.8	9
65	Linking socioeconomic disadvantage to healthiness of food practices: Can a practiceâ€œtheoretical perspective sharpen everyday life analysis?. <i>Sociology of Health and Illness</i> , 2021, 43, 750-763.	1.1	9
66	Inverting the food pyramid?. <i>Appetite</i> , 2008, 51, 178-186.	1.8	8
67	Consumer understanding of food labels: toward a generic tool for identifying the average consumer. <i>International Review of Retail, Distribution and Consumer Research</i> , 2013, 23, 291-304.	1.3	8
68	The Diet-related GHG Index: construction and validation of a brief questionnaire-based index. <i>Climatic Change</i> , 2017, 140, 503-517.	1.7	8
69	Why parents are skeptical about using probiotics preventively for small children: a Danish qualitative study. <i>BMC Complementary and Alternative Medicine</i> , 2018, 18, 336.	3.7	7
70	Adapting to financial pressure on household food budgets in Denmark: Associations with life satisfaction and dietary health. <i>Acta Sociologica</i> , 2020, 63, 191-208.	1.1	7
71	The study of Nordic meals: lessons learnt. , 2009, , 69-91.		6
72	Consumer-oriented innovation in the food and personal care products sectors: understanding consumers and using their insights in the innovation process 1 This chapter is the result of work in the Platform on User-Driven Innovation in the Food Sector sponsored by the Danish Centre for Advanced Food Studies (LMC). The support received from LMC is gratefully acknowledged.. , 2010, , 3-24.		6

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73	Optimistic and pessimistic self-assessment of own diets is associated with age, self-rated health and weight status in Danish adults. <i>Appetite</i> , 2017, 114, 15-22.	1.8	6
74	Tillid til mad: forbrug mellem dagligdag og politisering. <i>Dansk Sociologi</i> , 2004, 15, 9-26.	0.1	6
75	Monitoring of dietary changes by telephone interviews: results from Denmark. <i>Public Health Nutrition</i> , 2001, 4, 1287-1295.	1.1	5
76	Embodied Experiences Associated with Obesity and the Management of Bodyweight. <i>Gender and Social Differences. Journal of Food Research</i> , 2012, 1, 7.	0.1	5
77	Opportunities for healthier child feeding. Does ethnic position matter? â€“ Self-reported evaluation of family diet and impediments to change among parents with majority and minority status in Denmark. <i>Appetite</i> , 2014, 78, 122-128.	1.8	5
78	Naturalness as a safe haven: parental consumption practices and the management of risk. <i>Young Consumers</i> , 2018, 19, 296-309.	2.3	5
79	What happens after a weight loss intervention? A qualitative study of drivers and challenges of maintaining time-restricted eating among people with overweight at high risk of type 2 diabetes. <i>Appetite</i> , 2022, 174, 106034.	1.8	5
80	Living with the New Nordic Diet. <i>British Food Journal</i> , 2014, 116, 1247-1258.	1.6	4
81	Use and Preference of Advice on Small Children's Food: Differences Between Parents From Ethnic Minority, Ethnic Majority, and Mixed Households. <i>Journal of Health Communication</i> , 2015, 20, 1397-1405.	1.2	4
82	Patientsâ€™ strategies for eating after gastric bypass surgery: a qualitative study. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 523-527.	1.3	4
83	â€“We Have to Go Where the Money Isâ€”Dilemmas in the Role of Nutrition Scientists: An Interview Study. <i>Minerva</i> , 2009, 47, 217-236.	1.4	3
84	Food shopping and weight concern. Balancing consumer and body normality. <i>Appetite</i> , 2014, 82, 213-220.	1.8	3
85	Working with a fractional object: enactments of appetite in interdisciplinary work in anthropology and biomedicine. <i>Anthropology and Medicine</i> , 2017, 24, 221-235.	0.6	3
86	Eating and Drinking in Four Nordic Countries: Recent Changes. , 2019, , 1-19.		3
87	Easy to chew, but hard to swallow â€“ consumer perception of neutrally marinated meat. <i>British Food Journal</i> , 2012, 114, 1095-1105.	1.6	2
88	Obesity as a showcase for transdisciplinary research. <i>European Journal of Clinical Nutrition</i> , 2013, 67, 571-572.	1.3	2
89	Obesity as a Showcase for Transdisciplinary Research*. <i>Obesity Facts</i> , 2013, 6, 121-123.	1.6	2
90	Are family meals declining? The example of Denmark. , 2019, , 227-240.		1

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91	Eating and Drinking in Four Nordic Countries: Recent Changes. , 2020, , 1323-1341.		1
92	Normativ regulering af kropsform. Tidsskrift for Samfunnsforskning, 2011, 52, 559-576.	0.1	1
93	Monitoring the Normal Body: Ideals and Practices among Normal-Weight and Moderately Overweight People. Obesity Facts, 2015, 8, 329-341.	1.6	0
94	Use, perceptions and acceptability of a lipid-based nutritional supplement for adults living with HIV – a qualitative substudy to a randomized intervention trial in Jimma, Ethiopia (ARTfood). FASEB Journal, 2011, 25, 1b249.	0.2	0